# NATIONAL BOARD FOR TECHNICAL EDUCATION





# CURRICULUM AND COURSE SPECIFICATION FOR HIGHER NATIONAL DIPLOMA IN NURSING PROGRAMME

# **DEVELOPED IN COLLABORATION WITH**

NURSING AND MIDWIFERY COUNCIL OF NIGERIA (N&MCN), ABUJA.

SEPEMBER, 2018.

### NATIONAL BOARD FOR TECHNICAL EDUCATION KADUNA HIGHER NATIONAL DIPLOMA NURSING

### 1.0 PROGRAMME NOMENCLATURE

Higher National Diploma (HND) Nursing

### 2.0 GOAL

This programme is designed to prepare competent, skilled, polyvalent nurse practitioners, versatile midwives and professionally knowledgeable public health nurses who will use problem-solving skills in providing safe, acceptable, effective and affordable quality health services to meet the health needs of individuals, families and communities at all levels of care.

### 3.0 OBJECTIVES OF THE PROGRAMME

A graduate of the programme should be able to:

- i. Apply the knowledge of biological, physical, behavioural, technological and nursing sciences in assessing, diagnosing, planning, implementing and evaluating nursing care in all health care settings.
- ii. Utilize the nursing process as a framework for providing comprehensive nursing, midwifery and public health nursing care to individuals, families and communities.

- iii. Establish positive working relationship with individuals, families and communities to motivate them towards self-reliance in matters of health protection, promotion, maintenance and rehabilitation.
- iv. Function independently and in collaboration with other members of the health team and related sectors in planning, delivering and evaluating health care services.
- v. Supervise the clinical experience of students of nursing, midwifery and public health as well as other health workers in all clinical settings.
- vi. Counsel and provide family planning services in homes, hospitals and communities.
- vii. Identify health needs of the communities and provide appropriate health care.
- viii. Apply the principles of primary health care, in providing comprehensive, continuous and holistic care in homes, schools, work places and health care institutions.
- ix. Manage minor disorders during ante-natal, labour and post-natal periods of the child bearing cycle.
- x. Maintain safe and clean delivery practices.
- xi. Identify and refer high risk clients to other members of the health team for specialized care.

- xii. Provide a safe physical setting which minimizes health hazards and stress.
- xiii. Create an atmosphere of trust, which allows for meeting clients'/ patients' psychosocial needs.
- xiv. Encourage individual students to utilize opportunities for self-expression, self-acceptance and self-evaluation.
- xv. Assist in providing the necessary corrective experiences for the redirection of negative behaviours to achieve personal growth.
- xvi. Display tolerance in accepting maladaptive behaviours of the client/patient.
- xvii. Effectively organize and manage clinics to achieve the goals of disease prevention, health promotion and maintenance, by utilizing human and material resources.
- xviii. Sensitize, mobilize and educate individuals, families and communities in order to effect positive change in the health pattern of the community.
- xix. Utilize Information, Education and Communication (IEC) skills in improving reproductive health care services.
- xx. Update knowledge and maintain professional growth through participation in continuing professional development programmes.
- xxi. Display ethical behaviour toward individuals, families and communities and among other health team members.

xxii. Contribute to research by initiating, conducting and implementing findings towards improving health care services.

### 4.0 COMPETENCIES

The competencies of the graduate of the programme are as follows:

### 4.1 GENERAL NURSE

The competencies of a Registered nurse who is a graduate of the HND Nursing programme include the ability to:

- 1. Utilize the Nursing Process and other nursing theories/concepts as a framework for the care of individuals, families and the community viz a vis:
  - i. Assess client/patient through history taking, physical assessment, and review of relevant records, and identify appropriate nursing diagnoses.
  - ii. Assess community through data gathering and identification of health needs to arrive at community diagnoses.
  - iii. Plan care for individuals, families and communities based on health needs for the attainment and maintenance of health status.
  - iv. Assume responsibility and plan for delivery of independent, dependent and interdependent nursing functions.

- v. Implement appropriate nursing actions to minimize health problems through holistic and client/family centred approaches in homes, communities and health care institutions.
- vi. Use simple and rapid investigation kits to diagnose prevailing health conditions in the community.
- vii. Interpret basic laboratory, radiological and other diagnostic results.
- viii. Evaluate care using stated objectives to ascertain effectiveness of nursing actions and health activities rendered in homes, communities and health care institutions.
- ix. Establish and maintain a two way referral system
- 2. Develop strategies for health education and counseling of clients/patients and families in homes, communities and health care institutions.
- 3. Diagnose and treat simple medical and surgical conditions, e.g. malaria, diarrhoea, worm infestation, suturing of simple lacerations, incision and drainage of abscess, etc.
- 4. Administer medications through various routes such as intramuscular, intravenous, sublingual, oral, rectal and topical, etc.
- 5. Utilize available resources within the home, communities and hospital setting to achieve maximum provision of health care.

- 6. Manage adolescent and youth clinics and provide adolescent and youth friendly services.
- 7. Provide rehabilitative services to individuals, families and communities to enable them achieve optimum level of functioning.
- 8. Demonstrate assertiveness in the care of client/patient in homes, communities and health care institutions.
- 9. Participate in formulating health plans and policies.
- 10. Budget and manage funds for health care.
- 11. Supervise and mentor students and other health workers.
- 12. Initiate and participate in the development of recording and reporting systems, maintaining, analyzing and utilizing relevant data in health care.
- 13. Manage essential drugs by evolving an effective monitoring and cost recovery system.
- 14. Promote work discipline and provide adequate motivation for health workers.
- 15. Initiate and conduct research to improve nursing education and practice.
- 16. Collaborate with others for research and development of new techniques for nursing practice
- 17. Utilize research findings for evidence based practice.

### 4.2 MIDWIFE

The competencies of a registered midwife include the ability to:

- 1. Assess, plan, implement and evaluate the needs of the community with special reference to the expectant individual/ expectant family.
- 2. Plan with and guide families and communities on the methods necessary for achieving and maintaining healthy life styles.
- 3. Prevent and control communicable diseases that may affect the health of the expectant individual/family by initiating community surveillance programmes and maximizing the use of human and material resources.
- 4. Function independently and collaboratively with multidisciplinary health team and intersectoral team to provide comprehensive maternal, newborn and child health care services at all levels of health care.
- 5. Plan, establish, organize and manage antenatal, postnatal, family planning, infant welfare and school health clinics.
- 6. Provide Focused Antenatal Care (FANC) Services.
- 7. Manage clients during pregnancy, labour and puerperium.
- 8. Apply Life Saving Skills in caring for women during ante, intra and postnatal periods
- 9. Counsel, treat and support HIV positive pregnant women including elimination of Mother to Child Transmission (eMTCT).

- 10. Identify risk factors and medical conditions that may complicate pregnancy, labour, puerperium and refer appropriately.
- 11. Identify variations from normal during the course of pregnancy and institute appropriate first line independent or collaborative management, using Midwifery Clinical Protocol.
- 12. Use magnesium sulphate in the treatment of severe preeclampsia and eclampsia.
- 13. Perform and repair episiotomy, vaginal and cervical lacerations.
- 14. Deliver and resuscitate the new-born.
- 15. Manage Post-Partum haemorrhage with the use of non-pneumatic anti-shock garment.
- 16. Monitor the total health care plan for mother, child and family in order to meet specific needs during the postnatal period.
- 17. Order, store, prescribe and independently administer drugs under the jurisdiction of independent midwifery practice.
- 18. Diagnose and treat minor disorders occurring during the childhood period utilizing the IMNCI guidelines.
- 19.Immunize children and mothers against prevailing communicable diseases
- 20. Initiate care in emergency situations to save the life of mother and/or child in the absence of medical care e.g. setting up intravenous infusion, Cardiopulmonary Resuscitation (CPR), etc.
- 21. Provide Post Abortion Care including Manual Vacuum Aspiration (MVA).

- 22. Educate the community on family planning services and administer contraceptive devices in accordance with the socio-cultural values and needs of the people.
- 23. Screen women for cervical cancers using Visual Inspection with Acetic Acid (VIA) and treat pre-cancerous lesion with cryotherapy.
- 24. Teach, guide and supervise the practice of other health personnel including students in the Maternal, Newborn and Child Health Care Services.
- 25. Evaluate Maternal, Newborn and Child Health Care Services.
- 26.Initiate and participate in the development of recording and reporting systems, maintaining, analyzing and utilizing relevant data in health care.
- 27. Collaborate with others for research and development of new techniques for midwifery practice.
- 28. Utilize research findings for evidence based practice.

### 4.3 PUBLIC HEALTH NURSE

The competencies of a Registered Public Health Nurse include the ability to:

- 1. Assess, plan, implement and evaluate the nursing needs of the community with special reference to health promotion, disease prevention, health maintenance and rehabilitation.
- 2. Plan with and guide families and communities on the methods necessary for achieving and maintaining healthy lifestyles.
- 3. Use simple laboratory techniques to diagnose and treat common diseases in the community e.g. malaria, anaemia, etc.
- 4. Use Clinical Protocols, Standing Orders in the treatment of patients/clients in the community.
- 5. Assess, diagnose and treat school children for minor ailments and refer when necessary.
- 6. Inspect food vendors and ensure safe and healthy school environment.
- 7. Manage school based clinics.
- 8. Immunize children and mothers against prevailing communicable diseases.
- 9. Identify the health needs of the community and mobilize for appropriate health programmes.

- 10. Plan, establish, organize and manage ante natal, postnatal, family planning and infant welfare clinics
- 11. Treat children 0-5 years using Integrated Management of Neonatal and Childhood Illness (IMNCI) approved guidelines.
- 12. Manage adolescent and youth clinics and provide adolescent and youth friendly services.
- 13. Assess, manage and provide supportive services in the rehabilitation of special groups including people living with disabilities.
- 14. Assess and provide home and community based care in the community.
- 15. Assess, diagnose and treat prison inmates and provide supportive services.
- 16. Manage clients during pregnancy, labour and puerperium in the community.
- 17. Provide Ante-Natal Care service (ANC) in the community.
- 18. Identify risk factors and medical conditions that may complicate pregnancy, labour, puerperium and refer appropriately.
- 19. Apply Life Saving Skills in caring for women during ante, intra and postnatal periods.
- 20. Screen women for cervical cancer using visual inspection with acetic acid and treat pre-cancerous lesions using cryotherapy at the Primary Health Care level.

- 21. Screen women for breast cancer, provide appropriate counseling and refer where necessary.
- 22. Provide family planning services such as insertion of IUCD, injectables, oral contraceptive pills, etc.
- 23. Initiate care in emergency situations e.g. setting up intravenous infusion, cardiopulmonary resuscitation, etc.
- 24. Provide Post Abortion Care including Manual Vacuum Aspiration (MVA), etc.
- 25. Use simple laboratory techniques to diagnose HIV/AIDS and provide appropriate management at the Primary Health Care level.
- 26. Counsel, treat and support HIV positive pregnant women including elimination of mother to child transmission (eMTCT).
- 27. Provide health education and counseling to food handlers in other to ensure food safety and prevent food borne diseases in the community.
- 28. Diagnose and treat simple medical and surgical conditions such as diarrhoea, vomiting, worm infestation, incision and drainage of abscess, suturing of lacerations, etc.
- 29. Prevent and control communicable diseases that may affect the health of the individual and families by initiating community surveillance programmes maximizing the use of human and material resources.

- 30. Initiate and participate in the development of recording and reporting systems, maintaining, analyzing and utilizing relevant data in health care.
- 31. Collaborate with others for research and development of new techniques for public health practice.
- 32. Utilize research findings for evidence based practice.

### 5.0 STRUCTURE AND DURATION OF THE PROGRAMME

- The HND Nursing programme is structured to last for two (2) academic years.
- It shall consist of four (4) semesters of classroom, laboratory, demonstration and clinic/hospital activities in accredited institutions.
- Each semester shall be of 17 weeks duration, made up of 15 contact weeks of teaching (i.e. lectures, tutorials and practical sessions, etc.) and 2 weeks for examinations.
- It includes one year of hospital/clinical attachment at the end of the second semester of HND II.

## 6.0 ENTRY REQUIREMENT

Applicants with the following qualifications may be considered for admission into the Higher National Diploma Nursing programme:

- i. National Diploma (ND) in Nursing programme
- ii. A pass at the National Diploma Nursing Level.

### 7.0 STRUCTURE OF THE CURRICULUM

The HND Nursing curriculum consists of four main components. These are:

- i. General Studies/Education Courses
- ii. Basic/Foundation Courses
- iii. Professional Courses
  - General Nursing
  - Midwifery
  - Public Health
- iv. Supervised Clinical Attachment at the end of HND II Mandatory

### 8.0 METHODS OF EVALUATION

The assessment criteria for the educational process of this programme are:

- A minimum of 75% attendance for each course and clinical practice per semester.
- Active class participation
- Continuous Assessment (CA)
- End of semester examination

### 8.1 EXAMINATION

The examination for the HND Nursing Programme shall consist of:

### i. Continuous Assessment

 This shall constitute 40% of the total marks obtainable by the student in each course at the end of each semester.

- The Continuous Assessment shall be generated from the following:
  - Class tests
  - Individual presentations
  - Group presentations
  - Attendance, etc.

# ii. End of Semester Examination (Theory and Practical)

- This shall constitute 60% of the total marks obtainable by the student in each course at the end of each semester.
- The pass mark for each course shall be 50%.

# 9.0 CONDITIONS FOR THE AWARD OF NATIONAL DIPLOMA (ND) AND HIGHER DIPLOMA (HND) CERTIFICATES/GRADE POINTS

Accredited institutions offering the programmes shall award the National Diploma and Higher National Diploma certificates to students who have successfully completed the specified course work, projects and clinical/hospital experiences and prescribed examinations.

### 10.0 CERTIFICATION & LICENSING OF GRADUATES

- i. Upon the successful completion of the requirements of the ND/HND Nursing Programme, the graduate shall be awarded the National Diploma and Higher National Diploma (ND&HND) Nursing.
- ii. All the graduates are expected to sit for, the Nursing and Midwifery Council of Nigeria Professional Examination for General Nursing. In addition student wishing

to specialize in Midwifery and Public Health Nursing will be given the opportunity to take the Council's Professional examinations in these two areas. The graduate shall at the end be registered and licensed by the Council to practice, as a Registered Nurse (RN), Registered Midwife (RM) and Registered Public Health Nurse (RPHN).

### 11.0 ACCREDITATION OF PROGRAMMES

Each programme offered at the ND or HND levels shall be accredited by the NBTE in conjunction with the N&MCN before the graduates can be awarded the certificates.

Details about the process of accrediting a programme for the award of ND/ HND Nursing can be obtained from the National Board for Technical Education's website: <a href="https://www.nbte.org.edu.ng">www.nbte.org.edu.ng</a>. or the Executive Secretary – Attention: Programmes Department, National Board for Technical Education, Plot 'B' Bida Road, P.M.B. 2239, Kaduna, Nigeria.

### OR

**The** Secretary-General/Registrar, Nursing and Midwifery Council of Nigeria, Plot 713, Cadastral Zone, Life Camp, Abuja. Website: <a href="www.nmc.gov.ng">www.nmc.gov.ng</a>, Email: <a href="minogen:info@nmcn.org.ng">info@nmcn.org.ng</a>, nmcnigeria,org@gmail.com

### 12.0 GUIDELINES FOR IMPLEMENTATION OF SUPERVISED CLINICAL EXPERIENCE

### 12.1 SUPERVISION

The institution-based supervisor shall initial the log- books of students during each visit to the clinical area. This will enable him/ her check and assist students having problems

regarding specific assignments given to them by their hospital- based supervisor. The two supervisors should work together.

### 12.2 RESPONSIBILITY FOR PLACEMENT OF STUDENTS:

Institutions offering the Higher National Diploma in Nursing programme shall arrange for proper placement of students in accredited health facilities. There should be a master list showing where each student has been placed or posted. The placement officer should discuss and agree with the management of the health facility on the following:

- A task inventory showing the type of experiences the students are expected to be exposed to.
- There should be a health facility- based supervisor during this period. It should be noted that the final grading of the student(s) during this period of attachment should be weighted on both the evaluation by the student's health facility supervisor and the institutional supervisor, at the ratio of 60:40.

### 12.3 EDUCATIONAL PROJECTS

Students of this programme are expected to carry out a Research work and other projects. These projects should as much as possible reflect a health problem and solution and should be focused on the student's area of specialization. Projects should be well written, properly supervised, bound and presented accordingly. The departments should make their own arrangements of schedules for project work and supervision. A standard format should be developed for marking of projects.

### 12.4 GUIDANCE NOTES FOR TEACHERS IN THE PROGRAMME

This curriculum is drawn in course units in keeping with the provisions of the National Policy on Education which stresses the need to introduce the semester system of credit units. The course unit system will enable a student who so wishes to transfer the units already completed to an institution of similar standard from which he/she is transferring.

The teaching of the theory and practical work should, as much as possible, be integrated. Courses with practical components especially the professional courses should not be taught in isolation. The courses should have demonstration and laboratory exposure/session. For each course, there should be a balance of theory to practice in the ratio of 50:50.

# LIST OF COURSES

HND I NUR	SING	SEMESTER: FIRST
1. <b>NUR 31</b>	.0 -	Medical-Surgical Nursing III
2. <b>NUR 31</b>	.1 -	Emergency and Disaster Nursing
3. <b>NUR 31</b>	.2 -	Reproductive Health II
4. <b>NUR 31</b>	.3 -	Child Health I
5. <b>NUR 31</b>	.4 -	Ethical and Legal Issues in Nursing
6. <b>NUR 31</b>	.5 -	Principles of Management and Teaching I
7. <b>GNS 31</b>	1 -	Communication in English III
8. <b>NUS 31</b>	1 -	Medical Sociology
9. <b>NUS 31</b>	2 -	Pharmacology III
10. <b>GLT 31</b>	1 -	General Laboratory Technique
11. <b>NUR 31</b>	.6 -	Client Case/Care Study
12. <b>NUR 31</b>	.7 -	Research Methodology III
13. NUR 31	8 -	Hospital Based Clinical Practice I
14. <b>NUR 31</b>	.9 -	Community Based Clinical Practice I
HND I NUR	SING	SEMESTER SECOND
15. <b>NUR 32</b>	O -	Medical - Surgical Nursing IV
16. <b>NUR 32</b>	1 -	Community Health Nursing
17. <b>NUR 32</b>	2 -	Health Economics
18. <b>NUR 32</b>	3 -	Adolescent, Older People and People Living with Disabilities
19. <b>NUR 32</b>	4 -	Health Education
20. <b>NUR 32</b>	5 -	Principles of Management and Teaching II
21. <b>NUR 32</b>	6 -	School Health Programme
22. <b>GNS 32</b>	1 -	Communication in English IV
23. <b>NUR 32</b>	27 -	Seminar Presentation
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24. <b>NUR 32</b>	8 -	Research Project Writing
24. NUR 32 25. NUR 32		Research Project Writing  Hospital Based Clinical Experience – II

#### HND II NURSING SEMESTER: FIRST

27. <b>NUR 411</b> - Public Health Nursing	. <b>NUR 411 -</b> Public Health	Nursing I
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28. **NUR 412** - Food Microbiology & Hygiene

29. **NUR 413** - Maternal & Child Health

30. **NUR 414** - Applied Anatomy and Physiology in Midwifery

31. **NUR 415** - Fundamentals of Midwifery Practice

32. **NUR 416** - Normal Midwifery

33. **NUR 417** - Infant

34. **NUR 418** - Pharmacology In Midwifery

35. **NUR 419** - Sociology of the Family

36. **EED 413** - Entrepreneurship Development

37. **NUS 401** - Research Project Writing

### HND II NURSING SEMESTER: SECOND

38. **NUR 421** - Public Health Nursing II

39. NUR 422 - Complicated Midwifery II

40. **NUR 423** - Child Health II

41. **NUR 424** - Community Midwifery

42. **NUR 425** - Family Planning

43. **NUR 426** - Seminar Presentation

44. **NUR 427** - Expectant Family Care

45. **NUR 428** - PHN Programme Project

46. **NUS 402** - Research Project [Writing & Defence]

47. NUR 429 - Hospital Based Posting

48. **NUR 420** - Hospital Based Posting

### **HND NURSING PROGRAMME**

HND NURSING I SEMESTER: FIRST

COURSE CODE	COURSE TITLE	L	T	P	CU	TOTAL HOURS PER SEMESTER	PREREQUISITE
NUR 310	Medical-Surgical Nursing III	2	-	1	3	45	Medical-Surgical Nursing I & II
NUR 311	Emergency and Disaster Nursing	1	-	2	3	45	Foundations of Nursing I & II Medical-Surgical Nursing I & II
NUR 312	Reproductive Health II	2	-	1	3	45	Reproductive Health I
NUR 323	Adolescent, Older People and People Living with Disabilities	3	-	-	3	45	Medical-Surgical Nursing III, Medical Sociology
NUR 313	Child Health I	2	-	2	4	60	Medical-Surgical Nursing I & II
<b>NUR 314</b>	Ethical and Legal Issues in Nursing	1	-	-	1	15	Foundations of Nursing I & II
EED 413	Entrepreneurship Development	2	ŀ	<mark>2</mark>	<mark>4</mark>	<mark>60</mark>	
GNS 311	Communication in English III	2	_	-	2	30	Communication in English I & II
NUS 311	Medical Sociology	2	-	-	2	30	Introduction to Sociology.
NUS 312	Pharmacology III	2		-	2	30	Pharmacology I & II
GLT 311	General Laboratory Technique	1	_	1	2	30	Microbiology and Physiology
NUR 316	Client Case/Care Study	-	-	2	2	30	Medical-Surgical Nursing I & II
NUS 317	Research Methodology III	2	-	-	2	30	Research Methodology I & II
NUR 318	Hospital Based Clinical Practice I						
NUR 319	Community Based Clinical Practice I						
TOTAL		19		9	2825	420	

NUR 318 Hospital Based Clinical Practice I - 160 Hours NUR 319 Community Based Clinical Practice I - 160 Hours HND NURSING I SEMESTER: SECOND

COURSE CODE	COURSE TITLE	L	T	P	CU	TOTAL HOURS PER SEMESTER	PREREQUISITE
NUR 320	Medical - Surgical Nursing IV	2	-	2	4	60	Medical-Surgical Nursing III
NUR 321	Community Health Nursing	2	-	1	3	45	Surgical Nursing, Reproductive Health II
NUR 3 22	Health Economics	1	-	ı	1	15	Foundations of Nursing and Medical Sociology
NUR 423	Child Health II	2	-	2	4	60	Child Health I & II.
NUR 324	Health Education	1	-	2	3	45	Principles of Management and Teaching I
NUR 326	School Health Programme	2	-	1	3	45	Child Health I, Medical-Surgical Nursing III
GNS 321	Communication in English IV	2	-	-	2	30	GNS 201, 101, 111
NUR 327	Seminar Presentation	-	-	1	1	15	All Courses
NUS 328	Research Project Writing	-		4	4	60	Research Methodology III
NUR 329	Hospital Based Clinical Experience – II						
NUR 330	Community Based Clinical Experience – II						
TOTAL		15	-	13	28	430	

NUR 329 Hospital Based Clinical Experience – II – 135 Hours NUR 330 Community Based Clinical Experience – II – 180 Hours HND NURSING II SEMESTER: FIRST

COURSE	COURSE TITLE	L	T	P	CU	TOTAL HOURS PER SEMESTER	PREREQUISITE
NUR 411	Public Health Nursing I	3	-	2	5	75	Community Health Nursing, Adolescent, Older people and People living with disabilities, Health Education
NUR 412	Food Microbiology & Hygiene	2	-	2	4	60	Microbiology, GLT.
NUR 413	Maternal & Child Health	2	-	2	4	60	Child Health I & II.
NUR 414	Applied Anatomy and Physiology in Midwifery	1	-	2	3	45	Child Health I,
NUR 415	Fundamentals of Midwifery Practice	3	-	_	3	45	Pharmacology I – III
NUR 416	Normal Midwifery	2	-	2	4	60	
NUR 417	Infant	2	-	2	4	60	Reproductive Health II, & Child Health II
NUR 418	Pharmacology In Midwifery	1	-	1	2	30	Child Health I
NUS 419	Sociology of the Family	2	-	1	3	45	
NUR 315	Principles of Management and Teaching I	2	-	-	2	30	
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NUS 401	Research Project Writing	-	4	-	-	60	Research Methodology I & II
TOTAL		15	4	14	30	450	

HMP 420 Hospital Based Clinical Practice I (Midwifery) – 135 Hours HMP 421 Community Based Clinical Practice I (Midwifery) - 180 Hours

• EEd NBTE Adopted Courses

HND NURSING II SEMESTER: SECOND

COURSE CODE	COURSE TITLE	L	T	P	CU	TOTAL HOURS PER SEMESTER	PREREQUISITE
NUR 421	Public Health Nursing II	3	-	2	5	75	Public Health Nursing I
NUR 422	Complicated Midwifery	2	-	2	4	60	Microbiology, GLT.
NUR 424	Community Midwifery	1	<u> </u>	2	3	45	Child Health I,
NUR 325	Principles of Management and Teaching II	1	I	2	3	45	Principles of Management Teaching I
NUR 425	Family Planning	3	-	-	3	45	Pharmacology I – III
NUR 426	Seminar Presentation	2	-	2	4	60	All Courses
NUR 427	Expectant Family Care	2	-	2	4	60	Reproductive Health II, & Child Health II
NUR 428	PHN Programme Project	1	-	1	2	30	Child Health I
NUS 402	Research Project [Writing & Defence]	2	-	2	4	60	Research Methodology I & II
NUR 429	Hospital Based Posting	-	4	-	-	60	
NUR 420	Community Based Posting	2	-	1	3	45	
TOTAL		15	4	14	30	450	

HMP 420 Hospital Based Clinical Practice I – 135 Hours

HMP 421 Community Based Clinical Practice I - 180 Hours

• EEd NBTE Adopted Courses

### **HND NURSING PROGRAMME**

HND NURSING I SEMESTER: FIRST

COURSE CODE	COURSE TITLE	L	T	P	CU	TOTAL HOURS PER SEMESTER	PREREQUISITE
NUR 310	Medical-Surgical Nursing III	2	-	1	3	45	Medical-Surgical Nursing I & II
NUR 311	Emergency and Disaster Nursing	1	-	2	3	45	Foundations of Nursing I & II Medical-Surgical Nursing I & II
NUR 312	Reproductive Health II	2	-	1	3	45	Reproductive Health I
NUR 313	Child Health	2	-	2	2	60	Medical-Surgical Nursing I & II
NUR 314	Ethical and Legal Issues in Nursing	1	-	-	1	15	Foundations of Nursing I & II
NUR 315	Principles of Management and Teaching I	2	-	-	2	30	
GNS 311	Communication in English III	2	-	-	2	30	Communication in English I & II
NUS 311	Medical Sociology	2	-	-	2	30	Introduction to Sociology.
NUS 312	Pharmacology III	2		-	2	30	Pharmacology I & II
GLT 311	General Laboratory Technique I	1	-	1	2	30	Microbiology and Physiology
NUR 316	Client Case/Care Study	-	-	2	2	30	Medical-Surgical Nursing I & II
NUR 317	Research Methodology III	2	-	-	2	30	Research Methodology I & II
NUR 318	Hospital Based Clinical Practice I						
NUR 319	Community Based Clinical						
TOTAL		19		9	28	420	

NUR 318 Hospital Based Clinical Practice I - 160 Hours NUR 319 Community Based Clinical Practice I - 160 Hours HND NURSING I SEMESTER: FIRST

PROGRAMME: HND NURSING I										
COURSE: MEDICAL - SURGICAL NURSING III										
COURSE CODE: NUR 310										
DURATION:	Lecture:	Tutorial:	Practical: 1	Total Contact Hours:						
(Hours per week)	2 Hrs	0 Hr	Hr	45 Hours						
CREDIT UNIT: 3										
<b>GOAL:</b> This course is de	signed to equip stud	lents with the knowledge o	f management of selec	ted conditions affecting the						
musculoskeleta	al, metabolic, endoci	rine, neurologic and cardio	vascular systems. The	course will cover the related anatomy						
and physiology	, diagnostic procedu	res, nursing management	of the disorders utilizi	ng the nursing process and preventive						
measures of th	e selected conditions	s.								

### GENERAL OBJECTIVES: At the end of the course, students should be able to:

- 1.0 Understand the management of clients with musculoskeletal conditions.
- 2.0 Know the management of clients with metabolic and endocrine disorders.
- 3.0 Discuss the management of clients with neurological conditions.
- 4.0 Discuss the management of clients with conditions of the cardiovascular system.
- 5.0 Understand the management of clients with degenerative diseases

COURSE: MEDICAL-SURGICAL	NURSING III		Course Code: NUR 31	0	Total Con	tact Hours: 45 Ho	ours			
General Objective 1.0: Understand the management of clients with musculoskeletal conditions.										
Course Specification: Theory/		Γ		1		1				
Specific Learning Objectives	Teachers' Activities	Resources	Specific Learning	Teache		Resources	Evaluation			
(Theory)			Objectives (Practical)	Activit	ies					
<ul> <li>1.1 Describe anatomy and physiology of musculoskeletal system.</li> <li>1.2 Explain the diagnostic procedures used the in investigation of disorders of musculoskeletal system: <ul> <li>Assessment</li> <li>Health history</li> <li>Physical Assessment</li> </ul> </li> </ul>	<ul> <li>Lecture</li> <li>Discuss</li> <li>Draw     Questions</li> <li>Assignment</li> <li>Lecture</li> <li>Discussion</li> <li>Demonstration</li> </ul>	<ul> <li>Magnetic Board</li> <li>Markers</li> <li>Charts</li> <li>Books</li> <li>Models</li> <li>Multimedia Projector</li> <li>Laptop</li> </ul>	1.2 Assess clients with musculoskeletal problems using: - Health history -Physical features - Physical examination  1.2 Prepare clients for diagnostic studies of the musculoskeletal system e.g.	<ul><li>Disconnumber</li><li>Der n an</li></ul>	ture cussion monstratio nd return nonstratio	<ul> <li>Whiteboard and marker</li> <li>Books</li> <li>Journals</li> <li>Charts</li> <li>Models</li> <li>Pictures</li> </ul>	Question & answer Assignment Test Quiz Examinatio			

<ul> <li>Health history</li> <li>Physical     Assessment</li> <li>Diagnostic Studies of</li> </ul>	• Demonstration	• Laptop	of the musculoskeletal system e.g. - Radiological studies		
the Musculoskeletal System - Radiologic Studies - Magnetic Resonance Imaging - Synovial fluid aspiration etc.		• Whiteboar	-Magnetic resonance imaging - Synovial fluid aspiration etc.		
1.3 Explain Trauma – sprain, strains, fracture, dislocation.		d and markers  Models  Books			
<ul> <li>1.4 Explain diseases affecting the musculoskeletal System:</li> <li>Inflammatory diseases e.g. Arthritis</li> <li>Degenerative joint</li> </ul>		• Models			

General Objective 2.0: Know	General Objective 2.0: Know the Management of Clients with Metabolic and Endocrine Disorders.											
Specific Learning	Teachers' Activities	Resources	Specific Learning	Teachers'	Resources	Evaluation						
Objectives (Theory)			Objectives	Activities								
			(Practical)									
	Lecture	• White	2.2 Assess clients		Whiteboard	Question &						
2.1 Describe the structure	Discussion	Board	with metabolic and	<ul> <li>Discussion</li> </ul>	and marker	answer						

					T	1
and functions of the	<ul> <li>Demonstration</li> </ul>	<ul> <li>Markers</li> </ul>	endocrine	• Demonstratio	• Books	Assignment
metabolic	<ul> <li>Questions and</li> </ul>	<ul> <li>Dusters</li> </ul>	problems using:	n	<ul> <li>Journals</li> </ul>	Test
and endocrine systems.	Answers	<ul> <li>Textbooks</li> </ul>	- Health		<ul> <li>Models</li> </ul>	Quiz
		<ul> <li>Journals</li> </ul>	History		• Charts	Examination
2.2 Explain the diagnostic		and	- Physical		Pictures	
procedures in metabolic		Periodical	Features			
and endocrine		S	- Diagnostic			
conditions.		• E-Library	Procedures			
<ul> <li>Assessment</li> </ul>		• Equipmen				
- Health History		t for Urine	2.2 Prepare clients			
- Physical		Testing	for diagnostic			
Assessment		Overhead	procedures used for			
- Diagnostic		Projector	clients with problems			
procedures e.g.		Trojector	of the metabolic and			
Fasting and			endocrine			
Random Blood			systems.			
sugar, Glucose						
Tolerance Test						
(GTT), etc.						
<ul> <li>2.3 List conditions affecting the metabolic and endocrine systems e.g. Hepatic disorders, Gall bladder disorders, Diabetes mellitus, disorders of the pancreas, pituitary disorders, thyroid disorders, parathyroid disorders an adrenal disorders.</li> <li>2.4 Describe the pathophysiology of conditions affecting metabolic and endocrine systems.</li> </ul>			2.3 Demonstrate testing urine, estimation of blood sugar level using glucometer and other lest kits.  2.5 Apply Nursing process in the care of patient viz: assessing patients problems/needs, diagnosis, implementation, scientific rationale and evaluation columns.			
2.5 Explain the Nursing process in the						

management of clients with metabolic and endocrine conditions.			
2.6 Enumerate the complications of metabolic and endocrine conditions.			
2.7 State the Nurse's role in the prevention of metabolic and endocrine conditions.			

Specific Learning Objectives (Theory)	Teachers' Activities	Resources	Specific Learning Objectives (Practical)	Teachers' Activities	Resources	Evaluation
3.1 Describe the structure and functions of the Nervous system.  3.2 Explain the diagnostic procedures used for clients with neurological disorders:     Assessment of neurological function     Health History     Physical Assessment     Psychosocial assessment     Coma Scale     Diagnostic procedures     Imaging procedures     Electroenceph alography     Electrophysiologic studies     Lumbar puncture, etc.  3.3 List conditions affecting the	<ul> <li>Lecture</li> <li>Discussion</li> <li>Demonstration</li> <li>Questions and Answers</li> </ul> <ul> <li>Lecture</li> <li>Discussion</li> <li>Questions</li> <li>Assignment</li> </ul>	White Board and markers     Lecture Notes     Textbooks     Glasgow Coma scale     Assessme nt forms      White board and Markers	3.2 Assess client with neurological problem using:  - Health History - Physical Features - Psychosocial Assessment - Level of consciousness using different methods and scales e.g. sensory, pupillary, Glasgow Coma Scale, etc.  3.5 Apply Nursing process in the care of patient with neurologic problems: (assessing patients problems/needs, outcome classification diagnosis, implementation, scientific rationale and evaluation columns).	Lecture     Discussion     Demonstratio     n	<ul> <li>White board and marker</li> <li>Books</li> <li>Journals</li> <li>Charts</li> <li>Assessment Forms</li> <li>Pictures</li> <li>Anatomical Models</li> </ul>	Question & answer Assignment Test Quiz Examination

	nervous systems.		<ul> <li>Charts</li> </ul>		
_	Cerebro-vascular		and		
	disorders		models		
_	Trauma of the				
	nervous system				
_	Neoplasm of the				
	nervous system				
_	Degenerative				
	disorders				
	Paroxysmal				
	disorders				
-	Infections affecting				
	the nervous				
	system				
-	Peripheral nerve				
	disorders.				
3.4	Describe the				
	pathophysiology				
	of conditions				
	affecting				
	nervous				
	system.				
3.5	Explain nursing				
	process				
	management of				
	patients with				
	neurological				
	problems.				
3.6	Describe the				
	rehabilitative				
	measures of				
	patients with				
	neurological				
	problems.				
3.7	List the				
3.7	complications of				
	neurological				
	neurological	1			

conditions.			
3.8 State the Nurses' role in the prevention of neurological conditions.			

Specific Learning Objectives (Theory)	Teachers' Activities	Resources	Specific Learning Objectives (Practical)	Teachers' Activities	Resources	Evaluation
<ul> <li>4.1 Describe the structure and functions of Cardio vascular system.</li> <li>4.2 Explain the diagnostic procedures for clients with conditions of the cardio vascular system: <ul> <li>Assessment of clients with cardiovascular disorders</li> <li>Health History</li> <li>Physical Assessment</li> <li>Diagnostic measures e.g. Cardiac catheterization, defibrillation etc.</li> </ul> </li> </ul>		<ul> <li>Whiteboar d</li> <li>Whiteboar d/Marker</li> <li>Charts</li> <li>Books</li> <li>Overhead Projector</li> </ul>		Demonstration     Return demonstration     Assignment	Cardiac monitors     defibrillato rs     Nursing care plan booklets	Assignment Test Examination
4.3 Enumerate the conditions affecting cardiovascular system e.g.			4.3 Demonstrate measurement, Blood, Weight, Pulse, Identify			

		 <u> </u>	 	
- Hypertension		various types of		
Cerebrovasc	ılar	pulse rhythm		
accident (CV	A),	-		
- Congestive C	ardiac			
Failure ( CCl	7),			
Dysrhythmia	S			
- Coronary Ar	ery			
Disease				
- Structural,				
Infectious ar	d			
Inflammator				
Cardiac Disc				
- Cardiac Tum				
Trauma Sur				
- Vascular Dis				
and Problem	s of			
Peripheral				
Circulation 6	tc.			
4.4 Describe the				
pathophysiol	ogy of			
the condition	s listed			
in 4.2.				
4.5 Explain nurs	ing			
process				
management	of			
clients with				
conditions in	4.3.			
4.6 Enumerate		4 5 4 1		
complications of		4.5 Apply		
conditions in 4.3		Nursing process in the care of		
4.7 State nurses role	e in the	patients with		
prevention of		medical and		
cardiovascular		surgical problems		
conditions.		of the		
		cardiovascular		
		system		
		System		

Gene	ral Objective 5.0: Und	erstand the Manageme	nt of Client with	Degenerative Disease	s.		
	ific Learning ctives (Theory)	Teachers' Activities	Resources	Specific Learning Objectives (Practical)	Teachers' Activities	Resources	Evaluation
5.1	of the Insane (GPI) Alzheimer's disease Disseminated Sclerosis (delineative disease) Jacobs Creutzfeldt disease (CJD or JCD) Pick's disease Wernicke's Encephalopathy (Korsakoff's disease)	<ul> <li>Lectures</li> <li>Discussion</li> <li>Questions and Answers</li> <li>Assignments</li> </ul>	<ul> <li>White Board/Ma rkers</li> <li>Books</li> <li>Journals</li> </ul>	Apply nursing process in the care of patient with degenerative diseases	Return demonstration Assignment	Nursing care plan booklet Video clips and audio visual	Assignment Test Examination
5.4	listed in 5.2  Explain Nursing process of patient with degenerative conditions.						

5.5 Describe the rehabilitation of patient with degenerative conditions.			
conditions.			

PROGRAMME:	HND NURSING I			

**COURSE: EMERGENCY & DISASTER NURSING** 

COURSE CODE: NUR 311

DURATION:	Lecture:	Tutorial: -	Practical:	Total Contact Hours:
(Hours per Week)	1 Hr	0	2 Hrs	45 Hours

#### **CREDIT UNIT:3**

**GOAL:** This course is designed to equip students with the knowledge and skills required for managing victims with various life threatening conditions before they are transferred for specialized care.

### GENERAL OBJECTIVES: At the end of the course, students should be able to:

- 1.0 Understand the concepts and principles of emergency and disaster care.
- 2.0 Know Emergency and Life threatening conditions.
- 3.0 Know how to apply relevant basic lifesaving skills and support aids in the management of emergencies.
- 4.0 Understand the management of patients in Hospital Emergency departments.
- 5.0 Understand the management of patients in advanced life support

	AND DISASTER NUR		COURSE CODE: NU	JR 311	Total Contact H 45 Hours	ours:
COURSE SPECIFICATIO General Objective 1.0: U			emergency and disa	ster care.		
Specific Learning Objectives (Theory)	Teachers' Activities	Resources	Specific Learning Objectives (Practical)	Teachers' Activities	Resources	Evaluation
1.1 Define terms and concepts used in emergency care. 1.2 Explain the aims, elements and principles of emergency and disaster care. 1.3 Differentiate between Human and natural disasters. 1.4 Explain disaster preparedness. 1.5 Explain the roles of the agencies for disaster management i.e. Local, National and International	<ul> <li>Lecture</li> <li>Discussions</li> <li>Questions and answers</li> <li>Assignment</li> <li>Demonstration</li> </ul>	<ul> <li>Magnet Board and Markers</li> <li>E-Library</li> <li>Books</li> <li>Journals and Periodicals</li> <li>Models</li> <li>Interactive Board</li> <li>Multi-media projector</li> <li>Audio-visuals</li> <li>Charts</li> </ul>		Discussion     Demonstration     Video presentations	First Aid Box Resuscitation tray Bandages Charts Lotions Relevant Medicines Protective wears	Question & answer Assignment Test Quiz Examinatio n

General Objective 2.0: Know Emergency and Life Threatening conditions.

Specific Learning Objectives (Theory)	Teachers' Activities	Resources	Specific Learning Objectives (Practical)	Teachers' Activities	Resources	Evaluatio n
2.1Classify emergencies and life-threatening conditions.  2.2 Enumerate the causes of emergencies and life- threatening conditions.	<ul><li>Lecture</li><li>Discussion</li><li>Questioning</li><li>Assignment</li></ul>	<ul> <li>Magnet Board and Markers</li> <li>E-Library</li> <li>Books</li> <li>Journals and Periodicals</li> <li>Models</li> <li>Projectors</li> </ul>		<ul> <li>Discussion</li> <li>Demonstration</li> <li>Video presentation s</li> </ul>	First Aid Box  Resuscitation tray Bandages Charts Lotions Relevant Medicines Protective wears	Question & answer Assignme nt Test Quiz Examinati on

General Objective 3.0: Know how to apply Relevant Basic Lifesaving Skills and Support Aids in the Management of Emergencies.								
Specific Learning Objectives (Theory)	Teachers' Activities	Resources	Specific Learning Objectives (Practical)	Teachers' Activities	Resources	Evaluatio n		
3.1 List relevant basic lifesaving skills and support aids  - Triage System - Assessment - Crowd - Management - ABCDEF - Resuscitation - Artificial - Respiration - Mechanical - Ventilation - Cardio - Pulmonary - Resuscitation - (CPR) - Medical	<ul> <li>Lecture</li> <li>Discussion</li> <li>Demonstrate with some basic lifesaving and support aids.</li> </ul>	<ul> <li>Models. Basic life support and Saving Aids package.</li> <li>Audio-Visual Aids e.g. VCD's, Television</li> <li>Oxygen</li> <li>Demonstration Equipment</li> <li>Defibrillator</li> <li>Ambu bag</li> <li>Endotracheal Tubes</li> <li>Sphygmomano meter</li> <li>Thermometer</li> </ul>	3.3 Demonstrate the use of basic lifesaving skills and support aids, viz  - ABC / CAB of Resuscitation - Cardiopulmona ry Resuscitation (CPR) - Artificial Respiration - Mechanical ventilation - Inhalation/Nels on's Inhaler - Steam Tent	<ul> <li>Lecture</li> <li>Demonstration</li> <li>Discussion</li> </ul>	<ul> <li>Human     Dummies/Ma     nikins</li> <li>Oxygen     Cylinder with     accessories</li> <li>Tracheostomy     tube</li> <li>Ambu bag</li> <li>Endotracheal     Tubes</li> <li>Sphygmoman     ometer</li> <li>Thermometer</li> <li>Pulsometer</li> <li>Pulseoximeter</li> <li>Suctioning</li> </ul>	Assignme nt Test Examinati on		

Specific Learning Objectives (Theory)	Teachers' Activities	Resources	Specific Learning Objectives (Practical)	Teachers' Activities	Resources	Evaluation
4.1 List the methods used in the management of patient in Hospital Emergency department viz a vis:  Tracheostomy Use of Electronic Monitors Automatic External Defibrillator	<ul> <li>Lecture</li> <li>Discussion</li> <li>Demonstration</li> <li>Return demonstration</li> <li>Questions and answers</li> </ul>	<ul> <li>Tracheotomy tube</li> <li>Electrical monitors</li> <li>Automatic External Defibrillator</li> </ul>		<ul> <li>Discussion</li> <li>Demonstration</li> <li>Video presentations</li> </ul>	First Aid Box  Resuscitation tray Bandages Charts Lotions  Relevant Medicines Protective wears	Question & answer Assignment Test Quiz Examination

- Advanced Cardiovascular Life-Support,			
etc			
4.2 Describe the methods listed in 4.1 above.			
4.3 Explain the role of a Nurse in the management of patients in Hospital			
Emergency department.			

General Objective 5.0: Understand the management of patients in advance life support						
Specific Learning Objectives (Theory)	Teachers' Activities	Resources	Specific Learning Objectives (Practical)	Teachers' Activities	Resources	Evaluation
5.1 List procedures and methods used in managing patients in advanced life support. 5.2 Demonstrate skills in the management of patients in advanced life support			5.3 Demonstrate - Positioning - Monitoring - Suctioning - Intake and output			

Specific Learning Objectives (Theory)	Teachers' Activities	Resources	Specific Learning Objectives (Practical)	Teachers' Activities	Resources	Evaluation
6.1 List the various strategies for managing disasters, viz a vis:  - Creation of Rapid Response Centres - Triage - Disaster Monitoring - Search and Rescue - Medical Intervention and Relief - Physical and Psychological Support - Multi and Inter-Sectoral Collaboration in disaster management - Public Information, education and disaster prevention. 6.2 Explain each strategy listed in 6.1 6.3 Explain the role of a Nurse in managing disasters.	Lecture     Discussion     Demonstration and return demonstration	Markers     Chart     Whiteboard     marker     Audio visual	6.1 Demonstrate skills on how to apply the various strategies in managing disaster.	<ul> <li>Discussion</li> <li>Demonstration</li> <li>Video presentations</li> </ul>	Resuscitation tray Bandages Charts Lotions Relevant Medicines Protective wears	Question & answer Assignment Test Quiz Examination

PROGRAMME: HND NURSING I									
COURSE: REPRODUCTIVE HEALTH II									
COURSE CODE: NUR 312									
DURATION:	Lecture:	Tutorial:	Practical:	Total Contact Hours: 45hours					
(Hours/Week)	2 Hrs	0 Hr	1 Hr						

**CREDIT UNIT: 3** 

GOAL: This course is designed to provide students with knowledge and skills in care of women of reproductive age, their families in wellness and illness to enable them provide required services in the hospital, home and community.

