

# NATIONAL BOARD FOR TECHNICAL EDUCATION PLOT 'B' BIDA ROAD, P. M. B.2239, KADUNA

#### NATIONAL OCCUPATIONAL STANDARD

#### **GERIATRIC SOCIAL CARE**

**NOVEMBER, 2023** 

NATIONAL SKILLS QUALIFICATION LEVEL 1

IN

**BASIC GERIATRIC SOCIAL CARE** 

#### Course Overview

By doing this course, the learner will be equipped with the basic knowledge of older persons care and demonstrate understanding of attitudes and perceptions of older people, care delivery and their support system.

To gain this qualification at level 1 (Basic), learner will need to achieve 24 credit value of which 8 credit has to be from theory 16 credit from practical teaching session.

#### Key to evidence gathering methods

A recommended range of assessment methods has been identified which may be used for the units in this qualification. This gives opportunity for different learning styles and individual needs of learner to be taken into account.

- Direct observation with interactive sharing of cultural knowledge and experiences,
- Role playing, workshop on the use of language and perceptions of older persons.
- Oral and written questions,
- Short quizzes,
- Witness testimony
- Case studies,
- Projects,
- Assignments,
- Reflective accounts,
- Work product

#### **Course Overview**

This level 1 (Basic) in Geriatric Social Care certification is required for geriatric social caregiving anywhere in the private sector. The certified basic geriatric social caregiver could achieve public service employment after acquiring relevant qualification.

#### **QUALIFICATION PURPOSE**

This qualification is designed for individuals who are interested in developing a career in Geriatric Social Care.

#### **QUALIFICATION REQUIREMENTS**

#### Candidates must:

- a. Be at least 18 years of age
- b. Be medically fit
- c. Be physically fit
- d. Be mentally fit
- e. Have achieved all the mandatory units in the qualification

#### Note:

This is a 15-credit value qualification. To achieve this qualification; learners are required to achieve all credits value. Each Credit is equivalent to 10 Guided Learning Hours (GLH).

There is an optional unit.

#### **QUALIFICATION OBJECTIVE**

At the end of the qualification, the Basic Geriatric Social Caregiver should be able to:

- a. Communicate effectively in workplace
- b. Relate effectively in work environment
- c. Work as part of a multidisciplinary team
- d. Observe health and safety protocols
- e. Know Basic assistive devices
- f. Carryout Daily vital signs

#### **Unit assessment requirements/evidence requirements:**

Assessment must be carried out in real workplace environment in which learning and human development is carried out. Simulation is allowed in this unit and level.

#### Assessment methods to be used include:

- 1. Direct Observation (DO)
- 2. Question and Answer (QA)
- 3. Witness Testimony (WT)
- 4. Personal statement (PS) or Reflective Practice (RP)
- 5. Assignment (ASS)

## **GENERAL GUIDE**

Unit Title	Provides a clear explanation of the content of the unit.
Unit Number	The unique number assigned to the unit
Unit Reference	The unique reference number given to each unit at
	qualification approval by NBTE
Unit Level	Denotes the level of the unit within the National Skills
	Qualifications Framework NSQF.
Unit Credit Value	The value that has been given to the unit based on the
	expected learning time for an average learner.
	1 credit = 10 learning hours
Unit Purpose	Provides a brief outline of the unit content.
<b>Learning Outcome</b>	A statement of what a learner will know, understand or be
	able to do, as a result of learning process.
Assessment Criteria	A description of the requirements a learner must achieve
	to demonstrate that a learning outcome has been met.
<b>Unit Assessment Guidance</b>	Any additional guidance provided to support the
	assessment of the unit.
<b>Unit Guided Learning Hours</b>	The average number of hours of supervised or directed
	study time or assessment required to achieve a
	qualification or unit of a qualification.