### GENERAL OBJECTIVES: At the end of the course, students should be able to:

- 1.0 Understand the concept of safe motherhood
- 2.0 Understand the concept of child bearing cycle.
- 3.0 Discuss normal and abnormal progress of labour
- 4.0 Know how to manage the mother and the newborn during puerperium
- 5.0 Know the various family planning methods
- 6.0 Understand abortion and post abortion care
- 7.0 Understand quality care in reproductive health services

PROGRAMME: HND NURSING I

COURSE: REPRODUCTIVE HEALTH II Course Code: NUR 312 Total Contact Hours: 45 Hours

COURSE SPECIFICATION: Theory/Practical

# General Objective 1.0: Understand the concept of safe motherhood

Specific Learning Objectives (Theory)	Teachers' Activities	Resources	Specific Learning Objectives (Practical)	Teachers' Activities	Resources	Evaluation
1.1 Concept of safe motherhood, principles, components and strategies	<ul><li>Lecture</li><li>Discussion</li><li>Demonstration</li></ul>	<ul><li>Text books</li><li>White board</li><li>Markers</li><li>Chalkboard</li><li>Charts/Poster</li></ul>	-	-	-	Assignment Test Examination
<ul> <li>Mother-baby package</li> <li>Prenatal care         <ul> <li>Aim of prenatal services, provision of prenatal services</li> </ul> </li> <li>Information, education and communication (IEC), materials for counseling on:</li> </ul>	<ul> <li>Questions and answers</li> <li>Assignments</li> </ul>	s • Interactive board • Multi-media projector • Audio-visual aids				
<ul> <li>Breastfeeding</li> <li>Exercises</li> <li>Importance of sleep</li> <li>Nutrition</li> <li>Personal and mental hygiene</li> <li>Adequate clothing</li> </ul>						
1.2 Emergency obstetric						

care.			
1.3 1.3 Postpartum care including management of the new born			

Specific Learning Objectives (Theory)	Teachers' Activities	Resources	Specific Learning Objectives (Practical)	Teachers' Activities	Resources	Evaluation
<ul> <li>2.1 Define child bearing cycle.</li> <li>2.2 List the presumptive and probable signs of pregnancy.</li> <li>2.3 Identify physiological and psychological changes in pregnancy</li> <li>2.4 Discuss foetal development</li> <li>Foetal circulation and changes at birth</li> <li>Functions of Placenta</li> </ul>	<ul> <li>Lecture</li> <li>Discussion</li> <li>Demonstration</li> <li>Questions and answers</li> <li>Assignments</li> </ul>	<ul> <li>Text books</li> <li>White board</li> <li>Markers</li> <li>Chalkboard</li> <li>Charts/Poster s</li> <li>Interactive board</li> <li>Multi-media projector</li> <li>Audio-visual aids</li> </ul>		-	-	Assignment Test Examination
<ul> <li>2.5 Discuss antenatal care</li> <li>High risk pregnancy</li> </ul>			2.5 Demonstrate how to carry out the following on			
Minor and major			pregnant			

complications of	women	
pregnancy e.g. nausea,	during ante-	
vomiting and pregnancy		
induced hypertension	natal care,	
madeed hypertension		
	• Physical	
	examinatio	
	n	
	• Palpate	
	abdomen	
	• Listen to	
	foetal	
	heart beat	
	• Urine	
	testing	
	Weight	
	measurem	
	ents	
	Vital sign	
	monitorin	
	g	
	8	

General Objective 3.0: Discuss Normal and Abnormal Progress of Labour								
Specific Learning Teachers' Resources Specific Teachers' Resources Evaluation								
Activities Learning								

Objectives (Theory)			Objectives (Practical)	Activities		
3.1 Define normal and abnormal labour.  3.2 Explain the physiology of normal labour.  3.3 Explain the mechanism and management of normal labour.  3.4 Discuss safe delivery and essential obstetric care (EOC)	<ul> <li>Lecture</li> <li>Discussion</li> <li>Questions and answers Assignments</li> </ul>	<ul> <li>Text books</li> <li>White board</li> <li>Markers</li> <li>Chalkboard</li> <li>Charts/Poster s</li> <li>Interactive board</li> <li>Multi-media projector</li> <li>Audio-visual aids</li> </ul>	(Practical)  3.1 Take History Family history, past, presents medical and surgical and obstetric history. 3.2 Carry out the following examination on the pregnant women  Physical examination Palpate	• Demons tration • Return demons tration • Role play	Visit to the clinic	Assignment Test Examination
care (EOC)  3.5 Discuss resuscitation and immediate care of the newborn  3.6 Discuss abnormalities in Labour  • Preterm			<ul> <li>Palpate abdomen</li> <li>Listen to foetal heart beat</li> <li>3.4 Health educate the pregnant mother on nutrition,</li> </ul>			
labour  Maternal and foetal distress High risk pregnancies in labour Sickle cell disease Diabetes mellitus Renal diseases Grand multiparty			personal hygiene, prevention of STD/AIDS  3.5 Give health education on • Adequate nutrition (mother			

labour - Prolonged labour - Laceration - Post-partum haemorrhage etc. Referrals.	• Proper baby care  3.6.1 Identify abnormalities such as hypertension, diabetes, multiple
	pregnancy,
	abnormal lie and bleeding.
	3.6.2 Observe
	vaginal
	examination
	and conduct of
	delivery

## General Objective 4.0: Know how to manage the mother and newborn during puerperium

- F	Teachers' Activities	Resources	Specific Learning Objectives (Practical)	Teachers' Activities	Resources	Evaluation
4.1 Define normal puerperium.  4.2 Explain the subsequent care of the newborn. Exclusive breast feeding Care of the cord, etc.	<ul> <li>Lecture</li> <li>Discussion</li> <li>Demonstration</li> <li>Questions and answers</li> <li>Assignments</li> </ul>	<ul> <li>Text books</li> <li>White board</li> <li>Markers</li> <li>Chalkboard</li> <li>Charts/Poster s</li> <li>Interactive board</li> <li>Multi-media projector</li> </ul>	- 4.2 Demonstrate proper positioning and attachment of baby to breast carryout care	-	-	Assignment Test Examination

4.3 Discuss	•	Audio-visual	of the cord		
postnatal care		aids			
4.4 Post natal follow			4.3 health		
up and referral			educate the		
to health centre			mother on		
and family			nutrition, care		
planning clinics			of the nipple,		
4 5 F1-i			immunization		
4.5 Explain conditions					
affecting the					
newborn					
(jaundice					
tetanus,					
ophthalmia					
neonatorum,					
congenital abnormalities					
abilormanties					
4.6 Discuss					
complications in					
puerperium					
Puerperal sepsis					
Puerperal Psychosis					
Breast conditions					
Dicast conditions					

General Objective 5.0: Know the various family planning methods							
Specific Learning Objectives (Theory)	Teachers' Activities	Resources	Specific Learning Objectives (Practical)	Teachers' Activities	Resources	Evaluation	

		1				
5.1 Explain the concept and	• Lecture	<ul> <li>Text books</li> </ul>	-	-	-	Assignment
benefits of family		<ul> <li>White board</li> </ul>				Test
planning	• Discussion	<ul> <li>Markers</li> </ul>				Examination
<ul> <li>Define family</li> </ul>		<ul> <li>Chalkboard</li> </ul>				
planning	Demonstratio	Charts/Poster				
Discuss the history	n	S				
of family planning		Interactive				
• List the benefits of	Questions and	board				
family planning	answers	Multi-media				
• Discuss the cultural,	Assignments	projector				
social religious and	110018111101110	7. 7				
economic factors that		Audio-visual aids				
affect acceptance of		aids				
family planning.						
lamily planning.						
5.2 Describe the various						
family plan6ning						
methods						
Traditional method						
37 . 1 .1 1						
Modern methods						
(artificial)						
- Hormonal (orals,						
injectables and						
implants)						
- Intra uterine						
contraceptive devices						
(IUCD)						
- Barriers methods						
(diaphragm,						
condoms) etc.						
Surgical methods						
(bilateral tubal ligation						
(BTL) and vasectomy.						
Emergency contraceptive						
methods						
Dual protection for HIV						
clients						
Counseling and decision						

making • Follow up, schedule			
appointment, trace defaulters			
Record keeping /     statistics and reporting			
Referral			

Specific Learning Objectives Theory)	Teachers' Activities	Resources	Specific Learning Objectives (Practical)	Teachers' Activities	Resources	Evaluation
<ul> <li>5.1 Define abortion</li> <li>5.2 List types, causes, Signs and symptoms of abortion.</li> <li>5.3 Discuss social factors influencing abortion and termination of unwanted pregnancy</li> <li>5.4 Describe Post Abortion Care</li> <li>5.5 State the role of the nurse in the administration of drugs e.g. the rights of drug administration, precautions, etc.</li> <li>5.6 Explain professional</li> </ul>	<ul> <li>Lecture</li> <li>Discussion</li> <li>Demonstration</li> <li>Questions and answers Assignments</li> </ul>	<ul> <li>Text books</li> <li>White board</li> <li>Markers</li> <li>Chalkboard</li> <li>Charts/Post ers</li> <li>Interactive board</li> <li>Multi-media projector</li> <li>Audiovisual aids</li> </ul>	6.4Demonstrat e how to perform manual vacuum aspiration (MVA) for kits •	Pelvis - Phantom MVA kits Chart		Assignment Test Examination

interpersonal relation to and with clients seeking Post abortion care.			
6.6 Discuss the problems of unsafe abortion.			
6.7 List the complications of abortion.			

General Objective 7.0: Und	General Objective 7.0: Understand Quality Care in Reproductive Health Services									
Specific Learning Objectives (Theory)	Teachers' Activities	Resources	Specific Learning Objectives (Practical)	Teachers' Activities	Resources	Evaluation				
<ul> <li>7.1 Discuss the Concept of quality Care.in reproductive health services.</li> <li>7.2 List the tools for quality care.</li> <li>7.3 Discuss the concept of quality in reproductive Health service delivery.</li> <li>7.4 List the strategies for achieving effective health services</li> </ul>	<ul> <li>Lecture</li> <li>Discussion</li> <li>Demonstration</li> <li>Questions and answers</li> <li>Assignments</li> </ul>	<ul> <li>Text books</li> <li>White board</li> <li>Markers</li> <li>Chalkboard</li> <li>Charts/Poster s</li> <li>Interactive board</li> <li>Multi-media projector</li> <li>Audio-visual aids</li> </ul>				Assignment Test Examination				

PROGRAMME:	HND	NURSING	Ι

COURSE: CHILD HEALTH I

**COURSE CODE: NUR 313** 

DURATION:	Lecture:	Tutorial:	Practical:	Total Contact Hours: 4 hrs
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(Hours per week) 2 Hrs - 2 Hrs 60 Hours

CREDIT UNIT: 4

GOAL: This course is designed to provide the student with knowledge of growth and developmental needs of the child and the midwife's roles in meeting these needs. It highlights the management of commonly occurring diseases in childhood and the available services for child care

### GENERAL OBJECTIVES: At the end of the course, the students should be able to:

- 1.0 Understand stages of growth and development of a child.
- 2.0 Understand the conditions that affect growth and development.
- 3.0 Discuss the nutritional requirements of a child.
- 4.0 Discuss the components of child survival strategies.
- 5.0 Understand the commonly occurring diseases from birth to 5 years
- 6.0 Understand the components of Integrated Management of Neonatal and Childhood illnesses (IMNCH).
- 7.0 Know immunization schedule.
- $8.0\,\mathrm{Know}$  available Health Care Services for children aged 0-5 years
- $9.0\,Understand$  the school age child and adolescent.

PROGRAMME: HND NURSING I		
COURSE: CHILD HEALTH I	Course Code: NUR 313	<b>Total Contact Hours: 60 Hours</b>
COURSE SPECIFICATION: Theory		Practical

General Objective 1.0: Understand stages of growth and development of a child. Teachers' Resources Specific Teachers' Resources **Evaluatio** Specific Learning **Activities** Learning **Activities** n **Objectives (Theory) Objectives** (Practical) 1.1 Define growth and Whiteboard 1.5. Monitor Supervise the Weighing Assignme Lecture development. Discussion Magnetic the monitoring Scale nt 1.2 Explain types of growth of Test board Height growth and a child in Measuring Examinati Projector development. relation Scale on Models of 1.3 Discuss to: developmental Chart developmental Physical Calipers stage stages and measuremen (conception to monitoring in the birth) following areas: Milestone Charts / Anthropomet posters Conception to birth Neonate 0 – 4 weeks measuremen Infant 0 - 12 months t Lecture Early Childhood 1 – 6 Growth Discussion Monitoring vears Brain Middle Childhood 6 -Charts and storming 12years Interpretatio - Late Childhood 11 n - 18 years 1.4 Explain environmental Magnetic and socio-cultural Lecture Board factors that influence Discussion Whiteboard growth and Projector development e.g. Growth heredity, nutrition, monitoring socio economic, chart diseases, hormones, Flip Chart family structures, Weighing scale school, play group, Height culture and beliefs.

1.5 Describe growth	measure	1.5 Monitor		
monitoring		the		
<ul> <li>Physical</li> </ul>		growth of		
measurements,		a child in		
milestone		relation		
<ul> <li>Anthropometric</li> </ul>		to:		
measurement,		- Physical		
• Growth		measuremen		
monitoring chart		t		
and interpretation		- Milestone		
1.6 Outline factors		- Anthropomet		
responsible for growth		ric		
problems.		measuremen		
1.7 Describe behavioural		t		
patterns of a child		- Growth		
with growth problems.		Monitoring		
		Charts and		
		Interpretatio		
		n		

General Objective 2.0: Understand the conditions that affect growth and development.								
Specific Learning Objectives (Theory)	Teachers' Activities	I	Specific Learning Objectives(Prac tical)	Teachers' Activities	Resources	Evaluation		
2.1 Discuss common childhood development problems such as:  • Nutritional problems e.g. protein energy malnutrition (PEM)  - Congenital Disorders - Birth Injuries - Acute Infectious Disease - Social and Family Structure - Wars, Political	<ul><li>Lecture</li><li>Discussion</li><li>Questions and Answers</li></ul>	<ul> <li>whiteboard</li> <li>Magnetic board</li> <li>Projector</li> <li>Models of developmental stage (conception to birth)</li> <li>Charts / posters</li> </ul>		Supervise the monitoring	<ul> <li>Weighing Scale</li> <li>Height Measuring Scale</li> <li>Chart</li> <li>Shirkers</li> <li>Calipers</li> </ul>	Assignment Test Examination		

Instability, etc.			
2.2 Discuss the exceptional child			
under the following:			
<ul><li>Highly Gifted</li><li>Delinquent Child</li></ul>			
- Children living with			
disabilities	• Magnetic		
- Nurses roles in the	Board		
management of an exceptional child.	White board		
- The role of the family,	<ul><li>Projector</li><li>Growth</li></ul>		
community,	monitoring		
government and	chart		
voluntary agencies in	Flip Chart		
the management of an exceptional child.	Weighing scale		
- Facilities available for	Height		
the exceptional child.	measure		

General Objective 3.0: Dis	General Objective 3.0: Discuss the nutritional requirements of a child.								
Specific Learning Objectives (Theory)	Teachers' Activities	Resources	Specific Learning Objectives (Practical)	Teachers' Activities	Resources	Evaluatio n			
<ul> <li>3.1 Understand nutritional requirements of a child.</li> <li>3.2 Review of breastfeeding</li> <li>Complementary supplementary feeding</li> <li>Weaning diet</li> <li>3.3 Identify nutritional</li> </ul>	Lecturer     Discussion	<ul> <li>Magnetic Board</li> <li>Chalk Board</li> <li>Chart</li> <li>Posters</li> </ul>	3.1 Determine nutritional requirement s of a child.  3.2Demonstrate breast feeding, complementary, and supplementary feeding and	Supervise the demonstration     n	<ul> <li>Food items necessary for the child</li> <li>Posters</li> <li>Nursing mother</li> <li>Child</li> <li>Charts</li> </ul>	Assignme nt Test Examinati on			

requirements of a child at different stages of development.		weaning diet.		
3.4 Discuss local food stuffs with their nutritional values.				
3.5 Explain preparation, storage and preservation of local food stuffs.				

General Objective 4.0: Discuss the components of child survival strategies								
4.1 Discuss child survival strategies and health promotion.  4.2 Discuss common symptoms and management of infection, fever, diarrhea etc.  4.3 Review growth monitoring.  4.4 Discuss breastfeeding, food and nutrition supplement.  4.5 Discuss oral rehydration therapy.  4.6 Discuss preventable childhood diseases.  4.7 Discuss family planning effects on child survival.  4.8. Describe environmental	<ul> <li>Lecture</li> <li>Discussion</li> <li>Demonstrati on</li> <li>Return demonstrati on</li> <li>Lecture</li> </ul>	<ul> <li>charts</li> <li>Charts</li> <li>Poster</li> <li>Magnetic Board</li> <li>Growth Monitoring chart</li> </ul>	4.1 Monitor child survival strategies and health promotion.	Supervise the monitoring of child survival strategies and health promotion activities	<ul> <li>Thermomete r</li> <li>Disposable Towels</li> <li>Receivers</li> <li>Buckets</li> <li>Kettles</li> <li>Feeding Cups</li> <li>Oral Rehydration Solution (ORS)</li> <li>Vaccines</li> <li>Syringes</li> </ul>			

adequate sanitation.			
4.9. Discuss female			
education.			

General Objectiv	e 5.0: understand th	e commonly occurring	diseases from bi	rth to 5 years		
Specific Learning Objectives (Theory)	Teachers' Activities	Resources	Specific Learning Objectives (Practical)	Teachers' Activities	Resources	Evaluation
5.1Discuss the following conditions under these guidelines - Definition - Causes - Signs and Symptoms - Diagnostic procedures - management using Nursing process - Complications  Malaria Malnutrit ion Tetanus Pneumon ia Measles Gastroen teritis etc	<ul> <li>Lectures</li> <li>Discussions</li> <li>Questions and answers</li> </ul>	<ul> <li>White Board &amp; Markers,</li> <li>Charts</li> <li>Posters</li> <li>Video clips</li> <li>Multimedia</li> <li>Projector</li> <li>Laptops</li> </ul>	5.1 Carry out the following:  - Assessment - Physical examinations on the sick child Carry out the following procedures: Naso gastric feeding Steam inhalations Medication Injections - Pre and Postoperati ve Care Manage the sick child during special investigations/ procedures e.g. Nasogastric	Demonstration     Return demonstration     Demonstration     Return demonstration	<ul> <li>Chart</li> <li>Tape measure</li> <li>Weighing scale</li> <li>Hand gloves</li> <li>Models</li> <li>Naso gastric tubes Swabs</li> <li>Gallipots</li> <li>Charts Measuring Tape</li> <li>Gloves</li> </ul>	Assignment Test Examination

	feeding, steam inhalation, injections etc		
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•	reachers' Activities	Resources	Specific Learning Objectives (Practical)	Teachers' Activities	Resources	Evaluation
CIMINICI	<ul> <li>Lectures</li> <li>Discussions</li> <li>Demonstrations</li> </ul>	<ul> <li>White Board &amp;</li> <li>Markers</li> <li>Charts</li> <li>Posters</li> <li>Video clips</li> <li>Multimedia</li> <li>Projector</li> <li>Laptop</li> </ul>	Manage the sick child using IMNCI guidelines.	Demonstration     Discussion		Assignment Test Examination

-	Diarrhoea			
-	Feeding			
	problems and			
	low weight			
-	Counseling			
	mother about			
	breast feeding			
	problems			
_	Immunization			
	status			
•	Identification of			
	appropriate			
	treatment <b>for</b>			
	the sick young			
	infant			
_	Infants that			
_				
	need urgent referral			
	Telefrai			
-	Pre-referral			
	treatment			
	Those who do			
-				
	not require referral			
	Telefrai			
•	Counseling			
	mother on			
	home care of			
	the sick young			
			1	

infant			
Follow up care			
for sick child 1			
week up to 5			
years			
Follow up care			
for sick young			
infant from			
birth to 1 week.			
HIV/AIDS in			
Children			
• Vulnerable			
Children			
6.3 Discuss the			
assessment and			
classification of a			
child {1 week up			
to 5 years}			
• Explain the			
assessment of			
general danger			
signs:			
Court on			
- Cough or difficult			
breathing			
- Diarrhoea			

	 		Т	
- Fever				
- Ear problem				
- Malnutrition				
- Anaemia				
- HIV/AIDS				
- Immunization and vitamin supplimentation status				
- Other problems (of the child)				
- Mother's health				
• Identify treatment				
- Treatment priorities				
- Pre-referral treatment				
• Treat the sick-child from 1 week up to 5				
years				
- Urgent referral				
- Children who		 		

do not need			
urgent referral			
- Pre-referral			
treatment			
- Appropriate			
oral drugs			
(dosage and			
schedules)			
- Appropriate			
antibiotics			
(dosage and			
schedules)			
- Home			
treatment for			
local infections			
e.g. eye			
- Infection; ear			
infection;			
mouth ulcers;			
- Soothing throat			
to relief cough;			
preventing low			
blood sugar;			
extra fluids for			
diarrhea			
- Immunizations			
- Communicatio			

n			
- Counseling mother			

Specific Learning Objectives (Theory)	Teachers' Activities	Resources	Specific Learning Objectives (Practical)	Teachers' Activities	Resources	Evaluation
<ul> <li>7.1 Understand vaccines and new immunization schedule and antigens: <ul> <li>Birth - BCG, OPV 0, Hep B 0</li> <li>6weeks - OPV1, Pentavalent 1</li> <li>10weeks - OPV 2, Pentavalent 2</li> <li>14 weeks - OPV 3, Pentavalent 3</li> <li>9 months - Measles, Yellow fever</li> </ul> </li> <li>7.2 Discuss schedule, route of administration, site</li> </ul>	<ul> <li>Discussion</li> <li>Lecture</li> <li>Questions &amp; answer</li> <li>Brain storming</li> </ul>	<ul> <li>White Board &amp;</li> <li>Markers</li> <li>Charts</li> <li>Posters</li> <li>Video clips</li> <li>Multimedia</li> <li>Projector</li> <li>Laptop</li> </ul>	Manage the sick child using IMNCI guidelines.	<ul> <li>Demonstrati on</li> <li>Discussion</li> </ul>		Assignment Test Examination

and storage of the					
following vaccine:					
Oral Polio Vaccine					
(OPV)					
Hepatitis B Vaccine					
(HBV)					
• Diphtheria,					
Pertusis, Tetanus					
(DPT)					
Bacillus Calmette					
Guerin (BCG)					
<ul> <li>Meningococcal</li> </ul>					
Vaccine (MV)					
Yellow Fever					
Vaccine (YF)					
7.3. Discuss National					
Programme on					
Immunization					
(NPI), the role of the					
nurse.					
7.4 Explain effective					
implementation of NPI					
through:					
• Community					
mobilization and					
counseling of					
mothers using IEC materials on					
parental					
responsibilities,					
expected reaction					
management etc.					
1. 1.6.		l	l .	I.	

General Objective 8.0: Know available Health Care Services for Children 0-5years.									
IMCI Guidelines.									
Specific	Teachers'	Resources	Specific Learning	Teachers'	Resources	Evaluation			
Learning	Activities		Objectives	Activities					
Objectives	Objectives								

(Theory)		(Practical)		
8.1 Discuss the available services in the:  • Child health clinic  • National Programme on Immunizati on  • Control of diarrhoea diseases (Oral Rehydratio n Therapy)  • School Health Programm e	<ul> <li>Lecturers</li> <li>Discussions</li> <li>Demonstration</li> <li>s</li> </ul>	8.1 Visit the child health clinic and participate in the ongoing activities e.g immunization, Growth monitoring  • Participate in School Health programme.	Demonstratio     n     Return     demonstratio     n	Assignment Test Examination

General Objective 9.0: Understand the School Age Childhood								
Specific Learning Objectives (Theory)	Teachers' Activities	Resources	Specific Learning Objectives (Practical)	Teachers' Activities	Resources	Evaluation		

9.1 Explain normal growth of School age child/Adoles		9.6 Counsel youth in substance abuse 9.7 Visit Youth Friendly Clinic		
cent		Thomas chine		
9.2 Define the adolescent				
9.3 Discuss the behavioral characteristic s of Adolescent				
9.4 Discuss development al and maturationa l problems associated with school age child and adolescent				
9.5 Discuss Family life education				
9.6 Discuss Substance				

abuse			
9.7 Discuss Adolescent/y outh friendly services			
9.8 Discuss Teenage pregnancy/ single parenthood			

PROGRAMME: HND NURSING I									
COURSE: ETHICAL AND LEGAL ISSUES IN NURSING									
COURSE CODE: NUR 314									
DUR	ATION:	Lecture:	Tutorial:	Practical:	<b>Total Contact Hours:</b>				
Hou	rs per week	1 Hr	0 Hr	0 Hr	15 Hours				
CRE	DIT UNIT: 1								
GOA	L: This course is designed	d to equip stu	dents with the k	nowledge of ethical	and legal issues in nursing practice.				
GEN	ERAL OBJECTIVES: At th	e end of the o	course, the stude	ents should be able	to:				
1.0	Understand ethical issues	s in nursing.							
2.0	2.0 Understand ethical and decision making process in nursing.								
3.0	3.0 Understand the concepts of common, civil and criminal laws related to Nursing								
4.0	4.0 Understand the laws of torts as it relates to nursing.								
5.0	Know unethical activities	related to nurs	sing practice.						

PROGRAMME: HND NURSING I										
COURSE: ETHICAL ANI	D LEGAL ISSUES IN	NURSING	Course	Code: NUR 314	Total Contact Hours: 15 Hours					
COURSE SPECIFICATION: Theory										
	General Objective 1.0: Understand ethical issues in nursing.  Specific Learning Teachers' Resources Specific Teachers' Resources Evaluation									
Specific Learning Objectives (Theory)	Activities	Resources	Learning Objectives (Practical)	Activities	Resources	Evaluation				
Ethical Issues  1.1 Define the following concepts profession, ethics, morals, values, acts etc.  1.2 Differentiate between moral and ethical issues  1.3 Explain confidentiality in patient/client care.  1.4 Identify the ethical issues in client care e.g. religious and cultural aspect etc.  1.5 Explain codes of conduct for nurses and midwives e.g. Nigeria Code, International Council of Nurses, Code of Ethics, Different Country Codes etc.	Lecture     Discussion     Group     Discussion	<ul> <li>White board</li> <li>Markers</li> <li>Flip Chart</li> <li>Copies of codes of conduct in Nigeria, (ICN and others</li> <li>VCD/video Cassette Player and accessories</li> <li>Interactive board</li> <li>Multimedia projector</li> </ul>				Assignment Test Examination				
1.6 Explain ethical dilemma in										

nursing practice e.g. patient refusing treatment etc.					
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General Objective 2.0: Understand ethical and decision making process in Nursing.								
Specific Learning Objectives (Theory)	Teachers' Activities	Resources	Specific Learning Objectives (Practical)	Teachers' Activities	Resources	Evaluation		
Ethical/Decision Making Process  2.1 Review decision making process in relation to nursing ethics.  2.2 Compare and contrast formal decision making processes (e.g. Normative, Descriptive, etc.).  2.3 Differentiate between "satisfying and "optimizing" decision.  2.4 Explain the principles guiding ethical decisions in Nursing.	<ul> <li>Lecture</li> <li>Discussion</li> <li>Group Work</li> <li>Assignment</li> <li>Brain storming</li> </ul>	<ul> <li>Text Books</li> <li>Charts and Samples of Nursing Ethics</li> <li>Overhead Project for and accessories</li> <li>Literature materials, VCD</li> <li>White Board</li> <li>Markers</li> <li>Consent Forms and Documents</li> <li>Interactive board</li> <li>Multimedia projector</li> </ul>				Assignment Test Examination		
2.5 Describe value								

clarification e.g. listening values, possible consequences of value, choices, etc.			
2.6 Identify the common steps of value clarification.			
2.7 Explain dilemmas in the conduct of the nurse in particular circumstances e.g. intensive care, Blood transfusion,			
HIV/ AIDS patient, abortion, etc.			

General Objective 3.0: Understand the concept of common, civil and criminal law related to Nursing.									
Specific Learning Objectives (Theory)	Teachers' Activities	Resources	Specific Learning Objectives (Practical)	Teachers' Activities	Resources	Evaluation			
<ul><li>3.1 Define Law.</li><li>3.2 Explain the concept of common, civil and criminal law.</li></ul>	<ul><li>Lecture</li><li>Discussion</li></ul>	<ul> <li>Overhead</li> <li>Projector and Accessories</li> <li>White Board</li> <li>Marker</li> <li>Interactive board</li> </ul>				Assignment Test Examination			
3.3 Give examples of 3.2 related to nursing practice.									

General Objective 4.0: Understand the law of torts as it relates to nursing.

Specific Learning Objectives (Theory)	Teachers' Activities	Resources	Specific Learning Objectives (Practical)	Teachers' Activities	Resources	Evaluation
4.1. Explain the concept of torts (intentional and unintentional). 4.2 Explain specific laws of torts such as Assaults, Battery, False Imprisonment, Slander and libel, invasion of privacy, negligence, malpractice etc. 4.3 Define negligence and malpractice. 4.4 Identify acts that constitute negligence and malpractice. 4.5 Describe the responsibilities of the nurse as experts witness, defendants etc. 4.6 Explain nursing Acts/Decrees in Nigeria and the	<ul> <li>Lecture</li> <li>Discussion</li> <li>Role Play</li> <li>Assignment</li> </ul>	<ul> <li>Whiteboard</li> <li>Marker</li> <li>Literature</li> <li>Material</li> <li>Flip Charts</li> <li>VCD</li> <li>Overhead Projectors</li> <li>Sample of cases of negligence and malpractice.</li> <li>As above plus written case studies</li> <li>A copy of related Acts Laws, Decrees</li> </ul>				Assignment Test Examination
Acts/Decrees in						

Specific Learning	Teachers'	Resources	Specific	Teachers'	Resources	Evaluation
Objectives (Theory)	Activities		Learning Objectives (Practical)	Activities		
Crimes Related to Nursing Practice 5.1 Define crime, unethical and criminal activities. 5.2 Identify nursing malpractice that constitute criminal Acts e.g. negligence, fraud, error of omission/commissio n, abandonment, injuries/permanent disabilities and death, etc. 5.3 Discuss the legal implication of 5.2 above 5.4 Explain the role of the nurse as defendants and plaintiff. 5.5 Describe patients' Bill of Right, Human rights e.g. right to Information, Informed Consent etc. 6.7 Explain the concept of Euthanasia and quality of life.	<ul> <li>Lecture</li> <li>Discussion</li> <li>Role Play</li> <li>Group Work</li> <li>Assignments</li> <li>Field Trip</li> <li>Excursions</li> <li>Test Administrati on</li> </ul>	<ul> <li>Whiteboard</li> <li>Marker</li> <li>Flip Charts</li> <li>Overhead Projector</li> <li>Literature material</li> <li>VCD</li> <li>Video Player and Accessories</li> <li>Charts</li> </ul>				Assignment Test Examination

PRO	PROGRAMME: HND NURSING I								
COU	COURSE: PRINCIPLES OF MANAGEMENT AND TEACHING I								
COU	COURSE CODE: NUR 315								
DURATION:Lecture:Tutorial:Practical:Total Contact Hours:(Hours per week)2 Hrs0 Hr0 Hr30 Hours									
	DIT UNIT: 2	2 1115	0 111	O III	30 110413				
GOA	GOAL: This course is designed to provide the students with the knowledge of the principles and techniques of								
	management and t								
GEN	ERAL OBJECTIVES: At		·	should be able to:					
1.0	Understand the principle	es and theories of M	lanagement.						
2.0	Understand the concept	of Management by	Objectives (MBO).						
3.0	Understand the importar	nce of leadership dy	namics in accompli	shing organizational	goals.				
4.0	Vnovy hovy to manage his	man and material	resources effectively	and efficiently in hea	ith care				
4.0	Know how to manage human and material resources effectively and efficiently in health care system.								
5.0	.0 Understand the use of Management skills for quality assurance in health care delivery.								
			4 <i>y</i> 200 <b>41</b> 41100		- J -				
6.0	Understand the principle	s of teaching and le	arning for client edu	reation in different se	ettings				

PROGRAMME: HND NURSIN	IG I								
COURSE:PRINCIPLES OF M	ANAGEMENT AND	TEACHING I	Course Co	de: NUR 315	Total Contact I 30 Hours	Hours:			
Course Specification: Theory									
General Objective 1.0: Understand the principles and theories of Management.									
Specific Learning	Teachers'	Resources	Specific	Teachers'	Resources	Evaluation			
Objectives (Theory)	Activities		Learning Objectives (Practical)	Activities					
1.1 Discuss the philosophy and theories of	<ul><li>Lecture</li><li>Discussion</li></ul>	<ul><li>Text books</li><li>White board</li></ul>	Participate in School	<ul><li>Lecture</li><li>Discussion</li></ul>	-	Assignment			
Management as	Brain	• Markers	Health	• Brain		Test			
postulated by:	storming • Questions and answers	<ul> <li>Charts</li> <li>Video clips</li> <li>Multimedia projector &amp; Accessories</li> <li>Interactive board</li> </ul>	Managment programme.	storming • Questions and answers		Examination			
Planning  ■ Types of plan –									

operational,			
tactical, strategic,			
long term, short			
term etc.			
Characteristics of a			
good plan.			
Decision making			
process			
1			
Organizing			
Structure/design of			
organizations			
Staffing			
Interdepartmental			
relationship and			
communication			
Directing			
Leadership			
Delegation of			
responsibility			
Authority			
Supervision and			
accountability			
Motivation			
Controlling			
• Establishment of			
standards			
Job performance			
evaluation			
Discipline			
Financial control			
(Accounting and			
budgeting)			
1.4 Distinguish between			
Authority and Power.			
1.5 List the five sources of			
power, viz:			
Reward			

Coercive			
Legitimate			
• Expert			
Referent Power			
1.6 Explain the sources of			
power listed in 1.5			
above.			
1.7 Explain the two major			
views of authority.			
1.8 Explain the importance			
of delegation.			
1.9 Give reasons why			
managers hesitate to			
delegate.			
1.10 Outline the			
guidelines that can			
help managers delegate			
effectively.			
1.11 Explain how			
authority sometimes			
can impede strategy			
implementation and			
customer service.			

Specific Learning Objectives (Theory)	Teachers' Activities	Resources	Specific Learning Objectives (Practical)	Teachers' Activities	Resources	Evaluation
<ul><li>2.1Define the term Goal.</li><li>2.2 Describe the usefulness of goals in an organization.</li><li>2.6 Distinguish between strategic and operational plans.</li></ul>	<ul><li>Lecture</li><li>Discussion</li><li>Questions and answers</li><li>assignments</li></ul>	<ul> <li>Whiteboard</li> <li>Markers</li> <li>Textbooks</li> <li>Charts</li> <li>Multimedia projector &amp; Accessories</li> <li>Interactive</li> </ul>		<ul><li>Lecture</li><li>Discussion</li><li>Questions and answers assignments</li></ul>		Assignment Test Examination

2.7	Explain a strategy as	board		
2.1		board		
	an attempt to place an			
	organization in its			
	right environment.			
2.8				
	opportunities and			
	constraints on			
	collaborative			
	approaches to			
	strategy.			
2.9	Define the term			
	objective.			
2.10	State annual			
	organizational			
	strategic goals in			
	measurable terms			
	what must be			
	accomplished each			
	year in order to			
	achieve organization's			
	strategic goals.			
2.11	State the hierarchy of			
	objectives.			
2.12	Explain the concept of			
	Management by			
	objectives (MBO).			
2.13				
	essential elements of			
	Management by			
	objectives as:			
	• Commitment to the			
	programme			
	<ul> <li>Top level goal</li> </ul>			
	setting			
	Individual goal			
	<ul><li>Participation</li></ul>			
	Autonomy in			
	implementation of			
	plans and			

Performance review			
2.14 Apply the knowledge			
of Management by			
objectives to health			
care administration.			

General Objective 3.0: Understand the importance of leadership dynamics in accomplishing organizational goals								
Specific Learning	Teachers'	Resources	Specific	Teachers'	Resources	Evaluation		
Objectives (Theory)	Activities		Learning Objectives (Practical)	Activities				
<ul> <li>3.1 Define leadership.</li> <li>3.2 Explain how leadership is similar to or different from management.</li> <li>3.3 Differentiate between the two leadership styles, namely: <ul> <li>Employee – centred</li> <li>Task – oriented</li> </ul> </li> <li>3.4 Explain the key ideas of trait approach to leadership.</li> <li>3.5 Explain the behavior approach to leadership.</li> </ul>	<ul> <li>Lecture</li> <li>Discussion</li> <li>Brain storming</li> <li>Questions and answers</li> </ul>	<ul> <li>Text books</li> <li>White board</li> <li>Markers</li> <li>Charts</li> <li>Video clips</li> <li>Multimedia projector &amp; Accessories</li> <li>Interactive board</li> </ul>				Assignment Test Examination		
<ul> <li>3.6 List and explain the major contingency approaches to leadership.</li> <li>3.7 Explain the concept of transformational or charismatic leadership and give examples.</li> <li>3.8 Explain some recent</li> </ul>								

	challenges to			
	leadership			
	theory.			
3.9	Define motivation			
	and motivating			
	factors.			
3.10	Explain the basic			
	assumptions of			
	motivation			
	processes in			
	organizations.			
3.11	Identify five			
	contemporary			
	motivation theories			
	and their application			
0.10	in Nursing.			
3.12	Explain current			
	challenges to			
	manager's			
	motivating			
2 12	practices.			
3.13	Explain the role of motivation in health			
	care			
	services.			

General Objective 4.0: Know how to manage human and material resources effectively and efficiently in health care System.								
Specific Learning	Teachers'	Resources	Specific	Teachers'	Resources	Evaluation		
Objectives (Theory)	Activities		Learning Objectives (Practical)	Activities				
4.1 Explain the principles of management of resources (Human, material, fund, time, space). 4.2 Outline human	<ul><li>Lecture</li><li>Discussion</li><li>Brain storming</li></ul>	<ul><li>Text Books</li><li>White Board</li><li>Markers</li><li>Multimedia projector &amp;</li></ul>				Assignment Test Examination		

resource management	Accessories
process viz: Human	Interactive
resources planning,	board
recruitment and	
selection.	
4.3 Explain the various	
legal considerations	
involved in human	
relations.	
4.4 Distinguish between	
training and	
development and give	
examples of each.	
4.5 Explain how	
Management and	
resources interacts with	
organization's strategy.	
4.6 Define Conflict.	
4.7 Explain the reasons	
why conflicts arise:	
• Conflicting	
expectations	
Job dissatisfaction	
Quest to satisfy	
needs	
Frustration	
4.8 Explain the	
psychological	
reactions to conflicts:	
• Defence	
mechanism	
<ul> <li>Aggression</li> </ul>	
Substitution	
reactions	
Avoidance	
mechanism	
<ul> <li>Personal styles of</li> </ul>	
handling conflicts	
4.9 Explain the	

consequences of conflict.  Negative effects Positive effect for the individual Positive effect for the organization  4.10 Explain the methods adopted in the management of			
adopted in the management of conflicts.			

General Objective 5.0: Unde	General Objective 5.0: Understand the use of Management skills in Quality Assurance in health care delivery.						
Specific Learning	Teachers'	Resources	Specific	Teachers'	Resources	Evaluation	
Objectives (Theory)	Activities		Learning	Activities			
			Objectives				
			(Practical)				
5.1 Define Quality	• Lecture	<ul> <li>Text books</li> </ul>				Assignment	
Assurance.	<ul> <li>Discussion</li> </ul>	<ul> <li>White board</li> </ul>				Test	
5.2 State the aim and	• Brain	<ul> <li>Markers</li> </ul>				Examination	
objectives of Quality	storming	• Charts					
Assurance.	<ul> <li>Questions</li> </ul>	<ul> <li>Video clips</li> </ul>					
5.3 Explain Total	and answers	Multimedia					
Quality Management		projector &					
(TQM).		Accessories					
5.4 Explain Deming's 14		<ul> <li>Interactive</li> </ul>					
points and other frame works for		board					
guiding							
Management's							
pursuit of quality.							
5.5 Explain the role of							
top management in							
Quality Assurance.							
5.6 Explain how							

1			
employees can be			
supported in			
pursuing quality.			
5.7 Explain the			
relationship between			
Quality Assurance			
and setting			
standards in nursing			
process.			
5.8 Explain the basic			
concepts of Risk			
Management.			
5.9 Outline the common			
categories of risk for			
midwives.			
5.10Identify the			
elements of risk			
Management.			
5.11Describe the			
Hospital/health			
departmental			
policies on risk			
management.			

General Objective 6.0: Und	General Objective 6.0: Understand the principles of teaching and learning for client education in different settings.							
Specific Learning Objectives (Theory)	Teachers' Activities	Resources	Specific Learning Objectives (Practical)	Teachers' Activities	Resources	Evaluation		
<ul><li>6.1 Explain the theories and principles of teaching and learning.</li><li>6.2 Explain the importance of instructional materials in enhancing teaching and</li></ul>	<ul> <li>Lecture</li> <li>Discussion</li> <li>Brain storming</li> <li>Questions and answers</li> </ul>	<ul> <li>Text books</li> <li>White board</li> <li>Markers</li> <li>Charts</li> <li>Video clips</li> <li>Multimedia projector &amp; Accessories</li> </ul>				Assignment Test Examination		

		-		T
learning.		ractive		
	boar	rd		
6.3 Explain the effects of				
the following factors on				
the teaching and				
learning process:				
<ul> <li>Physical</li> </ul>				
Social				
Economic				
• Cultural				
Environmental				
6.4 Describe the various				
teaching methods such				
as:				
Lecture method				
Group discussion				
etc.				
6.5 Apply the teaching				
methods in 6.4 above to				
educate individuals,				
families and				
communities on the				
need to take				
responsibility for their				
health.				
ilcattii.				
6.6 Explain the				
importance of				
continuing				
education in the				
enhancement of				
personal and				
professional growth.				
professional growth.				
6.7 Explain the three key				
concepts of Evaluation,				
namely				
Specific goal setting				

<ul> <li>Feed-back on performance</li> <li>Participation</li> <li>6.8 Explain the importance of educational evaluation.</li> </ul>			
<ul><li>6.9 Describe the techniques used in evaluation.</li><li>6.10 Explain the Management audit principles.</li></ul>			
6.11 Apply Management audit principles in evaluating nursing activities.			

PROGRAMME:	PROGRAMME: HND NURSING I						
COURSE TITLE: COMMUNICATI	ON IN ENGLISH III						
COURSE CODE:		GN	S 311				
DURATION:		Lecture:	Tutorial:	Practical:	Total:		
(Hours/Week)		2 Hrs	0 Hr	0 Hr	30Hours		
CREDIT UNITS:		2					
Goal: This course is designed to and proficiency in written comm	o equipped the students with the necessary kno munication	wledge ski	lls required	l for compet	tency and		
GENERAL OBJECTIVES: On con	apletion of this course, the student should be able t	:0:					
1.0 Understand the principles	and practice of written communication.						
2.0 Comprehend more difficult reading materials.							
3.0 Know the procedure for wr	riting project reports.						

<b>PROGRAMME:</b> HND	NURSING I					
COURSE TITLE: COM	MUNICATION IN EN	GLISH III	Course GNS 31	1 Contact	Hours: 30	
COURSE Theorem SPECIFICATION:	retical Content:	2	Practical Content: (	)		
General Objective: 1: Un	derstand the princi	ples and pract	tice of written communic	cation		
Specific Learning Objectives	Teachers Activities	Learning Resources	Specific Learning Objectives	Teachers Activities	Learning Resources	Evaluation
1.1 Explain the principles of letter writing. 1.2 Explain the components of a business letter. 1.3 Differentiate between a memo and a letter. 1.4 Prepare a portfolio of correspondence using different presentation techniques: appointments, promotions, dismissals, commendations, queries, condolences, congratulations.	Explain the principles and practice of written communication.	Textbooks				Quiz Test Assignment Examination

General Objective:	2: Comprehe	nd more difficul	t reading materials.			
Specific Learning	Teachers	Learning	Specific Learning	Teachers	Learning	Evaluation
Objectives	Activities	Resources	Objectives	Activities	Resources	
2.1 Read passages of						Quiz
expository and						Test
argumentative writing.						Assignment
2.2 Trace logic in the						Examination
passages in 2.1 above.						
2.3 Differentiate between						
facts and opinions.						

0.4.4			
2.4 Answer questions on			
what is read.			

General 3: Know the procedure for writing project reports Objective: **Specific Learning** Teachers Learning Specific Learning Learning Teachers **Evaluation** Resources **Objectives Activities Objectives** Activities Resources 3.1 Explain the Teach the Textbooks, Quiz characteristics of a Test students the Audioproject report, viz, procedure of Visual Aids. Assignment parts format, style. writing project Examination 3.2 Select a suitable topic reports for a project report. 3.3 Explain methods of gathering data from primary, secondary and tertiary sources. 3.4 Use reference materials for gathering data. 3.5 Use appropriate citation and documentation styles, e.g., APA, MLA 3.6 Explain the procedure for writing a project report. 3.7 Write an outline of a project report using appropriate numbering, ranking and phrasing. 3.8 Write a project report.

PROGRAMME: HND NURSING	PROGRAMME: HND NURSING						
COURSE: MEDICAL SOCIOLOGY							
COURSE CODE: NUS 311							
DURATION:	Lecture:	Tutorial:	Practical:	Total Contact Hours:			
(Hours/Week)	2 Hrs	0 Hr	O Hr	30 Hours			
CREDIT UNIT: 2							
GOAL: The course is designed	l to introduce stu	dents to the relation	nship between so	ciology and medicine.			
GENERAL OBJECTIVES: At	the end of the cou	ırse students should	l be able to:				
1.0 Discuss the social and cult	tural aspects of me	dical sociology.					
2.0 Understand the concept of	health-illness beha	aviour.					
3.0 Understand the relationship	ip between societal	class and illness.					
4.0 Discuss the complementar	y nature of orthodo	ox and traditional me	dicine.				
5.0 Understand the relationship	5.0 Understand the relationship between health practitioners and their clients.						
6.0 Understand the general pri	inciples of social pl	anning as it affects h	ealth care delivery	y system in Nigeria.			

PROGRAMME: HND N	URSING I						
COURSE: MEDICAL SO	OCIOLOGY	Course Code: NUS	311	<b>Total Contac</b>	ct Hours: 30	Hours	
COURSE SPECIFICATION: Theory							
General Objective 1.0:	Discuss the social a	nd cultural aspects o	of medical so	ciology			
Specific Learning Objectives (Theory)	Teachers' Activities	Resources	Specific Learning Objectives (Practical)	Activ	chers' vities	Resources	Evaluation
1.1 Define nature and scope of medical sociology 1.2 Define the following terms - Culture - Society - Tradition - Belief	<ul> <li>Lecture</li> <li>Discussion</li> <li>Brainstorming</li> <li>Role play</li> <li>Group work</li> <li>Drama</li> </ul>	<ul> <li>Text books</li> <li>Journal</li> <li>Charts</li> <li>Audio visual</li> <li>Whiteboard</li> <li>Marker</li> <li>Interactive board</li> <li>Multi-media projector</li> </ul>					Assignment Test Examinatio n

General Objective 2.0:	Understand the con-	cept of health-illness	s behaviour.			
Specific Learning Objectives (Theory)	Teachers' Activities	Resources	Specific Learning Objectives (Practical)	Teachers' Activities	Resources	Evaluation
2.1Define the concept of health and illness behaviour  2.15 State the relationship between 2.1 above with Nursing practice.  2.3 Explain the influence of	<ul> <li>Lecture</li> <li>Discussion</li> <li>Questions and answers</li> <li>Brain storming</li> <li>Role play</li> <li>Group work</li> <li>Drama</li> </ul>	<ul> <li>Text books</li> <li>Journal</li> <li>Charts</li> <li>Audio visual</li> <li>Whiteboard</li> <li>Markers</li> <li>Interactive board</li> <li>Multi-media projector</li> </ul>				Assignment Test Examinatio n

culture on health and illness.			
2.4 Explain the pathways of health care system.			
2.5 Explain the cultural factors influencing the acceptance and utilization of health care services.			
2.6 Differentiate between scientific and traditional medical beliefs.			

General Objective 3.0:	: Understand the rela	tionship between so	cietal class and il	lness.		
Specific Learning	Teachers'	Resources	Specific	Teachers'	Resources	Evaluati
Objectives (Theory)	Activities		Learning Objectives (Practical)	Activities		on
3.1 Explain the diseases of affluence and poverty e.g.  - Mental illness - Hypertension - Tuberculosis - Cardiovascular diseases 3.2Explain the relationship between social class and the	<ul> <li>Lecture</li> <li>Discussion</li> <li>Questions and answers</li> </ul>	<ul> <li>Text books</li> <li>Journal</li> <li>Charts</li> <li>Audio visual</li> <li>Whiteboard</li> <li>Marker</li> <li>Interactive board</li> <li>Multi-media projector</li> </ul>				Assignme nt Test Examinat ion

diseases in 3.1			

General Objective 4.0	: Discuss the comple	mentary nature of	orthodox and trad	itional medicine.		
Specific Learning Objectives (Theory)	Teachers' Activities	Resources	Specific Learning Objectives (Practical)	Teachers' Activities	Resources	Evaluati on
4.1 Describe modern health institutions e.g. Hospitals and Health Centres.	<ul><li>Lecture</li><li>Discussion</li><li>Questions and answers</li><li>Charts</li></ul>	<ul><li>Text books</li><li>Journal</li><li>Charts</li><li>Audio visual</li><li>Whiteboard</li></ul>				Assignme nt Test Examinat ion
<ul><li>4.2 Describe traditional health institutions.</li><li>4.3 Explain sociocultural setting in modern health care.</li></ul>		Markers				
4.4 Describe the relationship between the modern and traditional health care delivery systems.						

General Objective 5.0	General Objective 5.0: Understand the relationship between health practitioners and their clients.						
Specific Learning Objectives (Theory)	Teachers' Activities	Resources	Specific Learning Objectives (Practical)	Teachers' Activities	Resources	Evaluatio n	
5.1 Explain the various health care relationships:	<ul><li>Lecture</li><li>Discussion</li><li>Brainstorming</li></ul>	<ul><li>Text books</li><li>Journal</li><li>Charts</li><li>Audio visual</li></ul>				Assignme nt Test Examinati	

	Whiteboard		on
Name			on
• Nurse –	• Markers		
Patient			
relationship.			
Nurse and			
other health			
care			
professionals			
Other health			
care			
professionals -			
patient /			
patient			
relative's			
relationship.			
Nurse – Nurse			
relationship			
(intra			
professional)			
Inter and			
multi-			
disciplinary			
and			
collaboration			
in health care.			
5.2 Explain the			
importance of			
these relationships			

General Objective 6.0:	Understand the gen	Inderstand the general principles of social planning as it affects health care delivery system in Nigeria					
Specific Learning Objectives (Theory)	Teachers' Activities	Resources	Specific Learning Objectives (Practical)	Teachers' Activities	Resources	Evaluation	
6. Describe the structure of health care delivery system in Nigeria. a. Explain the	<ul><li>Lecture</li><li>Discussion</li><li>Brainstorming</li></ul>	<ul><li>Text books</li><li>Journal</li><li>Charts</li><li>Audio visual</li><li>Whiteboard</li></ul>				Assignme nt Test Examinati on	

Federal	Markers	
Government		
policies on health,		
housing,		
education, water		
supply, waste		
disposal and		
rehabilitation.		
b. Explain health		
care financing.		
c. Discuss health		
problems and their		
solution in Nigeria.		
d. State the problems		
associated with the		
over emphasis on		
curative rather		
than preventive		
medicine.		
e. List some NGO's		
CBO's and FBO's		
involved in health		
care in Nigeria.		
f. Discuss the roles		
played by NGO's,		
CBO's and FBO's		
in health care		
delivery in Nigeria.		

PROGRAMME: HND NURSING					
COURSE TITLE: PHARMACOLOGY III					
COURSE CODE: NUS 312	2				
DURATION:	Lecture:	Tutorial:	Practical:	Total Contact Hours:	
(Hours/Week)	2Hrs	1 Hr	0 Hr	30 Hours	
CREDIT UNIT: 2					

GOAL: This course is designed to provide the students with the knowledge of drugs used in the management of various systemic disorders.

## GENERAL OBJECTIVES: At the end of the course, students should be able to:

- 1.0 Know the drugs used for different systemic disorders
- 2.0 Know the drugs used in gastrointestinal system
- 3.0 Discuss the drugs used in musculoskeletal system
- 4.0 Know the drugs used in the central nervous system
- 5.0 Know the drugs used in endocrine system.
- 6.0 Know the drugs used in other health conditions.

PROGRAMME: HND NURSIN	IG I					
COURSE TITLE: PHARMAC		ourse Code: NUS		Total Contact Ho	ours: 30 Hours	
General Objective 1.0: Know		r different system	mic disorders.			
COURSE SPECIFICATION: 7		T	T =:		T	
Specific Learning	Teachers'	Resources	Specific	Teachers' Activities	Resources	Evaluation
Objectives (Theory)	Activities		Learning Objectives (Practical)			
1.1 Identify various types of drugs for treating conditions of the various systems:  - Cardio vascular system - Respiratory - Gastro-intestinal - Musco-skeletal - Central Nervous - Endocrine - Reproductive - Special senses, etc.  1.2 Classify the drugs in 1.1above into the following: (i) Cardio-vascular: - Drugs used in the treatment of congestive cardiac failure, hypertension, etc. (ii) Discuss the following: Antiarrythmic and antianginal agents, anticoagulants and haematinics, etc.	<ul> <li>Lecture</li> <li>Discussion</li> <li>Brain storming</li> <li>Assignment</li> <li>Group Work</li> </ul>	<ul> <li>Whiteboard and marker</li> <li>Text Books</li> <li>E-Library</li> <li>Journals and Periodicals</li> <li>Charts</li> <li>Interactive Board</li> <li>Audio-Visuals</li> <li>Multimedia projector</li> </ul>		Discussion     Demonstration     Video presentations	<ul> <li>Medicines</li> <li>Needles</li> <li>Lotions</li> <li>Syringes</li> </ul>	Assignmen t Test Quiz Examinatio n

(iii) Respiratory: - Anti-tussive agents,etc.				
1.3 Describe the dosage, action used in 1.1 above.				
1.4 Explain the route of administration of the drugs in 1.1.				
1.5 Outline the role of the nurse in the administration of the drugs in 1.1.				
1.6 Identify the symptoms of any side effects of the drugs in 1.1.	<ul><li>Lecture</li><li>Discussion</li><li>Assignment</li></ul>			
1.7 Explain the role of the nurse in drug administration and management of side effects of the drugs in 1.1				
1.8 Explain drugs under Anti tussive agents.				
1.9 Describe drugs classified as bronchodilators.				
1.10 Outline antibiotics and Anti-infective drugs, stating their indications, dosage, route, action, side				

effects and contra indications.			
Explain expectorants.			
1.11 State drugs classified as sympathomimetic.			
1.12 Describe Anti- tuberculous drugs.			
1.13 List possible side effects of drugs in 1.11 - 1.13 1.14 Discuss the management of such side effects. 1.15 State the role of the nurse in the administration of drugs e.g. the rights of drug administration, precautions, etc.			

General Objective 2.0 Kno	w drugs used in ga	astro-Intestinal sy	stem.			
Specific Learning Objectives (Theory)	Teachers' Activities	Resources	Specific Learning Objectives (Practical)	Teachers' Activities	Resources	Evaluation
<ul> <li>2.1 Treatment of peptic ulcer. Explain drugs used in the management of peptic ulcer</li> <li>2.2 Enumerate purgatives and anti-diarrhoeal agents.</li> </ul>	<ul> <li>Lecture</li> <li>Discussion</li> <li>Brain storming</li> <li>Assignment</li> </ul>	<ul> <li>Whiteboard and marker</li> <li>Text Books</li> <li>E-Library</li> <li>Journals and Periodicals</li> </ul>		<ul> <li>Discussion</li> <li>Demonstration</li> <li>Videopresentations</li> </ul>	<ul> <li>Samples of relevant Medicines</li> <li>Charts</li> </ul>	Assignment Test Examinatio n
2.3 State Anti-spasmodic agents.		• Charts				

2.4 List Anti-protozoal drugs. 2.5 Outline the Antiemetics. 2.6 Enumerate Antihelmintics. 2.7 List possible side effects of these drugs 2.8 Discuss the management of such side effects. 2.9 State the role of the nurse in the administration of drugs e.g. the rights of drug administration, precautions, etc.		<ul> <li>Interactive Board</li> <li>Multi-media projector</li> <li>Audio- visuals</li> </ul>				
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General Objective 3.0: Kno	ow drugs used in m	usculo-skeletal sy	stem.			
Specific Learning Objectives (Theory)	Teachers' Activities	Resources	Specific Learning Objectives	Teachers' Activities	Resources	Evaluation
3.1 Describe analgesics, based on their classification.  3.2 Outline steroidal, non steroidal, and anti-inflammatory drugs.  3.3 Explain Neuromuscular blockers.  3.4 Explain Anticholinergic drugs	<ul> <li>Lecture</li> <li>Discussion</li> <li>Brain storming</li> <li>Assignment</li> </ul>	<ul> <li>Whiteboard and marker</li> <li>Text Books</li> <li>E-Library</li> <li>Journals and Periodicals</li> <li>Charts</li> <li>Interactive Board</li> <li>Multi-media projector</li> <li>Audio-</li> </ul>	(Practical)	Discussio n     Demonstr ation     Video presentat ions	<ul> <li>Samples of relevant Medicines</li> <li>Charts</li> </ul>	Assignment Test Examinatio n
3.5 List possible side effects of these drugs.		visuals				

3.6 Discuss the management of such side effects.			
3.7 State the role of the nurse in the administration of drugs e.g. the rights of drug administration, precautions, etc.			

Specific Learning Objectives (Theory)	Teachers' Activities	Resources	Specific Learning Objectives (Practical)	Teachers' Activities	Resources	Evaluation
<ul> <li>4.1 Outline Hypnotics and sedatives.</li> <li>4.2 List anticonvulsant drugs.</li> <li>4.3 Enumerate tranquilizers</li> <li>4.4 Explain psychoactive drugs.</li> <li>4.5 Describe Antipsychotic drugs.</li> <li>4.6 Enumerate         <ul> <li>Anticholinergic drugs.</li> <li>List possible side effects of these drugs</li> </ul> </li> <li>4.7 Discuss the management of such side effects.</li> <li>4.8 State the role of the nurse in the administration of drugs e.g. the rights of drug administration, precautions, etc.</li> </ul>	<ul> <li>Lecture</li> <li>Discussion</li> <li>Questions</li> <li>Assignments</li> </ul>	<ul> <li>White         Board/Mark         ers</li> <li>Lecture         Notes</li> <li>e-Library</li> <li>Journals and         Periodicals</li> <li>Sample of         Medicines</li> <li>Interactive         Board</li> <li>Multi-media         projector</li> <li>Audio-         visuals</li> </ul>		<ul> <li>Discussion</li> <li>Demonstration</li> <li>Video presentations</li> </ul>	<ul> <li>Samples of relevant Medicines</li> <li>Charts</li> </ul>	Assignment Test Examination

Gene	ral Objective 5.0 Kno	ow drugs used in end	ocrine system				
Speci	fic Learning tives (Theory)	Teachers' Activities	Resources	Specific Learning Objectives (Practical)	Teachers' Activities	Resources	Evaluation
5.1	List various types of contraceptives, Antiseptics, Disinfectants, Antiretroviral drugs. Explain the	<ul> <li>Lecture</li> <li>Discussion</li> <li>Demonstrati on and return demonstrati on</li> </ul>	<ul> <li>Whiteboard and marker</li> <li>E - Library</li> <li>Journals</li> <li>Sample of drugs</li> <li>Interactive</li> </ul>				
	indications for use of the drugs listed in 6.1		Board  • Multi-media projector				
5.3	Identify the conditions in which the drugs are contraindicated.		Audio-     visuals     Charts				
5.4	State the dosages of the drugs in 5.1.						
5.5	List the side effects of the drugs in 6.1. e.g. Urticaria rash, nausea and vomiting, etc.						
5.6	State the role of the nurse in the administration of drugs e.g. the rights of drug administration, precautions, etc. Describe oral rehydration						

effects.	therapeutic effects.	nd its c					
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PROGRAMME: HND N	NURSING I							
COURSE: GENERAL LABORATORY TECHNIQUE								
COURSE CODE: GLT 311								
DURATION:	Lecture:	Tutorial:	Practical:	Total Contact Hours:				
(Hours/Week)	1 Hr	0 Hr	1 Hr	30 Hours				

CREDIT UNIT: 2

GOALS: The course is designed to introduce the students to the basic knowledge of laboratory wares and equipment used for investigation in the community.

GENERAL OBJECTIVES: At the end of the course, students should be able to:

- 1.0 Know the laboratory wares and simple laboratory equipment used in investigation in the community.
- 2.0 Know the calibration of glassware.
- 3.0 Know the various uses of glassware in the laboratory.
- 4.0 Know the maintenance of laboratory balances.
- 5.0 Understand the principles, applications and maintenance of microscope.
- 6.0 Know the maintenance of heating apparatuses in the laboratory.
- 7.0 Know the maintenance of cooling equipment in the laboratory.
- 8.0 Know the maintenance of temperature measurement equipment.
- 9.0 Understand microtomy and the maintenance of microtomy tools.
- 10.0 Know the basic electrical appliances.
- 11.0 Understand the care and maintenance of audio-visual aids.
- 12.0 Know how to use simple and rapid investigation kits in diagnosing and management of prevailing health conditions in the community.

PROGRAMME: H	IND NURSING I					
COURSE: GENERA	AL LABORATORY TE	CHNIQUE I Co	ourse Code: GLT 311	Total Cont	act Hours: 30 Ho	urs
	CATION: Theory/Pra 1.0: Know the labor		simple laboratory equ	ipment used in inve	stigation in the	
Specific Learning Objectives (Theory)	Teachers' Activities	Resources	Specific Learning Objectives (Practical)	Teachers' Activities	Resources	Evalu ation
1.1 Identify the different types of laboratory	<ul><li>Lecture/discus sion</li><li>Demonstration s</li></ul>	<ul><li>White Board</li><li>Markers</li><li>Reagents</li><li>Glass wares</li></ul>	1.1 Identify the different types of laboratory glassware e.g. beakers, test	Show students the items mentioned in 1.1and demonstrate	• Laboratory glassware e.g. beakers,	Assign ment Test Exami

Obje	ectives					(Practical)					
(The	eory)										
1.1 1.2 1.3	Identify the different types of laboratory glassware e.g. beakers, test tube, funnels, flasks (different types) etc. State the uses of different laboratory ware in 1.1. above Identify different types of fittings in the laboratory e.g. for water, gas, light. Identify the	•	Lecture/discus sion Demonstration s	•	White Board Markers Reagents Glass wares	1.1 Identify the different types of laboratory glassware e.g. beakers, test tube, funnels, flasks (different types) etc. 1.2 Identify different types of fittings in the laboratory e.g. for water, gas, light. 1.3 Identify the different types of greases and their application on joints. 1.4 Prepare cleansing reagents for laboratory wares 1.5 Demonstrate the uses of parcel in	•	Show students the items mentioned in 1.1and demonstrate their uses Demonstration  Demonstration	•	Laboratory glassware e.g. beakers, test tube, funnels, flasks (different types) etc. Cleansing reagents Charts Video clips Audio visual Laptops	Assign ment Test Exami nation

	different	sintered glass,		
	types of	nickel and		
	greases and	platinum		
	their	crucibles		
	application			
	on joints.			
1.5				
1.0	cleansing			
	reagents for			
	laboratory			
	wares			
1.6	Explain the			
1.0	uses of			
	parcel in			
	sintered			
	glass, nickel			
	and			
	platinum			
	crucibles.			
1.7	Clean			
	laboratory			
	wares using			
	cleansing			
	agents			
1.8	Store and			
	maintain			
	laboratory			
	wares.		1	

General Objective 2.0: Know the calibration of Glassware								
Specific Learning Objectives (Theory)	Teachers' Activities	Resources	Specific Learning Objectives (Practical)	Teachers' Activities	Resources	Evalu ation		
6.12 Define calibration	<ul><li>Lecture</li><li>Discussion</li></ul>	<ul><li>White Board</li><li>Markers</li></ul>	2.3 Demonstrate the effect of heat on	Demonstration	• Laboratory glass wares	Assign ment		
2.2 Distinguish between calibration	• Demonstration s	<ul><li>Glass wares</li><li>Reagents</li></ul>	calibrated Laboratory glass wares.		• Water	Test Exami nation		

and graduation. 2.3 Explain the effect of heat on calibrated laboratory glass wares.	2.4 Read fluid levels of calibrated glass wares e.g. water level, mercury level.	
2.4 Read fluid levels of calibrated glass wares e.g. water level, mercury level.		
2.5 Graduate simple laboratory glassware using standard volumes.	2.5 Graduate simple laboratory glassware using standard volumes.	

Specific Learning Objectives (Theory)	Teachers' Activities	Resources	Specific Learning Objectives (Practical)	Teachers' Activities	Resources	Evalu ation
3.1 Identify types of glassware suitable for storage in the laboratory.	<ul><li>Lecture</li><li>Discussion</li><li>Demonstration</li></ul>	<ul><li>White Board</li><li>Markers</li><li>Glassware</li><li>Reagents</li></ul>				Assign ment Test Exami nation
3.2 Identify types of glassware suitable as containers						

e.g. for storage of photo-			
sensitive			
reagents and			
some acids.			
3.3 Identify other			
laboratory			
storage			
containers			
e.g. plastics and ceramics.			
and ceramics.			
3.4 State the			
precautions			
necessary in			
the storage of chemicals			
e.g.			
hydrofluoric			
acid in			
plastic			
containers,			
sodium metal			
in paraffin and silver			
nitrate in			
amber			
containers.			

General Objective 4.0: Know the maintenance of laboratory balances						
Specific	Teachers'	Resources	Specific Learning	Teachers'	Resources	Evalu

Learning Objectives (Theory)	Activities		Objectives (Practical)	Activities		ation
4.1 Explain the working principles of the laboratory balance.	<ul><li>Lecture/discus sion</li><li>Demonstration s</li></ul>	<ul><li>White Board</li><li>Markers</li><li>Balances</li></ul>		Demonstration	<ul><li>Weighing scales</li><li>Balances</li></ul>	Assign ment Test Exami nation
4.2 Identify the various types of balance used in the laboratory.						
4.3 Distinguish between accuracy and precision of a balance.						
4.4 Determine the sensitivity of a balance.						
4.5 Differentiate between analytical and beam balances.						
4.6 Describe the effect of shock, temperature, chemicals on the operation of Balances						

4.7 Re-calibrate	
weights.	
4.8 Weigh	4.7 Re-calibrate
substances	weights.
using various	4.8 Weigh
balance	substances using
	various balances.
4.9 Check	
balances to	4.9. Check
know when	balances to know
they require	when they require
servicing e.g.	servicing e.g. by
by using	using standard
standard	masses.
masses.	
4.10 Install a	4.10 Install a
balance.	balance.
4.11 Carry out	4.11 Carry out
minor	minor adjustment,
adjustment,	repairs or
repairs or	replacement of
replacement	parts on a balance.
of parts on a	
balance.	

General Objectiv	General Objective 5.0: Understand the Principles, application and maintenance of microscopes							
Specific	Teachers'	Resources	Specific Learning	Teachers'	Resources	Evalu		
Learning	Activities		Objectives	Activities		ation		
Objectives			(Practical)					
(Theory)								
5.1 Identify a	• Lecture	White Board	d 5.2 List the	• Demonstration	• Charts	Assign		

	D	7.5.1	T	I -			3.61	
simple	• Discussion	• Markers	various types of	• E	Brain storming	•	Microscope	ment
microscope and	<ul> <li>Demonstration</li> </ul>	<ul> <li>Balances</li> </ul>	microscopes in use				S	Test
its parts.	s	<ul> <li>Microscopes</li> </ul>	in			•	Video clips	Exami
		• Slides etc.	the laboratory.					nation
5.2 List the			5.3 Describe the					
various			use of various					
types of			microscopes in					
microscopes in			5.2 above.					
use in the			5.4 State the					
laboratory.			ranges of					
			magnification of					
5.3 Describe the			microscopes.					
use of various			l l					
microscopes								
in 2.2 above.								
5.4 State the								
ranges of								
magnification								
of								
microscopes.								
5.5 Outline the								
principles of								
operation								
of various								
types of								
microscopes.								
5.6 Describe and								
apply								
the various								
procedures in								
the routine								
maintenance								
and Minor								
repair of								
microscope.								

Specific	Teachers'	Resources	apparatuses in the last Specific Learning	Teachers'	Resources	Evaluation
Learning	Activities	1100041000	Objectives	Activities	1100041000	
Objectives	11001110100		(Practical)			
(Theory)			(======================================			
6.1 Identify the various heating apparatuses like, burners, hot plates, autoclaves, etc. 6.2 Describe the application of each type	<ul><li>Lecture</li><li>Discussion</li><li>Demonstration</li></ul>	<ul> <li>White Board</li> <li>Markers</li> <li>Heating apparatuses e.g. Bunsen burner, hot plates, oven, autoclave.</li> </ul>	6.2 Describe the application of various heating apparatuses like, burners, hot plates, autoclaves etc. 6.3 Heat water and other liquids, powder etc. using Bunsen burner, hot plates etc 6.4 Sterilize various	Demonstration	<ul> <li>Burners</li> <li>Hot plates</li> <li>Autoclav es</li> <li>Water</li> </ul>	Assignmen t Test Examinatio n
in 6.1 above. 6.3 Heat water and other liquids, powder etc. using Bunsen burner, hot plates etc.			objects using autoclave. 6.5 Heat various object using the oven.			
6.4 Sterilize various Objects using autoclave.						
6.5 Heat various objects using the oven.						
6.6 Describe and apply the various						

procedures in the routine maintenance				
and minor				
repair of				
autoclaves,				
ovens and				
other				
laboratory	1			
heating				
apparatuses.				

General Objective	7.0:Know the main	tenance of cooling	equipment in the la	boratory		
Specific Learning Objectives (Theory)	Teachers' Activities	Resources	Specific Learning Objectives (Practical)	Teachers' Activities	Resources	Evaluati on
7.1 Identify cooling apparatuses e.g. refrigerator, freezer driver, water circulators.  7.2 Explain the principle of freezing.  7.3 Explain the different applications of cooling system in 7.1 above.	<ul> <li>Lecture</li> <li>Discussion</li> <li>Demonstration</li> </ul>	<ul> <li>White Board Marker</li> <li>Apparatuses of cooling e.g. refrigerator</li> <li>Water circulation.</li> </ul>	7.1 Identify apparatuses of cooling e.g. refrigerator, freeze driver, water circulators.  7.4 Identify the various parts of the apparatuses in 7.1 above.  7.5 Apply the procedure for the routine maintenance and minor repair of the apparatus in 7.1 above.	• Demonstration	<ul> <li>Refrigerato r</li> <li>Freeze</li> <li>Driver</li> <li>Water circulators.</li> </ul>	Assignm ent Test Examina tion
7.4 Identify the various types of apparatuses in						

7.1 above			
7.5 Describe and apply the procedure for the routine maintenance and minor			
repair of the apparatus in 7.1 above.			

General Objective 8.0:Know the maintenance of temperature measurement equipment								
Specific Learning Objectives (Theory)	Teachers' Activities	Resources	Specific Learning Objectives (Practical)	Teachers' Activities	Resources	Evaluati on		
8.1 Identify apparatuses for temperature measurement e.g.  thermometer s, pyrometers, thermocouple.  8.2 Explain the operating principles of temperature measuring devices listed in 8.1 above.	<ul><li>Lecture</li><li>Discussion</li><li>Demonstration</li></ul>	<ul> <li>White Board</li> <li>Marker</li> <li>Scales</li> <li>Thermometer s</li> <li>Thermocoupl e</li> </ul>	8.1 Identify apparatuses for temperature measurement e.g. thermometers, pyrometers, thermocouple.  8.2 Explain the operating principles of temperature measuring devices listed in 8.1 above.  8.3 Distinguish between the various temperature scales e.g. Fahrenheit, Kelvin, Celsuis, etc.	• Demonstration	<ul> <li>Thermomet ers</li> <li>Pyrometers</li> <li>Thermocou ple.</li> </ul>	Assignm ent Test Examina tion		

between the	8.4 Measure		
various	temperature using		
temperature	scales in 8.3 above.		
scales e.g.			
Fahrenheit,			
Kelvin			
Celsius, etc.			
8.4 Measure			
temperature			
using			
scales in 8.3			
above.			
8.5 Describe and			
apply the			
procedure for			
the			
routine			
maintenance			
and minor			
repair of the			
apparatuses			
identified in			
8.1 above.			

General Objective	General Objective 9.0:Understand microtomy and the maintenance of microtomy Tools								
Specific Learning Objectives (Theory)	Teachers' Activities	Resources	Specific Learning Objectives (Practical)	Teachers' Activities	Resources	Evaluati on			
9.1 Identify different types of microtomes.  9.2 Identify the different parts of	<ul><li>Lecture</li><li>Discussion</li><li>Demonstration</li></ul>	<ul> <li>White Board</li> <li>Marker</li> <li>Apparatuses of cooling e.g. refrigerator</li> <li>Water</li> </ul>				Assignm ent Test Examina tion			

microtomes		circulation.		
	•	Microtome,		
9.3 Explain the		knives		
9.5 Explain the				
functions of	•	Paraffin wax		
the parts of				
microtomes.				
9.4 Explain the				
9.4 Explain the				
working				
principles of				
microtomes.				
9.5 Identify types				
of				
knives used				
in				
microtomy.				
9.6 Sharpen				
microtome				
knives.				
9.7 Describe				
paraffin				
wax				
embedded				
tissues				
9.7 Cut Sections				
0.0 114:6-				
9.8 Identify				
faults in				
sections				
cutting and				
remedy the				
faults.				
lauits.				
9.9 Explain the				

care of microtomes and knives.						
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Specific	Teachers'	Resources	Specific Learning	Teachers'	Resources	Evaluati
Learning Objectives (Theory)	Activities		Objectives (Practical)	Activities		on
10.1 Explain the following terms Alternating Current (AC) and Direct Current (DC) supplies Low Tension (LT) and High Tension (HT).  10.2 Identify various types of distribution and connection.	<ul><li>Lecture</li><li>Discussion</li><li>Demonstration</li></ul>	White Board     Marker     Electrical     appliances e.g.     fuses, relay     cutouts				Assignm ent Test Examina tion
10.3 Identify the standard colour code and wiring.						
10.4 Explain the results of wrong wiring.						
10.5 Identify the different types of wiring.						

10.6 Explain the				
methods and				
importance	ı			
of proper				
earthing.				
10.7 Identify				
different	ı			
types of	ı			
switches e.g.				
Single Pole				
Double				
Throw				
(SPDT),				
Double Pole				
Single				
Throw				
(DPST),				
control				
gear relays,				
cutouts etc.				
10.8 Identify				
different				
types of				
protective				
wiring				
devices e.g.				
relays, cut				
outs, fuses				
etc.				
10.9 Draw the				
various				
electrical				
symbols.				
10.10 Apply such				
symbol in				
10.9 above				
for circuit				
diagram.				

General Objective	11.0: Understand t	he care and maint	enance of audio-visua	al Aids		
Specific Learning Objectives (Theory)	Teachers' Activities	Resources	Specific Learning Objectives (Practical)	Teachers' Activities	Resources	Evaluatio n
11.1 Describe the methods and undertake proper care and routine maintenance of: Overhead projectors Lenses, recording and playback heads.  11.2 Describe the Precautionary measures involved in the handling of projectors, tape recorders etc.  11.3 Mend tapes	<ul> <li>Lecture</li> <li>Discussion</li> <li>Demonstration</li> </ul>	<ul> <li>White Board</li> <li>Marker</li> <li>Overhead - Projector</li> <li>Lenses</li> <li>Tape recorders</li> <li>Tapes</li> </ul>				Assignme nt Test Examinati on
and films.						

General Objective 12.0:Know how to use simple and rapid investigation kit in diagnosing and management of prevailing health conditions in the community

Specific Learning Objectives (Theory)	Teachers' Activities	Resources	Specific Learning Objectives (Practical)	Teachers' Activities	Resources	Evaluatio n
12.1 Identify simple rapid investigatio n kits used in testing: (i) malaria (ii) Haemoglobin level (iii) HIV/AIDS (iv) Blood sugar level (v) Urinalysis, etc. 12.2 Use test kits above in testing, diagnosing and managing prevailing health conditions in the community and refer where necessary.	<ul> <li>Lecture</li> <li>Discussion</li> <li>Demonstration</li> </ul>	White board     Marker     Testing kits     e.g. Rapid     test kits for     malaria, HIV,     Haemoglobin     estimation,     urinalysis     etc.	12.1 Carry out the testing, diagnosing and management of the under listed using appropriate testing kits:  - Malaria - Haemoglobi n level - HIV/AIDs - Blood sugar - Urinalysis etc.	• Demonstration	White board and marker     Testing kits e.g. Rapid test kits for malaria, HIV, Haemoglob in estimation, urinalysis etc.	Assignme nt Test Examinati on

HND NURSING I SEMESTER: FIRST

PROGRAMME: HND	NURSING I				
COURSE: CLIENT CA	SE/CARE STUDY				
COURSE CODE: NUI	R 316				
DURATION:	Lecture:	Tutorial:	Practical:	Total Contact Hours:	
(Hours/Week)	O Hr	O Hr	2 Hrs	30 Hours	
CREDIT UNIT: 2					
GOALS: The course i	s designed to introduce	the students to the v	vriting of client case/c	are study	

GENERAL OBJECTIVES: At the end of the course, students should be able to:

- 1.0 Understand the application of case/care study in solving clients' problems
- 2.0 Identify appropriate clients for use in case/care study
- 3.0 Know the steps involved in carrying out care/case study
- 4.0 Understand how to write a case/care study

PROGRAMME: HND NURSING I

COURSE: CASE STUDY Course Code: NUR 316 Total Contact Hours: 30 Hours

COURSE SPECIFICATION: Practical

General Objective 1.0: Understand the application of case/care study in solving clients' problems

Specific Learning Objectives (Theory)	Teachers' Activities	Resources	Specific Learning Objectives (Practical)	Teachers' Activities	Resources	Evaluation
1.1 Explain care/c ase study 1.2 Explain the applica tion of case/c are study in solving clients' proble ms	Discuss brain storming	<ul> <li>Text Books</li> <li>Journals</li> <li>Mage</li> <li>Client Care Note</li> <li></li> <li>Chart</li> </ul>		<ul> <li>Discuss</li> <li>Field Work</li> <li>Clinical</li> <li>Teaching</li> <li>Brainstorming</li> </ul>	<ul> <li>Charts</li> <li>Text Books</li> <li> Record</li> <li>Journals</li> </ul>	<ul><li>Text</li><li>Quiz</li><li>Presentation</li></ul>

## General Objective 2.0 Identify appropriate clients for use in case/care study

Specific Learning Objectives (Theory)	Teachers' Activities	Resources	Specific Learning Objectives (Practical)	Teachers' Activities	Resources	Evaluation
2.1. Explain the criteria for choosing client for care/case study 2.2. Describe how to obtain consent from clients 2.3. Explain how to set authorization from the institution						

## General Objective 3.0 Know the steps involved in carrying out care/case study

Specific Learning Objectives (Theory)	Teachers' Activities	Resources	Specific Learning Objectives (Practical)	Teachers' Activities	Resources	Evaluation
<b>3.</b> 1 Describe how to			3.1 use a			
identify client's			hypothetical			
problems/needs using			case in			
the nursing process			developing a			
approach.			nursing			
3.2 Explain how to			care using			
document findings			client			
3.3 Describe how to do			problem			
interactive search and to			and needs			
links findings with			care /case			

clients problems			

Specific Learning	Teachers'	Resources	Specific Learning	Teachers' Activities	Resources	Evaluatio
Objectives (Theory)	Activities		Objectives (Practical)			
4.1 Write a client			4.1 Write a			
care/case study using			client			
the approved format			care/case			
4.2			study using			
			the			
			approved			
			format			

HND NURSING I SEMESTER: FIRST

HND	NURSING I			S.	EMESTER: FIRST
PROC	GRAMME: HND NU	RSING I			
COUI	RSE TITLE: RESEAR	CH METHODOLOGY	III		
COUI	RSE CODE: NUR 31'	7			
	ATION:	Lecture:	Tutorial:	Practical: -	Total Contact Hours: 45
	ırs/Week)	2 Hrs	0 Hr	0 Hr	Hours
	DIT UNITS: 3	. 1 . 1,	.1 .1 . 1	C 41 1 1 1	<u></u>
GOAI	studies.	rse is designed to provi	ide the students wit.	n furtner knowledge o	f how to undertake research
GENE	ERAL OBJECTIVES:	On completion of this	course, the student	should be able to:	
1.0	Understand the meaning	_			
2.0	Understand various meth	ods of conducting rese	arch		
3.0	Know the approach to res	search			
4.0	Understand the process of	of planning for research	n work		
5.0	Understand sampling tec	hnique used in researc	h		
6.0	Understand the role of ba	asic statistics in researc	eh		
7.0	Understand the conduct	and organization of res	earch work		
8.0	Understand the meaning	and concept of rhetoric	cal strategies in rese	arch Communication	
9.0	Understand drafting and	writing -up research or	utcomes and finding	s.	
10.0	Apply knowledge and skil	lls in research Commu	nication in Health Ir	formation Manageme	nt

PROG	RAMME:	HND NU	URSING I					
COUR	RSE TITLE:	RESEA	RCH/PROJECT	WRITING	COURSE NUR CODE:	317 CONTAC	r hours:	30 HOURS
COUR	RSE	Theore	etical Content:	2	<b>Practical Content:</b>	0		
SPEC	IFICATION:							
Gene	ral	1: Unde	erstand the mean	ing, types and	purpose of research			
Objec	tive:							
	fic Learning		Teachers	Learning	Specific Learning	Teachers	Learning	Evaluation
Objec	tives		Activities	Resources	Objectives	Activities	Resources	
1.1	Define resea	arch	Lectures	Textbooks,				Assignment,
1.2	Explain type	es of		internet				Quiz
	research i.e			facilities,				Exercise
	historical,			white				Test
	descriptive,			board,				Examination
	experimenta	al		marker.				
	research etc	2						
1.3	Explain aim	and						
	purpose of							
	research							

	General 2: Understand various methods of conducting research											
Speci	ific Learning	Teachers Activities	Learning Resources	Specific Learning Objectives	Teachers Activities	Learning Resources	Evaluation					
2.1 2.2 2.3	Explain research methodology List various methods of conducting research i.e. authoritarian method, mystical approach, logical approach, scientific approach etc) Explain the merits and demerits of each of the	Lectures,	Textbooks, internet facilities, white board, marker.				Assignment, Quiz Exercise Test Examination					

methods of			
conducting			
research.			

General Objective: 3: Know	w the approach	to research				
Specific Learning Objectives	Teachers Activities	Learning Resources	Specific Learning Objectives	Teachers Activities	Learning Resources	Evaluation
3.1 Explain factors to consider when choosing research problems	Lectures	Textbooks, white board, marker.	3.2 Choose a field of research 3.3 Create (formulate) a research title 3.4 Search for useful information resources in the field of research (i.e. museum, markets, health institutions, library, information resources centres, etc) 3.5 Enumerate various search engines to gather resources for research 3.6 Compile an index card system for research title 3.7 Review related literature on the subject matter of the research.	Guide student to perform the tasks in 3.2- 3.7		Assignment, Quiz, exercise and test

General 4: Understand the process of planning for research work											
Objective:	Objective:										
Specific Learning		Teachers	Learning	Specific Learning	Teachers	Learning	Evaluation				

Objec	tives	Activities	Resources	Objectives	Activities	Resources	
4.1	Explain research	Lectures	Textbooks,	4.5 Choose research	Guide student	Internet	Assignment
	design giving		white	methods most	to perform the	facilities	Quiz
	examples		board,	appropriate for	task in 4.5		Test
4.2	Explain study		marker.	research work			Examination
	design used for			(project)			
	descriptive and						
	experimental						
	research						
4.3	Explain						
	intervention and						
	non-intervention						
	studies,						
	questionnaire,						
	interview, home						
	and observation						
4.4	State merits and						
	demerits of various						
	research designs						

	General Objective:  5: Understand sampling technique used in research											
Spec	ific Learning	Teachers	Learning	Specific Learning	Teachers	Learning	Evaluation					
Obje	ctives	Activities	Resources	Objectives	Activities	Resources						
5.1	Define sampling and sampling technique Define sample and sample size	Lectures	Textbooks, white board, marker.	4.6 Choose research methods most appropriate for research work (project)	Guide student to perform the task in 4.5	Internet facilities	Assignment Quiz Test Examination					
5.3	Explain various types of sampling techniques e.g simple random, stratified, cluster											

	etc			
5.4	Explain the			
	advantages and			
	disadvantages of			
	each type of			
	sampling			
	techniques in 5.3			
	above			
5.5	Explain the			
	calculation of			
	sample size for a			
	given population			
5.6	Describe the			
	application of the			
	sampling			
	techniques in			
	research.			

	General Objective: 6: Understand the role of basic statistics in research											
Specific Learning Objectives		Teachers Activities		Specific Learning Objectives	Teachers Activities	Learning Resources	Evaluation					
6.1 6.2	Define basic statistics Explain various	Lectures,	Textbooks, white board,				Assignment, Quiz Test					
0.2	test statistic used in research eg (Chi-Square, Z test, ANOVA, Correlation, regression analysis, student t – test etc)		marker.				Examination					
6.3	Describe characteristics of each of the test statistic in 6.2											

1			
above			

Gene Objec	ral 7: Unde	erstand the con	duct and organi	zation o	f research work			
Spec	ific Learning	Teachers	Learning Specific Learning		Teachers	Learning	Evaluation	
Object	ctives	Activities	ctivities Resources		tives	Activities	Resources	
7.1	Describe the	Lectures	Textbooks,	7.7	Carry out	Supervise the	Computer	Assignment,
	conduct and		white		descriptive	student	set	Quiz, exercise
	organization of		board,		research using	research	Statistical	and test
	research work		marker.		any of the	activities listed	kit	Project defence
	using any of the				appropriate	in 7.1-7.6	packages	
	appropriate				designs			
	designs			7.8	Collect data			
					for a given			
7.2	Collect data for a				research title			
	given research title			7.9	Analyse data			
					using			
7.3	Analyse data using				appropriate			
	appropriate test				test statistic			
	statistic methods				methods			
				7.10	Interpret the			
7.4	Interpret the result				result obtained			
	obtained at the				at the end of			
	end of the research				the research			
	work.				work.			
				7.11	Write up the			
7.5	Write up the report				report at the			
	at the end of the				end of the			
	conduct of				conduct of			
	research				research			
				7.12	Organize the			
7.6	Organize the				project work			
	project work to				to cover the			
	cover the topics				topics			
	discussed				discussed			

General Objective: 8: Understand the meaning and concept of rhetorical strategies in research Communication											
Objective:	jective:										
Specific Learning	5	Teachers	Learning	Specific Learning	Teachers	Learning	Evaluation				

Objec	tives	Activities	Resources	Objec	tives (Practical)	Activities	Resources	
8.1	Define rhetorical	Lectures	- White			Guide and	Library /	Quiz
	strategies.		board /			Supervise	Online /	Assignment
8.2	Outline types of		marker			Students to	Internet	Test
	rhetorical	Use the	_			carry out	Resources:	Examination
	strategies:	following	Computers			activities listed	Textbooks	
-	Argumentation	tools;	- Projectors			in 8.6	Journals	
	strategy	Posters,	- Charts /				Reference	
-	Cause and Effect	Charts,	- Diagrams				materials	
	Strategy,	Textbooks,	/					
-	Division strategy,	Journals e.t.c	- Posters					
-	Compare and	to teach	etc					
	contrast strategy,		- Audio					
-	Narrative Strategy,		Equipment					
-	Description		-					
	Strategy,		Audiovisual					
-	Exemplification		media					
	Strategy							
8.3	Explain each of the			8.6	Adopt the			
	types of rhetorical				strategies in			
	strategies in 8.2				8.2 on a			
	above.				related topic in			
8.4	Compare and				Health			
	contrast the types				Information			
	of rhetorical				Management.			
	strategies to							
	Health Information							
	Management.							
8.5	Identify the							
	process of search							
	strategies in							
	research							
	Communication:							
-	Finding literature							
1	sources, reference,							
	resources -							
	textbooks,							
	references,							
	textbooks, e.t.c.							

-	Using research			
	databases,			
	electronic sources,			
	web / Internet			
	resources,			
-	Integrating and			
	crediting sources			
	and avoiding			
	plagiarism.			

Gene Obje	e <b>ral</b> 9: Unde	rstand drafting a	nd writing -up	resear	ch outcomes and	findings.		
	ific Learning ctives	Teachers Activities	Learning Resources			Teachers Activities	Learning	Evaluation
9.1 - - - - 9.2 9.3	Define the following basic concepts: Research Findings, Reports, Proposals, Clinical Outcomes, Clinical trials, Explain each of the concepts listed in 9.1. Outline the steps involved in drafting and writing research outcomes: Title of report Introduction/background: definition of terms and concepts,	Lectures  Use the following tools; Posters, Charts, Textbooks, Journals,etc., to teach	- White board / marker - Computers - Projectors - Charts / - Diagrams / - Posters etc - Audio Equipment - Audiovisual media	9.6 9.7	Apply the steps stated in 9.3 to write a mini-report. Make oral presentation of the report	Guide and Supervise Students to carry out activities in 9.6 -9.7.	Library / Online / Internet Resources:  Textbooks Journals Reference materials	Quiz Assignment Test Examination
	purpose /objectives, research questions / hypotheses							

Writing the body: literature review, build essay around the focus of study or report, explanations, summaries, analysis, use of tables, chart, diagrams,etc. Writing conclusion; summarize argument, draw conclusions, make recommendations, Revising the final drafts: observe sequence of ideas, use transition, check punctuations, spellings and follow rules of grammar,etc. Documentation: citation of all materials used, accuracy of all works cited. Typesetting, finishing and binding print document and bind in relation to use and keep personal copy for back-up.					-
build essay around the focus of study or report, explanations, summaries, analysis, use of tables, chart, diagrams, etc.  Writing conclusion; summarize argument, draw conclusions, make recommendations, Revising the final drafts: observe sequence of ideas, use transition, check punctuations, spellings and follow rules of grammar, etc. Documentation: citation of all materials used, accuracy of all works cited. Typesetting, finishing and binding: print document and bind in relation to use and keep personal copy for back-up.	-				
the focus of study or report, explanations, summaries, analysis, use of tables, chart, diagrams, etc.  Writing conclusion; summarize argument, draw conclusions, make recommendations, Revising the final drafts: observe sequence of ideas, use transition, check punctuations, spellings and follow rules of grammar, etc. Documentation: citation of all materials used, accuracy of all works cited. Typesetting, finishing and binding: print document and bind in relation to use and keep personal copy for back-up.					
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explanations, summaries, analysis, use of tables, chart, diagrams, etc.  Writing conclusion; summarize argument, draw conclusions, make recommendations, Revising the final drafts: observe sequence of ideas, use transition, check punctuations, spellings and follow rules of grammar, etc.  Documentation: citation of all materials used, accuracy of all works cited.  Typesetting, finishing and binding: print document and bind in relation to use and keep personal copy for back-up.		the focus of study			
summaries, analysis, use of tables, chart, diagrams,etc. Writing conclusion; summarize argument, draw conclusions, make recommendations, Revising the final drafts: observe sequence of ideas, use transition, check punctuations, spellings and follow rules of grammar,etc. Documentation: citation of all materials used, accuracy of all works cited. Typesetting, finishing and bind in relation to use and keep personal copy for back-up.		or report,			
analysis, use of tables, chart, diagrams, etc.  Writing conclusion; summarize argument, draw conclusions, make recommendations,  Revising the final drafts: observe sequence of ideas, use transition, check punctuations, spellings and follow rules of grammar, etc.  Documentation: citation of all materials used, accuracy of all works cited.  Typesetting, finishing and binding: print document and bind in relation to use and keep personal copy for back-up.		explanations,			
tables, chart, diagrams, etc. Writing conclusion; summarize argument, draw conclusions, make recommendations, Revising the final drafts: observe sequence of ideas, use transition, check punctuations, spellings and follow rules of grammar, etc. Documentation: citation of all materials used, accuracy of all works cited. Typesetting, finishing and binding: print document and bind in relation to use and keep personal copy for back-up.		summaries,			
diagrams,etc. Writing conclusion; summarize argument, draw conclusions, make recommendations, Revising the final drafts: observe sequence of ideas, use transition, check punctuations, spellings and follow rules of grammar,etc. Documentation: citation of all materials used, accuracy of all works cited. Typesetting, finishing and binding: print document and bind in relation to use and keep personal copy for back-up.		analysis, use of			
- Writing conclusion; summarize argument, draw conclusions, make recommendations, - Revising the final drafts: observe sequence of ideas, use transition, check punctuations, spellings and follow rules of grammar,etc Documentation: citation of all materials used, accuracy of all works cited Typesetting, finishing and binding: print document and bind in relation to use and keep personal copy for back-up.		tables, chart,			
conclusion; summarize argument, draw conclusions, make recommendations, - Revising the final drafts: observe sequence of ideas, use transition, check punctuations, spellings and follow rules of grammar,etc Documentation: citation of all materials used, accuracy of all works cited Typesetting, finishing and binding: print document and bind in relation to use and keep personal copy for back-up.		diagrams,etc.			
summarize argument, draw conclusions, make recommendations, Revising the final drafts: observe sequence of ideas, use transition, check punctuations, spellings and follow rules of grammar,etc. Documentation: citation of all materials used, accuracy of all works cited. Typesetting, finishing and binding: print document and bind in relation to use and keep personal copy for back-up.	-	Writing			
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conclusions, make recommendations,  Revising the final drafts: observe sequence of ideas, use transition, check punctuations, spellings and follow rules of grammar,etc.  Documentation: citation of all materials used, accuracy of all works cited.  Typesetting, finishing and binding: print document and bind in relation to use and keep personal copy for back-up.		summarize			
recommendations, Revising the final drafts: observe sequence of ideas, use transition, check punctuations, spellings and follow rules of grammar,etc. Documentation: citation of all materials used, accuracy of all works cited. Typesetting, finishing and binding: print document and bind in relation to use and keep personal copy for back-up.		argument, draw			
- Revising the final drafts: observe sequence of ideas, use transition, check punctuations, spellings and follow rules of grammar, etc Documentation: citation of all materials used, accuracy of all works cited Typesetting, finishing and binding: print document and bind in relation to use and keep personal copy for back-up.		conclusions, make			
drafts: observe sequence of ideas, use transition, check punctuations, spellings and follow rules of grammar,etc.  Documentation: citation of all materials used, accuracy of all works cited.  Typesetting, finishing and binding: print document and bind in relation to use and keep personal copy for back-up.		recommendations,			
sequence of ideas, use transition, check punctuations, spellings and follow rules of grammar,etc.  Documentation: citation of all materials used, accuracy of all works cited.  Typesetting, finishing and binding: print document and bind in relation to use and keep personal copy for back-up.	-	Revising the final			
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check punctuations, spellings and follow rules of grammar,etc.  Documentation: citation of all materials used, accuracy of all works cited.  Typesetting, finishing and binding: print document and bind in relation to use and keep personal copy for back-up.		sequence of ideas,			
punctuations, spellings and follow rules of grammar,etc.  Documentation: citation of all materials used, accuracy of all works cited.  Typesetting, finishing and binding: print document and bind in relation to use and keep personal copy for back-up.		use transition,			
spellings and follow rules of grammar, etc.  - Documentation: citation of all materials used, accuracy of all works cited.  - Typesetting, finishing and binding: print document and bind in relation to use and keep personal copy for back-up.		check			
follow rules of grammar,etc.  Documentation: citation of all materials used, accuracy of all works cited.  Typesetting, finishing and binding: print document and bind in relation to use and keep personal copy for back-up.		punctuations,			
grammar,etc Documentation: citation of all materials used, accuracy of all works cited Typesetting, finishing and binding: print document and bind in relation to use and keep personal copy for back-up.		spellings and			
- Documentation: citation of all materials used, accuracy of all works cited Typesetting, finishing and binding: print document and bind in relation to use and keep personal copy for back-up.		follow rules of			
citation of all materials used, accuracy of all works cited Typesetting, finishing and binding: print document and bind in relation to use and keep personal copy for back-up.		grammar,etc.			
materials used, accuracy of all works cited. Typesetting, finishing and binding: print document and bind in relation to use and keep personal copy for back-up.	-				
accuracy of all works cited.  Typesetting, finishing and binding: print document and bind in relation to use and keep personal copy for back-up.					
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binding: print document and bind in relation to use and keep personal copy for back-up.	-				
document and bind in relation to use and keep personal copy for back-up.					
bind in relation to use and keep personal copy for back-up.					
use and keep personal copy for back-up.					
personal copy for back-up.					
back-up.					
0.4 10.1 1 1.4					
9.4 Explain each of the	9.4	Explain each of the	 	 	 

	steps listed in 9.3			
9.5	State uses of			
	research findings,			
	reports, proposals,			
	clinical outcomes,			
	and clinical trials			
	in Health			
	Information			
	Management.			

General 10: Apply knowledge and skills in research Communication in Health Information Management										
Object	tive:	ly knowledge and	i skills in rese	arch Communication in H	ealth Information	n Management				
Specif	ic Learning	Teachers	Learning	Specific Learning	Teachers	Learning	Evaluation			
Object	tives	Activities	Resources	Objectives	Activities	Resources				
10.1 10.2 10.3	List published reports, findings and outcomes in Health Information Management. Explain listed publications, reports, outcomes in 10.1. Identify organizations and agencies that are involved in Communicating research findings: LGA Health Department State Ministry of Health Federal Ministry of Health NAFDAC HMOs NPHCDA	Lectures  Use the following tools; Posters, Charts, Textbooks, Journals e.t.c to teach	- White board / marker - Computers - Projectors - Charts / - Diagrams / - Posters etc - Audio Equipment - Audiovisual media	10.3 Visit a nearby health organizatio n within the local government or state and write a short report	Guide and Supervise Students to carry out activities in 10.5	Library / Online / Internet Resources: Textbooks Journals Reference materials	Quiz Assignment Test Examination			

-	USAID			
-	WHO			
-	UNICEF			
-	UNESCO			
-	Medical and			
	Health NGOs, etc.			
10.4	State uses of			
	research			
	Communication in			
	Health Information			
	Management			

HND NURSING I SEMESTER: SECOND

COURSE	COURSE TITLE	L	T	P	CU	TOTAL HOURS	PREREQUISITE
CODE						PER SEMESTER	
NUR 320	Medical - Surgical Nursing IV	2	-	2	4	60	Medical-Surgical Nursing III
NUR 321	Community Health Nursing	2	-	1	3	45	Surgical Nursing, Reproductive Health II
NUR 3 22	Health Economics	1	-	-	1	15	Foundations of Nursing and Medical Sociology
NUR 323	Adolescent, Older People and People Living with Disabilities	3	-	ı	3	45	Medical-Surgical Nursing III, Medical Sociology
NUR 324	Health Education	1	-	2	3	45	Principles of Management and Teaching I
NUR 325	Principles of Management and Teaching II	1	-	2	3	45	Principles of Management Teaching I
NUR 326	School Health Programme	2	-	1	3	45	Child Health I, Medical-Surgical Nursing III
GNS 321	Communication in English	2	-	-	2	30	GNS 201, 101, 111
NUR 327	Seminar Presentation	-	-	1	1	15	All Courses
NUR 328	Research Project Writing/Proposal Defence	-		4	4	60	Research Methodology III
NUR 329	Hospital Based Clinical Experience – II		1				
NUR 330s	Community Based Clinical Experience – II						
TOTAL	-	15	-	13	28	430	

NUR 328 Hospital Based Clinical Experience – II – 135 Hours NUR 329 Community Based Clinical Experience – II – 180 Hours HND NURSING I SEMESTER: SECOND

PRO	PROGRAMME: HND NURSING I									
<u> </u>	RSE: MEDICAL - SURGICA									
	COURSE CODE: NUR 320									
DUR	ATION:	Lecture:	Tutorial:	Practical:	Total Contact Hours:					
(Hou	ırs/Week)	2 Hrs	0 Hr	2 Hrs	60 Hours					
CRE	DIT UNIT: 4				·					
GOA	L: This Course is Designe Disorders of the Spec			_	s Required for the Care of Patients with					
GEN	ERAL OBJECTIVES: On Co	ompletion of thi	s Course the Stude	nts will be able to:						
1.0	Know the care of patients	with disorders of	Integumentary Syst	tem (Skin)						
2.0	Understand the care of par	tients with eye di	isorders.							
3.0	Understand the care of the	e patients with p	roblems of the ear.							
4.0	4.0 Understand the care of patient with problems of the nose and throat.									
5.0	Know how to perform mine	or <mark>surgical and n</mark>	nedical procedures							

PROGRAMME: HND NURSING		
COURSE: MEDICAL- SURGICAL NURSING IV	Course Code: NUR 320	<b>Total Contact Hours: 30 Hours</b>
COURSE SPECIFICATION: Theory/Practical		

General Objective 1.0: Know the care of patients with disorders of Integumentary System (Skin)

Specific Learning Objectives (Theory)	Teachers' Activities	Resources	Specific Learning Objectives (Practical)	Teachers' Activities	Resources	Evaluation
<ol> <li>Review anatomy of the skin.</li> <li>Describe procedures used in the diagnosis of Integumentary (skin) disorders e.g. skin biopsy.</li> <li>Explain conditions affecting the skin.</li> <li>Burns</li> <li>Leprosy</li> <li>Other dermatological conditions. e.g. Infective Rash, skin changes. etc.</li> <li>4 Describe pathophysiology of skin disorders.</li> <li>List roles of Nurses in the prevention of skin disorders.</li> <li>Assess clients with problems of the skin, hair and nails in terms of:</li> </ol>	• Lecture • Discussion	<ul> <li>Models         (Anatomica         l)         Charts         History         taking         forms         Textbooks.         Laboratory         text forms         Nursing         process         forms.</li> </ul>	1.3 Apply IEC to meet the preventive needs of the patients with potential skin disorders.  1.4 Apply nursing skills in the care of the patients with burns at different treatment phases.  1.5 Apply IEC to meet the counseling needs of the patients with burns.	<ul> <li>Supervise students to use IEC to meet needs of patients with potentials skin disorders.</li> <li>Assignment</li> <li>Class Presentation</li> <li>Supervise students to use Nursing care plan to care for patients with burns at the 3 phases.</li> <li>Demonstration</li> </ul>	<ul> <li>Skin Strip Test</li> <li>IEC materials</li> <li>Life Patient with burns</li> <li>Stimulators</li> <li>Chalkboard</li> <li>Model: Skin</li> <li>Skin-snip test materials</li> <li>Life patient with burns/scald s</li> <li>Relevant Posters.</li> <li>Samples of ear drops/ointm ents</li> <li>Sample of IEC materials</li> <li>Nursing Care Plan</li> </ul>	Assignment Test Examination

Specific Learning Objectives (Theory)	Teachers' Activities	Resources	Specific Learning Objectives (Practical)	Teachers' Activities	Resources	Evaluation
<ul> <li>2.1 Review the structure and functions of the eye.</li> <li>2.2 Describe the pathophysiology of eye disorders viz: <ul> <li>Common eye problems</li> <li>e.g. cataract, glaucoma redness, swelling etc.</li> <li>Conditions of the cornea and retina</li> <li>Neoplastic conditions of the eye.</li> <li>Trauma</li> </ul> </li> <li>2.3 Explain diagnostic</li> </ul>	<ul> <li>Lectures</li> <li>Demonstrations</li> <li>Questions/Answers</li> <li>Quiz</li> <li>Assignments</li> <li>Tutorials</li> <li>Clinical Teaching</li> <li>Group Discussion</li> </ul>	<ul> <li>Relevant Textbooks</li> <li>Charts</li> <li>Model</li> <li>Eye</li> <li>Slides &amp; Projectors</li> <li>Films</li> <li>Video</li> <li>Chalkboard</li> </ul>				Assignment Test Examination

tests in eye disorders e.g. use of visual acuity, ophthalmoscope etc.			
2.4 Explain the role of nurse in rehabilitating the visually impaired and blind patients.			

General Objective 3.0: Understand the care of the patient with problems of the ear.								
Specific Learning Objectives (Theory)	Teachers' Activities	Resources	Specific Learning Objectives (Practical)	Teachers' Activities	Resources	Evaluation		
3.1 Review the structure and functions of the ear. 3.2 Explain the pathophysiology of the disorders of the ear, viz:  • Impacted Cerumen (wax) • Otitis media (Acute and chronic) • Mastoiditis, Tinnitus • Foreign bodies in the ear etc. 3.3 Explain the diagnostic tests for ear disorders e.g. audiogram/ otoscopic examination.	<ul> <li>Lectures</li> <li>Tutorials</li> <li>Demonstrations</li> <li>Clinical Teaching</li> <li>Questions/answers</li> <li>Assignments</li> </ul>	<ul> <li>Relevant Textbooks</li> <li>Charts</li> <li>Model</li> <li>Ear</li> <li>Video Cassettes Chalkboard</li> </ul>	3.4 Apply nursing skills in ear syringing or irrigation, drop Instillation etc.  3.5 Utilize the information, education, communication (IEC) materials in meeting the counseling needs of patient with ear disorders  3.9 Apply nursing process in the management of patients with ear	Use Nursing care plan to manage ear problem i.e. ear syringing or irrigation, drop instillation de-waxing etc. Carry out visit to the E.E.N.T. department or unit Supervise student to use IEC materials like posters, charts, other materials to counsel patients with ear problem.	<ul> <li>Nursing Care Plan</li> <li>Ear Syringe or</li> <li>Irrigation Tool</li> <li>Ear Drop</li> <li>De-waxing Cream</li> <li>ENT Unit/Departm ent</li> <li>Samples of ear drops/ointmen ts</li> <li>Sample of IEC materials</li> <li>Nursing Process Form</li> <li>Life Patient with ear problem</li> <li>IEC materials</li> <li>Life Patient</li> </ul>	Assignment Test Examinatio n		

		problems is above.	n 3.2	Role play Assignments	• Ear Care Material	
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General Objective 4.0: Und	General Objective 4.0: Understand the care of patients with problems of the nose and throat							
Specific Learning Objectives (Theory)	Teachers' Activities	Resources	Specific Learning Objectives (Practical)	Teachers' Activities	Resources	Evaluation		
<ul> <li>4.1 Review the structure and function of the nose and throat.</li> <li>4.2 Describe the pathophysiology of the nose and throat disorders e.g Nasal polyps, Tonsillitis, Epistaxis etc.</li> <li>4.3 Explain the diagnostics test for nose and throat disorders</li> <li>4.4 Explain the role of the nurse in the rehabilitation of nose and throat e.g. tracheostomy etc.</li> </ul>	<ul> <li>Lectures/Discussions</li> <li>Questions/Answers</li> <li>Quizzes</li> <li>Demonstrations</li> <li>Assignments</li> <li>Tutorials</li> <li>Clinical Teaching</li> </ul>	<ul> <li>Chalkboard</li> <li>Relevant textbooks</li> <li>Video Tapes Films</li> <li>Posters/charts</li> <li>Video</li> </ul>	4.4 Apply nursing skills in procedures for nose and throat: Epistaxis Care of tracheostomy Removal of foreign body	<ul> <li>Demonstratio n</li> <li>Return demonstratio n</li> <li>Questions</li> </ul>	White board     Markers     Earring     Surgical instrument e.g. scissors, sutures, needles, blade, lotion, cotton wool, gauze     Video clips	Assignment Test Examination		

General Objective 5.0 Know how to perform minor surgeries and medical procedures related to special senses and integumentary							
system							
5.1 Identify minor surgical	5.8 Perform	• Demonstratio	<ul> <li>White board</li> </ul>	Assignment			
procedures e.g. incision	the	n	<ul> <li>Markers</li> </ul>	Test			
and drainage,	following	• Return	<ul> <li>Earring</li> </ul>	Examination			
circumcision, ear	minor surgeries	demonstratio	Surgical				
piercing, episiotomy,	/ medical	n	instrument				
suturing etc.	procedures:						

5.2 Describe how to	- suturing	• Questions	e.g. scissors,	
perform minor	simple	·	sutures,	
surgeries, suturing,	lacerations		needles,	
incision and drainage,	<ul> <li>incision of</li> </ul>		blade, lotion,	
probing, ear piercing,	superficial		cotton wool,	
intravenous infusion	abscesses,		gauze	
etc.	- male		Video clips	
	circumcision			
	, ear			
	piercing,			
	intravenous			
	infusion.			

HND NURSING I **SEMESTER: SECOND** 

PROGRAMME: HND NURSING I							
COURSE: COMMUNITY HEALTH NURSING							
COURSE CODE: NUR 321							
DURATION:	Lecture:	Tutorial:	Practical:	Total Contact Hours:			
(Hours/Week)	2 Hrs	0 Hr	1 Hr	45 Hours			
CREDIT UNIT: 3	·						

GOAL: This course is designed to enable the students acquire knowledge, attitudes and skills required for the care of individuals and families in the community

## GENERAL OBJECTIVES: At the end of the course, students should be able to:

- 1.0 Understand the basic concepts and tools in community health Nursing.
- 2.0. Know the skills required for preventive, curative and rehabilitative health care services in the community.
- Understand Nursing needs and management of special groups in the community.
- Know the harmful traditional practices in the community.
- Know the epidemiology and control of communicable and non-communicable diseases. 8
- Understand the components of school health programme. 9
- 10 Understand the principles and practice of occupational health.

PROGRAMME: HND NUR	SING I								
COURSE: COMMUNITY I	HEALTH NURSING	Course Code: N	JR 321	Total Conta	ct Hours: 45 Hour	s			
COURSE SPECIFICATION									
	General Objective 1.0: Understand the basic concepts and tools in community health Nursing.								
Specific Learning Objectives (Theory)	Teachers' Activities	Resources	Specific Learning Objectives (Practical)	Teachers' Activities	Resources	Evaluation			
1.1 Explain basic terms used in community health practice namely:  • Health Promotion • Disease Prevention • Rehabilitation etc.  1.2 Outline the history and philosophy of community health Nursing.  1.3 Identify basic tools used in community health Nursing practice (weighing scale, measuring tape, delivery kit, stationary referral forms etc.).	<ul> <li>Lecturers</li> <li>Discussions</li> <li>Questions and Answers</li> </ul>	White Board and Markers		Demonstration on the use of tools.	Weighing scale Measuring tapes Delivery kits Stationaries Textbooks	Assignment Test Examination			

General Objective 2.0: Know the skills required for preventive, curative and rehabilitative health care services in the community.								
Specific Learning	Teachers'	Resources	Specific	Teachers'	Resources	Evaluation		
Objectives (Theory)	Activities		Learning	Activities				
			Objectives					
			(Practical)					

2.1 Explain the essential skills required for community nursing practice.	<ul><li>Lecturers</li><li>Brain storming</li><li>Lectures</li></ul>	<ul><li>White Board &amp; Markers,</li><li>Text books</li><li>White board</li></ul>	3.1 Identify basic tools used in community	<ul><li>Lectures</li><li>Discussion and Demonstratio</li></ul>	<ul><li>White Board &amp; Markers,</li><li>Text books</li><li>White board</li></ul>	
2.2 Explain the components of community health planning cycle e.g. problem identification, community diagnosis and mobilization etc	Brain storming	and Markers  Text books		n on use of tools	and Markers  Text books	
2.3 Explain the multidisciplinary and intersectoral approach in community health nursing.						

Activities	Resources	Specific Learning Objectives (Practical)	Teachers' Activities	Resources	Evaluation
<ul> <li>Lectures</li> <li>Discussion and Demonstratio n on use of tools</li> </ul>	<ul> <li>Weighing scale</li> <li>Measuring Tape</li> <li>Delivery Kits</li> <li>Stationeries</li> <li>Textbooks</li> </ul>		<ul> <li>Lectures</li> <li>Discussion and Demonstration on use of tools</li> </ul>	<ul> <li>Weighing scale</li> <li>Measuring Tape</li> <li>Delivery Kits</li> <li>Stationeries</li> <li>Textbooks</li> </ul>	Assignment Test Examination
	<ul> <li>Lectures</li> <li>Discussion and Demonstration on use of</li> </ul>	<ul> <li>Lectures</li> <li>Discussion and Demonstratio n on use of</li> <li>Weighing scale</li> <li>Measuring Tape</li> <li>Delivery Kits</li> <li>Stationeries</li> </ul>	<ul> <li>Lectures</li> <li>Discussion and Demonstratio n on use of</li> <li>Weighing scale</li> <li>Measuring Tape</li> <li>Delivery Kits</li> <li>Stationeries</li> </ul>	Objectives (Practical)  Lectures Discussion and Demonstratio n on use of  Objectives (Practical)  Lectures Discussion and Demonstratio n on use of  Objectives (Practical)  Lectures Discussion and Demonstratio n on use of	Objectives (Practical)  Lectures Discussion and Tape Demonstratio n on use of tools Textbooks  Objectives (Practical)  Lectures Discussion and Demonstratio n on use of tools  Tape Demonstratio n on use of tools  Objectives (Practical)  Lectures Discussion and of the Measuring Tape Demonstratio n on use of tools  Stationeries  Stationeries

management of 3.2 3.4 Explain the role of			
government, non- governmental and			
voluntary agencies in the care of the special			
groups.			

General Objective 4.0: Kno	ow the harmful trac	litional practices in	the community.			
Specific Learning Objectives (Theory)	Teachers' Activities	Resources	Specific Learning Objectives (Practical)	Teachers' Activities	Resources	Evaluation
<ul> <li>4.1 Identify various harmful traditional practices in the community.</li> <li>Female genital mutilation</li> <li>Teenage bride and pregnancy</li> <li>Male child preference</li> <li>Widowhood rites</li> <li>Body scarification etc.</li> <li>1.1 Discuss the health and social implication of harmful traditional practices 4.1.</li> </ul>	<ul> <li>Lecture</li> <li>Discussion</li> <li>Seminar</li> <li>Questions and answers</li> </ul>	<ul> <li>White board</li> <li>Markers</li> <li>Audio Visuals</li> <li>Available literature</li> <li>Multimedia projector and Accessories</li> </ul>	3.1 Identify basic tools used in community	Lectures     Discussion and Demonstration on use of tools	<ul> <li>Weighing scale</li> <li>Measuring Tape</li> <li>Delivery Kits</li> <li>Stationeries</li> <li>Textbooks</li> </ul>	Assignment Test Examination
4.3 Describe the role of community nurse in the prevention and management of traditional practices.						

General Objective 5.0: Know the epidemiology and control of communicable and non-communicable diseases.								
Specific Learning	Specific Learning Teachers' Resources Specific Teachers' Resources Evaluation							
Objectives (Theory) Activities Learning Activities								

			Objectives (Practical)		
5.1 Define the following Terms: Epidemiology, communicable diseases Non - communicable diseases, Infectious agents Hosts, reservoir, route of transmission, source of infection, immunity, incubation period, outbreak, incidents, prevalence, endemic, epidemic, prevention, resistance, surveillance etc.  5.2 List the various communicable diseases  5.3 .Explain the general principles of control of communicable disease: Elimination of reservoir Interruption of the pathway of transmission. Protection of susceptible host	<ul> <li>Lecture</li> <li>Discussion</li> <li>Seminar</li> <li>Questions and answers</li> </ul>	<ul> <li>White board</li> <li>Markers</li> <li>Audio Visuals</li> <li>Available literature</li> <li>Multimedia projector and Accessories</li> </ul>	(I factical)	Lectures     Discussion and Demonstration non use of tools	Assignment Test Examination

epidemiology and control of communicable diseases.			
5.5 Discuss the epidemiology and control of non-communicable diseases.			
5.6 Describe the principle of epidemiology data collection and utilization: Vital statistics Disease surveillance Notification of diseases			

Specific Learning Objectives (Theory)	Teachers' Activities	Resources	Specific Learning Objectives (Practical)	Teachers' Activities	Resources	Evaluation
<ul><li>6.1 Define school     Health     programme.</li><li>6.2 Explain the     objectives and     scope of school     health     programme.</li></ul>	<ul><li>Lecture</li><li>Discussion</li><li>Seminar</li><li>Questions and answers</li></ul>	<ul> <li>White board</li> <li>Markers</li> <li>Audio Visuals</li> <li>Available literature</li> <li>Multimedia projector and Accessories</li> </ul>				Assignment Test Examination
6.3 Explain the components						

of the school			
health programme:			
- Hygiene, inspection of			
the school and facilities.			
- Environmental			
sanitation			
- Medical examination			
- Immunization			
- Treatment of minor			
ailment using standing			
orders			
- Supervision of food			
vendors			
6.4 List the common			
health conditions			
among school children			
e.g. skin			
infections, malaria,			
dental cares, worm			
infestation etc.			
6.5 Explain the role of			
community health			
nurse in the prevention			
and			
control of these health			
problems in 6.4			
prosterio in o. i	L		

General Objective 7.0: Und	erstand the princi	ples and practice of	occupational he	alth.		
Specific Learning Objectives (Theory)	Teachers' Activities	Resources	Specific Learning Objectives (Practical)	Teachers' Activities	Resources	Evaluation
<ul><li>7.1 Define the term</li><li>Occupational health</li><li>Occupational health nursing</li><li>Occupational health</li></ul>	<ul><li>Lecture</li><li>Tutorials</li><li>Group work</li><li>Field trips</li><li>Use of audiovisuals</li></ul>	<ul> <li>White board</li> <li>Markers</li> <li>Audio Visuals</li> <li>Available literature</li> <li>Multimedia</li> </ul>		<ul> <li>Lectures</li> <li>Discussion and Demonstration on use of tools</li> </ul>		Assignment Test Examination

hazards	• Explanation	projector and		
- Work place accidents	<ul> <li>Supervision</li> </ul>	Accessories		
	<ul> <li>Questions</li> </ul>			
7.2 Explain Occupational	and answers			
health hazards:				
- Classification				
- Recognition				
- Prevention				
- Control measures				
- Rehabilitation of injured				
workers				
7.3 Discuss occupational				
health and safety education				
for individuals/workers,				
families and communities				

LEVEL: HND NURSING I SEMESTER: SECOND

PROGRAMME: HND NURSING I							
COURSE: HEALTH ECONOM	COURSE: HEALTH ECONOMICS						
COURSE CODE: NUR 322							
COURSE SPECIFICATION: 7	Theory						
DURATION (Hours/Week)	Lecture:	Tutorial:	Practical:	Total Contact Hours:			
·	1 Hr	1 Hr	1 Hr	15 Hours			
CREDIT UNIT: 1		_	_				

GOAL: This course is designed to provide the students with knowledge of macro and micro economic factors that influence health, illness and health care delivery services.

## GENERAL OBJECTIVES: At the end of the course, the students should be able to:

- Know the factors affecting supply and demand of health care services. 1.0
- 2.0 Understand various macroeconomic indices that affect the economy and health care services.
- 3.0 Understand the National Health Policy and its effects on national development.
- 4.0 Understand Health care financing system and Health insurance scheme.

PROGRAMME: HND NURSI	NG I					
COURSE: HEALTH ECONOM	MICS	Course Code	: NUR 322	Total Contact	Hours: 15 Hours	
Course Specification: (Theo	ory)					
General Objective 1.0: Kno	w the factors affect	ting supply and der	nand of health	care services.		
Specific Learning	Teachers'	Resources	Specific	Teachers'	Resources	Evaluation
Objectives (Theory)	Activities		Learning Objectives (Practical)	Activities		
<ul> <li>1.1 Define terms commonly used in economics e.g. supply, demand, economic price etc.</li> <li>1.2 Explain relationship between supply and demand in relation to health care services.</li> <li>1.3 Explain factors affecting supply and demand of health services.</li> </ul>	<ul> <li>Lecture</li> <li>Discussion</li> <li>Brainstormin</li> <li>g</li> </ul>	<ul> <li>Whiteboard</li> <li>Markers</li> <li>Audio Visuals</li> <li>Available literature</li> <li>Multimedia projector &amp; Accessories</li> <li>Interactive board</li> </ul>				Assignment Test Examination

General Objective 2.0: Understand various macro-economic indices that affect the economy and health care services.							
Specific Learning	Teachers'	Resources	Specific	Teachers'	Resources	Evaluation	
Objectives (Theory)	Activities		Learning Objectives (Practical)	Activities			
2.1 Differentiate between Gross National Product (GNP) and Gross Domestic Product (GDP).	<ul><li>Lecture</li><li>Discussion</li><li>Questions &amp; answers</li></ul>	<ul> <li>Whiteboard</li> <li>Markers</li> <li>Multimedia projector &amp; Accessories</li> <li>Interactive</li> </ul>				Assignment Test Examination	
2.2 Explain the		board					

relationship between the GNP and GNP.			
2.3 State the political and socio economic factors that influence Nigerian economy and their effect on provision of health care services.			

Gen	eral Objective 3.0: Und	erstand the Nation	al Health Policy and	l its effects on N	ational Developmen	t.	
_	cific Learning ectives (Theory)	Teachers' Activities	Resources	Specific Learning Objectives (Practical)	Teachers' Activities	Resources	Evaluation
3.1 3.2 3.3	Explain the National Health Policy.  Describe the strategies for the implementation of National Health Policy.  State the composition	<ul><li>Lectures</li><li>Discussions</li><li>Brainstormin g</li></ul>	<ul> <li>White board</li> <li>Markers</li> <li>Audio Visuals</li> <li>Available literature</li> <li>Multimedia projector and</li> </ul>		Lectures     Discussion     and     Demonstratio     n on use of     tools		Assignment Test Examination
3.4	of the National Council on Health.  Explain strategies for manpower development for		Accessories				
3.5	Health care system.  Explain the effects of the National Health policy on National Development.						

General Objective 4.0: Understand health care financing system and health insurance scheme.							
Specific Learning	Teachers'	Resources	Specific	Teachers'	Resources	Evaluation	
Objectives (Theory)	Activities		Learning Objectives (Practical)	Activities			
<ul> <li>4.1 Explain the concept of health care financing and Health Insurance Scheme.</li> <li>4.2 Explain the influence of economy on health e.g. funding, manpower need, drug supply, etc.</li> <li>4.3 Explain the importance of efficiency, effectiveness and equity in the choice of financing system.</li> <li>4.4 Describe the health care financing methods:  National Health Insurance Scheme Community Health care financing methods</li> <li>4.5 Explain the importance of funding at all levels of health care e.g. primary, secondary and tertiary.</li> <li>4.6 Explain the role of the nurse in health planning at all levels of health care.</li> </ul>	• Lectures • Discussions	White board     Markers     Audio Visuals     Available     literature     Multimedia     projector and     Accessories	4.4 Identify basic health care financing system and health insurance scheme	• Lectures Discussion on basic health care financing system and health insurance scheme •	• Stationeries • Textbooks	Assignment Test Examination	

### LEVEL: HND NURSING I SEMESTER: SECOND

PROGRAMME: HND NURSING	G I				
COURSE: ADOLESCENT, ADU	LT, OLDER PEOPL	E AND PEOPLE LI	VING WITH DISA	BILITIES	
COURSE CODE: NUR 323					
DURATION:	Lecture:	Tutorial:	Practical:	Total Contact Hours:	
(Hours/Week)	3 Hrs	0 Hr	0 Hr	45 Hours	
CDEDIT HNIT: 3					-

CREDIT UNIT: 3

GOAL: This course is designed to provide the student with the knowledge, attitudes and skills required for caring for adolescents, adult, older people and people living with disabilities

GENERAL OBJECTIVES: On completion of this course' the student should be able to:

- 1.0 Understand the concept of adolescence, youth friendly and adulthood.
- 2.0 Know the characteristics of adolescent, adult, older people and people living with disabilities.
- 3.0 Understand the challenges and common health problems of adolescent and youth.
- 4.0 Know the services available for meeting psycho-social needs of the different age groups.
- 5.0 Understand the concept of family life education.
- 6.0 Understand the process of ageing and gerontology nursing.
- 7.0 Know the role of the nurse in the care of older people.
- 8.0 Know categories of disabilities.
- 9.0 Understand the role of the nurse in care of people with disabilities.
- 10.0 Understand preventive measures for disabilities.
- 11.0 Understand measure for rehabilitation of people living with disabilities
- 12.0 Provide care and support to vulnerable groups in the community

PROGRAMME: HND NURSING I **COURSE:** Adolescent, Adult, Older people and people living with disabilities Course Code: NUR 323 | Total Contact Hours: 45 Hours COURSE SPECIFICATION: Theory General Objective 1.0: Understand the concept of adolescent, adolescence and youth and adulthood. Specific Learning Specific Teachers' Teachers' Resources Resources Evaluation Learning **Activities Activities Objectives (Theory) Objectives** (Practical) 1.1 Explain the concept of Assignment • Lecture White board adolescent, Test Markers Discussion adolescence, youth Examination Ouestions Text books and adulthood and Answers Journals 1.2 Distinguish between • Assignments Charts youth, adolescent and Audio visuals adult. • Multimedia projector & Accessories Interactive

General Objective 2.0: Ki	now the characteri	stics of adolescent,	adult, older ped	ple and people liv	ing with disabilitie	S
Specific Learning Objectives (Theory)	Teachers' Activities	Resources	Specific Learning Objectives (Practical)	Teachers' Activities	Resources	Evaluation
2.1 Describe the characteristics of the adolescents including emotional, psycho-social and physical features.	<ul> <li>Lecture</li> <li>Discussion</li> <li>Questions and Answers</li> <li>Assignme nts</li> </ul>	<ul> <li>White board</li> <li>Markers</li> <li>Text books</li> <li>Journals</li> <li>Charts</li> <li>Audio visuals</li> </ul>				Assignment Test Examination
<ul><li>2.2 Enumerate various characteristics of the youth and adult.</li><li>2.3 Identify emotional and</li></ul>	1115	<ul><li>Multimedia projector &amp; Accessories</li><li>Interactive</li></ul>				

board

psycho-social	board		
characteristics of the			
youths and adults.			
2.4 Classify the various			
types of disabilities.			

Specific Learning	Teachers'	Resources	Specific	Teachers'	Resources	Evaluation
Objectives (Theory)	Activities		Learning Objectives (Practical)	Activities		
<ul> <li>3.1 Identify the challenges and common health problems of adolescents and youth e.g. Nutritional <ul> <li>Injuries (intentional and unintentional)</li> <li>Teenage pregnancy</li> <li>Substance abuse</li> <li>ICT related addictions</li> <li>STI/HIV and AIDS, etc.</li> </ul> 3.2 Identify common problems of adulthood e.g. courtship and marriage, STI/HIV/AIDS etc.</li> <li>3.3 Explain the role of nurse in 3.1 and 3.2 above</li> </ul>	<ul> <li>Lecture</li> <li>Discussion</li> <li>Questions and Answers</li> <li>Assignments</li> </ul>	<ul> <li>White board</li> <li>Markers</li> <li>Text books</li> <li>Journals</li> <li>Charts</li> <li>Audio visuals</li> <li>Multimedia projector &amp; Accessories</li> <li>Interactive board</li> </ul>				Assignment Test Examination
General Objective 4.0: Kno		ailable for meeting p			ge groups	_
Specific Learning	Teachers'	Resources	Specific	Teachers'	Resources	Evaluation
Objectives (Theory)	Activities		Learning Objectives (Practical)	Activities		

4.1 Identify services available for meeting the psycho-social needs of the adolescents e.g. the school and health services, guidance and counseling services, adolescent and youth friendly health services	<ul> <li>Lecture</li> <li>Discussion</li> <li>Questions and Answers</li> <li>Assignments</li> </ul>	<ul> <li>White board</li> <li>Markers</li> <li>Text books</li> <li>Journals</li> <li>Charts</li> <li>Audio visuals</li> <li>Multimedia projector &amp; Accessories</li> <li>Interactive board</li> </ul>				Assignment Test Examination
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General Objective 5.0: Und	derstand the conc	ept of family life ed	ucation			
Specific Learning Objectives (Theory)	Teachers' Activities	Resources	Specific Learning Objectives (Practical)	Teachers' Activities	Resources	Evaluation
<ul> <li>5.1 Define family life education.</li> <li>5.2 Explain the concept, principles and rationale of family life education.</li> <li>5.3 Explain the role performed by father, mother, children, etc. in the homes (significant others).</li> <li>5.4 Explain specific topics in family life education e.g. menstrual-cycle, sexually transmitted diseases etc.</li> <li>5.5 Discuss life management skills for the adolescent and youth</li> <li>Coping methods</li> </ul>	<ul> <li>Lecture</li> <li>Discussion</li> <li>Questions and Answers</li> <li>Assignments</li> </ul>	<ul> <li>White board</li> <li>Markers</li> <li>Text books</li> <li>Journals</li> <li>Charts</li> <li>Audio visuals Multimedia projector &amp; Accessories</li> <li>Interactive board</li> </ul>				Assignment Test Examination

- Decisio	n making			
- Self-est	eem and			
- Assertiv	veness skills			
- Negotia	tion skills, etc			

Ger	eral Objective 6.0: Un	derstand the proc	ess of ageing and ge	rontology nursing			
Spe	cific Learning	Teachers'	Resources	Specific	Teachers'	Resources	Evaluation
Obj	ectives (Theory)	Activities		Learning Objectives (Practical)	Activities		
6.1	Explain the concept of ageing and care of the elderly (gerontology).	<ul><li>Lecture</li><li>Discussion</li><li>Questions</li><li>and Answers</li></ul>	<ul><li>White board</li><li>Markers</li><li>Text books</li><li>Journals</li></ul>				Assignment Test Examination
6.2	Explain the aims and purposes of gerontology.	<ul><li>Assignments</li><li>Quiz</li><li>Tutorial</li></ul>	<ul><li> Charts</li><li> Audio visuals</li><li> Multimedia</li></ul>				
6.3	Describe the biophysical, physiological and psychosocial changes associated with ageing.	• Clinical Teaching	projector & Accessories Interactive board				
6.4							
	Identify the resources available for the care of the older people e.g. home and community based services, residential care services, nursing homes, hospitals etc.  Describe the roles of						
3.0	various resources as identified in 6.5 above in the care of the aged.						

6.7 Describe safety measures in gerontology nursing.			
6.8 Explain the roles of the multidisciplinary healthcare team in the care of the older people.			
6.9 Explain the roles of non-government and governmental organizations, religious bodies and private care providers etc.			
6.9 Describe the various strategies for the long term care of older people.			

General Objective 7.0: Kn	General Objective 7.0: Know the roles of the nurse in the care of older people							
Specific Learning	Teachers'	Resources	Specific	Teachers'	Resources	Evaluation		
Objectives (Theory)	Activities		Learning Objectives (Practical)	Activities				
7.1 Identify the problems of older people e.g. a. Psychosocial - loneliness, abuse and	<ul><li>Lecture</li><li>Discussion</li><li>Questions and Answers</li></ul>	<ul><li>White board</li><li>Markers</li><li>Text books</li><li>Journals</li></ul>				Assignment Test Examination		

neglect. b. Mental - mental illness c. Economic - financial d. Physical - disabilities etc. 7.2 Explain the role of the nurse in the care of older people.	<ul> <li>Charts</li> <li>Audio visuals</li> <li>Multimedia projector &amp; Accessories</li> <li>Interactive board</li> </ul>
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General Objective 8.0: K	now the categorie	s of disabilities				
Specific Learning Objectives (Theory)	Teachers' Activities	Resources	Specific Learning Objectives (Practical)	Teachers' Activities	Resources	Evaluation
8.1 List types of disabilities such as: a. Physical disabilities b. Communication disabilities (speech and hearing) c. Visual disabilities d. Mental and intellectual disabilities.	Lecture     Discussion     Questions     and Answers     Assignments	<ul> <li>White board</li> <li>Markers</li> <li>Text books</li> <li>Journals</li> <li>Charts</li> <li>Audio visuals</li> <li>Multimedia projector &amp; Accessories</li> <li>Interactive board</li> <li>Various aids and gadgets</li> </ul>				Assignment Test Examination

General Objective 9.0: U	General Objective 9.0: Understand the role of the nurse in the care of people living with disabilities						
Specific Learning	Teachers'	Resources	Specific	Teachers'	Resources	Evaluation	
Objectives (Theory)	Activities		Learning Objectives (Practical)	Activities			
9.1 Identify the various							

challenges associated			
with disabilities			
<ul><li>Learning</li></ul>			
difficulties			
<ul> <li>Self-care deficit</li> </ul>			
<ul> <li>Visual aids and</li> </ul>			
gadgets			
<ul><li>Movement</li></ul>			
difficulties			
<ul><li>Various</li></ul>			
computer			
programmes			
<ul><li>Learning</li></ul>			
problems, etc			
9.2			

General Objective 10.0: U	nderstand preven	tive measures for di	sabilities			
Specific Learning Objectives (Theory)	Teachers' Activities	Resources	Specific Learning Objectives (Practical)	Teachers' Activities	Resources	Evaluation
10.1 List preventive measures for disabilities. e.g.: a. Health Education of members of the community b. Screening of School children and staff with common conditions which can cause disabilities. c. Immunization of	<ul> <li>Lecture</li> <li>Discussion</li> <li>Questions and Answers</li> <li>Assignment s</li> </ul>	<ul> <li>White board</li> <li>Markers</li> <li>Text</li> <li>books</li> <li>Journals</li> <li>Charts</li> <li>Audio visuals</li> <li>Multimedia projector &amp; Accessories</li> <li>Interactive board</li> </ul>				Assignment Test Examination

mothers and babies.			
d. Prompt of documents			

General Objective 11.0: Un Specific Learning Objectives (Theory)	Teachers' Activities	Resources	Specific Learning Objectives (Practical)	Teachers' Activities	Resources	Evaluation
<ul> <li>11.1 Outline measures for rehabilitation to include:</li> <li>a. Prompt detailed assessment of the level of impairment</li> <li>b. Corrective measures aimed at helping them function optimally in the society.</li> <li>c. Provide vocational training.</li> </ul>	<ul> <li>Lecture</li> <li>Discussion</li> <li>Questions and Answers</li> <li>Assignments</li> </ul>	<ul> <li>White board</li> <li>Markers</li> <li>Text books</li> <li>Journals</li> <li>Charts</li> <li>Audio visuals</li> <li>Multimedia projector &amp; Accessories</li> <li>Interactive board</li> </ul>				Assignment Test Examination

General Objective 12.0: Un	General Objective 12.0: Understand how to provide Care and Support to Vulnerable Groups in the Community							
Specific Learning Objectives (Theory)	Teachers' Activities	Resources	Specific Learning Objectives (Practical)	Teachers' Activities	Resources	Evaluation		
12.1 Identify the vulnerable groups in the community (e.g. People living with disabilities, older people, destitute, motherless bereaved,	<ul><li>Lecture</li><li>Discussion</li><li>Assignments</li><li>Questions and</li></ul>	<ul> <li>White Board Markers</li> <li>Dusters</li> <li>Lecture Notes</li> <li>E-Library</li> <li>Journals and Periodicals</li> </ul>				Assignment Test Examination		

displaced persons,	Interactive		
etc).	board		
12.2 Identify the needs of	Audio visuals		
the special groups in	Multimedia		
the community.	projector		
12.3 Liaise with relevant	• Charts, fliers		
agencies and	Bulletins		
organizations in the			
care of vulnerable			
groups.			

# LEVEL: HND NURSING I

# SEMESTER SECOND

PROGRAMME: HND NURS	ING I		SEC	OND: SEMESTER
COURSE TITLE: HEALTH	EDUCATION			
<b>COURSE CODE: NUR 324</b>				
DURATION:	Lecture: - 1 Hr	Tutorial: -	Practical: - 2 Hrs	Total: 45 Hrs
HOURS/WEEK				
CREDIT UNITS: 3				
<b>GOAL:</b> This course is design	ned to provide students w	vith the knowledge an	d skills of helping commun	ities appreciate the need for
healthful living.				
GENERAL OBJECTIVE: Or	n completion of the cours	e, the students should	d be able to:	
1.0 Understand the basic	c concepts and principles	of Health Education.		
2.0 Know the basic princ	ciples and methods of effe	ective communication	in Health Education.	
3.0 Understand the fund	tions of Nurses and Midv	vives in Health Educa	tion.	
4.0 Understand the vario	ous stages involved in the	implementation of H	ealth Education.	
5.0 Demonstrate skills in	n the delivery of Health ta	ılk.		
6.0 Know the various ba	rriers to effective Health l	Education.		

Specific Learning Objectives	Teachers Activities	Learning Resources	Specific Learning Objectives	Teachers Activities	Learning Resources	Evaluation
(Theory)			(Practical)			
1.1 Define Health,	Define	- Charts				<ul> <li>Assignment</li> </ul>
Education and Health	Explain	- Internet				- Quiz
Education.	Lecture	- Board and				- Test
		maker				
1.2State the aims and objectives of Health Education.						
1.3 State the principles of Health Education.	E-mloin					
Health Education.	Explain	- Chart				- Assignment
1.4List the strategies for Health Education.	Discuss Lecture	- Text book - Internet - Visuals				- Quiz - Test

GENERAL OBJECTIVE: 2.	O Know the	e basic principles an	d methods of effective of	communica	tion in health e	education .
Specific Learning Objectives (Theory)	Teachers Activities	Learning Resources	Specific Learning Objectives (Practical)	Teachers Activities	Learning Resources	Evaluation
2.1 Define communication.	Define Lecture	- Charts - Radio	2.5 Visit to the Audio – visual laboratory.	Demonst ration	- Radio - Camer	- Text - Assignmen
2.2Identify elements of communication	Discuss Demonst rate	- Internet - Text book - White	Learners identify materials and		a - Films	t - Examinati on
2.4Describe the process of communication.		Board maker	equipment's and how to use them.			
2.5 State the Purpose of						

communication.						
<ul> <li>2.6 Identify various     communication     materials and     equipment e.g. Audio,     Visuals, Audio-Visuals     etc.</li> <li>2.7 Prepare I.E.C.     materials.</li> <li>2.8 Prepare projectors, film     slides for Health talk.</li> </ul>	Lecture Demonst ration Brain Storming	<ul> <li>Charts</li> <li>Photograph</li> <li>s</li> <li>Film slides</li> <li>Internet</li> </ul>	<ul><li>2.6 Demonstrate how to prepare posters.</li><li>2.7 Selecting and using Photographs for Heath Education</li></ul>	Explain Ask Question	-Posters -Film slide -Projector	<ul> <li>Assignmen</li> <li>t</li> <li>Scoring of practical</li> <li>Text</li> </ul>
<ul><li>2.9 Prepare 1 for training session.</li><li>2.10 Preparation of proposals</li></ul>						
Posposan				- chart -projector	Demonstration	Assignment Test

GENERAL OBJECTIVE	GENERAL OBJECTIVE: 3.0 Understand the functions of nurses and midwives								
Specific Learning Objectives (Theory)	Teachers Activities	Learning Resources	Specific Learning Objectives (Practical)	Teachers Activities	Learning Resources	Evaluation			
3.1. List the function of nurses and midwives in Health education.	Lecture Brain Storming Demonstrati on	- Charts - Books - Internet - Visuals - White Board and maker		Demonstrati on	- Charts - Projector - Board	- Assignment - Examination - Test			

GENERAL OBJECTIVE: 4.0 Understand the functions of different Health professionals in Health Education							
Specific Learning	Teachers	Learning	Specific Learning	Teachers	Learning	Evaluation	
Objectives	Activities	Resources	Objectives	Activities	Resources		
(Theory)			(Practical)				
4.1 Describe the application of the Nursing Process in the implementation of health education to clients and communities.	Explain Discuss Lecture	- Charts - Books - Internet - Visuals - White Board and maker	4.1 Identify health demonstration problems specific to a community		-		
4.2 Explain the content of an outline for a health talk.			4.2 Draw up an outline for health talk.		Charts Audio Visual Aids Marker Boards	Presentation Quize.	

GENERAL OBJECTIVE: 5.0 I	ENERAL OBJECTIVE: 5.0 Demonstrate skills in the delivery of Health Talk.								
Specific Learning Objectives	Teachers	Learning	Specific Learning	Teachers	Learning	Evaluation			
(Theory)	Activities	Resources	Objectives	Activitie	Resource				
			(Practical)	s	s				
5.1 Give health talk to clients in the Community.	Lecture Demonstrati on Discussion	- Charts - Pictures - Leaflets - Text book	5.1 Give health talk to clients and Community on: -Immunization -Care During Pregnancy -Nutrition -Environmental Sanitation -Health Promotion activities -Prevention of Diseases -Sexually Transmitted DiseasesDrug Abuse, etc.	Demonst ration	.Charts .Projector .Board	- Flip Charts - Marker - Audio Visual Aids - PicturesFliers.			

GENERAL OBJECTIVE: 6.0 Know the Barriers to Effective Health Education.						
Specific Learning Objectives (Theory)	Teachers Activities	Learning Resources	Specific Learning Objectives (Practical)	Teachers Activities	Learning Resources	Evaluation

6.1 Identify barriers to Health	Lecture	- Charts	Charts	- Assignment
Education e.g.	Demonstrati	- Pictures	Projector	- Quiz
-Communication process [	on	- Leaflets	Board	- Test
e.g.Language barriers ]	Discussion	- Text book		- Examinati
-Culture				on
-Equipment				
-Environmental factors				
-Poor planning				
-Health Workers attitude.etc.				
6.2 Explain how the barriers				
can affect Health education.				
6.3 Explain how each barrier				
can be overcome.				

HND NURSING I SEMESTER: SECOND

IIID	NORSING I			SEMESTER. SEC	OND				
PROG	RAMME: HND NURSING	ł I							
COUR	COURSE: PRINCIPLES OF MANAGEMENT AND TEACHING II								
COUR	SE CODE: NUR 325								
	TION: s per week)	Lecture: 1 Hr	Practical: 2 Hrs	Total Contact Hours: 45 Hours					
	OIT UNIT: 3	1 m	0 Hr	Z HIS	45 Hours				
		ad to provide the st	udonto with the	lenowlodge of the neigh	nciples and techniques of				
GOAL		eaching and their a			icipies and techniques of				
GENE	RAL OBJECTIVES: At t								
<u> </u>			, , , , , , , , , , , , , , , , , , , ,						
1.0	Understand the principle	s and theories of Ma	nagement.						
2.0	Understand the concept of	of Management by O	bjectives (MBO).						
3.0	Understand the importan	nce of leadership dyn	amics in accompli	shing organizational go	oals.				
	Know how to manage hursystem.	man and material re	sources effectively	and efficiently in healt	th care				
5.0	Know the use of Manager	nent skills for qualit	y assurance in hea	alth care delivery.					
6.0 t	Understand the principles	s of teaching and lear	rning for client edu	acation in different set	tings				
7.0 U	Understand Conflict Mana	agement and Resolut	tion in different ed	ucational settings					
8.0 U1	nderstand the Contempor	cary Issues in Nursin	ıg						
9.0 Kr	now Evaluation Process in	n Nursing							
10.0 U	Jnderstand Administrativ	ve Laws Relevant to N	Nursing						

PROGRAMME: HNI	PROGRAMME: HND NURSING I									
	LES OF MANAGEMEI		Course C	Code: NUR 325	Total Contact 1 45 Hours	Hours:				
Course Specification: Theory/Practical General Objective 1.0: Understand the principles and theories of Management.										
General Objective Specific Learning	1.0: Understand the Teachers'	Resources		Teachers'	Resources	Evaluati				
Objectives (Theory		Resources	Specific Learning Objectives (Practical)	Activities	Resources	on				
1.1 What are the philosophy, principles and theories of management.  1.2 State the functions of management.  1.3 Describe planning:  - Types of plan Operational, tactical, strategic, lor term, short term etc,  - Characterist of a good plance of a good plance of a good plance or	Discussion  n -  ng-  ics  n.	Charts Pictures Leaflets Text book				Assignm ent Quiz Test Examin ation				

1.5 Staffing				
-				
interdepartmental				
relationship and				
communication				
1.6 Describe directing:				
- Leadership				
- Delegation of				
responsibility				
- Authority				
- Supervision				
and				
accountability				
1.7 Describe				
motivation.				
1.8 Describe				
controlling:				
- Establishment				
of standards				
- Job				
performance				
evaluation				
- Discipline				
- Financial				
control –				
accounting and				
budgeting				
~ 21.00.50 22-2-5				
	,l			

Course Specification: Theory/Practical

Specific Learning Objectives (Theory)	Teachers' Activities	Resources	Specific Learning Objectives (Practical)	Teachers' Activities	Resources	Evaluati on
2.1 What are the objectives in Health Administration 2.2 Writing Clearly defined objectives. 2.3 Describe Personal versus organizational objectives 2.4 Describe Hierarchy of Objectives 2.5 Define Management by Objectives (MBO) 2.6 Describe the Application of MBO to Health Care Management			(Practical)			

Course Specification:	Theory/Practical						
<b>General Objective</b> 3.0: Understand the importance of leadership dynamics in accomplishing organizational goals.							
Specific Learning	Teachers'	Resources	Specific	Teachers'	Resources	Evaluati	

Objectives (Theory)	Activities	Learning Objectives (Practical)	Activities	on
3.1 Define leadership				
Dynamics				
3.2 Describe				
Leadership styles and				
qualities.				
3.3 Define Motivation				
- Theories of				
motivation				
- Application of				
theories of motivation				
to nursing				
- Role of motivation in				
Health care services				

Course Specification:	Theory/Practical						
<b>General Objective</b> 4.0 Know how to manage human and material resources effectively and efficiently in health care system.							
Specific Learning	Teachers'	Resources	Specific	Teachers'	Resources	Evaluati	

Objectives (Theory)	Activities	Learning Objectives (Practical)	Activities	on
4.1 Define				
Managemen				
t of				
Resources.				
4.2 Describe				
man.				
4.3 Describe				
material –				
Drugs and				
Supplies				
4.4 Define				
money.				
4.5 Define time.				
4.6 Describe				
space –				
land,				
buildings				
and				
infrastructu				
re.				

Course Specification:	Theory/Practical							
General Objective 5.0	5.0 Know the use of Management skills for quality assurance in health care delivery.							
		O	1 3		J			
Specific Learning	Teachers'	Resources	Specific	Teachers'	Resources	Evaluati		
Objectives (Theory)	Activities		Learning	Activities		on		
Objectives (Theory)			Objectives	11001111111		J		

		(Practical)		
5.1 Define quality		(=======		
assurance				
- Definition , aim				
and objectives				
- Quality				
assurance and				
its relationship				
to standard				
setting and				
nursing				
process				
5.2 Describe Nursing				
audit				
- Committee and				
function				
- Monitoring and				
evaluation				
-				
5.3 Describe Risk				
Management				
- Basic Concepts				
- Common Risk				
categories for				
Nurse				
- Elements of				
Risk				
management				
- Hospital/depart				
mental policies				
- Incident				
reporting				

Course Specification: Theory/Practical								
General Objective 6.0	Understand th	e principles of teach	ing and learning for	client education in				
Specific Learning	Teachers'	Resources	Specific	Teachers'	Resources	Evaluati		
Objectives (Theory)	Activities		Learning Objectives (Practical)	Activities		on		
6.1 Discuss the								
theories and								
principles of								
teaching and								
learning								
6.2 Discuss the								
learning								
environment								
6.3 Discuss								
instructional								
materials								
6.4 Discuss selecting								
learning								
experiences								
6.5 Describe Methods								
and techniques of								
teaching								
6.6 Discuss the Effects								
of environment on								
the								
teaching/learning								
process - physical,								
social, economic								
and cultural factors								

Cour	se Specification:	Theory/Practic	al							
Gene	<b>General Objective</b> 7.0 Understand Conflict Management and Resolution in different educational settings									
_	ific Learning ctives (Theory)	Teachers' Activities	Resources	Specific Learning Objectives (Practical)	Teachers' Activities	Resources	Evaluati on			
7.1 7.2	Definition of conflict. Antecedents to									
7.3 7.4	conflicts Types of conflicts Management of conflicts									

Course Specification:	Theory/Practica	al				
General Objective 8.0	Understand the	Contemporary Issi	ues in Nursing			
Specific Learning Objectives (Theory)	Teachers' Activities	Resources	Specific Learning Objectives (Practical)	Teachers' Activities	Resources	Evaluati on
8.1 Communication and group dynamics.						
8.2 The Health Team Concept.						
8.3 community Participation						
8.4 Intersectoral and interdisciplinary collaboration						
8.5 Health Insurance scheme						
8.6 Meetings –						

Conduct and reporting			
8.7 Standards and ethics			
8.8 Programme Monitoring and Evaluation			
8.9 Health sector reforms			
8.10 Reforms in Nursing education and Practice			
8.11 Professional Associations and Regulatory Agencies – Composition and Functions			
8.12 Continuing Education – Conferences, Seminars, Workshop etc			

Course Specification:	Theory/Practica	1				
General Objective 9.0	Know Evaluation	n Process in Nursin	ng			
Specific Learning Objectives (Theory)	Teachers' Activities	Resources	Specific Learning Objectives (Practical)	Teachers' Activities	Resources	Evaluati on
9.3 Principles, purposes and importance of evaluation.						

9.4 Evaluation			
Techniques.			
9.5 Management Audit			

<b>Course Specification:</b>	Theory/Practic	al				
General Objective 10.0			Relevant to Nursing			
Specific Learning	Teachers'	Resources	Specific	Teachers'	Resources	Evaluati
Objectives (Theory)	Activities		Learning Objectives (Practical)	Activities		on
12.1 Rules						
and						
Regulations						
of civil						
service.						
12.2 Public						
Agencies/						
Corporation						
12.3 Public						
Accountabil						
ity – checks						
and						
balances						
12.4 Nurses						
legal status						
and						
hospital						
liabilities						

12.5 Clients'			
rights and			
liabilities			
12.6 Vicariou			
s liabilities			
12.7 Negligen			
ce and			
malpractice			
_			

HND I SEMESTER: SECOND

PROGRAMME: HND NURSING	G I			
COURSE: COMMUNICATION	IN ENGLISH IV			
COURSE CODE: GNS 401				
DURATION:	Lecture:	Tutorial:	Practical:	Total Contact Hours:
(Hours per week)	2 Hrs	0 Hr	0 Hr	30 Hours
CREDIT UNIT: 2				
GOAL(S): At the end of this cours	se the student is exped	cted to be fully equip	ped to fit into all establ	ishments requiring extensive use of
communication skills for general	and specific purposes.			
GENERAL OBJECTIVES: At	the end of the cou	rse, the students	should be able to:	
1.0 Comprehend the theory and	d practice of communi	cation.		
,	·			
2.0 Know the concept of organi	zational communication	on.		

PROGRAMME: HND NURSII COURSE: COMMUNICATION			Course (	Code: GNS 401	Total Contact l	Hours:			
				JOHO! GIID 101	30 Hours				
Course Specification: Theory									
	mprehend the theo	ry and practice of							
Specific Learning	Teachers'	Resources	Specific	Teachers'	Resources	Evaluation			
Objectives (Theory)	Activities		Learning Objectives (Practical)	Activities					
1.1 Define communication	1.1 Brainstormin								
	g communicati on								
1.2 Explain communication	OII								
theory									
	1.4								
1.3 Analyse in detail the communication process									
	1.6								
1.5 Explain the different methods of communication, e.g. oral, written, nonverbal, etc.									

Specific Learning Objective	Teachers Activities	Learning Resources	Specific Learning Objective	Teachers Activities	Learning Resources
Organisational	11001710100	Resources		11001710100	ROSCUTOUS
Communication					
2.1 Explain directions of communication flow, viz., internal(vertical, horizontal, diagonal, quasi vertical) and external					
2.2 Differentiate inter-personal and intra-personal communication					
2.3 Classify communication variables by content, source, channel, receiver, message, and effect					
2.3 8Analyse critically the barriers to effective communication					
2.4 Analyse non-verbal communication, viz., kinesics proxemics, paralanguage and chronemics					
2.5 Demonstrate the use of the concepts in 2.5 above in a given hypothetical communication situation					
2.6 Explain the impact of certain variables on communication, e.g. environment, power, status, role					

2.7 Explain the procedures for communicating in debates, meetings, seminars and conferences			
2.8 Organise debates, meetings, seminars, interviews and conferences			
2.9 Explain theories of leadership 2.10 Explain leadership qualities			
2.11 Apply the principles of creative and creative thinking in conflict resolution			

HND NURSING I **SEMESTER: SECOND** 

PROGRAMME: HND NURS	SING I			
COURSE: SCHOOL HEALT	'H PROGRAMME			
COURSE CODE: NUR 326				
DURATION:	Lecture:	Tutorial:	Practical:	Total Contact Hours: 5 Hrs
(Hours/Week)	3 Hrs		2 Hrs	(75 Hours)
CDEDIT HNIT: E				

GOAL: This course is designed to provide the students with the knowledge of the history, basic concepts and general practice of school health programme

## GENERAL OBJECTIVE: On completion of the course, students should be able to:

- 1.0 Understand the concept and philosophy of School Health programmes.
- 2.0 Understand how to do needs assessment of the school child
- 3.0 Understand how to manage various health conditions that affect school children
- 4.0 Know how to maintain a healthy school environment
- 5.0 Know how to maintain healthy school feeding programme
- 6.0 Know the Procedures involved in the management of school health programme

Specific Learning Objectives (Theory	Teachers' Activities	Resources	Specific Learning Objectives (Practical)	Resources	Evaluation	
<ul> <li>1.1 Define school health programme</li> <li>1.2 State the aims and objectives of school health programme</li> <li>1.3 Explain the importance of school health services</li> <li>1.4 List the components of school health programme</li> <li>1.5 Describe how to establish working relationship with school personnel and</li> </ul>	<ul> <li>Lecture</li> <li>Discussion</li> <li>Questions     and Answers</li> <li>Assignments</li> <li>Role play</li> </ul>	<ul> <li>White board</li> <li>Markers</li> <li>Charts</li> <li>Text books</li> <li>Audio visuals</li> <li>Interactive board</li> <li>Multimedia Projector</li> </ul>				Assignment Test Examination

General Objective 2.0: U Specific Learning Objectives (Theory)	Teachers' Activities	lo need assessment Resources	Specific Learning Objectives (Practical)	Teachers' Activities	Resources	Evaluation
2.1 Explain the rationale for needs assessment of the school child.	<ul><li>Lecture</li><li>Discussion</li><li>Questions</li></ul>	<ul><li>White board</li><li>Markers</li><li>Charts</li></ul>				Assignment Test Examination

2.2 Describe methods	and Answers	Text books		
used to collect	<ul> <li>Assignments</li> </ul>	<ul> <li>Audio visuals</li> </ul>		
information for the	Group work	Interactive		
needs assessment of		board		
the school child.		<ul> <li>Multimedia</li> </ul>		
2.3 Explain the guidelines		Projector		
for prioritizing the				
needs identified in 2.2				
above.				

Specific Objective 3.0: Understand how to manage various health conditions that affect school children									
Specific Learning Objectives (Theory)	Teachers' Activities	Resources	Specific Learning Objectives (Practical)	Teachers' Activities	Resources	Evaluation			
3.1 List the common health conditions among school children e.g. skin infections, malaria, worm infestation, gastro-intestinal problems, menstrua pain etc.  3.2 Identify the signs	<ul> <li>Lecture</li> <li>Discussion</li> <li>Questions and Answers</li> <li>Assignments</li> <li>Demonstratio n</li> <li>Role play</li> <li>Group work</li> </ul>	<ul> <li>White board</li> <li>Markers</li> <li>Charts</li> <li>Text books</li> <li>Audio visuals</li> <li>Interactive board</li> <li>Multimedia Projector</li> </ul>				Assignment Test Examination			
<ul><li>3.2 Identify the signs and symptoms of common health conditions among school children.</li><li>3.3 Describe the</li></ul>									
pathophysiology and management of			- Demonstrate how to treat						

common health	common health
condition among	conditions
school children.	among school
3.4 Explain the prevention	children
and control of these	
common health	- Organize and
problems as stated in	teach hygiene in
3.2 above	Schools.

Specific Objective 4.0: Know how to maintain a healthy school environment									
Specific Learning Objectives (Theory)	Teachers' Activities	Resources	Specific Learning Objectives (Practical)	Teachers' Activities	Resources	Evaluation			
5.4 Describe a healthy school environment e.g. siting infrastructures, layout, toilet facilities, refuse disposal system, recreational facilities etc 5.5 Describe how to maintain a good school environment. 5.6 Explain how a good environment contributes to health promotion of the school children.	<ul> <li>Lecture</li> <li>Discussion</li> <li>Questions and Answers</li> <li>Assignments</li> <li>Demonstratio n</li> <li>Role play</li> <li>Group work</li> </ul>	<ul> <li>White board</li> <li>Markers</li> <li>Charts</li> <li>Text books</li> <li>Audio visuals</li> <li>Interactive board</li> <li>Multimedia projector</li> </ul>				Assignment Test Examination			

Specific Objectives 5.0: Know how to maintain healthy school feeding programme

Specific Learning Objectives (Theory)	Teachers' Activities	Resources	Specific Learning Objectives (Practical)	Teachers' Activities	Resources	Evaluation
<ul> <li>5.1 Define school food vendor</li> <li>5.2 Explain the rationale for school meal services</li> <li>5.3 State the objectives of school meal services.</li> <li>5.4 List the criteria for selecting school food vendors e.g. medical examination, home assessment and training in cooking school meals.</li> <li>5.5 List the examination carried out on school food vendors before selection e.g. stool, urine, sputum, blood and x-ray.</li> </ul>	<ul> <li>Lecture</li> <li>Discussion</li> <li>Questions and Answers</li> <li>Assignments</li> <li>Demonstratio n</li> <li>Role play</li> <li>Group work</li> <li>Ss</li> </ul>	<ul> <li>White board</li> <li>Markers</li> <li>Charts</li> <li>Text books</li> <li>Audio visuals</li> <li>Interactive board</li> <li>Multimedia Projector</li> </ul>	5.5 - Carryout routine supervision of food handlers and the kitchen environments.			Assignment Test Examination

Specific Objectives 6.0: Know the Procedures involved in the management of school health programme

_	cific Learning ectives (Theory)	Teachers' Activities	Resources	Specific Learning Objectives (Practical)	Teachers' Activities	Resources	Evaluation
6.1	Explain the concept of daily hygiene inspection and periodic medical examinations.	<ul><li>Lecture</li><li>Discussion</li><li>Questions and Answers</li><li>Assignments</li></ul>	<ul><li>White board</li><li>Markers</li><li>Charts</li><li>Text books</li><li>Audio victuals</li></ul>				Assignment Test Examination
6.2	Identify areas of inspections by the teachers. List procedures involved in carrying out periodic medical examination of the school children	<ul><li>Demonstration</li><li>n</li><li>Role play</li><li>Group work</li></ul>	<ul><li>Interactive board</li><li>Multimedia Projector</li></ul>	6.3 - Carryout			
6.4	Explain the types of immunization required by the school children. Conduct routine physical check on School children.			periodic medical examination of the school children  6.4 - Set immunization tray			

HND NURSING I SEMESTER: SECOND

PROGRAMME: HND NURSING I

COURSE: RESEARCH PROJECT WRITING

COURSE CODE: NUR 327				
DURATION:	Lecture:	Tutorial:	Practical:	Total Contact Hours: 4 hours
(Hours per week)	0 Hr	4 Hrs	0 Hr	
CREDIT UNIT: 4				
GOAL: This course is design	ed to provide the	students with the l	knowledge of the pri	nciples and techniques of writing
Research proposal	and conducting r	esearch as applied	to Nursing.	
GENERAL OBJECTIVES: At	the end of the cou	rse, the students s	hould be able to:	
1.0 Do relevant literature sear	rch			
2.0 Write the research propos	al			
3.0 Prepare relevant instrum	ent for collection of	data		

4.0 Obtain ethical clearance

HND NURSING II SEMESTER: FIRST

COURSE	COURSE TITLE	L	T	P	CU	TOTAL HOURS PER SEMESTER	PREREQUISITE
NUR 411	Public Health Nursing I	3	-	2	5	75	Community Health Nursing, Adolescent, older People and People living with Disabilities, Health Education
NUR 412	Food Microbiology & Hygiene	2	-	2	4	60	Microbiology, GLT.
NUR 413	Maternal & Child Health	2	-	2	4	60	Child Health I & II.
NUR 414	Applied Anatomy and Physiology in Midwifery	1	-	2	3	45	Child Health I,
NUR 415	Fundamentals of Midwifery Practice	3	-	-	3	45	Pharmacology I – III
NUR 416	Normal Midwifery	2	-	2	4	60	
NUR 417	Infant	2	-	2	4	60	Reproductive Health II, & Child Health II
NUR 418	Pharmacology in Midwifery	1	-	1	2	30	Child Health I
EED 413	Entrepreneurship Development	2	-	2	4	60	
NUS 401	Research Project Writing	-	4	-	-	60	Research Methodology I & II
NUR 419	Sociology of the Family	2	-	1	3	45	
TOTAL		15	4	14	30	450	

HMP 420 Hospital Based Clinical Practice I – 135 Hours HMP 421 Community Based Clinical Practice I - 180 Hours

• EEd NBTE Adopted Courses

HND NURSING II SEMESTER: FIRST

					5-11-51-11-01						
PROGRAMME: HND NURSING II											
COURSE: PUBLIC HEALTH NURSING I											
COURSE CODE: NUR 411											
DURA	DURATION: Lecture: Tutorial: Practical: Total Contact Hours: 5 Hrs										
(Hour	rs/Week)	3 Hrs		2 Hrs	(75 Hours)						
CRED	OIT UNIT: 5		•	<u>.</u>	•						
GOAL	: This Course is Designed	to Provide the St	udents with the Kr	nowledge of the Hist	tory, basic Concepts and General Practice of						
Public	c Health Nursing										
CENE	RAL OBJECTIVE: On com	nletion of the co	irse students shou	ld he able to:							
		-	*	iu be able to.							
1.0	Know history, concept and	practice of Public	Health Nursing.								
2.0	Understand the principles a	and major focus of	nublic health								
2.0	onderstand the principles e	ara major rocas or	paone nearm.								
3.0	Understand the relationship	between public h	ealth, health promot	tion, health maintena	ance and disease prevention.						
4.0	Know the functions and res	ponsibilities of the	Public Health Nurse	e in Primary Health o	eare settings.						
		pondioning of the	1 0,0110 11001011 110110	o 111 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1							
5.0 Understand the Nursing Process and Standardized Nursing Language (NANDA) as applied to Public Health Nursing (NANDA).											
6.0 Understand Community health Nursing Process											
7.0	· e										

## PROGRAMME: HND NURSING II

COURSE TITLE: PUBLIC HEALTH NURSING I Course Code: NUR 411 Total Contact Hours: 75 Hours

General Objective 1.0: Know the history, concept and practice of public health Nursing.

Specific Learning Objectives (Theory)	Teachers' Activities	Resources	Specific Learning Objectives (Practical)	Teachers' Activities	Resources	Evaluation
1.1 Define public health 1.2 Outline the history of public health 1.3 Explain the concepts used in public health (e.g health promotion, health maintenance, disease prevention, illness and wellness continuum, community as client or recipient of health care).	<ul> <li>Lecture</li> <li>Discussion</li> <li>Brain storming</li> <li>Assignments</li> <li>Questions &amp; answers</li> </ul>	<ul> <li>White Board &amp; Markers,</li> <li>Charts</li> <li>Posters</li> <li>Video clips</li> <li>Multimedia Projector &amp; Accessories</li> <li>Interactive</li> <li>Audio-Visuals</li> </ul>				• Examination • Quiz • Tests

General Objective 2.0 Und	General Objective 2.0 Understand the principles and major focus of Public Health								
Specific Learning Objectives (Theory)	Teachers' Activities	Resources	Specific Learning Objectives (Practical)	Teachers' Activities	Resources	Evaluation			
2.1 Explain the principles of public health 2.2 Discuss the major thrust of public health practice 2.3 Discuss the concept of Community & Group dynamics	<ul> <li>Lecture</li> <li>Discussion</li> <li>Brain storming</li> <li>Assignments Questions &amp; answers</li> </ul>					<ul><li>Examination</li><li>Quiz</li><li>Tests</li></ul>			

Specific Learning Objectives (Theory)	Teachers' Activities	Resources	Specific Learning Objectives (Practical)	Teachers' Activities	Resources	Evaluation
3.1 Describe the relationship between public health, health promotion and health maintenance 3.2 Describe public health strategies for disease prevention	<ul> <li>Lecture</li> <li>Discussion</li> <li>Brain storming</li> <li>Assignments Questions &amp; answers</li> </ul>	<ul> <li>White Board &amp; Markers,</li> <li>Charts</li> <li>Posters</li> <li>Video clips</li> <li>Multimedia Projector &amp; Accessories</li> <li>Interactive</li> <li>Audio-Visuals</li> </ul>				<ul><li>Examination</li><li>Quiz</li><li>Tests</li></ul>

General Objective 4.0 Know the functions and responsibilities of the public health Nurse in Primary Health care setting

Specific Learning Objectives (Theory)	Teachers' Activities	Resources	Specific Learning Objectives (Practical)	Teachers' Activities	Resources	Evaluation
4.1 Explain the functions of the public health nurse (e.g advocate, clinical, educator, manager, administrator, researcher, collaborator etc)	<ul> <li>Lecture</li> <li>Discussion</li> <li>Brain storming</li> <li>Assignments Questions &amp; answers</li> </ul>		(			
4.2 Explain the concept of the inter sectorial and Multidisciplinary health team collaboration						
4.3 Enumerate the responsibilities of public health nurse in the health care team at the primary care level						

Specific Learning Objectives (Theory)	Teachers' Activities	Resources	Specific Learning Objectives (Practical)	Teachers' Activities	Resources	Evaluation
<ul> <li>5.1 Define the nursing process</li> <li>5.2 Explain the steps involved in the nursing process</li> <li>5.3 Explain standardized nursing language</li> <li>5.4 Describe how to utilize the nursing process in</li> </ul>	<ul><li>Lecture</li><li>Discussion</li><li>Case study</li><li>Brain storming</li></ul>	<ul> <li>White Board &amp; Markers,</li> <li>Charts</li> <li>Posters</li> <li>Video clips</li> <li>Multimedia Projector &amp; Accessories</li> <li>Interactive</li> </ul>				

the provision of care at	Audio-Visuals		
the primary care level.			

Specific Learning	Teachers'	Resources	Specific	Teachers'	Resources	Evaluation
Objectives (Theory)	Activities		Learning Objectives (Practical)	Activities		
<ul> <li>5.6 Define Community health nursing</li> <li>5.7 Explain basic terms used in community health practice namely: <ul> <li>Health Promotion</li> <li>Disease Prevention</li> <li>Rehabilitation etc</li> </ul> </li> <li>6.3 Outline the history of community health</li> </ul>	<ul> <li>Lecturers</li> <li>Discussions</li> <li>Questions and Answers</li> <li>Group work</li> </ul>	<ul> <li>White Board and Markers, charts</li> <li>Audio Visual</li> <li>Interactive Board</li> <li>Multimedia Projector</li> </ul>				Assignment Test Examinatio n
Nursing.  6.4 Explain the components of community health planning cycle.  6.5 Describe the different team approach in community health Nursing.  6.6 Demonstrate the essential skills required for community nursing practice	<ul> <li>Lecturers</li> <li>Role Plays and Brain</li> <li>Storming</li> <li>Demonstration</li> <li>Group Work</li> <li>Discussion</li> </ul>	<ul> <li>White Board &amp; Markers,</li> <li>Charts</li> <li>Audio-Visuals</li> <li>Interactive Board</li> <li>Multimedia Projector</li> </ul>				Assignment Test Examinatio n
6.7 Identify basic instruments and equipment used in community health	<ul><li>Lectures</li><li>Discussion and Demonstratio</li></ul>	• Instruments and equipment in community health nursing	3.1 Identify basic instruments and	Demonstration on the use of instruments and equipment	Instruments     and     equipment     used in CHN	Assignment Test Examinatio n

Nursing practice (weighing scale, measuring tape, delivery kit, stationary referral forms etc).  6.8 Demonstrate how to use the instruments and equipment listed in 3.1 above.  6.9 Describe how to care and Store appropriately instruments and equipment used in community health nursing.	n on use of instruments and equipment  Role play  Group work	<ul> <li>Weighing</li> <li>scale</li> <li>Measuring Tape</li> <li>Delivery Kits etc</li> <li>Interactive board</li> <li>Audio Visuals</li> <li>Charts</li> <li>Textbooks</li> <li>Posters</li> <li>Multimedia projector</li> </ul>	equipment used in community health Nursing practice (weighing scale, measuring tape, delivery kit, stationary referral forms etc.).  3.2 Demonstrate the use of instrument s and equipment used in CHN  3.3 Demonstrate the care and Storage of instrument s and equipment used in CHN	• Discussion	e.g i. Weighing scale ii Measuring Tape iii Delivery Kits iv Diagnosis kits • Video tapes	Assignment
Intervention Strategy  6.11 Explain the philosophy behind the community intervention strategy	<ul> <li>Discussion</li> <li>Seminar</li> <li>Questions and answers</li> <li>Demonstration</li> </ul>	<ul> <li>Markers</li> <li>APOC Audio Visuals</li> <li>Available literature</li> <li>Multimedia</li> </ul>		<ul> <li>Group work</li> <li>Demonstration</li> <li>Field trip</li> <li>Role play</li> <li>Play let</li> </ul>	<ul> <li>Available literature</li> <li>CDTI manual</li> <li>Audiovisual</li> </ul>	Test Examinatio n

	1	projector and			mataria1a	
6.12 Describe the different community health problems that led to the community intervention strategy		projector and Accessories			materials	
6.13 Explain the roles of different stakeholders in the community intervention strategy.						
6.14 Identify community factors that influence CIS positively or negatively						
<ul> <li>6.15 Describe the components of Community Directed Intervention strategy (CDI): stakeholder process, health system dynamics, community processes, broader system effects.</li> <li>6.16 Explain the activities involved in each of the Components.</li> <li>6.17 Identify the stakeholders</li> </ul>	<ul> <li>Lecture</li> <li>Discussion</li> <li>Group work</li> <li>Demonstration</li> <li>Role play</li> </ul>	<ul> <li>White board</li> <li>Markers</li> <li>Available literature</li> <li>CDI manual</li> <li>Audiovisual materials victuals</li> <li>Interactive board</li> <li>Multimedia Projector</li> </ul>	5.2 Demonstrate understanding of the effect of health workers on the success of CDI 5.4 Demonstrate practical examples of the above attitudes and the effects.	<ul> <li>Discussion</li> <li>Use of audiovisual materials</li> <li>Presentation of case studies</li> <li>Role play</li> <li>Group work</li> <li>Questions and answers</li> <li>Playlet</li> </ul>	<ul> <li>Available literature</li> <li>Video tapes</li> <li>CDI Manuals</li> <li>CDI Manuals</li> <li>Multimedia projector and accessories</li> </ul>	Assignment Test Examinatio n
involved in each component.						

6.18 Describe the responsibilities of the stakeholders in each component  6.19 Identify the positive	• Lecture	Available	6.1 Show		White board	Assignment
attitude of the health workers for the success of the CDI strategy:	<ul><li>Discussion</li><li>Use of audiovisual</li></ul>	<ul><li>literature</li><li>Video tapes</li><li>CDTI Manuals</li></ul>	different stages involve in setting Community	<ul><li>Demonstratio</li><li>n</li><li>Group work</li></ul>	<ul><li>Markers</li><li>CDI manuals</li></ul>	Test Examinatio n
compassion	materials	CDI Manuals     CDI Manuals	Directed	• Field trips	<ul><li>Manuals</li><li>Audiovisuals</li></ul>	
patience, empathy, respect for social norms	<ul> <li>Presentation of case studies</li> </ul>	Multimedia     projector and	Intervention Strategy.	Use of audiovisuals	Available     literatures	
and community leaders,	• Role play	accessories	6.2 Demonstrate	• Supervision	• Internet	
simplicity, c-cooperation,	<ul><li> Group work</li><li> Questions and</li></ul>	<ul><li>Audio-visuals</li><li>Interactive</li></ul>	the activities	<ul> <li>Questions and answers</li> </ul>	sources • Multimedia	
friendly disposition, commitment,	answers	Board	each step.		projector • Interactive	
listening skills, punctuality			6.7 Demonstrate how to set up a		board	
to appointments etc.			CDI strategy			
6.20 Identify the negative			6.8 Demonstrate how to guide the			
attitude of health			community to			
workers on the success of CDI e.g verbal abuse,			monitor themselves			
time wasting, prejudice,			collect and			
dissemination, preferential treatment,			analyse information			
lack of respect for client,			based on			
poor interpersonal			monitoring			
relationship			and evaluation 6.9 Review			
6.21 Explain each attitude.			information			
6.22 Give examples of situations that require			collected and give feedback			
each attitude.			Sive recuback			
6.23 Describe different	• Lecture	White board				Assignment

stages involve in setting up Community Directed Intervention Strategy.  6.24 Describe the activities involved in each step.  6.25 Identify the stakeholders involved at each stage.  6.26 Explain the required human and material resources for setting up the CDI strategy.  6.27 Identify the supervisory and monitoring roles of the Stakeholders.  6.28 Demonstrate how to set up a CDI strategy.  6.29 Demonstrate how to guide the community to monitor them-selves.  6.30 Describe how to collect and analyse information for monitoring and evaluation.  6.31 Demonstrate how data collected can be used to give feedback	<ul> <li>Tutorials</li> <li>Group work</li> <li>Field trips</li> <li>Use of         <ul> <li>audiovisuals</li> <li>Explanation</li> <li>Supervision</li> <li>Questions and         <ul> <li>answers</li> </ul> </li> <li>Lecturers</li> </ul></li></ul>	<ul> <li>Markers</li> <li>CDI manuals         Audio-visuals</li> <li>Available         literatures</li> <li>Internet         sources</li> <li>Multimedia         projector</li> <li>Interactive         board</li> </ul>		Test Examination
maternal health services.  6.33 Explain the needs for management of special group in the community	Discussions and explanation of various	<ul><li>Magic Board</li><li>Models</li><li>Charts</li><li>Markers</li><li>Interactive</li></ul>		Test Examinatio n

e.g. Gifted child, Elderly, Physical challenged. 6.34 Identify various traditional practices in the community as related to maternal and child health. 6.35 Explain the health and social implications	traditional practices.	Board  • Audio-visuals  • Multimedia Projector		
and social implications				
of the practices in 4.3 above				
6.36 Describe the role of				
the community Nurse in				
the management of the				
practices in 6.33 above.				

Specific Learning Objectives (Theory)	Teachers' Activities	Resources	Specific Learning Objectives (Practical)	Teachers' Activities	Resources	Evaluation
<ul> <li>7.1 Explain the concepts of mobile health and outreach Services</li> <li>7.2 Identify the role of Public Health Nursing Officer in mobile health services.</li> </ul>	<ul> <li>Lecture</li> <li>Discussion</li> <li>Assignment</li> <li>Questions</li> <li>and</li> <li>Answers</li> </ul>	<ul> <li>White Board Markers</li> <li>Dusters</li> <li>Lecture Notes</li> <li>E-Library</li> <li>Journals and Periodicals</li> </ul>				Assignment Test Examination
7.3 Describe the organization of mobile health services		<ul> <li>Interactive board</li> <li>Audio visuals</li> <li>Multimedia projector</li> </ul>				

<ul><li>7.4 Explain the process of community survey and diagnosis.</li><li>7. 5 Describe how to carry out community survey diagnosis.</li><li>.</li></ul>	<ul> <li>Lecture</li> <li>Discussion</li> <li>Assignments</li> <li>Questions and Answers</li> <li>Seminar</li> <li>Group Work</li> <li>Role play</li> </ul>	<ul> <li>White Board</li> <li>Markers</li> <li>Dusters</li> <li>Lecture Notes</li> <li>E-Library</li> <li>Journals and Periodicals</li> <li>Interactive board</li> <li>Audio visuals</li> </ul>		Assignment Test Examination
<ul><li>7.6 Identify patients requiring follow up and rehabilitation.</li><li>7.7 Treat the patients identified in 4.1 above</li></ul>	<ul><li>Lecture</li><li>Discussion</li><li>Assignments</li><li>Questions and Answers</li></ul>	<ul> <li>White Board</li> <li>Markers</li> <li>Dusters</li> <li>Lecture Notes</li> <li>E-Library</li> <li>Journals and</li> </ul>		Assignment Test Examination
<ul> <li>7.8 Identify the available resources that will be used to meet the needs of the community.</li> <li>7.9 Explain the importance of community mobilization and involvement in mobile health services.</li> </ul>	<ul> <li>Lecture</li> <li>Discussion</li> <li>Assignments</li> <li>Questions and Answers</li> </ul>	<ul> <li>White Board</li> <li>Markers</li> <li>Dusters</li> <li>Lecture Notes</li> <li>E-Library</li> <li>Journals and Periodicals</li> <li>Interactive board</li> <li>Audio visuals</li> <li>Multimedia projector</li> </ul>		Assignment Test Examination

7.10 Explain how to set	• Lecture	White Board		Assignment
up ambulatory/	<ul> <li>Discussion</li> </ul>	<ul> <li>Markers</li> </ul>		Test
mobile health	<ul> <li>Assignments</li> </ul>	<ul> <li>Dusters</li> </ul>		Examination
services.	<ul> <li>Questions</li> </ul>	<ul> <li>Lecture Notes</li> </ul>		
	and Answers	• E-Library		
7.11 Identify the		<ul> <li>Journals and</li> </ul>		
resources (human,		Periodicals		
finance, material)				
required in setting up		<ul> <li>Interactive</li> </ul>		
ambulatory/mobile		board		
health services.		Audio visuals		
nearm services.		Multimedia		
7.10 F 1: 1		projector		
7.12 Explain how to		projector		
ensure the smooth				
running of the Mobile				
health services.				
7.13 Evaluate the mobile				
health				
Services				

LEVEL: HND NURSING II SEMESTER: FIRST

PROGRAMME: HND NURSING II					
COURSE: FOOD MICROBIOLOGY	AND HYGIENE				
COURSE CODE: NUR 412					
DURATION:	Lecture:	Tutorial:	Practical:	Total Contact Hours:	
(Hours/Weeks)	2 Hrs	0 Hr	2 Hrs	60 Hours	
CPEDIT IINIT: 4	•	•			

GOALS: This course is designed to enable students appreciate the effect of microorganisms on food as well as safety and Hygiene

## GENERAL OBJECTIVES: On completion of this course the student should be able to:

- 1.0 Know the classes of microorganisms as they affect food.
- 2.0 Know the natural sources of contamination of foods.
- 3.0 Understand factors affecting microbial growth.
- 4.0 Know the microorganisms responsible for food poisoning and their control
- 5.0 Know the importance of hygiene in food handling.
- 6.0 Know the major types of food poisoning and means of preventing and controlling them.
- 7.0 Know types of spoilage of specific foods.
- 8.0 Understand the roles of the nurses in food safety prevention and control of food borne diseases in the community.

COURSE: FOOD MICROE  COURSE SPECIFICATION: General Objective 1.0: K	Theory/Practical		s that affect food			
Specific Learning Objectives (Theory)	Teachers' Activities	Resources	Specific Learning Objectives (Practical)	Teachers' Activities	Resources	Evaluation
1.1 List the different types of microorganisms in the environment bacteria and viruses, giving general and specific fungi (causative microorganisms of each)  1.2 Describe the structure of each of the micro-organisms listed above  1.3 Explain the role of the micro-organisms listed above in food poisoning.	<ul> <li>Lecture</li> <li>Discussion</li> <li>Questions and answers</li> <li>Assignments</li> <li>Group work</li> </ul>	<ul> <li>White boa</li> <li>Markers</li> <li>Textbooks</li> <li>Charts</li> <li>victuals</li> <li>Interactive Board</li> <li>Multimedi Projector</li> </ul>				Assignment Test Examination

General Objective 2.0: K	now the natural so	urces food contamir	nation			
Specific Learning Objectives (Theory)	Teachers' Activities	Resources	Specific Learning Objectives (Practical)	Teachers' Activities	Resources	Evaluation
2.1 Identify air, water, soil, man and animals as primary sources of food contamination. 2.2 List some specific micro-organisms which could be identified with the sources listed in 2.1 above. 2.3 Describe the process of contamination of food by the micro-organisms identified in 2.2 above.  General Objective 3.0: Un	<ul> <li>Lecture</li> <li>Discussion</li> <li>Questions and answers</li> <li>Assignments</li> </ul>	<ul> <li>White board</li> <li>Markers</li> <li>Textbooks</li> <li>Charts</li> <li>victuals</li> <li>Interactive Board</li> <li>Multimedia Projector</li> </ul>	41			Assignment Test Examination
Specific Learning Objectives (Theory)	Teachers' Activities	Resources	Specific Learning Objectives (Practical)	Teachers' Activities	Resources	Evaluation
3.1 Explain the chemical factors that affect microbial growth nutrients, pH, redoxpotential and antimicrobial agents. 3.2 Explain how the factors in 3.1 above affect microbial growth. 3.3 Explain the following as physical factors	<ul> <li>Lecture</li> <li>Discussion</li> <li>Questions and answers</li> <li>Assignments</li> <li>Group work</li> </ul>	White board Markers Textbooks Charts victuals Interactive board Multimedia Projector				Assignment Test Examination

affecting			
microbial growth –			
temperature, water			
activity and			
relative humidity.			
3.4 Explain how the			
factors listed in 3.3			
above affect			
microbial growth.			
3.5 Explain the biotic			
factors that affect			
microbial growth			
viz: metabiosis and			
antagonism.			

Specific Learning Objectives (Theory)	Teachers' Activities	nisms responsible for Resources	Specific Learning Objectives (Practical)	Teachers' Activities	Resources	Evaluation
4.1 Describe the nature of common types of micro-organisms responsible for food poisoning e.g. clostridium botulinum, staphylococcus aureus salmonella, shigella, E-coli vibro cholera 8 campylobacter	<ul> <li>Lecture</li> <li>Discussion</li> <li>Questions and answers</li> <li>Assignments</li> <li>Group work</li> </ul>	<ul> <li>White board</li> <li>Markers</li> <li>Textbooks</li> <li>Charts</li> <li>victuals</li> <li>Interactive Board</li> <li>Multimedia Projector</li> </ul>	4.1 Demonstrate how micro- organisms cause food poisoning (e.g. moulds & Yeast)  4.2 Show the common raw and prepared foods susceptible	<ul> <li>Discussion</li> <li>Demonstration</li> <li>Questions and answers</li> <li>Group work</li> </ul>	<ul> <li>Necessary Chart</li> <li>Electron Microscope</li> <li>victuals (A)</li> <li>Interactive board (B)</li> <li>Projection (C</li> <li>Charts</li> <li>Raw food stuff</li> </ul>	Assignment Test Examination
4.2 Name the common raw and prepared foods susceptible to			to poisoning by microbial food poisoning e.g. chicken,		Stuii	

poisoning by microbial	milk, meat,	
food poisoning e.g.	salad, etc.	
Chicken, milk, meat,		
salad, egg, vegetables	4.3	
fruits, fish etc	Demonstrate the	
	methods of	
4.3 Describe the methods	proper food	
of controlling food	handling and	
poisoning mentioned in	storage	
above.		
4.4 Describe the		
symptoms of food		
poisoning		
4.5 Describe first aid		
measure to be		
adopted in cases of		
food poisoning.		
4.6 Describe treatment		
and management of		
food poisoning		

Specific Learning Objectives (Theory)	Teachers' Activities	Resources	Specific Learning	Teachers' Activities	Resources	Evaluation
5.1 Discuss food hygiene 5.2 state the principles involved in the tenance of food hygiene and kitchen hygiene	<ul> <li>Lecture</li> <li>Discussion</li> <li>Questions and answers</li> <li>Assignments</li> <li>Demonstration</li> <li>Group work</li> </ul>	<ul> <li>White board</li> <li>Markers</li> <li>Textbooks</li> <li>Charts</li> <li>victuals</li> <li>Interactive</li> </ul>	Objectives (Practical)  5.2Demonstrate procedures for maintaining food hygiene and kitchen hygiene (e.g. maintaining	<ul> <li>Discussion</li> <li>Demonstration</li> <li>Questions and answers</li> <li>Group work</li> </ul>	Foods  • victuals (A)  • Interacti ve board	Assignment Test Examination
	Role play	Board  • Multimedia Projector	good working conditions, correct storage of food stuffs at		(B) • Projectio n (C	

	the right		
	temperature,		
	correct heating		
	of food,		
	protection of		
	foods from		
	vermita and		
	insects, etc.)		

General Objective 6.0: K	now major types in	nportance of food po	oisoning and mean	is of preventing an	id controlling the	m
Specific Learning Objectives (Theory)	Teachers' Activities	Resources	Specific Learning Objectives (Practical)	Teachers' Activities	Resources	Evaluation
6.1 List the common types of food and water borne diseases –( typhoid fever, cholera, dysentery, botulis, Ecoli enteritis, Campycobacter, enteritis, clostridium Perfringens infection, etc. 6.2 Describe the nature of the organisms responsible for diseases listed above.	<ul> <li>Lecture</li> <li>Discussion</li> <li>Questions and answers</li> <li>Assignments</li> <li>Group work</li> </ul>	<ul> <li>White board</li> <li>Markers</li> <li>Textbooks</li> <li>Charts</li> <li>victuals</li> <li>Interactive Board</li> <li>Multimedia Projector</li> </ul>	6.1 Demonstrate methods of preventing food borne infections in catering: (wearing of overall, etc)			Assignment Test Examination
6.3 Describe the symptoms of the disease listed above						
6.4 Describe the methods						

of spread of the diseases in 6.1 above 6.1 Describe methods of prevention and control of food borne disease in 6.1. above.			

Specific Learning Objectives (Theory)	Teachers' Activities	Resources	Specific Learning Objectives (Practical)	Teachers' Activities	Resources	Evaluation
<ul> <li>7.1 Describe the major causes of food spoilage (e.g biological, physical, chemical &amp; mechanical, enzymes, micro-organism, pests, insecticides, etc)</li> <li>7.2 Explain how the factors in 7.1 above can be controlled to prolong the life of food.</li> <li>7.3 Describe methods of preventing food spoilage in (periodic examination of food handlers)</li> <li>7.4 Describe spoilage of the following specific foods: <ul> <li>a. Meat and meat</li> </ul> </li> </ul>	<ul> <li>Lecture</li> <li>Discussion</li> <li>Questions and answers</li> <li>Assignments</li> </ul>	<ul> <li>White board</li> <li>Markers</li> <li>Textbooks</li> <li>Charts</li> <li>victuals</li> <li>Interactive Board</li> <li>Multimedia Projector</li> </ul>	7.1Demonstrate how biological, physical, chemical & mechanical forces cause food spoilage. 7.3 Demonstrate methods of preventing food in spoilage catering: (food handlers periodic, examination, poisoning 7.4 identify spoilage of the following specific foods:  a. Meat and meat products b. Poultry	<ul> <li>Discussion</li> <li>Demonstration</li> <li>Questions and answers</li> <li>Group work</li> </ul>	<ul> <li>Laboratory</li> <li>Refrigerator</li> <li>Deep freezer</li> <li>Raw foods</li> </ul>	Assignment Test Examination

b. Poultry and	products
poultry products	c. Milk and
c. Milk and dairy products.	dairy products.
d. Fish and other	d. Fish and
products	fish products
e. Canned foods	e. Canned
f. Fruits and vegetables	foods
g. Bread and other bakery	f. Fruits and
products	vegetables, etc
h. Beer, wine and soft	
drinks	

Specific Learning Objectives (Theory)	Teachers' Activities	Resources	Specific Learning Objectives (Practical)	Teachers' Activities	Resources	Evaluation
8.1 State the roles of the nurse in maintenance of food safety I the community 8.2 Discuss ways of prevention and control o the food borne disease in the community		8.1 demonstrate how to counsel food venders in food safety and hygiene 8.2 Demonstrate how to give health education to a community on prevention and control of food borne disease				

HND NURSING II SEMESTER: FIRST

PROGRAMME: HND NURSING II					
COURSE: MATERNAL AND CHILD	HEALTH				
COURSE CODE: NUR 413					
DURATION:	Lecture:	Tutorial:	Practicals:	Total Contact Hours:	
(Hours/Week)	2 Hrs	0 Hr	2 Hrs	60 Hours	
CREDIT UNIT: 4					

GOALS: This course is designed to enable students acquire necessary proficiency in the management of mother and child healthy in order to reduce maternal and child morbidity and mortality in the community

GENERAL OBJECTIVES: At the end of the course, the students should be able to:

- 1.0 Know how to supervise the maternal and child health activities in the clinic, home and the community.
- 2.0 Know the routine immunization schedule for children 0-5 years and women of child bearing age.
- 3.0 Know how to organize and train other health personnel in the community e.g. voluntary village health workers, TBA etc.
- 4.0 Know when to refer 'High Risk' clients to other members of the health team for specialized nursing and medical care.
- 5.0 Know how to collaborate with community groups, ministries, non-governmental organizations and health related agencies e.g. UNESCO, UNICEF, FSP, WHO, UNDP, etc

General Objective 2.0: Know the routine immunization schedule for children 0-5 years and women of child bearing age									
Specific Learning Objectives (Theory)	Teachers' Activities	Resources	Specific Learning Objectives (Practical)	Teachers' Activities	Resources	Evaluation			
Perform routine Immunization for Children 0-5years and Women of Child Bearing age 2.1 Explain the term immunity 2.2 List the common childhood diseases against which immunization is given  2.3 Explain the immunization schedule for women of child bearing age and children 0-5 years.  2.4 Identify the factors that could facilitate the acceptance of immunization.  2.5Identify the barriers to effective immunization 2.6 List the dangers of	<ul> <li>Lecture</li> <li>Discussion</li> <li>Questions and answers</li> <li>Assignment</li> <li>Demonstration</li> </ul>	<ul> <li>White board</li> <li>Markers</li> <li>Text books</li> <li>Journals</li> <li>Audio visuals</li> <li>Multimedia projector</li> </ul>	2.1 Carry out health talk on immunizatio n schedule 2.2Demonstrate the procedure of giving injection 2.3 Demonstrate the procedure of giving immunizatio n through the various routs	<ul> <li>Discussion</li> <li>Demonstration</li> <li>Return demonstration</li> <li>Questions and answers</li> <li>Visit to Antenatal clinics</li> </ul>	<ul> <li>Audio visuals</li> <li>Antenatal clinics</li> <li>Vaccines</li> <li>Syringes and needles</li> <li>Cotton wool</li> <li>Gallipot</li> <li>Kidney dish</li> <li>Immunizatio n chart</li> </ul>	Assignment Test Examination			

faulty						
immunization.						
2.7 Describe adverse						
events related to						
immunization						
2.8 Discuss the cold						
chain and logistics						
2.9 Explain injection						
safety						
2.10 Discuss						
immunization						
coverage strategies						
General Objective 3.0: K	now how to organize	e and train other hea	th personnel in th	e community i.e.	voluntary village h	ealth workers

General Objective 3.0: Know how to organize and train other health personnel in the community i.e. voluntary village health workers etc.

Specific Learning Objectives (Theory)	Teachers' Activities	Resources	Specific Learning Objectives (Practical)	Teachers' Activities	Resources	Evaluation
Organize and Train other Health Personnel in the Community 3.1 Identify the role of other health personnel in the clinic. 3.2 Plan specific educational activities for each group in 3.1 above such as seminars, workshops, Brain storming sessions etc	<ul> <li>Lecture</li> <li>Discussion</li> <li>Questions and answers</li> <li>Assignment</li> <li>Demonstration</li> <li>Brain Storming</li> <li>Role play</li> <li>Group work</li> </ul>	<ul> <li>White board</li> <li>Markers</li> <li>Text books</li> <li>Journals</li> <li>Audio visuals</li> <li>Multimedia projector</li> <li>Interactive board</li> </ul>				Assignment Test Examination
3.3 Implement the						

planned						
educational/trainin						
g programme in 3.2						
above.						
3.4 Monitor and						
evaluate planned						
programmes						
General Objective 4.0: I care.	Know when to refer '	'high risk" clients to o	ther members of	the health team fo	r specialized nursi	ng and medical
Specific Learning	Teachers'	Resources	Specific	Teachers'	Resources	Evaluation
Objectives (Theory)	Activities	1105041005	Learning	Activities	1100041000	
			Objectives (Practical)			
Refer "high risk"	• Lecture	White board	,			Assignment
Clients to Other	• Discussion	Markers				Test
Members of the Health	<ul> <li>Questions</li> </ul>	Text books				Examination
Team for Specialized	and answers	Journals				
Nursing and Medical Care.	Assignment	Audio visuals				
4.1 Define "high risk".	Demonstratio	Multimedia				
	n	projector				
4.2 Identify "high risk"		• Charts				
clients.						
cheffes.		Interactive Board				
4.3. Identify common						
childhood diseases						
4.4 Plan management of						
minor disease						
conditions in both						
mother and child						
4.5 Treat the minor						
disease conditions						
occurring in						
mother and child						
			1	1		

such as malaria,						
worm infestation,						
common cold,						
diarrhea,						
gastroenteritis etc)						
4.6 Prepare referral						
notes for specialized						
level of care.						
4.7 Refer client to						
specialist.						
General Objective 5.0:	Know how to collabo	orate with community	groups, ministr	ies non-governmen	tal organizations a	and agencies such
as UNESCO, UNICEF, U	NFPA, W4H, UNDP, V	WHO etc.		_	_	_
				_		_
Specific Learning	Teachers'	Resources	Specific	Teachers'	Resources	Evaluation
	Teachers' Activities	Resources	Learning	Teachers' Activities	Resources	Evaluation
Specific Learning		Resources	Learning Objectives		Resources	Evaluation
Specific Learning Objectives (Theory)	Activities		Learning		Resources	
Specific Learning Objectives (Theory) Collaborate with	• Lecture	White board	Learning Objectives		Resources	Evaluation  Assignment Test
Specific Learning Objectives (Theory)	• Lecture • Discussion	<ul><li>White board</li><li>Markers</li></ul>	Learning Objectives		Resources	Assignment
Specific Learning Objectives (Theory)  Collaborate with community, groups Ministries Non- Governmental	• Lecture • Discussion	<ul><li>White board</li><li>Markers</li><li>Text books</li></ul>	Learning Objectives		Resources	Assignment Test
Specific Learning Objectives (Theory)  Collaborate with community, groups Ministries Non- Governmental Organizations such as	<ul><li>Activities</li><li>Lecture</li><li>Discussion</li><li>Questions</li></ul>	<ul><li>White board</li><li>Markers</li><li>Text books</li><li>Journals</li></ul>	Learning Objectives		Resources	Assignment Test
Specific Learning Objectives (Theory)  Collaborate with community, groups Ministries Non- Governmental Organizations such as UNESCO, UNICEF,	<ul> <li>Activities</li> <li>Lecture</li> <li>Discussion</li> <li>Questions and answers</li> </ul>	<ul> <li>White board</li> <li>Markers</li> <li>Text books</li> <li>Journals</li> <li>Audio visuals</li> </ul>	Learning Objectives		Resources	Assignment Test
Specific Learning Objectives (Theory)  Collaborate with community, groups Ministries Non- Governmental Organizations such as UNESCO, UNICEF, WHO, UNDP etc	<ul> <li>Activities</li> <li>Lecture</li> <li>Discussion</li> <li>Questions and answers</li> <li>Assignment</li> <li>Demonstration</li> <li>n</li> </ul>	<ul> <li>White board</li> <li>Markers</li> <li>Text books</li> <li>Journals</li> <li>Audio visuals</li> <li>Multimedia</li> </ul>	Learning Objectives		Resources	Assignment Test
Specific Learning Objectives (Theory)  Collaborate with community, groups Ministries Non- Governmental Organizations such as UNESCO, UNICEF, WHO, UNDP etc 5.1 State the	<ul> <li>Activities</li> <li>Lecture</li> <li>Discussion</li> <li>Questions and answers</li> <li>Assignment</li> <li>Demonstration</li> <li>Brain</li> </ul>	<ul> <li>White board</li> <li>Markers</li> <li>Text books</li> <li>Journals</li> <li>Audio visuals</li> <li>Multimedia projector</li> </ul>	Learning Objectives		Resources	Assignment Test
Specific Learning Objectives (Theory)  Collaborate with community, groups Ministries Non- Governmental Organizations such as UNESCO, UNICEF, WHO, UNDP etc 5.1 State the functions of the	<ul> <li>Activities</li> <li>Lecture</li> <li>Discussion</li> <li>Questions and answers</li> <li>Assignment</li> <li>Demonstratio n</li> <li>Brain storming</li> </ul>	<ul> <li>White board</li> <li>Markers</li> <li>Text books</li> <li>Journals</li> <li>Audio visuals</li> <li>Multimedia projector</li> <li>Charts</li> </ul>	Learning Objectives		Resources	Assignment Test
Specific Learning Objectives (Theory)  Collaborate with community, groups Ministries Non- Governmental Organizations such as UNESCO, UNICEF, WHO, UNDP etc 5.1 State the functions of the non-governmental	<ul> <li>Activities</li> <li>Lecture</li> <li>Discussion</li> <li>Questions and answers</li> <li>Assignment</li> <li>Demonstratio n</li> <li>Brain storming</li> <li>Role play</li> </ul>	<ul> <li>White board</li> <li>Markers</li> <li>Text books</li> <li>Journals</li> <li>Audio visuals</li> <li>Multimedia projector</li> </ul>	Learning Objectives		Resources	Assignment Test
Specific Learning Objectives (Theory)  Collaborate with community, groups Ministries Non- Governmental Organizations such as UNESCO, UNICEF, WHO, UNDP etc 5.1 State the functions of the	<ul> <li>Activities</li> <li>Lecture</li> <li>Discussion</li> <li>Questions and answers</li> <li>Assignment</li> <li>Demonstratio n</li> <li>Brain storming</li> </ul>	<ul> <li>White board</li> <li>Markers</li> <li>Text books</li> <li>Journals</li> <li>Audio visuals</li> <li>Multimedia projector</li> <li>Charts</li> </ul>	Learning Objectives		Resources	Assignment Test
Specific Learning Objectives (Theory)  Collaborate with community, groups Ministries Non- Governmental Organizations such as UNESCO, UNICEF, WHO, UNDP etc 5.1 State the functions of the non-governmental	<ul> <li>Activities</li> <li>Lecture</li> <li>Discussion</li> <li>Questions and answers</li> <li>Assignment</li> <li>Demonstratio n</li> <li>Brain storming</li> <li>Role play</li> </ul>	<ul> <li>White board</li> <li>Markers</li> <li>Text books</li> <li>Journals</li> <li>Audio visuals</li> <li>Multimedia projector</li> <li>Charts</li> </ul>	Learning Objectives		Resources	Assignment Test
Specific Learning Objectives (Theory)  Collaborate with community, groups Ministries Non- Governmental Organizations such as UNESCO, UNICEF, WHO, UNDP etc 5.1 State the functions of the non-governmental organizations	<ul> <li>Activities</li> <li>Lecture</li> <li>Discussion</li> <li>Questions and answers</li> <li>Assignment</li> <li>Demonstratio n</li> <li>Brain storming</li> <li>Role play</li> </ul>	<ul> <li>White board</li> <li>Markers</li> <li>Text books</li> <li>Journals</li> <li>Audio visuals</li> <li>Multimedia projector</li> <li>Charts</li> </ul>	Learning Objectives		Resources	Assignment Test

non-governmental organizations in

5.1 above

5.3 Explain the			
importance			
community groups,			
ministries and non-			
governmental			
organizations in the			
effective			
provision of			
maternal and child			
health care.			
5.4 Plan, implement			
and evaluate			
collaborative			
activities such as			
workshop, seminars			
with these			
organizations.			

HND NURSING II SEMESTER: FIRST

PROGRAMME: HND NURSING	Ι	
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COURSE: APPLIED ANATOMY AND PHYSIOLOGY IN MIDWIFERY

**COURSE CODE: NUR 414** 

DURATION: Lecture: Tutorial: Practical: Total Contact Hours: 45hours

(Hours/Week) 1 Hr - 2 Hrs 3 Hours

CREDIT UNIT: 3

GOAL: The Course is designed to equip the students with knowledge of applied Anatomy & Physiology in Midwifery.

## GENERAL OBJECTIVES: At the end of the course, students should be able to:

- 1.0 Understand the structures and functions of female external and internal Genitalia.
- 2.0 Understand the structures and functions of the uterus
- 3.0 Understand the structures and functions of the fallopian tubes.
- 4.0 Understand the structures and functions of the ovaries.
- 5.0 Understand the structures and functions of the pelvic bones and pelvic floor muscles.
- 6.0 Understand the structures and functions of the foetal skull
- 7.0 Know the structure of the female breast.
- 8.0 Understand structures and functions of the external and internal male reproductive organs.
- 9.0 Know the process of conception, foetal development and functions of placenta.
- 10.0 Know foetal circulatory system.
- 11.0 Know the structure & functions of other related systems/organs e.g. urinary system, endocrine system etc

PROGRAMME: HND NURSIN	G								
OURSE: : Applied Anatomy & COURSE SPECIFICATION: The		rifery	Course Code:	NUR 414 Total Contact Hours: 45 Hours					
General Objective 1.0: Understand the structure and functions of female external and internal genitalia									
Specific Learning Objectives (Theory	Teachers' Activities	Resources	Specific Learning Objectives (Practical)	Teachers' Activities	Resources	Evaluation			
The Female External Genitalia  The Vulva 1.1 Describe the anatomical structure of vulva 1.2 Describe the blood, nerve supply and lymphatic range of the vulva 1.3 Explain the functions of vulvac 1.4 Describe the changes in the vulva during pregnancy, labour and puerperium 1.5 Describe the disorders that may occur in the vulva during pregnancy	<ul> <li>Lecture</li> <li>Discussion</li> <li>Demonstration</li> <li>Drawing and labeling</li> <li>Assignment</li> <li>Practice session in the laboratory</li> <li>Illustration with diagram</li> </ul>	<ul> <li>Textbooks</li> <li>Whiteboard</li> <li>Marker</li> <li>Chalkboard</li> <li>Charts/poster</li> <li>Anatomical models i. e female reproductive organ</li> <li>Multimedia projector</li> </ul>	1.1 Draw and label a structure of the vulva. 1.6 Draw and label the structure of the vagina.	Present a well labeled drawing of the vulva and vagina	A well labeled drawing of the vulva and vagina     Charts of vulva and vagina     Models of vagina and vulva	•			
The Vagina									
<ul> <li>1.6 Describe the structure of the vagina</li> <li>1.7 Describe the anatomical relations of the vagina</li> <li>1.8 Describe the blood supply, nerve supply and lymphatic drainage to the vagina</li> <li>1.9 List the functions of the vagina</li> </ul>									

1.10Describe the changes in			
the vagina during			
pregnancy, labour and			
puerperium			
1.11List structural			
abnormalities			
associated with the			
vagina e.g imperforate			
hymen, etc			
1.12Describe the disorders			
that may occur in the vagina			
before, during and after			
pregnancy			

Specific Learning Objectives (Theory)	Teachers' Activities	Resources	Specific Learning Objectives (Practical)	Teachers' Activities	Resources	Evaluation
2.1Describe the structur e of the uterus. 2.2Describe relations hip of the uterus with other organs of the body.	<ul> <li>Lecture</li> <li>Discussion</li> <li>Illustrate with diagram and labeling</li> </ul>	<ul> <li>Text books</li> <li>White board</li> <li>Markers</li> <li>Charts/Posters</li> <li>Anatomical Models – Uterus, sagittal section of the pelvis</li> <li>Multimedia Projector</li> </ul>	2.1 Draw and label the uterus.	Present the drawing and labeling of the uterus and identifying its relations with other organs.	<ul> <li>Posters</li> <li>Models of Uterus</li> </ul>	Assignment Test Examination

Γ	1			
2.3Describe				
the				
blood,				
nerve				
supply				
and				
lymphatic				
Drainage				
to the				
uterus.				
2.4 Explain				
the				
function				
s of the				
uterus.				
2.5 Explain				
the				
physiolo				
gical				
changes				
in the				
uterus				
during				
pregnan				
cy,				
labour				
and				
puerperi				
um.				

Specific Learning Objectives (Theory)	Teachers' Activities	Resources	Specific Learning Objectives (Practical)	Teachers' Activities	Resources	Evaluation
<ul><li>3.1 Describe the structure and functions of the fallopian tube.</li><li>3.2 Describe the relationship of fallopian tube with other Organs of the body.</li></ul>	<ul> <li>Lecture</li> <li>Discussion</li> <li>Draw and label the fallopian tube</li> <li>Illustration with diagram</li> </ul>	<ul> <li>Chalkboard</li> <li>Multimedia Projector</li> <li>Models</li> <li>Chart/Posters of Fallopian Tubes</li> </ul>	3.1 Draw and label the fallopian tube.	With a well labeled drawing show the fallopian tubes and its relations .	Posters     Models     of the     Fallopia     n Tube	Assignment Test Examination
3.3 Describe the blood supply, nerve supply and lymphatic drainage to the fallopian tube.	Review by the teacher					
3.5 Explain changes in the fallopian tube during pregnancy, labour and puerperium.						

Specific Learning Objectives (Theory)	Teachers' Activities	Resources	Specific Learning Objectives (Practical)	Teachers' Activities	Resources	Evaluation
<ul> <li>The Ovaries</li> <li>4.1 Describe the structure of the ovary and related organs</li> <li>4.2 Explain the physiological process of oogenesis.</li> <li>4.3 List the functions of the ovary.</li> <li>4.4 Describe the blood, nerve supply and lymphatic drainage to the ovaries.</li> <li>4.5 Describe the influence of related hormones on reproductive organs during puberty, pregnancy, labour and puerperium.</li> <li>The Menstrual Cycle</li> </ul>	<ul> <li>Lecture</li> <li>Discussion</li> <li>Drawing and labeling</li> <li>Lecture</li> <li>Discussion</li> <li>Drawing</li> </ul>	<ul> <li>Text books</li> <li>Magi Board</li> <li>Markers</li> <li>Multimedia Projector</li> <li>Posters/Chart s</li> <li>Anatomical Models</li> </ul>	4.6 Draw and label the ovaries and related organs  4.9 Draw and label the menstrual cycle.	Drawing, labeling and discussion of ovary and related organs.	Chalkboar d, Posters, Model of the ovaries	Assignment Test Examination
<ul><li>4.6 Define the menstrual cycle.</li><li>4.7 Describe the phases of menstrual cycle.</li></ul>		<ul><li>Posters</li><li>Diagram of menstrual cycle</li></ul>				

4.8 Describe ovulation.			
4.9 Explain the functions			
of the hormones in			
the reproductive system			
e.g. Oestrogen,			
Progesterone etc.			
4.10 Describe menstrual			
disorders.			
Menopause			
4.11 Define menopause.			
4.12 Explain changes			
associated with			
menopause.			
4.13 Describe			
manifestations			
of menopause.			
4.14 Explain problems			
associated with			
menopause: -			
physical, enotional, psychosexual, psycho-			
social, etc.			

Specific Learning Objectives (Theory)	Teachers' Activities	Resources	Specific Learning Objectives (Practical)	Teachers' Activities	Resources	Evaluation
<ul> <li>The Bony Pelvis</li> <li>5.1 Describe the structure of the bony pelvis.</li> <li>5.2 Identify the important landmarks on the bony pelvis.</li> <li>5.3 Identify types of bony pelvis</li> <li>5.4 Explain the diameter of the pelvis.</li> <li>5.5 Explain the functions of the gynaecoid pelvis.</li> <li>5.6 Describe the characteristics of gynaecoid pelvis.</li> <li>5.7 Describe other types of the bony pelvis and their effects on labour e.g. anthropoid, android etc.</li> </ul>	Lecture     Discussion     Illustration     with     diagram     Review	<ul> <li>White board</li> <li>Multimedia projector</li> <li>Laptop</li> <li>Models</li> <li>Charts/Poste rs</li> </ul>	5.1 Draw and label the gynaecoid bony pelvis and identify important landmarks.  5.8 Draw and label the pelvic floor muscle.	Drawing and labeling of the gynaeciod bony pelvis.      A well labeled drawing of the pelvic floor muscle and the relation.	<ul> <li>Chalkboa rd</li> <li>Posters</li> <li>Model of the Pelvis</li> <li>Chalkboa rd, posters</li> <li>Model of the Pelvis</li> <li>Pelvic floor muscles and other related muscles. Visit to anatomy department.</li> </ul>	Assignment Test Examination

The	Pelvic Floor Muscles
5.8	Describe the deep and
	superficial structures of the pelvic floor
	muscles.
5.9	Describe the blood
	supply, nerve supply
	and lymphatic drainage to the pelvic
	floor muscles.
F 10	. To 1 ' 41 ' C - 41
5.10	Explain the functions of the pelvic floor
	muscles.
5.11	Describe changes in the pelvic floor
	muscles during
	pregnancy, labour
	and puerperuim
5.12	Explain the injuries
0.12	that can occur in the
	pelvic floor muscles
	during labour and how it can be
	prevented.
	_
5.13	Identify the muscles involved in
	episiotomy.

Specific Learning Objectives (Theory)	Teachers' Activities	Resources	Specific Learning Objectives (Practical)	Teachers' Activities	Resources
<ul> <li>The External Structure –</li> <li>6.1 Describe the anatomical structure of the foetal skull.</li> <li>6.2 Explain the developmental process of the skull bones.</li> <li>6.3 Identify the landmarks and the articulations of the foetal skull e.g. Fontanelles, Sutures etc.</li> <li>6.4 Explain the diameters of the foetal skull.</li> <li>6.5 Explain the changes in the structure of the skull during labour i.e. Moulding.</li> <li>Internal Structure</li> <li>6.6 Draw and label the internal structures of the foetal skull</li> </ul>	<ul> <li>Lecture</li> <li>Discussion</li> <li>Drawing</li> <li>Illustration with diagram</li> <li>Review of resources by the teacher</li> </ul>	<ul> <li>Chalkboard</li> <li>Anatomical         Models of the         foetal skull</li> <li>Diagrams</li> <li>Video clips</li> <li>Multimedia         projectors</li> <li>laptop</li> <li>Chalkboard</li> </ul>	6.1 Draw and label the anatomical structure of the foetal skull and its landmarks.  6.7 Draw and label the internal structure of the foetal skull.	<ul> <li>Supervised drawing and labeling of the foetal skull</li> <li>Draw and label the internal structure of the foetal skull.</li> </ul>	<ul> <li>White board</li> <li>Posters</li> <li>Model of the Foetal skull and other related anatomical parts</li> <li>Magi board</li> <li>Posters</li> <li>Model Foetal Skull internal structure of foetal skull baby doll.</li> </ul>

internal structures of the foetal skull. 6.8 Explain changes in the internal structure of the			
foetal skull during labour			
6.9 Explain how injury to the internal and external structures of the skull can occur and how it can be prevented.			

General objective 7.0: Know the structure and functions of the female breast.								
Specific Learning Objectives (Theory)	Teachers' Activities	Resources  Magi boards	Specific Learning Objectives (Practical) 7.1 Draw and	Teachers' Activities	Resources			
<ul> <li>7.1 Describe the structure of the female breast.</li> <li>7.2 Describe the blood supply, nerve supply and lymphatic drainage to the breast.</li> <li>7.3 List the functions of the breast.</li> <li>7.4 Explain changes in the breast during pregnancy, labour and puerperium.</li> </ul>	<ul> <li>Lecture</li> <li>Discussion</li> <li>Drawing &amp; Labeling</li> <li>Demonstrations</li> <li>Questions/Answers</li> </ul>	<ul> <li>Magi boards</li> <li>Markers</li> <li>Slides/Projectors</li> <li>Charts/Posters</li> <li>Anatomical Models of the breast</li> </ul>	label diagram of the internal and external and internal structure of the female breast.	Drawing and labeling drawing of the internal and external structure of the female breast.	<ul> <li>White -Board</li> <li>Posters</li> <li>Flipchart</li> <li>Model of the Female breast</li> </ul>			

7.6 Explain the physiology			
of lactation			
7.7 Explain the factors			
that promote			
lactation.			

General Objective 8.0: Understand the structures and functions of the external and internal male reproductive organs.								
Specific Learning Objectives (Theory)	Teachers' Activities	Resources	Specific Learning Objectives (Practical)	Teachers' Activities	Resources			
8.1 Describe the structures of external and internal organs of the male reproductive system.  8.2 Describe the	<ul> <li>Lecturers</li> <li>Discussion</li> <li>Draw and label the male organs of</li> </ul>	<ul> <li>White Boards</li> <li>Slides/Projectors</li> <li>Charts/Posters</li> <li>Anatomical</li> </ul>	8.5 Draw and label the external organs of the male reproductive system.	drawing of the penis, scrotum and other related organs.	<ul> <li>Posters</li> <li>Model of Penis, Scrotum, prostate glands etc.</li> </ul>			
structures of the organs listed in 8.1 above	reproductio n • Demonstrati on with models	Models of male reproductive organs						
<ul><li>8.3 Explain the functions of the structures</li><li>8.4 Describe the influence of reproductive hormones on puberty</li></ul>	Assignment	<ul> <li>Multimedia projector</li> <li>Laptops</li> <li>Video clips of the male reproductiv</li> </ul>						
<ul><li>8.5 Outline the process of spermatogenesis.</li><li>8.6 Describe male sexual act.</li></ul>	• Questions and answers	e organs						
8.7 Explain the process of the transport of								

spermatozoa.			
8.8 Define Andropause.			
8.9 Explain physiological changes associated with andropause.			
8.10 Outline signs and symptoms of andropause.			
8.11 Explain the problem associated with andropause: physical, emotional,			
psychosocial etc.			

General Objective 9.0: Kn	General Objective 9.0: Know the process of conception, foetal, placenta development and functions								
Specific Learning Objectives (Theory)	Teachers' Activities	Resources	Specific Learning Objectives (Practical)	Teachers' Activities	Resources				
9.1 Describe the process of fertilization and Conception Describe the process of fertilization.  9.2 Describe the embryonic changes and implantation  9.3 Describe the process of	<ul> <li>Lectures</li> <li>Demonstrations</li> <li>Audio-Visual</li> <li>Lectures</li> <li>Drawing</li> <li>Demonstrations</li> <li>Audio-</li> </ul>	<ul> <li>Chalkboard</li> <li>Models</li> <li>Slides/Projects</li> <li>Chalkboard</li> <li>Models</li> <li>Slides/Projects</li> <li>Sample of fresh placenta (Relia)</li> </ul>	9.5 Draw and label the placenta. 9.6 Demonstrate examination of the placenta	Drawing and labeling of the placenta	<ul> <li>Posters</li> <li>Magi board</li> <li>Model of Placenta</li> <li>Fresh life placenta as sample</li> </ul>				

placental development	Visual		
9.4 Explain the physiology of foeto-placental exchange.			
The Placenta at Term			
9.5 Describe the-cross section of the umbilical cord			
9.6 Describe the structures of the placenta at term.			
9.7 Explain the functions of the placenta.			
9.8 Describe abnormalities of the placenta.			

General Objective 10.0: K	now the foetal ci	rculatory system.				
Specific Learning Objectives (Theory)	Teachers' Activities	Resources	Specific Learning Objectives (Practical)	Teachers' Activities	Resources	Evaluati on
10.1 Describe the foetal blood circulation.  10.2 Explain changes in the foetal blood circulatory system at birth.  10.3 Explain abnormalities that may occur in foetal blood circulatory system at	<ul> <li>Lectures</li> <li>Discussion</li> <li>Drawing and labeling of the foetal circulation</li> <li>Questions/Answers</li> </ul>	<ul> <li>White Board</li> <li>Markers</li> <li>Models of Fetal Blood Circulatory System</li> <li>Charts/Posters</li> <li>Film clips on foetal circulation</li> <li>Multimedia projector</li> <li>Laptop</li> </ul>	10.1 Draw and label the foetal blood circulatory system.	Drawing and labeling of the foetal blood circulatory system.	Posters     Model of     Foetal     blood     circulatory     system	Assignm ent Test Examina tion

birth			

Specific Learning	Teachers' Activities	Resources	Specific	Teachers' Activities	Resources	Evaluation
Objectives (Theory)	Activities		Learning Objectives	Activities		
			(Practical)			
<ul> <li>The Urinary System</li> <li>11.1 Describe the anatomy of the urinary system.</li> <li>11.2 Explain the functions of the organs of the urinary system e.g. bladder.</li> <li>11.3 Explain the changes in the urinary system e.g. Bladder and urethra in relation to pregnancy, labour and puerperium.</li> <li>11.4 describe the physiology of micturition</li> <li>The Endocrine System</li> <li>11.5 Identify related hormones and hormones secreted by the endocrine system. e.g. follicle stimulating hormone,</li> </ul>	- Brawing	<ul> <li>Chalkboard</li> <li>White Board</li> <li>Marker</li> <li>Models of the Urinary system</li> <li>Charts/Posters</li> </ul> Diagram of the ear <ul> <li>Model of the ear</li> </ul>	11.1 Draw and label the urinary system  11.6 Draw and label the external ear  11.7 Demonstrate ear piercing  11.8 Manage pierced ear	Demonstrate drawing of the urinary system Returned demonstration  Demonstrate ear piercing	Charts Markers Models of the ear Film clips on ear piercing Multimedia projector Laptop Visit to the clinic to observe ear piercing	Assignment Test Examination

oestrogen, progesterone etc.  11.6 Describe the influence of these hormones on pregnancy, labour			
and puerperium.			

LEVEL: HND NURSING II SEMESTER: FIRST

PRO	GRAMME: HND NURSING	II							
COU	RSE: FUNDAMENTALS OF	MIDWIFERY PRA	ACTICE						
COU	RSE CODE: NUR 415								
DUR	ATION:	Lecture:	Tutorial:	Practical:	Total Contact Hours:				
(Hours/week) 3 Hrs 0 Hr 0 Hr									
	DIT UNIT: 3								
					iding the practice of Midwifery.				
	ERAL OBJECTIVES: At the			ould be able to:					
1.0	Understand the perspectiv	es of Midwifery Pr	actice.						
2.0	Understand ethical and lea	gal issues in Midw	rifery Practice.						
3.0	Understand the theories as	nd tools used in M	Midwifery Practice.						
4.0	Understand Nursing proce	ess and the use of	Standardized Nursin	ng Language in Midv	wifery practice				
5.0	Understand Basic Concept	ts of Midwifery Pra	actice						
6.0	Know the importance of qu	ality care in Midv	vifery Practice.						

HND NURSING II SEMESTER: FIRST

PROGRAMME: HND NU	RSING II					
COURSE: FUNDAMENT	ALS OF MIDWIFERY I	PRACTICE	Course code: NUR 415	Total Con	tact Hours: 45 Ho	urs
COURSE SPECIFICATION	<u> </u>			•		
General Objective 1.0:				m 1 1	<b>D</b>	T -1 -41
Specific Learning Objectives (Theory)	Teachers' Activities	Resources	Specific Learning Objectives (Practical)	Teachers' Activities	Resources	Evaluation
<ol> <li>Outline the history Midwifery.</li> <li>Explain the ethics of Midwifery Practice.</li> <li>Explain the norms and Standard in Midwifery Practice.</li> <li>Explain the Nursing and Midwifery Council of Nigeria Act.</li> <li>List functions of the Nursing and Midwifery Council Nigeria</li> <li>Explain the intersectorial and Inter professional relationship in Midwifery Practice.</li> </ol>	• Discussion  f	<ul> <li>Books</li> <li>Journals</li> <li>Multimedia</li> <li>Projectors</li> <li>Markers</li> <li>Magnetic</li> <li>Board</li> </ul>	(Practical)			Assignment Test Examination
1.7 Outline the roles of the National and International Organizations in Midwifery Practice.						

General Objective 2.0: Understand ethical and legal issues in Midwifery practice							
Specific Learning Objectives (Theory)	Teachers' Activities	Resources	Specific Learning Objectives (Practical)	Teachers' Activities	Resources	Evaluation	
<ul> <li>2.1 Define ethics in relation to midwifery practice.</li> <li>2.2 Identify ethico-legal issues in midwifery practice.</li> <li>2.3 Explain ethico legal issues as identified above.</li> <li>2.4 Explain legal issues involved in: <ul> <li>When a police ask for help.</li> <li>Obtaining evidence by the police.</li> <li>Felony related cases</li> <li>Non responsiveness of doctors on call</li> <li>Handling of evidence properly.</li> <li>Maintaining confidentiality</li> <li>Patient with Suicidal Tendency</li> <li>Alcohol and Substance Abuse Patient</li> </ul> </li> <li>2.5 State the legal implication of responding to emergencies at scene of incident/accident</li> </ul>	<ul> <li>Lecture</li> <li>Discussion</li> <li>Question and Answers</li> <li>Assignment</li> </ul>	<ul> <li>Books</li> <li>Periodicals</li> <li>Journals</li> </ul>				Assignment Test Examination	

				,
2.6 Explain the patient's	<u>'</u>			
rights and the	<u>'</u>			
midwife's rights viz:	'			
	'			
The Good	'			
	'			
Samaritan laws,	'			
Refusal of	'			
treatment/medic	1			
al advice.	1			
<ul> <li>Responsibility to</li> </ul>	1			
help	1			
Immunity from	1			
liability/consent	1			
to treat.	1			
2.7 State the types of	1			
Notifiable/Reportable	1			
diseases in Midwifery	1			
Practice.	1			
Fractice.	'			
0.0 P/1: 1 1	 			
2.8 Ethico-legal aspect of	 			
HIV/Aids	 			
<ul> <li>Ethical theories</li> </ul>	 			
applicable in the	 			
care of				
PLWN/PABA				
<ul> <li>Ethical challenges</li> </ul>				
in the prevention of				
HIV/Aids				
Rights and	<u> </u>			
Responsibilities				
responsibilities	<u> </u>			<u> </u>

General Objective 3.0:	General Objective 3.0: Understand the theories and tools used in Midwifery Practice								
Specific Learning	Teachers' Resources Specific Learning Teachers' Resources Evaluation								
Objectives (Theory)	Activities		Objectives	Activities					
			(Practical)						

3.1 Explain the theories used in Midwifery practice e.g  • Orems Self Care theory • Erikson Psychosocial Development Theory • Piaget's Developmental Theory • Maslow's Selfactualization theory • Roy's Adaptation Model • Social Relations Theory • General System Theory • Sigmund Freud Psycho-sexual Theory • Duvall's Family Developmental Theory • Virginia Henderson • Conservative Theory • Peplau's Theory 3.2 Explain the importance of the theories in Clients care in midwifery practice	<ul> <li>Lecture</li> <li>Discussion</li> <li>Review of sessions by teachers activity</li> </ul>	<ul> <li>Textbooks</li> <li>Journals</li> <li>Markers</li> <li>Whiteboard</li> <li>Multimedia Projector</li> </ul>				
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General Objective 5.0: Understand Basic Concept of Midwifery Practice								
Specific Learning	Specific Learning Teachers' Resources Specific Learning Teachers' Resources Evaluation							
Objectives (Theory)	Activities		Objectives	Activities				

Specific Learning	Teachers'	Resources	Specific Learning	Teachers'	Resources	Evaluation
Objectives (Theory)	Activities		Objectives (Practical)	Activities		
4.1 Explain the concept of Nursing process and Standardized Nursing Languages 4.2 NANDA I 4.3 Nursing Intervention Classification 4.4 Nursing Outcome Classification 4.5 The Nursing Process - Definition -Historical Perspectives -Purpose -Characteristics -Phases of the Nursing process - Application of Nursing process (Care Plan) in client care	• Lecture • Discussion	<ul> <li>Book, Journals</li> <li>White board</li> <li>Marker</li> <li>Charts</li> <li>Diagrams</li> </ul>				Nursing Process Booklet

		(Practical)		
5.1 Explain the Concept of				
Primary health care.				
5.2 Enumerate the components of Primary Health Care				
5.3 Explain health-illness continuum.				
5.4 Define Problem solving.				
5.5 Explain steps in problem solving and decision making process.				
5.6. Explain critical and reflective thinking				

General Objective 6.0: Know	the importance of qua	lity care in Midwifer	y Practice			
Specific Learning Objectives (Theory)	Teachers' Activities	Resources	Specific Learning Objectives (Practical)	Teachers' Activities	Resources	Evaluation
<ul> <li>6.1 Define Quality Care.</li> <li>6.2 Enumerate elements of quality care.</li> <li>6.3 Discuss the elements of Quality Care</li> <li>6.4 Describe the technical competencies of care providers in Midwifery Practice.</li> <li>6.5 Explain the factors that enhance quality care in Midwifery practice, e.g. code of ethics, facilities, staffing, infrastructure etc.</li> </ul>	<ul> <li>Lecture</li> <li>Discussion</li> <li>Assignment</li> <li>Questions and answers</li> <li>Brainstorming</li> </ul>	<ul> <li>Book, Journals</li> <li>White board</li> <li>Marker</li> <li>Charts</li> <li>Diagrams</li> </ul>				Assignment Test Examination

HND NURSING II SEMESTER: FIRST

PROGRAMME: HND NURSI	NG II			
COURSE: NORMAL MIDWIF	ERY			
COURSE CODE: NUR 416				
DURATION (Hours/Week)	Lecture:	Tutorial:	Practical:	<b>Total Contact Hours: 4 Hours</b>
	2 Hrs	-	2 Hrs	60 Hours
CREDIT UNIT: 4				
GOAL: This course is design	ned to provide th	e students with the	knowledge and skill	s for management of normal pregnancy,
labour, puerperius	m and care of the	neonate.	•	
<b>GENERAL OBJECTIVES: At</b>	the end of the co	urse, students shoul	d be able to:	
<b>1.0</b> Understand the process of	f pregnancy and p	renatal care.		
_				
<b>2.0</b> Know the process of laboration	our and child birth	1.		
_				
<b>3.0</b> Understand the process	of puerperium and	d its physiological cha	nges.	
<b>4.0</b> Know the application	n of nursing proce	ess in the care of clien	ts during pregnancy,	labour and puerperium.

PROGRAMME: HND NURSING II
COURSE: NORMAL MIDWIFERY
COURSE SPECIFICATION: Theory/Practical

COURSE SPECIFICATION: Theory/Practical

General Objective 1.0: Understand the process of pregnancy and prenatal care.

Specific Learning Objectives (Theory)	Teachers' Activities	Resources	Specific Learning Objectives (Practical)	Teachers' Activities	Resources	Evaluation
1.1 Discuss Preconception, Counseling and Care 1.2 Define the terms pregnancy and prenatal care. 1.3 Describe the physiological changes in the various systems during pregnancy such e.g. • Reproductive System, circulatory, urinary etc. 1.4 List the presumptive, probable and positive signs of pregnancy. 1.5 Identify the cultural and socio-economic factors that can affect childbearing process • Motherhood/father hood role • Mother/child relationship • Husband/wife relationship	<ul> <li>Lecture</li> <li>Discussion</li> <li>Group Work</li> <li>Practical Demonstration</li> </ul>	<ul> <li>Whiteboard Marker</li> <li>Books</li> <li>Charts</li> <li>Video/Slides</li> <li>Overhead Projectors</li> </ul>	1.0 Carry out physical examination of the pregnant woman e.g. height, weight, gait etc.  Conduct abdominal examination following the steps. Inspection Palpation Auscultatio n. Carry out pelvic assessment at first visit and at 36 weeks. 1.8. Use antenatal risk assessment form (ARAF) to identify risk	<ul> <li>Demonstrate physical examination using Delivery Phantom/or a pregnant client in the ANC.</li> <li>Demonstrate abdominal examination using model or pregnant mother.</li> <li>Return demonstration.</li> </ul>	<ul> <li>Tape Rule</li> <li>Height Scale</li> <li>Weighing Scale</li> <li>Fetal Stethoscop e</li> <li>Manikin</li> <li>Pregnant client</li> <li>Video clips on physical examinatio n of a pregnant women</li> <li>Multimedia projector</li> <li>Laptop</li> <li>Pelvi meter</li> <li>Doll and Pelvis</li> <li>ARAF</li> <li>Pregnant client</li> </ul>	Assignment Test Examination

		conditions		
1.6 Describe family		like		
adaptation to		Anaemia in		
pregnancy e.g.		pregnancy,		
acceptance of		pregnancy		
pregnancy.		induced		
1.7 Outline disorders and		hypertensio		
complications of		n. Etc		
pregnancy e.g. minor		11. 200		
(heartburn) major				
(hyperemesis				
gravidarum). etc				
<b>1.8</b> Outline the aims and				
objectives of prenatal				
care.				
1.9 Explain process of				
prenatal care				
1.10 Discuss antenatal				
care.				
<ul> <li>History taking,</li> </ul>				
• Physical				
examination,				
Abdominal				
examination:				
Palpation				
Auscultation,				
Percussion, etc				
<ul> <li>Laboratory</li> </ul>				
investigations e.g				
PCV, FBC, HIV,				
VDRL, Urinalysis,				
Blood grouping and				
genotype, Pelvic,				
assessment,				
Identification of at				
risk patients.				
Describe antenatal				
risk assessment				
form				
101111				<u> </u>

1.11 Describe birth preparedness and complication readiness.  General Objective 2.0: Kn Specific Learning	ow the process of la	bour and childbirth Resources	n Specific Learning	Teachers'	Resources	Evaluation
Objectives (Theory)	Activities		Objectives (Practical)	Activities		
<ul> <li>2.1Define labour and normal labour.</li> <li>2.2 Differentiate between true and false labour</li> <li>2.3 Describe the physiology of true labour.</li> <li>2.4 List and explain the stages of labour.</li> <li>2.5 Describe the mechanism of normal labour.</li> <li>2.6 Identify the equipment / instruments required in the preparation of delivery room.</li> <li>2.7 Explain infection control in midwifery practice using Universal precaution.</li> <li>2.8 Describe the</li> </ul>	Lecture     Discussion     Demonstration using cervical board     Demonstration of mechanism of labour	<ul> <li>Text Book</li> <li>Cervical Board</li> <li>Model</li> <li>Doll and Pelvis</li> <li>Multimedia projector</li> <li>Laptops</li> </ul>	2.1 Conduct delivery 2.2 Perform episiotomy. 2.3 Carry out delivery of the placenta by controlled cord traction. 2.4 Demonstrate mechanism of labour 2.5 Set delivery trolley  2.6 Carry out urine analysis 2.7 Demonstrate vulva swabbing technique 2.8 Carry out vaginal examination. 2.9 Manage a woman in 1st and second stage of labour. 2.10 Use partograph in	<ul> <li>Perform urinal analysis</li> <li>Demonstration vulva swabbing</li> <li>Demonstrate vaginal examination using a model.</li> <li>illustrates how to plot on the partograph.</li> <li>Demonstrate mechanism of labour</li> <li>Demonstrate the management of delivery.</li> <li>demonstrate/il lustrates how to perform episiotomy.</li> <li>use the Phantom &amp; Placenta model in demonstrating delivery of</li> </ul>	<ul> <li>Models</li> <li>Vaginal Model</li> <li>Gloves</li> <li>Antiseptic</li> <li>Cervical Dilatation Board</li> <li>Partograph forms</li> <li>Pencils</li> <li>Delivery equipment e.g. delivery kit, drug (oxytocin / ergometrine) kidney dishes.</li> <li>Delivery phantom</li> <li>Doll &amp; Pelvis</li> <li>Inj. Oxytocin</li> <li>Vulva Model</li> <li>Local anaesthestic agent (Xylocaine)</li> <li>Non</li> </ul>	Assignment Test Examination

			ı			1	1 1		1 1	
assessment of a					managing a woman in labour.		placenta by controlled cord		pharmacolog ical method	
patient/client in first					in labour.					
stage of labour.							traction.		of relieving	
First Stage of Labour						•	Return		pain	
							demonstration	•	Phartom	
2.9 Explain the physiology							by student	•	Placenta	
of first stage of labour.									Model	
								•	Receiver	
2.10 Describe the process			•	Multimedia						
of vaginal	•	Lecture		projector						
examination.	•	Discussion	•	Laptops						
	•	Demonstratio		Film clips on						
2.11 Explain the use of		n		management of						
partograph in				second stage of						
labour.				labour.						
				labour.						
2.12 Explain				Film clips on						
methods/types of			ĺ							
relief of pain in				episiotomy						
labour.										
labour.										
2.13 State possible effects										
of analgesics and										
anaesthesia on										
mother and baby.										
0										
Second stage of labour										
0.14 F. 1: 41										
2.14 Explain the										
physiology of second										
stage of labour.										
0.15 D 3.41										
2.15 Describe the										
management of										
second stage of										
labour.										
2.16 State the positions										
used in labour.										
2.17 Describe the conduct										

of normal delivery.			
2.18 Define episiotomy.			
2.19 Explain indications, types and procedure for episiotomy.			
2.20 Describe repair of episiotomy			
2.21 Explain the immediate care of the newborn.			
Third Stage of Labour			
2.22 Discuss the physiology of third stage of labour.			
2.23 Identify signs of third stage of labour.			
2.24 Describe mechanism of placental separation.			
2.25 Describe active management of third stage of labour.			
2.26 Describe placental examination.			
Fourth Stage of Labour 2.27 Define the stage 2.28Describe monitoring of blood loss 2.29 Describe methods of			
measuring blood loss.			

2.30 Discuss Inspection of			
perineum and repair			
2.31 Describe initiation of			
lactation.			
2.32 Identify complications			
in mother and baby			
2.33 Describe the			
examination of the			
baby (head to toe)			
2.34 Reporting and referral			
2.35 Outline the Nurse's			
responsibility in			
reporting and referral			
of clients.			

Specific Learning Objectives (Theory)	Teachers' Activities	Resources	Specific Learning Objectives (Practical)	Teachers' Activities	Resources	Evaluation
<ul> <li>3.1 Define puerperium</li> <li>3.2 Describe the anatomical, physiological and psychological changes in puerperium</li> <li>3.3 Describe the immediate physical and psychological postpartum care.</li> <li>3.4 Explain the Nursing and medical management of the mother and child during postpartum period.</li> <li>3.5 Describe the postnatal follow up and care of a new mother.</li> <li>3.6 Outline the health</li> </ul>	<ul> <li>Lecture</li> <li>Discussion</li> <li>Questions and Answers</li> <li>Assignments</li> <li>Demonstration</li> </ul>	<ul> <li>Multimedia Projector</li> <li>Laptops</li> <li>Delivery Phantom</li> </ul>	3.5 Carry out post natal examination on a new mother.  - Teach a new mother how to position baby for effective breast feeding.	demonstrates steps in post natal examination on a postnatal mother.  uses a new mother in the postnatal clinic to demonstrate breast feeding.	<ul> <li>Measuring Ruler or</li> <li>Tape Rule</li> <li>Post natal clients.</li> </ul>	Assignment Test Examination

teaching, guidance			
and instruction given			
to the puerperal			
woman in pueperium			
3.7 Explain the concepts			
of referral to infant			
welfare clinic and			
family planning clinic			
in postnatal period.			
3.8 Identify the roles			
and responsibilities			
of a Midwife in			
prenatal,intra			
natal and puerperium			
periods			

General Objective 4.0: Kı	now the application (	of nursing proc	ess in care of clients du	ring pregnancy, labor a	and puerperuir	n.
Specific Learning Objectives	Teachers' Activities	Resources	Specific Learning Objectives	Teachers' Activities	Remarks	Evaluation
<ul> <li>4.1Utilize nursing process approach in the care of pre-natal period.</li> <li>4.2 Utilize nursing process approach in the management of clients in labour.</li> <li>4.3 Utilize nursing process approach in managing clients in puerperium</li> </ul>	<ul> <li>Lecture</li> <li>Discussion</li> <li>Illustration</li> <li>Demonstration</li> <li>Return demonstration</li> <li>Guide students to develop nursing care</li> </ul>	Whiteboard Marker     Nursing process booklet     Pen, biro, rule		<ul> <li>Lecture</li> <li>Discussion</li> <li>Illustration</li> <li>Demonstration</li> <li>Return demonstration</li> <li>Guide students to develop nursing care plan at every</li> </ul>		-Test -Examination -Quiz

HND NURSING II SEMESTER: FIRST

PROGRAMME: HND NURSING	i II			
COURSE: INFANT				
COURSE CODE: NUR 417				
DURATION:	Lecture:	Tutorial:	Practical:	Total Contact Hours: 4 Hours
(Hours/Week)	2 Hrs	-	2 Hrs	60 Hours
CDEDIT HNIT. 4				

CREDIT UNIT: 4

GOAL: This course is designed to enable the students understand normal and abnormal physiological changes at different stages of growth and development of the infant and the skills required to provide care to theses infants.

GENERAL OBJECTIVES: At the end of the course, students should be able to:

- **1.0** Know the features of a normal newborn.
- **2.0** Know the physical, behavioural and neurological assessment of the new born.
- **3.0** Know how to motivate mothers on breast feeding.
- **4.0** Know supportive care, appropriate counseling and education of the family in the art of parenting, infant care and provision of social and medical services.
- **5.0** Know the conditions /complications that affect the new born and their management.
- **6.0** Know how to Counsel mothers/families on these conditions and their prevention.

PROGRAMME: HND NURSING COURSE: INFANT Course Code: NUR 417 **Total Contact Hours: 60Hours** 

Course Specification: Theory/Practical

		tures of a normal n		Ι		T
Specific	Teachers'	Resources	Specific	Teachers'	Resources	Evaluation
Learning	Activities		Learning	Activities		
Objectives			Objectives			
(Theory)			(Practical)			
1.1 Explain the term newborn.  1.2 List the features of the newborn.  1.3 Describe the transition from intra to extra uterine life.  1.4 State physiological chemical and structural changes in the newborn e.g. changes in Respiratory, Cardiovascular and Urinary systems etc.  1.5 Identify deviations from normal physiological	Lecture     Discussion     Assignments     on the     various     topics	<ul> <li>Magnetic Board</li> <li>Markers</li> <li>Multimedia projector</li> <li>Laptops</li> <li>Video clip on care of the new born</li> <li>Text books</li> <li>E-Library</li> <li>Mucus extractor</li> <li>Ambu bag</li> <li>Bud syringe</li> <li>Weighing scale</li> <li>Measuring tape</li> <li>Palter hammer</li> <li>Charts/postp ose</li> </ul>	1.6 Demonstrate assessment of the newborn using APGAR Score. 1.7 Demonstrate care of the Umbilical cord	Demonstration     Return demonstrations	<ul> <li>Models</li> <li>Suctioning machine</li> <li>Oxygen and other apparatus</li> <li>Mucus Extractor</li> <li>Plain sheets for record &amp; documenta tion of findings.</li> <li>Cotton wool</li> <li>Sterile water / normal saline</li> </ul>	Assignment Test Examination

changes in the newborn.			
1.6 Describe the assessment of the new born, using Apgar scoring.			
1.7 Describe the resuscitation of the Newborn.			
1.8 Explain initial and subsequent assessment of the new born.			

General Objective	2.0: Know the phy	sical, behavioural	and neurological asso	essment of the new	vborn	
Specific Learning Objectives (Theory)	Teachers' Activities	Resources	Specific Learning Objectives (Practical)	Teachers' Activities	Resources	Evaluation
<ul> <li>2.1 Explain     physical     assessment of     the new     born.</li> <li>2.2 Describe the     behavioural     assessment of     the new born.</li> <li>2.3 Describe     neurological</li> </ul>	<ul> <li>Lecture</li> <li>Discussion</li> <li>Question</li> <li>Assignments on topics</li> </ul>	<ul> <li>Magnetic Board</li> <li>Markers</li> <li>Multimedia projector</li> <li>Laptops</li> <li>Video clip on care of the new born</li> <li>Text books</li> <li>E-Library</li> <li>Mucus</li> </ul>	2.1 Carry out general examination of the new born  • Weighing newborn  • Measure head circumference , abdominal girth and length of the baby using tape	<ul> <li>Demonstratio         n</li> <li>Return         demonstratio         ns</li> </ul>	<ul> <li>Neurologic al examinatio n tray with:  <ul> <li>Kidney</li> <li>Cotton wool</li> <li>Pins</li> <li>Spirit</li> <li>Pen Touch</li> </ul> </li> </ul>	Assignment Test Examination

assessment of the new born.	<ul> <li>Ambu bag</li> <li>Buld syringe</li> <li>Weighing scale</li> <li>Measuring tape</li> <li>Patellar hammer</li> <li>Charts/postp ose</li> </ul>	Take rectal temperature 2.3 Carry out neurological assessment of the new born.		Therm ometer  • Model of a baby	
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General Objective	3.0: Know how to	motivate mothers	on breast feeding.			
Specific Learning Objectives (Theory)	Teachers' Activities	Resources	Specific Learning Objectives (Practical)	Teachers' Activities	Resources	Evaluatio n
<ul><li>3.1 Explain the physiology of lactation.</li><li>3.2 Explain initiation and act of breast feeding.</li></ul>	<ul> <li>Lecture</li> <li>Discussion</li> <li>Demonstration</li> <li>Questions and answers</li> <li>Assignment to students</li> </ul>	<ul><li>Models</li><li>Charts</li><li>Visit to the post natal wards</li></ul>	3.2 Counsel mother on exclusive breast feeding.  demonstrate attachment and positions used in breast feeding	<ul> <li>Demonstration</li> <li>Return demonstrations</li> </ul>	Multimedia projectors Laptops Video clips on breast feeding	Assignmen t Test Examinati on
3.3 Describe Baby Friendly Initiative.						
3.4 Explain exclusive Breastfeeding						
3.5 Outline the steps of successful breastfeeding 3.6 Describe the						

breast milk substitute 3.7 Describe supervision, support and care of breast feeding mother. 3.8 Explain tube feeding 3.9Explain supplementary feeding			
3.10 Explain to mother the advantages of exclusive breast feeding.			

Specific Learning Objectives (Theory)	Teachers' Activities	Resources	Specific Learning Objectives (Practical)	Teachers' Activities	Resources	Evaluation
<ul> <li>4.1 Explaining counseling and art of parenting</li> <li>4.2 Enumerate the evaluation process and discharge from the health facility.</li> <li>4.3 Explain the care of the infant at home.</li> <li>4.4 Identify the</li> </ul>	<ul> <li>Lecture</li> <li>Discussi on</li> <li>Question s</li> <li>Assignm ents</li> <li>Role play</li> </ul>	<ul> <li>Magnetic Board</li> <li>Marker</li> <li>Posters</li> <li>Lecture Notes</li> <li>E-Library</li> <li>Journals &amp; Periodicals</li> <li>Textbooks</li> </ul>	4.3 Counsel mother on harmful social cultural and traditional practice.			Assignment Test Examination

harmful				
4.5 traditional and				
cultural practices				
4.6 Discuss the				
prevention of				
harmful traditional				
/cultural practices				
4.7 Explain the				
concept of home				
visiting after				
discharge from				
hospital.				
4.8 Describe the				
concept of family				
adjustments.				
4.9 State the functions of child health				
clinics.				
4.10 Explain the				
process of referral				
in child health				
clinic and follow				
up care.				
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	L L			

General Objective 5.0: Know the conditions/complications that affect the Newborn and their managment								
Specific Learning Objectives (Theory)	Teachers' Activities	Resources	Specific Learning Objectives (Practical)	Teachers' Activities	Resources	Evaluation		
5.1 Asphyxia Neonatorum	<ul><li>Lecture</li><li>Discussion</li></ul>	<ul><li> Text books</li><li> Posters</li></ul>	5.1 Assess new born for degree	• Demonstr ation and	APGAR score	Assignment Test		

- Define asphyxia	• Questions	Magnetic	of asphyxia	return	chart	Examinatio
neonatorum	and answers	Board	5.2 Conduct	demostrat	• Stethosc	n
- Enumerate causes	arra arra were	Marker	physical	ion	ope	
- Describe the clinical		Multimedia	examination of	• Discuss	• Relia	
manifestation of	• Lecture	projectors	the newborn	physical	• Doll	
Asphyxia Neonatorum	Discussion	• Film clips on		examinati	• Suction	
- Discuss Management of		the	<ul> <li>Resuscita</li> </ul>	on	machine	
Asphyxia Neonatorum		abnormalities	te new	<ul> <li>Perform</li> </ul>	• Bulb	
using Nursing process			born with	resuscitat	syringe /	
approach			asphyxia	ion	mucus	
5.2 Describe the	• Lecture	Diagram	<ul> <li>Perform</li> </ul>		extractor	
abnormalities	<ul> <li>Discussion</li> </ul>		physical		<ul> <li>Resuscit</li> </ul>	
associated with birth		<ul> <li>Textbooks</li> </ul>	examinat		aire	
injuries		Diagram	ion of the		$\bullet$ O <sub>2</sub>	
internal -Intracranial	<ul> <li>Lecture</li> </ul>		new born		<ul> <li>Angle</li> </ul>	
injuries, rupture of the		<ul> <li>Textbooks</li> </ul>	to rule		poise	
liver		Diagram	out		lamp	
External e.g	• Lecture		abnormal		<ul> <li>Drugs</li> </ul>	
cephalhaematoma, caput succedaneum,		<ul> <li>Textbooks</li> </ul>	ities in			
dislocation and		Diagram	5.2,5.3 and in			
fractures	• Lecture		5.8, in			
5.3 Describe congenital		<ul> <li>Textbooks</li> </ul>	the			
abnormalities and		• Diagram	theory			
Genetic malformations	• Lecture/Disc		theory			
-Describe congenital	ussion					
abnormalities such as						
Skeletal abnormalities		• Magnetic				
-Central Nervous		Board				
System abnormalities		• Marker				
Hydrocephaly		Show Diagram				
Anencephaly		of the				
Microcephaly		conditions in				
-Musculo skeletal		textbook				
Disorders such as						
Ameli/comelia, Talipes	• Lecture/Disc					
equinovarus/calcaneov	ussion					
agus Polydactyly/syndactyly						
1 Olydactyly / Sylldactyly						

-Soft Tissue Abnormalities -Congenital Heart Disease e.g Tetraology of fallot -Genitourinary disorder Hypospadia/Epispadia -Gastrointestinal disorder Cleft lip and cleft palate -Chromosomal Abnormalities Inborn errors of metabolism Jaundice Babies of HIV positive mothers		<ul> <li>Magnetic Board</li> <li>Marker</li> <li>Textbooks</li> <li>Charts</li> </ul>				
	<u> </u>	-L	_ <b>L</b>		<u> </u>	
<ul><li>5.4 Describe chromosomal abnormalities</li><li>Explain the different types of</li></ul>	Lecture     Discussion	<ul><li>Magnetic Board</li><li>Marker</li></ul>	5.1 Conduct physical examination on how to detect abnormalities	Perform physical examinati on of the	<ul><li>Nursing process booklet</li><li>Pencil</li><li>eraser</li></ul>	Assignment Test Examination

abnormalities	<ul> <li>Discussion</li> </ul>	Board	physical	Perform	process	Test
Explain the different types of chromosomal abnormalities such as:		Marker	examination on how to detect abnormalities in section 5 in the theory	physical examinati on of the new born • Demonstr	booklet Pencil eraser Biro Ruler	Examination
<ul> <li>Trisomy 13</li> <li>Trisomy 18</li> <li>Trisomy 21 or Down's Syndrome,</li> <li>In born errors of metabolism such as phenylketonuri a.</li> <li>Discuss the</li> </ul>	<ul> <li>Lecture Demonstrate tube feeding</li> <li>Lecture</li> <li>Discussion</li> <li>Demonstrati on</li> </ul>	<ul> <li>Magnetic Board</li> <li>Marker</li> <li>Magnetic Board</li> <li>Charts</li> <li>Model</li> <li>Ryles Tube-</li> </ul>	Apply Nursing Process to identify abnormalities and manage conditions in 5.5 -5.9  Demonstrate the use of Naso Gastric tube	ation	<ul> <li>Relia</li> <li>Good source of light</li> <li>Diagnost ic set</li> </ul>	

nursing		Infant size feeding
management of		• Syringe 5.6 Counsel
patient with		Spigot mother/family
chromosomal		Breast Milk on the care of
abnormalities		etc. baby with
5.5 High risk infant,	• Lecture	abnormal
diagnosis, medical		conditions in
	• Demonstrati	
and nursing	on of	• Magnetic 5.25.
management	resuscitation	Board
	measures	Marker
5.6 Infection, Jaundice,		Model
Oral thrush, Omphalitis		Equipment
5.7 Addiction Syndrome-		Dquipment
Drug addiction in the	• Lecture/Disc	Magnetic
Neonate, foetal alcohol	ussion	
syndrome	4551011	Board
3,		Marker
5.8 Sudden Infant	T / /D:	Magnetic
Death Syndrome	• Lecture/Disc	Board
Death Syndrolle	ussion	Marker
5.9 Describe the diagnostic		
procedures for the	• Lecture/Disc	
conditions	ussion	Magnetic
in 5.3 above.		
		Board
5.10 Apply the nursing		Markers
process in the		
management of the	. I t /D:	
conditions in 5.3 above.	• Lecture/Disc	
conditions in 5.5 above.	ussion	
F 11 Discuss how to		
5.11 Discuss how to		
counsel mother, family		
on these conditions,		
complications that		
affect the newborn and		
their preventions		
_		
5.12 Describe the		
diagnostic procedures		

for the conditions in 5.6 above.			
5.13 Discuss nursing care in the management of the conditions in 5.6 above.			
<ul> <li>5.14 Describe pre and post-term infants.</li> <li>5.15 Describe tube feeding</li> <li>5.16 Identify infants with respiratory distress syndrome.</li> </ul>			
5.17 Identify babies of HIV positive mothers.			
5.18 Describe the following infections that affect the new born  - Jaundice - Oral Thrush - Omphalitis, - Broncho-pneumonia - Neonatal Tetanus - Ophthalmic Neonatorum - Pemphigus Neonatorum - Septic spot			
<ul><li>5.19 Manage the infections in 5.13 above using the Nursing process.</li><li>5.20 Explain addiction</li></ul>			

<u></u>			
syndromes like:			
<ul> <li>Drug addiction in</li> </ul>			
the neonate			
Foetal Alcohol			
Syndrome			
5.21 Describe sudden			
infant death syndrome			
5.22 List the causes of			
the syndrome in 5.15			
above.			
5.23 Apply Nursing			
process in the			
management of Patients			
with the syndrome in			
2.15 above.			
5.24 Counsel mothers on			
the prevention of			
abnormal Conditions			
/complications in			
newborn.	.1 1.6 111 11	1.11	
General Objective: 6.0 Know how to counse		and their preventions	
<b>6.1</b> Explain process of	6.1 Conduct		
counseling	practical		
<b>6.2</b> Explain the skills	counseling sessions for		
required by a			
Counselor	family mothers/family		
<b>6.3</b> List tools required for	members on		
counseling	prevention and		
<b>6.4</b> Describe the	management of		
procedures required	various newborn		
	abnormalities		
in various counseling	and conditions.		
sessions.			

HND NURSING II SEMESTER: FIRST

PROGRAMME: HND NUR	SING II			
COURSE: PHARMACOLOG	GY IN MIDWIFERY			
COURSE CODE: NUR 41	8			
DURATION:	Lecture:	Tutorial:	Practical:	Total Contact Hours: 2
(Hours/Week)	1 Hr	O Hr	1 Hr	Hrs
				(30 Hours)
CREDIT UNIT: 2				
GOAL: This course is des	signed to acquaint the s	tudents with the kn	owledge of drugs used	in Midwifery Practice.
GENERAL OBJECTIVE: A	At the end of the course	, the students shoul	d be able to:	
1.0 Know the common dru	ugs used in Midwifery Pra	actice		
2.0 Understand pharmaco	ological and alternative m	ethods of pain relief in	n midwifery practice	

PROGRAMME: HND NURSING II								
COURSE:PHARMACOLOGY		С	ourse Code: NUR 41	8	<b>Total Contact Hour</b>	rs: 30 Hours		
	now the common di	_		I =		1		
Specific Learning	Teachers' Activities	Resources	Specific Learning	Teachers' Activities	Resources	Evaluation		
Objectives (Theory)	Activities		Objectives (Practical)	Activities				
1.1Discuss drug concept and drug revolving fund  1.2 Identify drugs used for common pregnancy disorders e.g. Morning sickness, Heartburn etc.  1.3 Identify drugs used for other conditions above e.g. • Malaria • Anaemia • Pregnancy induced Hypertension, etc  1.4 Identify drugs used in Labour Management such as:  (i) Normal Labour (ii) Complicated Labour	Lecture Discussion  Lecture Discussion  Lecture Discussion	<ul> <li>Text books</li> <li>Multimedia projector</li> <li>Laptops</li> <li>Charts</li> <li>Posters</li> <li>Drug sample</li> <li>Magnetic Board</li> <li>Marker</li> <li>Recording chart</li> <li>Contraceptiv Pills</li> <li>Antiseptics</li> </ul>	1.2 Identify drugs used for common pregnancy disorders e.g. Morning sickness, heart Burn etc.  1.3 Identify					

			1
1.5 Identify drug use in Resuscitation of the mother and the Newborn.		normal and complic ated labour	
New Bolli.		laboui	
1.6 Identify drugs used in the treatment of Immunological conditions.	Demonstration Show the drugs	1.5 Identify Resusci tative	
1.7 Discuss immunization schedule for mother and baby.	Show the drugs	drugs for the mother and	
1.8 List the drugs to be administered independently by the Midwife during pregnancy, labour and		the Newbor n	
puerperium.			
1.9 Identify other drugs that can be used in Midwifery practice such as - Contraceptives - Antiseptics and Disinfectants - Oral Rehydration salt			
- Anti-retroviral		1.6 . Identify	
Drugs.		other drugs that can be	
		used in	
		Midwifery	
		practice such as	
		- Contrace	

ptives - Antiseptic s and Disinfecta nts - Oral Rehydrati on salt	
on sait Anti-retroviral	
Drugs.	

General Objective 2.0 Unde	rstand the pharm	acological and altern	ative methods of	pain relief in Mi	dwifery Practice	
Specific Learning Objectives (Theory)	Teachers' Activities	Resources	Specific Learning Objectives (Practical)	Teachers' Activities	Resources	Evaluation
2.1 Define pain. 2.2 Explain the theories and mechanism of pain. 2.3 Describe ascending and descending pain pathways. 2.4 Outline factors influencing pain threshold 2.5 Describe	<ul> <li>Lecture</li> <li>Discussion</li> <li>Lecture</li> <li>Demonstration</li> </ul>	<ul> <li>Text books</li> <li>Multimedia projector</li> <li>Laptops</li> <li>Charts</li> <li>Posters</li> <li>Drug samples</li> <li>Magnetic Board</li> <li>Markers</li> </ul>	Manage pain in Midwifery:  - Labour  1st Stage 2nd Stage 3rd Stage 4th Stage			Assignment Test Examination
management of pain in Midwifery practice using: (a) Obstetric Analgesia (b) Inhalational Analgesia	<ul><li>Lecture</li><li>Discussion</li><li>Lecture</li></ul>					

(c) Intravenous	Discussion
(c) Intravenous Analgesia	• Discussion
(d) Regional Analgesia	• Lecture
(a) Itogram innageona	Discussion
	Discussion
2.6 Outline the role	Lecture and
of the Midwife	Discussion
in pain	
management	
during labour	Lecture and
and .	Discussion
puerperium.	
2.7 Enumerate the	
role of the	• Lecture
Midwife in the	• Discussion
care of patient	• Questions
on local and	and answers
general	
anesthesia.	
2.8 Identify	
alternative	
methods of pain	
relief.	

HND NURSING II SEMESTER: FIRST

PROGRAMME: HND NURSING II							
COURSE: SOCIOLOGY	COURSE: SOCIOLOGY OF THE FAMILY						
COURSE CODE: NUR 4:	19						
DURATION:	Lecture:	Tutorial:	Practical:	Total Contact Hours:			
(Hours/Weeks)	2 Hrs	-	1 Hr	45 Hours			
CREDIT UNIT: 3							

GOAL: This course is designed to enable students to understand the family as the basic unit of society and acquaint them with its position in both industrial and non-industrial society.

## GENERAL OBJECTIVES: At the end of the course, the students should be able to:

- Understand the family as a social institution in which the most intimate relationship occurs.
- Know the position of the family in non-industrial societies.
- Understand the important roles that the family performs in industrial growth.
- Know the social responsibilities and task of family members.
- Know the traditional position of the woman in society and how it has changed.
- Understand the importance of the small family unit.
- Understand the need for family planning as a mechanism for birth control.
- Understand the objectives of the Federal Government population policy and health campaign programme.
- Understand the concepts and procedures for Home Visiting
- 10.0 Know follow-up and Rehabilitative care of patient's discharged from Hospitals.

PROGRAMME: HND NURSING II								
COURSE: Sociology of	the Family	Course Cod	le: NUR 419	<b>Total Contact Hours: 45 Hours</b>				
-	Course Specification: Theory							
General Objective 1.0:	Understand the fam	<u>ily as a social instituti</u>	on in which the mos	st intimate rela	tionship occurs.			
Specific Learning	Teachers'	Resources	Specific Learning	Teachers'	Resources	Evaluation		
Objectives (Theory)	Activities		Objectives (Practical)	Activities				
The Family  1.1 Define the concept of family, kinship and marriage.  1.2 State the different types of marriage contracts  1.3Explain marriage types- monogamy, polygamy (polygyny, polyandry), ghost marriage, levirate marriage.  1.4 Explain systems of inheritance	<ul> <li>Lecture</li> <li>Discussion</li> <li>Brainstorming</li> <li>Questions and answers</li> <li>Assignments</li> </ul>	<ul> <li>White board/ Markers</li> <li>Charts</li> <li>Text books</li> <li>Audio visuals</li> <li>Journals</li> <li>Multimedia projector and accessories</li> </ul>				Assignmen t Test Examinatio n		

General Objective 2.0: Know the position of the family in non-industrial societies								
Specific Learning Objectives (Theory)	Teachers' Activities	Resources	Specific Learning Objectives (Practical)	Teachers' Activities	Resources	Evaluation		
Functions of the Family 2.1 Explain the role of the family in community development 2.2 Explain family economic roles	<ul> <li>Lecture</li> <li>Discussion</li> <li>Brainstorming</li> <li>Questions and answers</li> <li>Assignments</li> </ul>	<ul> <li>White board</li> <li>Markers</li> <li>Charts</li> <li>Text books</li> <li>Audio visuals</li> <li>Journals</li> <li>Multimedia projector and accessories</li> </ul>				Assignment Test Examination		

Specific Learning Objectives (Theory)	Teachers' Activities	Resources	Specific Learning Objectives (Practical)	Teachers' Activities	Resources	Evaluation
Family Role in Industrial Growth  3.1 Identify the roles a family plays in industrial growth.  3.2 State the universal effects of industrialization on the family.	<ul> <li>Lecture</li> <li>Discussion</li> <li>Brainstorming</li> <li>Questions and answers</li> <li>Assignments</li> <li>Group work</li> </ul>	<ul> <li>White board</li> <li>Markers</li> <li>Charts</li> <li>Text books</li> <li>Audio visuals</li> <li>Journals</li> <li>Multimedia projector and accessories</li> </ul>				Assignment Test Examination

General Objective 4.0: Know the social responsibilities and tasks of family members.								
Specific Learning Objectives (Theory)	Teachers' Activities	Resources	Specific Learning Objectives (Practical)	Teachers' Activities	Resources	Evaluation		
The Family and Socialization Process  4.1 Explain the role of the family in the socialization Process.  4.2 Explain the Nigerian attitudes to child-upbringing e.g. permissiveness, restrictiveness, male preference, large family size, early marriage, child neglect.	<ul> <li>Lecture</li> <li>Discussion</li> <li>Brainstorming</li> <li>Questions and answers</li> <li>Assignments</li> <li>Group work</li> <li>Role play</li> </ul>	<ul> <li>White board</li> <li>Markers</li> <li>Charts</li> <li>Text books</li> <li>Audio visuals</li> <li>Journals</li> <li>Multimedia projector and accessories</li> </ul>				Assignment Test Examination		

General Objective 5.0: Know the traditional position of women in the society and how it has changed								
Teachers' Activities	Resources	Specific Learning Objectives (Practical)	Teachers' Activities	Resources	Evaluation			
<ul> <li>Lecture</li> <li>Discussion</li> <li>Brainstorming</li> <li>Questions and answers</li> <li>Assignments</li> <li>Group work</li> <li>Role play</li> </ul>	<ul> <li>White board</li> <li>Markers</li> <li>Charts</li> <li>Text books</li> <li>Audio visuals</li> <li>Journals</li> <li>Multimedia projector and accessories</li> </ul>				Assignment Test Examination			
	Teachers' Activities      Lecture     Discussion     Brainstorming     Questions and answers     Assignments     Group work	Teachers' Activities  Percentage    Lecture   Discussion   Brainstorming   Questions and answers   Assignments   Group work   Role play    Resources  White board   Charts   Text books   Audio visuals   Journals   Multimedia projector and	Teachers' Activities  Resources  Specific Learning Objectives (Practical)  • Lecture • Discussion • Brainstorming • Questions and answers • Assignments • Group work • Role play  Resources  • White board • Markers • Charts • Text books • Audio visuals • Journals • Multimedia projector and	Teachers' Activities  Resources  Specific Learning Objectives (Practical)  Lecture Discussion Markers Discussion Charts Charts Teachers' Activities  Teachers' Activities  Teachers' Activities	Teachers' Activities  Resources  Specific Learning Objectives (Practical)  Lecture Discussion Brainstorming Questions and answers Assignments Group work Resources  Specific Learning Objectives (Practical)  Teachers' Activities  Resources  Activities  Text board Text books Audio visuals Journals Multimedia projector and			

General Objective 6.0: Understand the importance of the small family unit									
Specific Learning Objectives (Theory)	Teachers' Activities	Resources	Specific Learning Objectives (Practical)	Teachers' Activities	Resources	Evaluation			
Family Size 6.1Identify the advantages and disadvantages of the large family unit.	<ul> <li>Lecture</li> <li>Discussion</li> <li>Brainstorming</li> <li>Questions and answers</li> <li>Assignments</li> <li>Role play</li> </ul>	<ul> <li>White board</li> <li>Markers</li> <li>Charts</li> <li>Text books</li> <li>Audio visuals</li> <li>Journals</li> </ul>				Assignment Test Examination			

6.2 Enumerate the advantages and disadvantages of the small family unit relative to the provisions of: good education, good health, high standard of living etc.	Group work	<ul> <li>Multimedia projector and accessories</li> <li>Interactive Board</li> </ul>		
6.3 Identify the various socio- economic, political and cultural changes that affect family size.				

General Objective 7.0:	Understand the nee	d for family planning a	s a mechanism for b	oirth control		
Specific Learning Objectives (Theory)	Teachers' Activities	Resources	Specific Learning Objectives (Practical)	Teachers' Activities	Resources	Evaluation
7.1 Identify social reaction to family planning 7.2 Enumerate the advantages of family planning 7.3 Describe the various methods of family planning and the role of the health care provider in family	<ul> <li>Lecture</li> <li>Discussion</li> <li>Brainstorming</li> <li>Questions and answers</li> <li>Assignments</li> <li>Role play</li> <li>Group work</li> </ul>	<ul> <li>White board Markers</li> <li>Charts</li> <li>Text books</li> <li>Audio visuals</li> <li>Journals</li> <li>Multimedia projector and accessories Interactive Board</li> </ul>				Assignment Test Examination

planning.			

General Objective 8.0: Understand the objectives of the Federal Government population policy and health campaign programme.								
Specific Learning Objectives (Theory)	Teachers' Activities	Resources	Specific Learning Objectives (Practical)	Teachers' Activities	Resources	Evaluation		
Population policy of Nigeria  8.1 Explain current population explosion and its consequences on socio-economic, system and health planning  8.2 List the objectives of the Federal Government policy on population.  8.3 List the advantages and disadvantages of the population policy.  8.4 Explain Federal Government concern for increasing Family Planning Services Utilization	<ul> <li>Lecture</li> <li>Discussion</li> <li>Brainstorming</li> <li>Questions and answers</li> <li>Assignments</li> <li>Group work</li> <li>Role play</li> </ul>	<ul> <li>White board</li> <li>Markers</li> <li>Charts</li> <li>Text books</li> <li>Audio visuals</li> <li>Journals</li> <li>Multimedia projector and accessories</li> <li>Interactive Board</li> </ul>				Assignment Test Examination		

General Objective 9.0: Understand the concepts and procedures for Home Visiting.								
Specific Learning	Teachers'	Resources	Specific Learning	Teachers'	Resources	Evaluation		

Objec	tives (Theory)	Activities		Objectives	Activities	
		_		(Practical)		
9.1	Explain the concept of home visiting.	<ul><li>Lecture</li><li>Discussion</li><li>Brainstorming</li></ul>	<ul><li>White board</li><li>Markers</li><li>Charts</li></ul>			Assignment Test Examination
9.2	Highlight the roles of a Public Health Nurse in Home Visiting.	<ul><li> Questions and answers</li><li> Assignments</li><li> Group work</li><li> Role play</li></ul>	<ul><li>Text books</li><li>Audio visuals</li><li>Journals</li><li>Multimedia projector and</li></ul>			
9.3	Explain the importance of home visiting.		accessories • Interactive Board			
9.4	List common health problems in the family/commu nity					
9.5	Explain the contribution of the family in solving their health					

General Objective 10.0: Know follow-up and Rehabilitative care of patients' discharged from Hospital.									
Specific Learning	Teachers'	Learning Resources	Specific Learning	Teachers'	Resources	Evaluation			
	Activities		Objectives	Activities					

Objectives (Theory)			(Practical)		
<ul> <li>10.1 Explain the concept of follow-up and rehabilitation</li> <li>10.2 Explain the stages of rehabilitation.</li> <li>10.3 State the types of rehabilitation.</li> <li>10.4 State the advantages of follow-up and rehabilitation.</li> </ul>	<ul> <li>Lecture</li> <li>Discussion</li> <li>Brainstorming</li> <li>Questions and answers</li> <li>Assignments</li> <li>Group work</li> <li>Role play</li> </ul>	<ul> <li>White board</li> <li>Markers</li> <li>Charts</li> <li>Text books</li> <li>Audio visuals</li> <li>Journals</li> <li>Multimedia projector and accessories</li> <li>Interactive Board</li> </ul>	Demonstrate the care of a patient/client discharged from hospital.		Assignment Test Examination

HND NURSING II SEMESTER: SECOND

	TOROLITO II		<del></del>		
PROG		JRSING II			
COUR	SE: ENTRE	PRENEURSHIP DEVELO	PMENT		
CODE		3	T	T	
DURA'		Lecture:	Tutorial:	Practical:	Total Contact Hours: 60
•	s/Week)	2 Hrs	0 Hrs	2 Hrs	Hours
	IT UNITS: 4				1.11
GOAL:		arse is designed to enabl			
		andings and to be innov k opportunities.	ative, creative and su	iccessiuny manage	personal, community, business
GENE	RAL OBJECTIVES:	On completion of this c	ourse, the student sh	nould be able to:	
1.0	Know the history and gove	rnment efforts in promot	ting entrepreneurship	development in N	igeria
2.0	Understand the role of per-	sonal savings and portfo	lio investment in Nat	ional Economic De	velopment
3.0	Understand various life sk	ills needed by an entrep	reneur		
4.0	Understand the various so	urces of information for	entrepreneurship dev	velopment	
5.0	Know the roles of commerc	cial and development bar	nks in small scale ind	lustrial developmer	nt.
6.0	Know the functions of varie	ous support agencies in	small and medium so	cale industrial deve	elopment.
7.0	Understand the activities of	of different industrial ass	ociations in relation	to entrepreneurshi	p.
8.0	Know the functional areas	of business			
9.0	Understand the need for b	usiness planning.			
10.0	Understand the strategies	for consolidation and ex	pansion of a business	s enterprise	
11.0	Understand the need for m	anagement and busines	s succession plan		

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COURSE: ENTREPRENEURSHIP DEVELOPMENT

CODE: EED 413

COURSE SPECIFICATION: Theory/Practical

General Objectives 1.0: Know the history and government efforts in promoting entrepreneurship

development in Nigeria

Specific Leas Objectives	rning	Teachers Activities	Learning Resources	Specific Learning Objectives	Teachers Activities	Learning Resources	Evaluation
1.1	Define an Enterprise	I. Introduce the terms:	Textbooks Classroom	1.2 Identify features of the	Guide students to research into	Use of internet and	Quiz Test
1.2	Identify different forms of Enterprises	Enterprise Entrepreneur Entrepreneursh	resources	types of enterprises identified.	different forms of enterprises.	relevant video clips	Assignment
1.3	Classify the different forms of enterprises into: private vs. public Profit vs. non-profit, Formal vs. informal, Individual vs. community Local vs. foreign, Busine ss vs. social, Small vs. large	II. Explain the historical development and role of entrepreneursh ip in enterprise creation in Nigeria.  III. Compare and Contrast, using a relevant		1.3 Identify entrepreneurial traits, characteristics and qualities.  1.4 Identify successful entrepreneurs in Nigeria.	Invite a successful entrepreneur to give a talk on traits for successful entrepreneurship.  Guide students to search the web on comparative study of entrepreneurship.	Guest speakers from successful businesses	
1.4	Manufacturing vs. service, Consumer vs. industrial, etc. Narrate the history of entrepreneurs hip development	film, entrepreneursh ip in Nigeria with other Countries of the world.  IV. List		1.5 Write a brief comparison of entrepreneurship in Nigeria with either Japan or Korea			

	in Nigeria.	agencies for			
1.5	Compare the	SME's in			
	success and	Nigeria-NEPC,			
	impact of	IDCs, BOI,			
	entrepreneurs	NACRDB etc			
	hip in Nigeria	V. Explain			
	with other	government			
	Countries of	policy on			
	the world:	financing			
	Japan, India,	SME's			
	China,				
	Malaysia,				
	South Korea,				
	etc.				

Ger	neral Objective 2.0 U	nderstand th	e role of pers	onal s	savings and portfolio in	vestment in Nation	al Economic I	Development
Spe	cific Learning	Teachers	Learning	Spe	cific Learning	Teachers	Learning	Evaluation
Obj	ectives	Activities	Resources	Objectives		Activities	Resources	
2.1 2.2 2.3 2.4	Define the following; Income, expenditure and savings. Explain the role of savings in starting and sustaining businesses. List the benefits of interest. Explain personal financial planning and management Explain shopping habits. Explain tax paid on income that people earn and	I.Explain savings II.Explain how savings are channeled into productive ventures III. Explain the benefits of interest. IV. Explain the role of	Resources Textbooks, journals and other publication s.	2.2 2.3 2.4 2.5	2.1 Calculate interest rates.  Develop personal budget for one month. Create a spreadsheet for a budget Interpret financial reports  Describe other investments such as in real estate or stock trading	Show various methods of computing interest  Guide students to develop a personal budget for one month  Guide students to create a spreadsheet for a budget  Guide students on how to read and interpret	Resources Textbooks, journals and other publication s, computer.	Quiz Test Assignment Examinatio n
		-						

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person	aı	and accounts of		
econon	nics	quoted		
V.		companies/instit		
Describ		utions		
shoppi	ng			
habits		Expose students		
VI.		to real estates		
Analyz	e	and commodity		
portfoli	io	trading as other		
investr		forms of		
t.		investment visit		
VII.		stock/commodity		
Explain	ı	Exchange		
thrift		G		
societie	es			
and ho	w			
they				
operate				
VIII.				
Explain	1			
Tax, ar				
how				
Person	al			
Income				
Tax is				
calcula	ted			
Calcula				
· · · · · · · · · · · · · · · · · · ·				

Gene	General Objective 3.0: Understand various life skills needed by an entrepreneur									
Specific Learning Teachers Learning		Learning	Specific Learning		Teachers	Learning	Evaluation			
Obje	ctives	Activities	Resources	esources Objectives		Activities	Resources			
3.1	Identify the	I. Explain the		3.1	Analyse a	Draw a diagram		Quiz		
	characteristic	characteristics of			diagram of	of the		Test		
	s of an	an entrepreneur.			communication	communication		Examination		
	entrepreneur	II. Explain			process.	process. Use the				
		communication,		3.2	Demonstrate	diagram to				
3.2	Define	its types, process			skills for	demonstrate				
	Communicati	and role in an			teamwork	chain of				

		1			1	T	ı
	on.	enterprise.	3.3	Demonstrate	communication		
3.3	Explain the			leadership skills.			
	role of	III. Explain	3.4	Prepare a daily	Organise		
	Communicati	teamwork, team		routine of	students into		
	on in an	spirit,		personal	group.		
	enterprise.	characteristics		activities.	Assign each team		
3.4	Define	of teams, and	3.5	Set achievable	a responsibility		
	teamwork	benefits of team		targets for self.	that will enable		
	and team	work.			them		
	spirit.				demonstrate team		
3.5	Identify the	IV. Explain			work/spirit.		
	characteristic	decision making,					
	s of teams.	types and			Let them select		
3.6	List benefits	decision making,			their leaders.		
	of teamwork	types and					
	in an	decision making			Invite a seasoned		
	enterprise.	process.			Administrator/		
3.7	Define				Manager to talk		
	leadership.	V. Explain			to students on		
3.8	List the	leadership, types			leadership.		
	qualities and	of leaders,					
	characteristic	leadership styles			Guide students to		
	s of good	and qualities of			prepare a "to-do"		
	leaders.	good leadership.			list student		
3.9	Describe a				should set		
	target.	VI. Explain			achievable		
3.10	Explain how	targets, how they			targets.		
	targets are	are set and			Explain		
	set.	indications of			indicators of		
3.11	Explain how	achievement.			target		
	a target is				achievement.		
	achieved.	VII. Explain the					
3.12	Explain	sources and					
	discipline	benefits of					
	and self –	discipline.					
	discipline.						
3.13	State the						
	benefits of						
	Personal						

discipline in the success of an enterprise.			

Specific Learning	Teachers Activities	Learning Resources	Specific Learning Objectives	Teachers Activities	Learning Resource	Evaluatio n
Objectives					S	
4.1 Identify nature andtype of information required by	required by	Journals Publication s Video	4.2 Obtain then required information from the net.  Classify the information into:  marketing	Guide students to conduct a web search on information required by	Internet Computer Workshop	Quiz Test Assignme nt
entreprene rs.	u . marketing . technical	Film TV & VCR	- technical - ICT	entrepreneurs. Ask students to	s	
4.2 Identify the sources of the	e . ICT . financial . legal		- financial - legal 4.3 Develop a resource file	develop a similar file using appropriate		
information required in 4.1 above.	n		containing samples and addresses for each category of information sources	software.  Take students to		
4.3 Identify organizations and agencies involved in the promotion	information above: . catalogues . business		4.6 Identify clients responsible for providing assistance under each method.	seminars workshops trade fairs, Trade exhibitions as sources of entrepreneurship information		
and development t of entreprene	. banks n . mass media . libraries			Guide students to identify clients responsible for		

rship.	. assisting	providing	
4.4 Explain the	agencies	assistance under	
role of	. trade	each method:	
banks and	exhibitions/	. personal	
financial	fairs	contacts:	
institutions		-	
in	Internet/website	entreprene	
enterprise	s.	urs	
promotion		-	
and	III. Explain the	professiona	
developmen	role of the	ls	
t.	various	- customers	
4.5 Describe	organizations	. observation:	
the	and agencies	-trade exhibition	
contributio	involved in the	. interviews:	
ns of	promotion and	- customers	
government	development	- suppliers	
agencies in	of	- competitors	
sourcing	entrepreneurshi		
information.		distributor	
4.6 Describe	IV. Explain	s	
methods of	methods of	- ex-	
obtaining	obtaining	employees	
assistance	assistance:	- agents	
from the	. personal	- experts and	
above	contacts	practitioners	
organizatio	. observation	reading:	
ns.	. interviews	- reports and	
	. direct mail	statistics	
	. reading	- media	
	. Web/internet	-literature etc.	
	research.	. web and internet	
		- competitors	
		- markets	
		- industry	
		information	
		- govt.	
		departments.	
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Spec	ific Learning	Teachers	Learning	Specific Learning	Teachers	Learning	Evaluation
Obje	ctives	Activities	Resources	Objectives (Practical)	Activities	Resources	
5.1	Identify	I. Explain	Text Books	5.5 Guide students on	Invite a bank	Internet	Quiz
	financial	financial		how to maintain good	official to give a	Textbooks	Test
	institutions	institutions	Journals	banking relationship	talk on role of	Journals	Assignment
	involved in	involved in	Publications		financial	Resource	
	entrepreneurs	entrepreneurship	Video Film		institutions in	person	
	hip development.	development.	TV & VCR		entrepreneurship.		
5.2	Describe the	II. Explain the					
	assistance	roles of					
	provided by	commercial and					
	commercial	development					
	banks.	banks in the					
5.3	Explain the	promotion and					
	role of	development of					
	development	SMEs					
	banks in the						
	promotion	III. Analyze					
	and	government policy					
	development	on financing					
	of small and	SMEs					
	medium						
	enterprises						
_	(SMEs)						
5.4	Assess						
	government						
	policy on						
	financing						
	SMEs						
5.5	Explain the						
	process of						

opening and			
operating a			
healthy Bank			
Account			

Speci	fic Learning	Teachers Activities	Learning	Specific Learning	Teachers	Learning	Evaluation
Objectives			Resources	Objectives	Activities	Resources	
6.2	Identify various support agencies involved in the promotion and development of entrepreneur ship in Nigeria. Explain the following and their roles in the promotion and development of entrepreneur ship: . NEPC . NIPC . NERFUND . NDE . RMRDC	I. Explain the role and functions of the various support agencies involved in the promotion and development of entrepreneurship.  II. Explain the roles of research and academic institutions of higher learning in the development of entrepreneurship	Text Books Journals Publications	6.2 Distinguish among the functions of each agency.	Show transparency of the various support agencies involved in entrepreneurship development and promotion Invite officers of identified agencies to explain their operations.	Computer or Overhead Projector Resource Persons	Quiz Test Assignment

-	. SMEDAN			
-	. IDC			
-	. TBICs			
-	. Federal and			
	State			
	Ministries of			
	Commerce/			
	Industry			
6.3	Explain the			
	assistance			
	rendered by			
	research and			
	academic			
	institutions			
	in			
	entrepreneur			
	ship			
	development.			

General Objective 7.0	: Understand the a	ctivities of dif	fferent industrial associat	tions in relation to	entrepreneur	ship.
Specific Learning	Teachers	Learning	Specific Learning	Teachers	Learning	Evaluation
Objectives	Activities	Resources	Objectives	Activities	Resources	
7.1 Explain the	I. Explain the role	Text books	7.2 Carry out an	Organize an	Computer	Quiz
meanings of the	of the National	Journals	excursion to a trade	excursion to	Projector	Test
following acronyms:	Association of	Computer	fair and prepare a	recognized trade	Guest	Assignment
. NASSI	Small Scale	Projector	report on the visit.	fair closest to	speaker	
. NASME	Industrialists			you	Internet	
. NACCIMA	(NASSI) in				search.	
. MAN	entrepreneurship.					
. NECA	II. Describe the					
. SMEDAN	role and functions					
7.2 Describe the	of the National					
roles and	Association of					
functions of	Small and					
each of the	Medium					
above in the	Enterprises					
development	(NASME) in					
and promotion	entrepreneurship.					

		1	T		
of					
entrepreneurs	III. Describe City,				
hip	State and				
	Bilateral				
	Chambers of				
	Commerce and				
	Industry and their				
	roles in				
	entrepreneurship				
	development.				
	IV. Explain the				
	functions and role				
	the National				
	Association of				
	Chambers of				
	Commerce,				
	Industry, Mines				
	and Agriculture				
	(NACCIMA) in				
	entrepreneurship				
	development.				
	V. Explain the				
	roles and				
	functions of the				
	Manufacturers				
	Association of				
	Nigeria (MAN) in				
	entrepreneurship				
	development.				
	VI. Describe				
	Nigerian				
	Employer's				
	Consultative				
	Association				
	(NECA) and its				
	role in				
	entrepreneurship.				
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## General Objective 8.0: Know the functional areas of business

	ific Learning	Teachers Activities	Learning Resources	Specific Learning Objectives	Teachers Activities	Learning Resources	Evaluation
8.1	Explain basic management concepts and functions. Explain the	I. Explain basic management concepts and Functions. II. Explain the	Text Books  Journals Publications Video Film	8.10 Explain how to carryout manpower, procurement and maintenance	Guide student to draw up an organogram.  Guide student to	Computer and accessories, internet and visitations.	
	basic functions of human capital	basic functions of human capital management in a small and	TV & VCR	planning. 8.13 Demonstrate how to draw up task/job	draw up manpower and resource need for		
8.3	management in a small enterprise. Explain the	growing enterprise: . Defining human		description and assign to staff.	a 3-year circle.		
	cycle of business growth and need for	resources objectives . Designing dynamic					
	adequate manpower development at	organization structures to support the					
8.4	each stage. Explain labour relations.	business growth strategy . Planning for HR					
8.5	Describe the finance function in a small	needs in line with growth . Recruitment and selection					
8.6	enterprise. List the books of account necessary for operation of	for productive staff . Training and development of					
8.7	small enterprise. Explain financial	productive staff . Enhancing performance through					

				1	1
	regulations	motivation and			
	and taxes	participation			
	affecting small	. Communication			
	enterprise	with staff to			
	operation.	enable growth			
8.8	Explain the	. Establishing			
	significance of	effective work			
	insurance	relationships			
	coverage for a	required for			
	small	growth			
	enterprise	. Maintaining			
8.9	Explain the	employee records			
	importance of	and			
	marketing mix	administration			
	to the growth	. HR growth plan.			
	and expansion				
	of a small	III. Explain the			
	enterprise.	finance function			
8.10	Explain the	in a small and			
	production	growing			
	function in a	enterprise:			
	small	. Identify sources			
	enterprise:	of business			
8.10.1	. product	finance and			
	planning and	financial needs			
	control	for a small			
8.10.2	. production	business.			
	forms and	. Defining the			
	techniques	finance growth			
8.10.3	. factory and	objectives			
	facilities layout	. Analyzing and			
8.10.4	. Operational	interpreting			
	bottlenecks in	financial			
	the areas of	statements for			
	order intake,	growth			
	procurement,	. Financial			
	storage and	planning and			
	inventory	control for growth			
	control,	. Capital			

				1	
	distribution,	investment			
	safety and	appraisal			
	health, etc.	techniques			
8.11	Explain the	. Management of			
	importance of	working capital			
	quality control	. How to			
	and	safeguard			
	production	business			
	standards.	resources			
8.12	Explain the	IV. Explain			
	need for	financial record			
	maintenance	keeping and			
	management	books of account			
	with special	necessary in a			
	reference to:	small enterprise.			
8.12.1	. routine	V. Explain how			
	maintenance	to prepare simple			
8.12.2	. scheduled	formats of prime			
	maintenance	books of account.			
8.12.3	. preventive	VI. Explain			
	maintenance	financial			
8.12.4	. spare parts	regulations and			
	management	taxes affecting			
8.13	Explain staff	operations of			
	training and	small enterprises.			
	retraining	VII. Explain			
	needs of an	significance of			
	enterprise.	insurance			
	-	coverage for			
		small enterprises.			
		VIII. Explain the			
		marketing			
		function in a			
		small and			
		growing			
		enterprise.			
		IX. Explain the			
		production			
		function in a			

			1	T	1
	small enterprise:				
	product planning				
	and control				
	. production				
	forms and				
	techniques				
	. factory and				
	facilities layout				
	. Operational				
	bottlenecks in				
	the areas of order				
	intake,				
	procurement,				
	storage and				
	inventory control,				
	distribution,				
	safety and health				
	etc.				
	X. Explain the				
	importance of				
	quality control				
	and production				
	standards.				
	XI. Explain the				
	need for				
	maintenance				
	management				
	with special				
	reference to:				
	. routine				
	maintenance				
	. scheduled				
	maintenance				
	. preventive				
	maintenance				
	. spare parts				
	management				
	XII. Explain the				
	need for regular				
L		i			

capacity building			
for staff.			

Specif	fic Learning	Teachers	Learning	Learning Specific Learning		Learning	Evaluation	
Objectives		Activities	Resources	Objectives	Activities	Resources		
9.1.1 9.1.2 9.1.3 9.1.4 9.2	Identify a viable business opportunity based on: . demand . availability of resources . import substitution . export oriented products. Explain the different steps in preparing a preliminary project report Explain how to formulate a project report. Explain how to analyze a project report	I. Explain how to identify viable business opportunities based on: . demand . availability of resources . import substitution . export oriented products.  II. Explain the different steps in preparing a preliminary project report.  III. Explain how to prepare and analyze a preliminary	Text Books Journals Publications	9.1 Analyze a sample project report with emphasis on technical, operational, economic viability methodology,costbenefit analysis (CBA) on equipment development cost, running cost etc	Guide students to analyze a sample project report	Computer and internet facilities.	Quiz Test Assignment	

Gener	al Objectives 10:	Understand the stra	ategies for co	nsolidat	ion and expan	sion of a business er	iterprise	
	fic Learning	Teachers	Learning		ic Learning	Teachers	Learning	Evaluation
Objec	tives	Activities	Resources	Object	tives	Activities	Resources	
10.1	Explain	I. Explain the	Textbooks	10.7	Working in	Use a case study	Use of	Quiz
	thejustification	concept of strategy			pairs the	history of the	internet and	Test
	for business	and types of			students	development of a	relevant	Assignment
	diversification	strategy.			should	Nigerian business	video clips	
	and expansion.				analyze a	to show the stages		
10.2	Explain the	II. Explain			particular	of growth,	TV,	
	process of	business growth,			business	diversification and	Video/CD	
	growth,	expansion and			organization	development.		
	diversification	diversification.			and suggest	Focus on a chosen		
	and expansion				possible	industry and the		
	in an				solutions	need to diversify.		
	enterprise.				relating to			
10.3	Evaluate the				growth and	Organise/project		
	strategies for	III. Describe			the influence	presentation		
	consolidation	strategies for			of	sessions and guide		
	and expansion	consolidation and			multinationa	students to		
	of business	expansion of			1	analyse the		
	ventures.	business.			organization	project.		
10.4	Explain the				S.			
	characteristics	IV. Describe the		10.8	Students to	Guide students to		
	of franchise,	various types of			make class	search the web on		
	license and	enterprises and			presentation	the operations of		
	patent systems	their mode of		10.9	Identify	franchises,		
	of enterprise.	operation.			examples of	licenses and		
10.5	Explain how	V. Explain the			franchise	patents.		
	multinational	characteristics of			and license			
	companies	franchise, licensing			operations in	Invite Officials of		
	operate.	and patents.			Nigeria.	NEXIM, NEPC,		
10.6	Explain how to	VI. Relate		10.10	3	NEPZA to address		
	do business	franchising,			national and	the students on		
	across Nigerian	licensing and			international	their operations.		
	borders.	patents to the			bodies			
		operations of			responsible	Guide students to		
		multinational			for patents.	analyse franchise		

corporations. VII. Explain:	and licensing opportunities
Internation al trade policies and laws	
- Foreign cultures	
Internation al trade finance.	

Specific Leas	rning	Teachers Learning		Specific Lea	rning Objectives	Teachers	Learning	Evaluation	
Objectives		Activities	Resources			Activities	Resources		
11.1	Explain	I. Describe		1.1	Prepare a	Guide		Quiz	
	management	the			hypothetical	students to		Test	
	succession	concept of			succession plan	prepare a		Assignment	
	plan and	management			for a business	succession			
	reasons for	succession		1.2	Describe steps	plan.			
	corporate	plan.			needed to elect	Guide			
	formations.				Board of	students to			
11.2	Explain the	II. Explain			Directors for a	negotiate			
	value of	the benefits			company	an exit			
	continuity and	of employee				plan.			
	perpetuity in	participation				Guide			
	enterprise.	in corporate				students to			
11.3	Explain Exit	ownership.				elect Board			
	planning.					of			
						Directors			
						and role			
						play a			
						boardroom			
						session.			

HND NURSING II SEMESTER: FIRST

PROGRAMME: HND NURSING II							
COURSE: RESEARCH PROJECT WRITING							
COURSE CODE: NUR 401							
DURATION: (Hours per week)	LecSture: 0 Hr	Tutorial: 4 Hrs	Practical: 0 Hr	Total Contact Hours:			
CREDIT UNIT: NIL	•	1	•	-			
GOAL: This course is design	ed to assist studen	its in the actual w	riting of their resear	ch work.			
GENERAL OBJECTIVES: At	the end of the cou	rse, the students s	should be able to:				
1.0 Administer the instrume							
2.0 Analyze the data							
3.0 Come up with findings							
4.0 Write the Research Report							

HND NURSING II SEMESTER: SECOND

COURSE	COURSE TITLE	L	T	P	CU	TOTAL HOURS PER SEMESTER	PREREQUISITE
NUR 421	Public Health Nursing II	3		2	5	75	Public Health Nursing I
	Ŭ						č
NUR 422	Complicated Midwifery II	2	-	2	4	60	Microbiology, GLT.
NUR 423	Child Health II	2	-	2	4	60	Child Health I & II.
NUR 424	Community Midwifery	1	-	2	3	45	Child Health I,
NUR 425	Family Planning	3	-	-	3	45	Pharmacology I – III
NUR 426	Seminar Presentation	2	-	2	4	60	All Courses
NUR 427	Expectant Family Care	2	-	2	4	60	Reproductive Health II, & Child Health II
NUR 428	PHN Programme Project	1	-	1	2	30	Child Health I
NUS 402	Research Project [ Writing & Defence]	2	-	2	4	60	Research Methodology I & II
NUR 429	Hospital Based Clinical Practice	-	4	-	-	60	
NUR 420	Community Based Clinical Practice	2	-	1	3	45	
TOTAL		15	4	14	30	450	

NUR 429 Hospital Based Clinical Practice - 135 Hours NUR 420 Community Based Clinical Practice - 180 Hours

• EEd NBTE Adopted Courses

HND NURSING II SEMESTER: SECOND

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COURSE: PUBLIC HEALTH NURSING II									
COURSE CODE: NUR 421									
PROGRAMME: HND NURSING II									

DURATION:	Lecture:	Tutoriai:	Practical:	Total Contact Hours: 4 Hrs
(Hours/Week)	3 Hrs	-	1 Hr	60 Hours

**CREDIT UNIT: 4** 

GOAL: This course is designed to enable students to acquire the knowledge and skills for disease management, prevention and application of public health laws

## GENERAL OBJECTIVES: On completion of the course the student should be able to:

- 1.0 Understand the principles and concepts of epidemiology.
- 2.0 Know theories of diseases
- 3.0 Know how to carry out epidemiological survey.
- 4.0 Understand the content and use of various Clinical Protocols and National Care Guidelines of standing orders as designed by FMOH
- 5.0 Know how to treat common ailments using Clinical Protocols and National Care Guidelines
- 6.0 Know the various components of environment and environmental health
- 7.0 Understand the concepts of environmental and Public Health Laws.
- 8.0 Know environmental Health hazards and their prevention.
- 9.0 Understand the various public/environmental Health Laws and their applications in Nigeria.

PROGRAMME: HND NURSING II

COURSE: PUBLIC HEALTH NURSING II Course Code: NUR 421 Total Contact Hours: 45Hours

COURSE SPECIFICATION: Theory/Practical

COURSE UNIT: 3

General Objective 1.0: Understand the principles and concepts of epidemiology

Specific Learning	Teachers'	Resources	Specific	Teachers'	Resources	Evaluation
Objectives (Theory)	Activities		Learning Objectives (Practical)	Activities		
<ul> <li>1.1Define Epidemiology</li> <li>1.2 Explain the terms used in epidemiology (e.g. epidemic, endemic, pandemic, zoonosis, etc.)</li> <li>1.3 List the various communicable and non-communicable diseases</li> <li>1.4 Describe the aetiology of the common communicable and non-communicable and non-communicable diseases in Nigeria.</li> </ul>	<ul> <li>Lecture</li> <li>Discussion</li> <li>Assignments</li> <li>Questions and answers</li> </ul>	<ul> <li>White board</li> <li>Marker.</li> <li>Charts</li> <li>Posters</li> <li>Text books</li> <li>Journals</li> <li>visuals</li> <li>Interactive board</li> <li>Multimedia Projector</li> </ul>				Assignment Test Examination

Specific Learning Objectives (Theory)	Teachers' Activities	Resources	Specific Learning Objectives (Practical)	Teachers' Activities	Resources	Evaluation
2.1 Describe the following methods of carrying out epidemiological studies:  o Descriptive study o Analytic study o Experimental o Prospective, etc.  2.2 Analyse and present epidemiological findings using the following methods: o Quantitative data o Correlation o Standardizatio n o Presentation o Writing reports	<ul> <li>Lecture</li> <li>Discussion</li> <li>Assignments</li> <li>Questions and answers</li> </ul>	<ul> <li>White board</li> <li>Marker.</li> <li>Charts</li> <li>Posters</li> <li>Text books</li> <li>Journals</li> <li>visuals</li> <li>Interactive board</li> <li>Multimedia Projector</li> </ul>				Assignment Test Examination

	<ul> <li>Tabulation</li> </ul>			
g.	Histogram			
i.	Bar Chart			
j	Pie chart and maps			

General Objective 3.0: Know how to treat common ailments using standing order							
Specific Learning Objectives (Theory)	Teachers' Activities	Resources	Specific Learning Objectives (Practical)	Teachers' Activities	Resources	Evaluation	
3.1 List and explain types of epidemiological programme survey. 3.2 List the tools used in epidemiological survey 3.3 Explain the uses of epidemiological survey 3.4 List the principles of prevention and control of communicable diseases	<ul> <li>Lecture</li> <li>Discussion</li> <li>Assignments</li> <li>Questions and answers</li> </ul>	<ul> <li>White board</li> <li>Marker.</li> <li>Charts</li> <li>Posters</li> <li>Text books</li> <li>Journals</li> </ul>				Assignment Test Examination	

General Objective 4.0: understand and use of various clinical protocols and national care guidlelines							
Specific Learning Objectives (Theory)	Teachers' Activities	Resources	Specific Learning Objectives (Practical)	Teachers' Activities	Resources	Evaluation	
<ul> <li>4.1 Explain the components of communicable diseases</li> <li>4.2 Define the terms: "Immunity and Immunization"</li> <li>4.3 Describe the principles of control of communicable and noncommunicable diseases</li> <li>4.4 Prepare immunization schedules</li> <li>4.5 Execute Immunization schedules</li> <li>4.6 Carry out routine and emergency immunization in Communities</li> </ul>	<ul> <li>Lecture</li> <li>Discussion</li> <li>Assignments</li> <li>Questions and answers</li> <li>Demonstration</li> <li>Role play</li> <li>Group work</li> </ul>	<ul> <li>White board</li> <li>Marker.</li> <li>Charts</li> <li>Posters</li> <li>Text books</li> <li>Journals</li> <li>visuals</li> <li>Interactive board</li> <li>Multimedia Projector</li> </ul>				Assignment Test Examination	

General Objective 5.0: Understand the content of standing orders as designed by FMOH							
Specific Learning Objectives (Theory)	Teachers' Activities	Resources	Specific Learning Objectives (Practical)	Teachers' Activities	Resources	Evaluation	
5.1 Explain the terms	• Lecture	White board				Assignment	
theories of diseases	• Discussion	• Marker.				Test Examination	
5.2 List the various	• Assignments	• Charts					
theories of	• Questions and	<ul> <li>Posters</li> </ul>					
diseases 5.3 Explain each theory listed in 4.2 above.	answers	<ul><li>Text books</li><li>Journal</li></ul>					

Specific Learning Objectives (Theory)	Teachers' Activities	Resources	Specific Learning	Teachers' Activities	Resources	Evaluation
			Objectives (Practical)			
6.1 Explain the	• Lecture	White board				Assignment
various routes of	<ul> <li>Discussion</li> </ul>	Marker.				Test
transmission of	<ul> <li>Assignments</li> </ul>	Charts				Examination
communicable	<ul> <li>Questions and</li> </ul>	Posters				
diseases.	answers	Text books				
		Journals				
6.2 Explain the						
methods of						
control of						
communicable						
diseases.						

6.3 Describe the			
management of			
the various types			
of communicable			
and non-			
communicable			
diseases			
6.4 Explain contact			
tracing			
5.6 Describe			
community			
surveillance			
6.5 Disease notification			
6.7Quarantine/isolatio			
n			

LEVEL: HND NURSING II SEMESTER: SECOND

Know how to perform male circumcision and ear piercing

6.0

PROG	RAMME: HND NURSING	II							
COUR	COURSE: COMPLICATED MIDWIFERY II								
COUR	COURSE CODE: NUR 422								
DURA'	TION:	Lecture:	Tutorial:	Practical:	Total Contact Hours:				
(Hours	s/Week)	1 Hr	0 Hr	2 Hrs	45 Hours				
CRED	IT UNIT: 3								
GOAL:	This course is designed	to prepare the s	tudent to recogniz	e those condition	s which suggest deviation from normal				
	during labour and pu	erperium. It high	alights the midwive	es' roles and respo	onsibilities in early diagnosis, appropriate				
	intervention and refe	rral as necessary	. It also emphasiz	es midwives invol	vement in emergency situations and				
	operative interventio	n.	-						
GENE	RAL OBJECTIVES: At th	e end of the cour	se, the students sl	ould be able to:					
1.0 Ur	nderstand early diagnosis,	appropriate interv	ention, including re	ferral in complicati	ons occurring during labour.				
2.0	Know how to prepare for	and assist with op	erational procedure	s in obstetrics, den	nonstrating skills in pre-intra and post-				
	operative management.								
3.0	Demonstrate competence	in the performance	ce of episiotomy usin	ng approved proced	ure.				
4.0	Demonstrate competence	e in the repair of e	pisiotomy and lacer	ation.					
5.0	Understand early diagno	sis, appropriate in	terventions, includi	ng referral in comp	lications occurring during puerperium				

PROGRAMME: HND NURSING II

COURSE: COMPLICATED MIDWIFERY II Course Code: NUR 422 **Total Contact Hours: 45 Hours** 

Course Specification: Theory/Practical
General Objective 1.0: Understand early diagnosis, appropriate intervention, including referral in complications occurring during labour

Consider I commission	Manatage '		0	// / / / / / / / / / / / / / / / / / /	D	B14
Specific Learning Objectives (Theory)	Teachers' Activities	Resources	Specific Learning Objectives (Practical)	Teachers' Activities	Resources	Evaluation
Obstructed Labour  1.1 Define obstructed labour.  1.2 Describe obstructed labour.  1.3 List types of obstructed labour  1.4 Identify causes of obstructed labour  1.5 Discus the nursing management of obstructed labour using the nursing process approach  1.6 List the complications of obstructed labour.  Ruptured Uterus	<ul> <li>Lecture</li> <li>Discussion</li> <li>Questions and answers</li> </ul> Lecture Discussion Questions and answers	<ul> <li>Text book / Journals</li> <li>Charts / Posters</li> <li>Multimedia projector</li> <li>Laptops</li> </ul> Text book / Journals Charts / Posters Multimedia projector Laptops Video Clips	1.5 Demonstrate setting up of intravenous fluid.  Demonstrate monitoring of vital signs  1.9.Demonstrate setting up of intravenous fluid - Prepare patient for caesarean section identify instruments use for caesarean section  1.14 Demonst rate position use for managemen t of cord presentation / prolapse.	<ul> <li>Demonstratio n</li> <li>Demonstratio n</li> <li>Supervision</li> <li>Demonstratio n</li> <li>Return Demonstratio n</li> <li>Supervision</li> </ul>	<ul> <li>Trays for IV Fluid</li> <li>Tray for vital signs</li> <li>Relia</li> <li>Trolley for caesarean section</li> <li>Oxygen Tray</li> <li>Trays for IV Fluid</li> <li>Tray for vital signs</li> <li>Anti-shock Garment</li> <li>Dommy</li> <li>(Mrs. Jones)</li> </ul>	Assignment Test Examination
1.7 Define ruptured uterus.			/ protapoe.			

<ul> <li>1.8 Identify the causes and signs of ruptured uterus.</li> <li>1.9 Discus the role of the midwife in the management of a patient with ruptured uterus.</li> <li>1.10 List the complication of ruptured uterus</li> </ul>	Lecture Discussion Questions and answers	<ul> <li>Text book / Journals</li> <li>Charts / Posters</li> <li>Multimedi a projector</li> <li>Laptops <ul> <li>Video</li> <li>Clips</li> </ul> </li> </ul>	1.22 Demonstrate administration of oxygen  1.23. Demonstrate setting up of intravenous fluid 1.24 Demonstrate the application of anti-shock garment.		
Presentation/Prolapse  1.11 Define cord presentation/prolapse.  1.12 Differentiate between cord presentation and cord prolapse.  1.13 Enumerate the causes, signs and symptoms of cord presentation/cord prolapse.  1.14 Explain the nursing management of conditions in 1.11 above using nursing process approach.  1.15 List complications of	<ul> <li>Lecture</li> <li>Discussion</li> <li>Questions and answers</li> <li>Demonstration</li> <li>Question and answer</li> <li>Lecture</li> <li>Discussion</li> <li>Questions and answers</li> </ul>	<ul> <li>Text book / Journals</li> <li>Charts / Posters</li> <li>Multimedia projector</li> <li>Laptops</li> <li>Video Clips</li> <li>Models of pelvis and doll</li> <li>Text book / Journals</li> <li>Charts</li> </ul>			

		<del>,</del>	 
cord presentation/	/Posters		
prolapse.	<ul> <li>Multimedi</li> </ul>		
	a projector		
Maternal/Foetal Distress	• Laptops		
•	• Video		
1.16 Define maternal /	Clips		
foetal distress	• Anti		
ioctal diotress	Shock		
1.17 Identify causes and			
signs maternal /	Garment		
foetal distress			
1.18 Discuss the role of			
the midwife in the			
management of			
Maternal /Foetal			
Distress using			
nursing care plan.			
1.19 Apply skills in the use			
of hydration therapy			
in maternal distress.			
Sepsis and Obstetric			
Shock			
1.20 Define sepsis and			
obstetric shock			
1.21 Identify the causes,			
signs and symptoms			
of sepsis and obstetric			
shock.			
1.22 Discuss the nursing			
management of			
conditions in 1.21			
using nursing care			
plan.			
1.23 List the			
complications of sepsis			
and obstetric shock.			
Amniotic Fluid Embolism			
	<u> </u>	<u> </u>	

1.24	Define Amniotic Fluid			
	Embolism.			
1.25	Enumerate the			
	causes, signs and			
	symptoms.			
1.26	Discus the nursing			
	management of			
	conditions in 1.23			
	above using			
	nursing care plan.			
1.27	Explain the			
	management of the			
	condition.			
1.28	List the			
	complications.			

Specific Learning Objectives (Theory)	Teachers' Activities	Resources	Specific Learning	Teachers' Activities	Resources	Evaluation
			Objectives (Practical)			
2.1 Define induction of labour.  2.2 Describe induction of labour under the following Subheadings:  - Indications for induction of labour - Contra-indications - Procedure for induction of labour 2.3 Discuss the midwife's	<ul> <li>Lecture</li> <li>Discussion</li> <li>Demonstration</li> <li>Questions and answers</li> <li>Lecture</li> <li>Discussion</li> <li>Demonstration</li> <li>Questions and answers</li> </ul>	<ul> <li>Tray for setting I. V. Fluid</li> <li>Whiteboard</li> <li>Markers</li> <li>Drugs</li> <li>Bishop score chart</li> </ul>	2.3 Demonstrate the use of the Bishop score chart in assess The cervix Demonst rate setting up of intraveno us fluid Demonst rate	<ul> <li>Demonstration</li> <li>Supervision</li> <li>Supervision</li> <li>Supervise</li> </ul>	<ul> <li>Trays for IV Fluid</li> <li>Trays for iv fluids</li> <li>Drugs</li> <li>Tray for vital signs</li> <li>Instrument for</li> <li>destructive operation</li> <li>Tray for episiotomy</li> </ul>	Assignment Test Examination

0.4 Identify depress to			Powder	orreto oin	Trare for ropoin	
2.4 Identify dangers to				oxytocin and	Tray for repair of	
mother/baby.		•	Phantom		01	
Version			and doll	uterine		
Version		•	Video clip	contracti		
		•	Charts	on		
2.5 Define version.						
2.6 List the types of				2.8 Demonst		
version.				rate		
2.7 Enumerate				inversion		
indications/contra-				procedur		
indications				e		
2.8 Describe the role of the				- Monitor		
Midwife during version.				vital signs		
2.9 List the complications				2.16		
of version.				Demonstra		
	<ul> <li>Lecture</li> </ul>			te the		
Vacuum Extraction	<ul> <li>Discussion</li> </ul>			use/applic		
	<ul> <li>Demonstrati</li> </ul>			ation of		
2.10 Define vacuum	on	•	Tray for	manual		
extraction.	<ul> <li>Questions</li> </ul>		setting I. V.	vacuum		
2.11 Enumerate	and		Fluid	aspirator		
indications for	answers	•	Whiteboard	- Prepare		
vacuum extraction.	allsweis		Markers	and		
			Whiteboard	demonstra		
2.12 Describe the				te		
preparation for		•	Charts	resuscitati		
vacuum extraction.		•	Vacuum	on of baby		
			Extractor	-		
2.13 List the contra-			equipment	Demonstra		
indications for				te giving of		
vacuum extraction.				episiotomy		
	• Demonstrati			-		
2.14 Explain the procedure				Demonstra		
for vacuum	on			te		
extraction.	• Questions			monitoring		
2.15 List the complications	and			of fluid		
of vacuum extraction	answers	•	Charts	and vital		
to mother and baby.		•	Whiteboard	signs		
2.16 Describe the midwife		•	Instruments	2.17 Prepare		
2.10 Describe the intermediate			for forceps	2.17 TTCparc		

skills in the use of		delivery	for forceps	 	
vacuum		Wrigley's /	delivery		
extractor to help a		Kielland's /	- Prepare for		
woman in labour.		Anderson's	resuscitati		
		• Nursing	on of Baby		
Forceps Delivery		process	2.22		
		format	Demonstra		
2.17 Describe Forceps	• Demonstrati	Tormat	te.		
Delivery under the	on		preparatio		
following	<ul> <li>Questions</li> </ul>		n for		
- Definition	and		sysmphysi		
- Indication for			otomy		
forceps delivery	answers		otomy		
- Surgical procedure			- Demonstra		
in forceps delivery		7771 1 1	te		
- Contra-indication		Whiteboard	monitoring		
for forceps delivery		• Markers	of vital		
		• Instrument			
- Danger to mother		for	signs		
and baby		symphysiot	- D 4		
- Midwives		omy	Demonstra		
responsibility to a		<ul> <li>Trays</li> </ul>	te setting		
patient before		<ul> <li>Trolley</li> </ul>	of trolley		
and after forceps delivery.		Multimedia	for		
		projector	symphysio		
Symphysiotomy		• Laptop	tomy		
		• Charts /	2.28		
2.18 Define Symphysiotomy		Posters	Demonstra		
2.19 Indications and		Nursing	te pre-		
contra-indications for	<ul> <li>Demonstrati</li> </ul>	_	operative		
symphysiotomy.	on	process	and post		
2.20 Describe the position	<ul> <li>Questions</li> </ul>	format	operative		
of a patient for	and		care.		
symphysiotomy.	answers		2.29		
2.21 Prepare theatre for	allowers	Whiteboard	Demonstra		
symphysiotomy.		• Instrument	te setting		
J 1 J J.		of	of Trolley		
2.22 Explain midwife's role		caesarean	for		
in the management of		section	caesarean		
a patient		• Multimedia	section.		
a patient		projector	Jeetion.		

before and after		• Laptop	2.32 Prepare		
symphysiotomy.	<ul> <li>Demonstrati</li> </ul>		for pre and		
	on	Posters	post		
2.23 Describe the use and	<ul> <li>Questions</li> </ul>	• Books	operative		
care of various	and	/Journals	care for		
instruments for	answers	• Posters	destructive		
symphysiotomy.		Video clip	operation.		
		• Forceps	2.32 Prepare		
2.24 Prepare various		• Simpsom's	for pre and		
trays/trolleys for		perforator	post		
symphysiotomy.		Decapitatin	operative		
		g Hook	care for		
2.25 List the complications		Wrigley's /	destructive		
of symphysiotomy.		Kielland's /	operation.		
		Anderson's			
Caesarean Section		THICH SOIL S			
0.05 D-5					
2.25 Define caesarean					
section.					
2.26 List the classification					
/ types of caesarean					
section.					
section.					
2.27 Enumerate					
indications for					
caesarean section.					
caesarcan section.					
2.28 Describe the pre					
and post operative					
care.					
2.29 Discuss the nursing					
management of					
patients who had					
caesarian section					
using nursing care					
plan.					

2.30 Explain the use and			
care of instrument			
used for caesarean			
section.			
2.31 State the			
complications of			
caesarean section.			
Destructive Operation			
2.32 Discuss destructive			
operation under the			
following:			
ionowing.			
- Definition			
- Indication for			
destructive			
operation			
- Preparation of the			
patient			
Pre and Post operation			
<ul> <li>Contra-indication</li> </ul>			
for destructive			
operation.			
2.33 Apply nursing skills			
in the use and care of			
various			
instrument for			
destructive operation.			
2.34 Complications of			
destructive operation.			

General Objective 3.0: Demonstrate competence in the performance of episiotomy using approved procedure							
Specific Learning	Specific Learning Teachers' Resources Specific Teachers' Resources Evaluation						
	Activities		Learning	Activities			

Objectives (Theory)			Objectives (Practical)			
Episiotomy  3.1 Define Episiotomy.  3.2 Describe the various types of episiotomy.  3.3 State indications for giving an episiotomy.  3.4 List the advantages of episiotomy.  3.5. Set up instrument tray	<ul> <li>Lecture</li> <li>Discussion</li> <li>Demonstration</li> <li>Questions and answers</li> </ul>	Tray for giving episiotomy Foam Catgut Needle – Instrument for performing of episiotomy Local anaesthesia Video clips on episiotomy	3.2 Demonstrate how to perform episiotomy  Demonstrate setting up of episiotomy tray  Demonstrate how to administer local anaesthesia	Demonstratio     n     Supervision	<ul> <li>Machine</li> <li>Tray with the different sizes of cups</li> <li>Connecting tubes</li> </ul>	Assignment Test Examination
for performance of episiotomy  3.6 Perform episiotomy  General Objective 4.0: D	emonstrate competen	ce in the renair of	enisiotomy and la	ceration		
Specific Learning Objectives (Theory)	Teachers' Activities	Resources	Specific Learning Objectives(Practical)	Teachers' Activities	Resources	Evaluation
Lacerations: 4.1 Define lacerations.	• Lecture	Tray for repairs	4.4 Demonstrate how to repair laceration	Demonstratio     n	<ul><li>Forceps of various types</li><li>Nursing</li></ul>	Assignment Test Examination
<ul><li>4.2 Describe the types of laceration.</li><li>4.3 Enumerate the causes of laceration.</li><li>4.4 Demonstrate the repair</li></ul>	ciass	<ul> <li>Cotton Wool</li> <li>Needle and Syringes</li> <li>Catgut</li> <li>Local Anaesthesia</li> </ul>	4.5 Demonstrate how to administer local anaesthesia before repair of expo laceration		mother  Tape rule  Observation tray  Tray for incision and	

drainage

4.4 Demonstrate the repair

of perineal and cervical Lacerations.						
4.5 Demonstrate the use of local anesthesia before repair of lacerations.						
Repair of Episiotomy						
4.6 Set up instrument tray						
for repair of						
Episiotomy						
4.7 Demonstrate the use of						
local anaesthesia						
before repair of						
episiotomy						
4.8 Perform repair of						
episiotomy						
General Objective 5.0: Under	<u> </u>	is, appropriate in	terventions, inclu	ding referral in co	mplications	

occurring during puerperium

Specific Learning Objectives (Theory)	Teachers' Activities	Resources	Specific Learning Objectives (Practical)	Teachers' Activities	Resources	Evaluation
Post partum Haemorrhage 5.1 Define Post Partum Hemorrhage and state the types.	<ul><li>Lecture</li><li>Discussion</li><li>Questions and answers</li><li>Assignment</li></ul>	<ul><li>Whiteboard</li><li>Bed Blocks</li><li>Anti-Shock Garment</li><li>Placenta</li></ul>	5.6 Demonstrate manual removal of placenta.	Demonstratio     n	Tray and     Instrument     for manual     removal of     placenta	Assignment Test Examination
<ul> <li>5.2 Identify the causes of PPH.</li> <li>5.3 Enumerate the sign &amp; symptoms of PPH.</li> <li>5.4 Manage the third stage of labour.</li> <li>5.5 Administer a repeat</li> </ul>	<ul><li>Demonstration</li><li>Return</li><li>Demonstration</li></ul>	<ul> <li>/receiver</li> <li>iv fluid</li> <li>needle and syringe</li> <li>injections</li> <li>Mackintosh</li> <li>Multimedia</li> <li>Projector</li> <li>Video clips</li> </ul>	5.7 Demonstrate bi manual compression of atonic uterus 5.8 Demonstrate digital exploration	<ul><li>Supervision</li><li>Demonstration</li><li>Supervision</li></ul>	<ul> <li>I.V. Fluids</li> <li>Drip Stand and Set</li> <li>Drugs</li> <li>Tray</li> <li>Vacuum Extractor</li> </ul>	

dose of Oxytocic agent.	Textbook	of the uterus	Machine
5.6 Carry out manual	<ul> <li>Whiteboard</li> </ul>	to remove	Tray with
removal of the placenta	• Chart	blood clot	the different
using aseptic	MVA Kit		sizes of cups
technique.		5.9 Demonstrate	Supervision
5.7 Perform bi-manual		the use of	Demonstratio tubes
compression in atonic		manual vacuum	n • Nursing
uterus.		aspirator	Supervision mother tape
5.8 Carry out digital			rule
exploration of the		5.11Demonst	Supervision
uterus to remove blood		rate how to	Demonstratio Observation
clots.		carry out	n tray
5.9 Carry out MVA if the		breast	Supervision
above procedure fails.		examination	Tray for
5.10 List complications of			incision and
PPH.		5.13 Demonst	drainage
Breast	Whiteboar	rate the use	
Problems/Complications	• d	of nursing	
5.11 Identify the various	Markers	process in	Instrument
type of breast	Text books/	management	used for
problems/	Journals	of breast	destructive
complication.	• Charts /	complication	operation
5.12 List the causes, signs	Poster		
and symptoms.	Video clips	5.15 Carry out	
5.13 Describe the nursing	Multimedia	physical	
management using	projector	examination on	
nursing process	• Laptop	a puerperial	
approach.	Laptop     Manikin	mother	
Sub involution	Wiailikiii		
5.14 Define sub involution		<b>-</b> 16	
5.15 List the causes, signs		5.16	
and symptoms.		Demonstrate use	
5.16 Discuss the nursing		of nursing	
management using		process in	
nursing process		management of	
approach.		sub involution.	
Abscess and Haematoma			
5.17 Define abscess and		5.17 Demonst	
haematoma.		rate	

thrombosis.	5.26	
5.28 Identify the causes.	Demonstrate	
5.29 List the signs and	tepid sponging.	
symptoms.		
5.30 Describe the nursing	5.30 Carry out	
care management	physical	
using nursing care	examination to	
plan.	recognize venous	
5.31 Enumerate	thrombosis	
complication of		
Venous Thrombosis	5.34 Carry out	
Thrombophlebitis	physical	
5.32 Define	examination to	
Thrombophlebitis	recognize	
5.33 List the signs and		
symptoms.	thrombophlebiti	
5.34 Explain the nursing	S	
management using		
nursing process	5.42 Carry out	
approach.	physical	
5.35 State the	examinatio	
complications of	n	
thrombophlebitis		
Puerperal	5.43.Demonstrat	
Psychosis/Depression	e use of	
5.36 Define Puerperal	anti-shock	
Psychosis/Depressio	garment	
n.		
5.37 List the causes of		
Puerperal Psychosis.		
5.38 Enumerate the signs		
of puerperal		
psychosis.		
Shock		
5.39 Define Shock.		
5.40 List types of shock.		
5.41 State causes of		
shock.		
5.42 List the signs &		

	symptoms.			
5.43	Describe the nursing			
	care intervention.			

LEVEL: HND NURSING II SEMESTER: FIRST

PROGRAMME: HND NURSING II				
COURSE: CHILD HEALTH II				
CSSOURSE CODE: NUR 423				
DURATION:	Lecture:	Tutorial:	Practicals:	Total Contact Hours:
(Hours/Week)	2 Hrs	0 Hr	2 Hrs	60 Hours

**CREDIT UNIT: 4** 

GOALS: This course is designed to enable students acquire necessary proficiency in the management of mother and child healthy in order to reduce maternal and child morbidity and mortality in the community

GENERAL OBJECTIVES: At the end of the course, the students should be able to:

- 1.0 Know how to supervise the maternal and child health activities in the clinic, home and the community.
- 2.0 Know the routine immunization schedule for children 0-5 years and women of child bearing age.
- 3.0 Know how to organize and train other health personnel in the community e.g. voluntary village health workers, TBA etc.
- 4.0 Know when to refer 'High Risk' clients to other members of the health team for specialized nursing and medical care.
- 5.0 Know how to collaborate with community groups, ministries, non-governmental organizations and health related agencies e.g. UNESCO, UNICEF, FSP, WHO, UNDP, etc

PROGRAMME: HND NURSING II

COURSE: MATERNAL AND CHILD HEALTH II Course Code: NUR 423 Total Contact Hours: 60 Hours

COURSE SPECIFICATION: Theory/Practical

## General Objective 1.0: Know how to supervise maternal and child health activities in the clinic, home and Community

Supervise Maternal and Child Health Activities in Clinic, Home and Community  Objectives (Practical)  • Uecture • White board • Discussion • Demonstrate physical • Demonstration • Return • Vital signs • Clinic • Discussion • Return • Community • Community • Discussion • Return • Community • Communit	pecific Learning	Teachers'	Resources	Specific	Teachers'	Resources	Evaluation
and Child Health Activities in Clinic, Home and Community  • Discussion • Markers • Demonstrate physical • Neturn • Ouestions and answers • Journals • Demonstration • Return • Wital signs • Examination • tray	bjectives (Theory)	Activities		_	Activities		
following activities in the clinic: baby weighing, palpation, take vital signs, urine testing, auscultation etc.  1.2 Delegate duties adequately among members of the health team.  1.3 Supervise all activities of workers in the clinic, homes and community, including ANC, infant welfare clinic, home visit, mobile/outreach services, routine immunization etc    Demonstratio n	Ind Child Health Inctivities in Clinic, Itome and Community  1 Carry out the following activities in the clinic: baby weighing, palpation, take vital signs, urine testing, auscultation etc.  2 Delegate duties adequately among members of the health team.  3 Supervise all activities of workers in the clinic, homes and community, including ANC, infant velfare clinic, home isit, mobile/outreach ervices, routine	• Discussion • Questions and answers • Assignment • Demonstratio n • Group work • Role play  rs of m.  dkers mes r, nt	<ul> <li>Markers</li> <li>Text books</li> <li>Journals</li> <li>Audio visuals</li> <li>Multimedia projector</li> <li>Doll</li> <li>Relia</li> <li>Weighing scale</li> <li>Vital signs tray</li> <li>Urine testing kit</li> </ul>	Demonstrate physical examination in the clinic such as baby weighing, palpation, auscultation, vital signs, urine testing	<ul><li>Demonstration</li><li>Return demonstration</li><li>Questions and</li></ul>	scale Vital signs tray Stethoscope Doll Relia Urine testing	Test

LEVEL: HND NURSING II SEMESTER: SECOND

PROGRAMME: HND NURSING II

COURSE: MATERNAL AND CHILD HEALTH II

COURSE CODE: NUR 423

DURATION: Lecture: Tutorial: Practicals: Total Contact Hours:

(Hours/Week) 2 Hrs 0 Hr 2 Hrs 60 Hours

CREDIT UNIT: 4

GOALS: This course is designed to enable students acquire necessary proficiency in the management of mother and child healthy in order to reduce maternal and child morbidity and mortality in the community

GENERAL OBJECTIVES: At the end of the course, the students should be able to:

- 1.0 Know how to supervise the maternal and child health activities in the clinic, home and the community.
- 2.0 Know the routine immunization schedule for children 0-5 years and women of child bearing age.
- 3.0 Know how to organize and train other health personnel in the community e.g. voluntary village health workers, TBA etc.
- 4.0 Know when to refer 'High Risk' clients to other members of the health team for specialized nursing and medical care.
- 5.0 Know how to collaborate with community groups, ministries, non-governmental organizations and health related agencies e.g. UNESCO, UNICEF, FSP, WHO, UNDP, etc

PROGRAMME: HND NUF	RSING II					
COURSE: CHILD HEALT	H II	Cou	rse Code: NUR 42	3 Tota	d Contact Hours: 6	0 Hours
<b>COURSE SPECIFICATIO</b>						
General Objective 1.0:	Know how to superv	ise maternal and child	health activities	in the clinic, hom	e and	
Community						
Specific Learning	Teachers'	Resources	Specific	Teachers'	Resources	Evaluation
<b>Objectives (Theory)</b>	Activities		Learning Objectives	Activities		
			(Practical)			
Supervise Maternal and Child Health Activities in Clinic, Home and Community  1.1 Carry out the following activities in the clinic: baby weighing, palpation, take vital signs, urine testing, auscultation etc.  1.2 Delegate duties adequately among members of the health team.  1.3 Supervise all activities of workers	<ul> <li>Lecture</li> <li>Discussion</li> <li>Questions and answers</li> <li>Assignment</li> <li>Demonstration</li> <li>Group work</li> <li>Role play</li> </ul>	<ul> <li>White board</li> <li>Markers</li> <li>Text books</li> <li>Journals</li> <li>Audio visuals</li> <li>Multimedia projector</li> <li>Doll</li> <li>Relia</li> <li>Weighing scale</li> <li>Vital signs tray</li> <li>Urine testing kit</li> <li>Stethoscope</li> </ul>	1.1 Demonstrate physical examination in the clinic such as baby weighing, palpation, auscultation, vital signs, urine testing etc.	<ul> <li>Discussion</li> <li>Demonstration</li> <li>Return demonstration</li> <li>Questions and answers</li> </ul>	<ul> <li>Weighing scale</li> <li>Vital signs tray</li> <li>Stethoscope</li> <li>Doll</li> <li>Relia</li> <li>Urine testing kit</li> </ul>	Assignment Test Examination
in the clinic, homes and community, including ANC, infant welfare clinic, home visit, mobile/outreach services, routine						

immunization etc			

General Objective 2.0: I	Know the routine im	munization schedule	for children 0-5yes	ars and women of c	hild bearing age	
Specific Learning Objectives (Theory)	Teachers' Activities	Resources	Specific Learning Objectives (Practical)	Teachers' Activities	Resources	Evaluation
Perform routine Immunization for Children 0-5years and Women of Child Bearing age 2.1 Explain the term immunity 2.2 List the common childhood diseases against which immunization is given  2.3 Explain the immunization schedule for women of child bearing age and children 0-5 years.  2.4 Identify the factors that could facilitate the acceptance of immunization.	<ul> <li>Lecture</li> <li>Discussion</li> <li>Questions and answers</li> <li>Assignment</li> <li>Demonstration</li> </ul>	<ul> <li>White board</li> <li>Markers</li> <li>Text books</li> <li>Journals</li> <li>Audio visuals</li> <li>Multimedia projector</li> </ul>	2.1 Carry out health talk on immunizatio n schedule 2.2Demonstrate the procedure of giving injection 2.3 Demonstrate the procedure of giving immunizatio n through the various routs	<ul> <li>Discussion</li> <li>Demonstration</li> <li>Return demonstration</li> <li>Questions and answers</li> <li>Visit to Antenatal clinics</li> </ul>	<ul> <li>Audio visuals</li> <li>Antenatal clinics</li> <li>Vaccines</li> <li>Syringes and needles</li> <li>Cotton wool</li> <li>Gallipot</li> <li>Kidney dish</li> <li>Immunization chart</li> </ul>	Assignment Test Examination

2.5Identify the barriers			
to effective			
immunization			
2.1 List the dangers of			
faulty			
immunization.			
2.2 Describe adverse			
events related to			
immunization			
2.3 Discuss the cold			
chain and logistics			
2.4 Explain injection			
safety			
2.5 Discuss			
immunization			
coverage strategies			

General Objective 3.0: Know how to organize and train other health personnel in the community i.e. voluntary village health workers,  TBA etc.								
Specific Learning Objectives (Theory)	Teachers' Activities	Resources	Specific Learning Objectives (Practical)	Teachers' Activities	Resources	Evaluation		
Organize and Train other Health Personnel in the Community 3.1 Identify the role of other health personnel in the clinic. 3.2 Plan specific educational activities for each	<ul> <li>Lecture</li> <li>Discussion</li> <li>Questions and answers</li> <li>Assignment</li> <li>Demonstration</li> <li>Brain Storming</li> <li>Role play</li> <li>Group work</li> </ul>	<ul> <li>White board</li> <li>Markers</li> <li>Text books</li> <li>Journals</li> <li>Audio visuals</li> <li>Multimedia projector</li> <li>Interactive</li> </ul>				Assignment Test Examination		

group in 3.1 above	board		
such as seminars,			
workshops, Brain			
storming sessions			
etc			
3.3 Implement the			
planned			
educational/trainin			
g programme in 3.2			
above.			
3.4 Monitor and			
evaluate planned			
programmes			

Specific Learning Objectives (Theory)	Teachers' Activities	Resources	Specific Learning Objectives (Practical)	Teachers' Activities	Resources	Evaluation
Refer "high risk" Clients to Other Members of the Health Team for Specialized Nursing and Medical Care. 4.1 Define "high risk".  4.2 Identify "high risk" clients.	<ul> <li>Lecture</li> <li>Discussion</li> <li>Questions and answers</li> <li>Assignment</li> <li>Demonstration</li> </ul>	<ul> <li>White board</li> <li>Markers</li> <li>Text books</li> <li>Journals</li> <li>Audio visuals</li> <li>Multimedia projector</li> <li>Charts</li> <li>Interactive Board</li> </ul>				Assignment Test Examination

4.3. Identify common childhood diseases			
4.4 Plan management of minor disease conditions in both mother and child			
4.5 Treat the minor disease conditions occurring in mother and child such as malaria, worm infestation, common cold, diarrhea, gastroenteritis etc)			
4.2 Prepare referral notes for specialized level of care.			
4.7 Refer client to specialist.			

General Objective 5.0: Know how to collaborate with community groups, ministries non-governmental organization and agencies								
such as UNESCO, UNICEF, FSP, UNDP, WHO etc.								
Specific Learning Objectives (Theory)	Teachers' Activities	Resources	Specific Learning Objectives	Teachers' Activities	Resources	Evaluation		

			(Practical)	1	
Collaborate with community, groups Ministries Non- Governmental Organizations such as UNESCO, UNICEF, FSP, UNDP etc 5.1 State the functions of the non-governmental organizations	<ul> <li>Lecture</li> <li>Discussion</li> <li>Questions and answers</li> <li>Assignment</li> <li>Demonstration</li> <li>Brain storming</li> <li>Role play</li> <li>Group work</li> </ul>	<ul> <li>White board</li> <li>Markers</li> <li>Text books</li> <li>Journals</li> <li>Audio visuals</li> <li>Multimedia projector</li> <li>Charts</li> <li>Interactive board</li> </ul>	Practical		Assignment Test Examination
5.2 Describe the activities of the non-governmental organizations in 5.1 above					
<ul> <li>5.25 Explain the importance community groups, ministries and nongovernmental organizations in the effective provision of maternal and child health care.</li> <li>5.26 Plan, implement</li> </ul>					
and evaluate collaborative activities such as workshop, seminars with these					

organizations.			

PRO	PROGRAMME: HND NURSING II								
COU	RSE: COMMUNITY MIDW	IFERY II							
COU	COURSE CODE: NUR 424								
DUR	ATION:	Lecture:	Tutorial:	Practical:	Total Contact Hours:				
(Ho	urs/Week)	1 Hr	OHr	2 HrS	45 Hours				
CRE	DIT UNIT: 3								
GOA	L: This course is design	ed to enable stu	dents' identify the	basic concepts an	d principles of primary health care				
	especially as it rela	tes to midwifery	practice in the con	nmunity.					
GEN	ERAL OBJECTIVES: At t	he end of the co	urse, the students	should be able to:					
1.0	Know the information, edu	acation and comn	nunication strategies	to eliminate harm	ful traditional practices.				
2.0	Understand the care of exc	ceptional child in	the community						
3.0	3.0 Understand report writing and record keeping in midwifery practice.								
4.0	4.0 Know the harmful traditional and cultural practices in the community.								
5.0	Discuss the prevention/e	eradication of har	mful traditional/ cul	tural practices in t	the community				

PROGRAMME: HND NU	RSING II								
COURSE: COMMUNITY	MIDWIFERY II	Course Co	de: NUR 424		<b>Total Conta</b>	act H	ours: 45 Ho	urs	
Course Specification:	Course Specification: Theory/Practical								
General Objective 1.0:	General Objective 1.0: Know the information, education and communication strategies to eliminate harmful								
traditional practices.									
<ul> <li>1.1 Describe the traditional practices existing in communities.</li> <li>1.2 Discuss practices that are beneficial or harmful in the community</li> <li>1.3. Explain the use of Information Education and Communication Materials (IEC) in health education.</li> <li>1.4 Discuss the role of strategies in the elimination of</li> </ul>	<ul> <li>Lecture</li> <li>Discussion</li> <li>Lectures</li> <li>Discussions</li> <li>Role Play</li> <li>Lecture</li> <li>Demonstration</li> <li>Discussion</li> </ul>	<ul> <li>Textbooks</li> <li>White Board</li> <li>Marker</li> <li>Charts</li> <li>Field trip</li> <li>Video clips</li> <li>Multimedia projectors</li> <li>Laptop</li> <li>Charts</li> </ul>	1.3 Demonstrate the use of IEC materials	n • Su • De	monstratio pervision monstratio monstratio	• I	Referral forms MIC forms IEC materials	Assignment Test Examination	
harmful traditional practices									

Specific Learning Objectives (Theory)	Teachers' Activities	Resources	Specific Learning	Teachers' Activities	Resources	Evaluation
			Objectives (Practical)			
2.1Describe exceptional child: causes, classification, screening for identification.  2.2Discuss provision, utilization and management of facilities for the exceptional child.  2.3Explain the importance of counseling service in the management of exceptional child (genetic occupational, marriage)  2.4 Describe the role of midwife, the family, the community and	<ul> <li>Lecture</li> <li>Discussion</li> <li>Lectures</li> <li>Discussions</li> <li>Role Play</li> <li>Lecture</li> <li>Demonstration</li> <li>Discussion</li> </ul>	<ul> <li>Textbooks</li> <li>White Board</li> <li>Marker</li> <li>Charts</li> <li>Field trip</li> <li>Video clips</li> <li>Multimedia projectors</li> <li>Laptop</li> <li>Charts</li> </ul>		Demonstratio n     Supervision     Demonstratio n     Demonstratio n	Referral forms     MIC forms     IEC materials	Assignment Test Examination

care and rehabilitation of the exceptional child.			
2.5 Manage the exceptional child in the community			

General Objective 3.0:	Understand report v	vriting and record ke	eping in midwife	ry practice.		
Specific Learning Objectives (Theory)	Teachers' Activities	Resources	Specific Learning Objectives (Practical)	Teachers' Activities	Resources	Evaluation
<ul> <li>3.1 Define record keeping and reporting</li> <li>3.2 List the importance of record keeping in midwifery practice</li> <li>3.3 Describe method of data collection and analysis of data.</li> <li>3.4 Explain the importance of records and reports in the evaluation of health status in the community</li> </ul>	Demonstration     Supervision	<ul> <li>Textbooks</li> <li>White Board</li> <li>Marker</li> <li>Charts</li> <li>Field trip</li> <li>Video clips</li> <li>Multimedia projectors</li> <li>Laptop Charts</li> </ul>				
3.5 Describe the use						

of Manage ment Informa tion System (MIS) form.  3.6 Demonstrate the use of MIS form for record keeping  General Objective 4.0:			_			
Specific Learning	Teachers'	Resources	Specific	Teachers'	Resources	Evaluation
Objectives (Theory)	Activities		Learning Objectives (Practical)	Activities		
4.1 Explain harmful traditional Practices.  4.2 List the various types harmful traditional practices.  - Female genital mutilation/cutt ing  - Early marriage - Male child preference - Widowhood rites - Tattoos - Food taboos - Tribal marks/Scarifica tion	Demonstration     Supervision	<ul> <li>Textbooks</li> <li>White Board</li> <li>Marker</li> <li>Charts</li> <li>Field trip</li> <li>Video clips</li> <li>Multimedia projectors</li> <li>Laptop Charts</li> </ul>				

- Force-feeding of	'			
babies	'			
- Flogging of	'			
males as rite of	'			
	'			
passage	'			
	1			
4.3 Explain Female	'			
genital	'			
mutilation/cutting.	'			
muthation/cutting.	1			
	1			
4.4 Describe various	1			
types of Female	1			
genital	1			
mutilation/cutting	1			
- Excision or	1			
	1			
clitoridectomy	'			
(Type I):	'			
- Circumcision	'			
("traditional")	'			
circumcision	'			
(Type II):	'			
- Infibulation or	'			
Pharaonic	'			
circumcision	'			
(Type III):	1			
(Type III).	1			
- Type IV:	1			
4.5.00	1			
4.5 State the health	1			
and psychological	1			
implication of	1			
Female genital	'			
mutilation/cutting	1			
- Severe pain	!			
- Excessive	1			
bleeding Shock	!			
can be caused	!			
by pain and/or	!			
haemorrhage	!			
nacmornage				

- Difficulty in			
passing urine,			
and also			
passing of			
faeces, can			
occur due to			
swelling,			
oedema and			
pain			
- Infections may			
spread after the			
use of			
contaminated			
instruments			
- Spread of			
Human			
immunodeficien			
cy virus (HIV)			
by the use of			
surgical			
instrument			
without			
sterilization.			
- Death			
- Psychological			
consequences			
- Unintended			
labia fusion			
- Repeated			
Female Genital			
Cutting			
- Reduced quality			
of sexual life			
- Birth			
complications			
- Danger to the			
new-born			
		1	

<ul> <li>4.6 Describe early marriage.</li> <li>4.7 State the factors influencing child marriage.</li> <li>Social</li> <li>Economic</li> <li>Cultural</li> <li>Religion</li> <li>Child trafficking</li> <li>Poor policy</li> <li>4.8 Explain the health and social implication of child marriage</li> </ul>						
General Objective 5.0: De Specific Learning	iscuss the prevention, Teachers'	eradication of harmful to Resources	raditional and cultu Specific	ral practices in the correction.  Teachers'	ommunity Resources	Evaluation
Objectives (Theory)	Activities		Learning Objectives (Practical)	Activities		
5.1 Roles of the Public/Com munity Health nurses in the prevention of harmful practices. 5.2 Explain the role of the following in the prevention/	<ul> <li>Lecture</li> <li>Discussion</li> <li>Lectures</li> <li>Discussions</li> <li>Role Play</li> <li>Lecture</li> <li>Demonstration</li> <li>Discussion</li> </ul>	<ul> <li>Textbooks</li> <li>White Board</li> <li>Marker</li> <li>Charts</li> <li>Field trip</li> <li>Video clips</li> <li>Multimedia projectors</li> <li>Laptop</li> <li>Charts</li> </ul>		<ul> <li>Demonstratio n</li> <li>Supervision</li> <li>Demonstratio n</li> <li>Demonstratio n</li> </ul>	<ul> <li>Referral forms</li> <li>MIC forms</li> <li>IEC materials</li> </ul>	Assignment Test Examination

of harmful traditional/ cultural practices.			
- Counseling - Training			
- Referrals to specialists or other agencies			
<ul> <li>Rehabilitation</li> </ul>			

PROGRAMME: HND NUR	SING II			
COURSE: FAMILY PLANN	ING			
COURSE CODE: NUR 425	5			
DURATION:	Lecture:	Tutorial:	Practical:	<b>Total Contact Hours:</b>
(Hours/Week)	1 Hr	0 Hr	1 Hr	30 Hours
CREDIT UNIT: 2				
				d , 6 d d, d d ddd 6 4 d 6

GOAL: This course is designed to acquaint the students with the knowledge of reproductive health and skills in providing reproductive health services

## GENERAL OBJECTIVES: At the end of the course, the students should be able to:

- 1.0 Understand the concept of family planning.
- 1.0 Know the methodology of data collection involved in family planning.
- 2.0 Know the concept of management information system in the management of health care services.
- 3.0 Know the various family planning methods.
- 4.0 Understand the management of reproductive health conditions.
- 5.0 Know the organization and operation of family planning clinics.

PROGRAMME: HND NURSING II
COURSE:FAMILY PLANNING Course Code: NUR 425 Total Contact Hours: 60 Hours
Course Specification: Theory/Practical

General Objective 1.0: Understand the concent of family planning

General Objective 1.0: Unde	erstand the conce	pt of family plannii	ıg.			
Specific Learning	Teachers'	Resources	Specific	Teachers'	Resources	Evaluation
Objectives (Theory)	Activities		Learning Objectives (Practical)	Activities		
1.1 Outline the history of family planning National and international. 1.2 Explain population dynamics and National Population Policy 1.3 Relate population dynamics/national population policy to the need for controlled population	Lecture     Discussion	<ul> <li>Magnetic Board</li> <li>Markers</li> </ul>				Assignment Test Examination
<ul> <li>1.4 Identify population explosion as a need for family planning</li> <li>1.5 Define family planning.</li> <li>1.6 Explain the significance of family planning services to the family, community and the nation.</li> <li>1.7 Explain legal aspect of family planning (Informed consent)</li> <li>1.8 Identify the socioeconomic, cultural, and religious benefits, which affects client's acceptance of family planning.</li> <li>1.9 Explain the following</li> </ul>	Lecture     Discussion	<ul> <li>Magnetic         Board</li> <li>Markers</li> </ul>				

<ul> <li>Demography</li> <li>Maternal and Infant morbidity and mortality rate</li> <li>General fertility rate</li> <li>Population growth</li> <li>Reproductive rate</li> <li>Communication skills in family planning</li> <li>Counseling in Family planning</li> <li>1.10 Discuss Health</li> <li>Education</li> <li>1.11 Discuss the benefits of family planning</li> </ul>						
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General Objective 2.0: Kno	w the methodolog	y of data collection	involved in family	y planning.		
Specific Learning Objectives (Theory)	Teachers' Activities	Resources	Specific Learning Objectives (Practical)	Teachers' Activities	Resources	Evaluation
<ul> <li>2.1 Explain data collection process.</li> <li>2.2 Identify methods of data collection: namely:  History taking. General and physical examination including Self-Breast Examination (SBE) and pelvic examination.</li> <li>Laboratory investigation</li> </ul>	Lecture     Demonstration     Return     Demonstration	<ul> <li>Models of the organs</li> <li>Specimen bottle</li> <li>Cotton wool Swabs</li> <li>Cusco vaginal speculum</li> <li>Kidney Dishes</li> <li>Antiseptic lotions</li> <li>Methylated Spirit</li> </ul>				Assignment Test Examination

such as: Collection of specimens e.g. High Vaginal Swab, Pap smear, Urine, Blood and Semen.			
Interpret result of Laboratory investigations.			

Specific Learning Objectives (Theory)	Teachers' Activities			Teachers' Activities	Resources	Evaluation	
3.1 Explain the types of information needed in family planning.	Lecture &     Discussion	Magnetic     Board &     Marker				Assignment Test Examination	
3.2 Identify the types of forms used in Management information system (MIS).	<ul> <li>Lecture and Show types of forms</li> <li>Lecture &amp; Discussions</li> </ul>	<ul><li>MIS Forms</li><li>Magnetic Board</li></ul>					
3.3 Outline the roles of health provider in the management of information system (MIS).	Discussion						

General Objective 4.0: Know the various family planning methods.									
Specific Learning	Teachers'	Resources	Specific	Teachers'	Resources	Evaluation			
Objectives (Theory)	Activities		Learning Objectives (Practical)	Activities					
4.1 Review Anatomy and		<ul> <li>Magnetic</li> </ul>	4.2 Display the	• Demonstratio	<ul> <li>Textbooks</li> </ul>	Assignment			

Physiology of the male	•	Lecture		Board	various types of		n	•	Journals	Test
and female	•	Discussion	•	Marker	family planning	•	Return	•	Relevant	Examination
reproductive	•	Brain	•	Display the	devices.		Demonstratio	•	Videos	
system		storming		family			n			
	•	Questions		planning	4.3 Show					
4.2 Describe the various		and Answers		types	techniques					
family planning		ana min	•	Multimedia	of insertion,					
methods:				projectors	maintenanc					
			•	Laptop	e and					
			•	Video clips	removal of					
<ul> <li>Traditional Methods</li> </ul>				on the topics	artificial					
<ul> <li>Natural Methods</li> </ul>				on the topics	devices e.g.					
Modern Methods					IUCD,					
(Artificial)					condoms.					
(in chiloral)										
4.3 Discuss the modern										
Methods emphasizing					4.6 Counsel					
the following:					clients on					
Methods of					follow up					
administration					action on					
Mode of action					family					
Advantages and					planning					
disadvantages,					using					
effectiveness, side					communica					
effects					tion skill					
Indications and					with					
Contraindications					emphasis					
- Major					on					
complications,					perception					
client instruction,					and					
referral of clients					misconcept					
with major					ion of					
complications,					family					
association										
problems and										
_										
management										
Hormonals (orals,										
injectables and										
injectables and					1	1		1		

implants)			
IUCD (Technique of			
insertion,			
maintenance and			
removal)			
Barrier Methods:			
(Diaphragm,			
condoms,			
<ul><li>Foaming tablets:</li></ul>			
jellies and creams)			
• Emergency			
contraceptive			
methods			
Dual protection for			
HIV clients			
<ul> <li>Surgical method</li> </ul>			
(Bilateral tubal			
ligation and			
vasectomy)			
4.4 Discuss follow up:			
scheduled appointment,			
tracing defaulters			
4.5 Discuss Record			
keeping/statistics and			
reporting			
4.6 Discuss suitable			
methods of family			
planning for various			
clients, depending on			
health, religious			
beliefs, culture, age,			
economic factor,			
previous history;			
laboratory			
investigations			

4.7 Demonstrate the proper			
use of the various			
devices identified in 4.3			
above.			

Specific Learning Objectives (Theory)	Teachers' Activities	Resources	Specific Learning Objectives (Practical)	Teachers' Activities	Resources	Evaluation
5.1. Identify reproductive disorders in male and female clients.  Male  Congenital malformation, inflammation, infection, trauma, malignancies and emergencies Female  Congenital malformation, infections, inflammation, menstrual, disorders, malignancies, trauma and emergencies.  List the various sexually transmitted infections including HIV/AIDS.  5.3. Explain human sexuality.	<ul> <li>Lecture</li> <li>Discussion</li> <li>Lectures</li> <li>Discussions</li> <li>Role Play</li> <li>Lecture</li> <li>Demonstration</li> <li>Discussion</li> </ul>	<ul> <li>Textbooks</li> <li>White Board</li> <li>Marker</li> <li>Charts</li> <li>Field trip</li> <li>Video clips</li> <li>Multimedia projectors</li> <li>Laptop</li> <li>Charts</li> </ul>		Demonstratio n     Supervision     Demonstratio n     Demonstratio n	Referral forms     MIC forms     IEC materials	Assignment Test Examination

5.4. Describe the management of reproductive disorders 5.5. Explain infertility. 5.6 Describe method of treatment of infertility. 5.7 Identify infertile couples for referral services.  General Objective 6.0: Known	w the organization	and operation of	family planning clin	ics		
Specific Learning Objectives (Theory)	Teachers' Activities	Resources	Specific Learning Objectives (Practical)	Teachers' Activities	Resources	Evaluation
6.1 Discuss management of family planning clinic using the nursing process approach  - Assessment – community analysis including catchment area/site  - Planning – determination of required resources, Human and Material  - Implementation – organization of family planning	• Lecture • Discussion	Magnetic Board & Marker	6.1 Demonstra te a prototype method of managing a family planning clinic  Assess a community in respect of appropriate location for family planning clinic.			Assignment Test Examination

clinic			
- Client flow			
- Supply, maintenance and storage of family planning commodities			
<ul> <li>Staffing budgeting procedures, items for proposal</li> </ul>			
<ul> <li>Evaluation/client oriented provider efficiency</li> </ul>			
<ul> <li>Research         analysis/utilization         of findings in family         planning     </li> </ul>			
<ul> <li>Identify topics for research in family planning</li> </ul>			
<ul> <li>Discuss the utilization of research findings to improve services.</li> </ul>			
- Discuss management of family planning clinics			

PROGRAMME: HND NURSING I	I			
COURSE: EXPECTANT FAMILY	CARE			
COURSE CODE: NUR 427				
DURATION:	Lecture:	Tutorial:	Practical:	<b>Total Contact Hours:</b>
(Hours/Week)	0 Hr	1 Hr	2 Hrs	30 Hours
CREDIT UNIT: 2				
GOAL: This course is designed	to enable stude	nts follow up an o	expectant family.	
GENERAL OBJECTIVES: At the	end of the cou	rse, the students	should be able to:	

- 1.0 Know an expectant family.
- 2.0 Know at Risk Clients.
- 3.0 Know the common problems of an expectant family.
- 4.0 Understand the maintenance of the well-being of the expectant father.
- 5.0 Know how to prepare parents and families for the arrival of a new baby.

PROGRAMME: HND NU COURSE: EXPECTANT			Course Code	Course Code: HMP 424 Total Contact				
Course Specification: Tutorial/Practical								
General Objective 1.0: Specific Learning Objectives (Theory)	Know an Expectant Teachers' Activities	Resources	Specific Learning Objectives (Practical)	Teachers' Activities	Resources	Evaluation		
<ul> <li>1.1 Define expectant family.</li> <li>1.2 Identify the true signs of pregnancy.</li> <li>1.3 Identify the client suitable for the study e.g. gestational period must be between 16-24 weeks.</li> <li>1.4 Provide anticipatory guidelines on child birth and post partum period.</li> </ul>	<ul> <li>Lecture</li> <li>Discussion</li> <li>Group Work</li> <li>Lecture</li> <li>Field Trip</li> </ul>	<ul> <li>Literatures</li> <li>Expectant</li> <li>Family Care Booklet by NMCN</li> <li>Whiteboard and Marker</li> <li>Charts</li> <li>Clinics</li> </ul>				Assignment Test Examination		

General Objective 2.0:	General Objective 2.0: Know at Risk Clients						
Specific Learning Objectives (Theory)	Teachers' Activities	Resources	Specific Learning Objectives (Practical)	Teachers' Activities	Resources	Evaluation	
2.1 Define at Risk clients 2.2 List at risk conditions in pregnancy 2.3 Identify the social- economic factors that could place client at risk e.g. occupation, social environment, maternal age etc.	<ul> <li>Lectures</li> <li>Discussions</li> <li>Group Work</li> <li>Questions and answers</li> <li>Assignments</li> </ul>	<ul> <li>Photographs</li> <li>Literature</li> <li>Expectant Family Care booklet by NMCN</li> <li>Whiteboard and Marker</li> </ul>					

General Objective 3.0:	Know the common	problems of an expecta	nt family.			
Specific Learning Objectives (Theory)	Teachers' Activities	Resources	Specific Learning Objectives (Practical)	Teachers' Activities	Resources	Evaluation
3.1 List common problems in pregnancy e.g. morning sickness 3.2 Explain culturally prescribed activities which may have impact on the child bearing family.	<ul><li>Lectures</li><li>Discussion</li><li>Group Work</li><li>Field Trip</li><li>Demonstration</li></ul>	<ul> <li>Literatures</li> <li>Photographs</li> <li>Whiteboard and Marker</li> <li>Expectant Family Care booklet by NMCN</li> <li>PHC Facilities</li> </ul>				Assignment Test Examination
3.3 Provide the woman with the information about						

self-care activities aimed at reducing or relieving discomfort.			
3.4Provide information about activities e.g. exercise, sexual, bathing, immunization etc.			
3.5Identify appropriate relief measures for the common discomfort of pregnancy.			

General Objective 4.0:	Understand the ma	aintenance of the well-b	eing of the expec	tant family		
Specific Learning Objectives (Theory)	Teachers' Activities	Resources	Specific Learning Objectives (Practical)	Teachers' Activities	Resources	Evaluation
<ul><li>4.1 Assess the expectant fathers knowledge and intended degree of participation.</li><li>4.2 Work with the couple to help ensure a satisfying experience.</li></ul>		<ul> <li>Photographs</li> <li>Expectant         Family Care         Booklet by         NMCN</li> <li>Whiteboard and         marker</li> <li>Charts</li> </ul>	4.1 -4.2 provide care to the expectant father and mother document care given in the family care booklet			Assignment Test Examination
4.3 Assist family to make safe care choice on desired						

health status			

Specific Learning Objectives (Theory)	Teachers' Activities	Resources	Obje (Prac	ning ctives ctical)	Teachers' Activities	Resources	Evaluation
<ul> <li>5.1 Provide the expectant family with information on needs of the new baby such as adoptive breast feeding etc.</li> <li>5.2 Explain pregnancy in terms that make sense to children: including children in the care etc.</li> <li>5.3 Explain to pregnant women activities such as going through child birth through reading books using pictures about child birth,</li> </ul>	<ul> <li>Lectures</li> <li>Group Work</li> <li>Discussion</li> <li>Field Trip</li> </ul>	<ul> <li>Charts</li> <li>Photographs</li> <li>VCD</li> <li>Video Player and Accessories</li> <li>Expectant Family Care booklet by NMCN</li> </ul>	5.1	provide education and couselling to expectant family on the need of the baby Document activities in the expectant family care booklet			Assignment Test Examination

PROGRAMME: HND NURSING II											
COURSE: PUBLIC HEALTH NURSING PROGRAMME PROJECT											
COURSE CODE: NUR 4	28										
DURATION:	Lecture:	Tutorial:	Practical:	Total Contact Hours:							
(Hours/week)	O Hr	1Hr	2 Hrs	30 Hours							
ODEDIM HMIM. O											

CREDIT UNIT: 2

GOAL: This course is designed to enable students utilize the knowledge, skills and attitudes acquired during the programme carrying out an independent Nursing process in the Community and to implement an intervention to address an identified health needs

**GENERAL OBJECTIVES:** At the completion of the course, the students should be able to:

- 1. Carry out Community Health Nursing process.
- 2. Use the theoretical knowledge acquire to assess, diagnose, plan and implement Nursing intervention in the community to address an identified health need. eg (screening of market women and road transport workers, adolescent focused health education, advocacy, expectant family care and education, etc.