## NATIONAL SKILLS QUALIFICATION

## **LEVEL 1: Basic Geriatric Social Care Training**

Unit	Ref	Content	Remarks	Credit value	GLH
01	SCD/GSC/001/L1	Basic Communication in care settings	Mandatory	2	20
02	SCD/GSC/002/L1	Health and Safety in Care Settings- 1	Mandatory	2	20
03	SCD/ GSC /003/L1	Team work -1	Mandatory	2	20
04	SCD/ GSC /004/L1	Basic knowledge of the Ageing Process	Mandatory	3	30
05	SCD/ GSC /005/L1	Basic Knowledge of Legal and compliance issues of older persons	Mandatory	2	20
06	SCD/ GSC /006/L1	Common medical conditions of the older persons-1	Mandatory	2	20
07	SCD/ GSC /007/L1	Medication Management-1	Mandatory	2	20
08	SCD/GSC/008/L1	Basic Activities of Daily Living 1	Mandatory	3	30
009	SCD/GSC/009/L1	End-of-life care I	Mandatory	2	20
010	SCD/GSC/0010/L1	Soft skills I	Mandatory	2	20
011	SCD/GSC/0011/L1	Assistive Devices I	Optional	2	20
		TOTAL		24	240

#### **UNIT 001: BASIC COMMUNICATION IN CARE SETTINGS**

Unit Reference: SCD/GSC/001/L1 Level: 1

Credit value: 2 GLH: 20

**Unit Aim:** To equip learners with the basic knowledge, competency and skills to effectively communicate with geriatric clients, their families, and care team to enhance the overall quality of care provided in geriatric social care settings.

## Unit assessment requirements/evidence requirements:

- 1. Direct Observation/oral questions (DO)
- 2. Question and Answer (QA)
- 3. Witness Testimony (WT)
- 4. Assignments (ASS)
- 5. Reflective accounts (RA)

## **UNIT 001: BASIC COMMUNICATION IN CARE SETTINGS**

LEARNING OBJECTIVE (LO) The learner will:		PERFORMANCE CRITERIA The learner can:	Evidence Type					nce age	
LO1: Understand	1.1	Identify key principles of							
the principles of		effective communication e.g.							
effective		<ul> <li>Respect and Dignity</li> </ul>							
communication in		<ul> <li>Empathy</li> </ul>							
geriatric social		<ul> <li>Use of appropriate</li> </ul>							
care.		language							
		<ul> <li>Cultural sensitivity</li> </ul>							
		Patience and time							
	1.2	Describe the impact of effective							
		communication e.g.,							
		<ul> <li>Enhances understanding</li> </ul>							
		Builds trust							
		<ul> <li>contribute to a positive</li> </ul>							
		care environment.							
	1.3	Recognise barriers to effective							
		communication in geriatric							
		social care settings e.g.							
		cognitive impairments							
		language barriers							
T 00 TV 1	0.1	• cultural differences							
LO2: Understand	2.1	Explain communication							
and apply		techniques in geriatric social							
communication		care settings.eg							
techniques of		Respect for cultural differences							
effective									
communication in		<ul><li>Active listening</li><li>Empathy and</li></ul>							
geriatric social		understanding							
care settings		<ul><li>Clear and simple</li></ul>							
		language							
	2.2	Explain how these techniques							
	2.2	support effective							
		communication.							
		Explain communication styles in							
		geriatric social care setting e.g.							
		• Clear and simple							
		Empathetic							
	<u> </u>	Communication							

LEARNING OBJECTIVE (LO) The learner will:	IVE The learner can:					Evidence Ref. Page No.						
	2.3	Demonstrate communication style to meet the needs of older clients.eg  • Clear and simple language • Empathetic Communication										
LO 3: Understand the importance of empathy and cultural sensitivity	3.1	Demonstrate empathy and cultural sensitivity in communication with older persons clients.										
in communication.	3.2	Explain the importance of considering the following in geriatric social care;  • cultural background,  • beliefs, and  • values										
	3.3	Use communication style approach to respect and accommodate cultural differences.										

EQA Signature (if sampled)	Date:
IQA Signature (if sampled)	Date:
Assessors Signature:	Date:
Learners Signature:	Date

#### **UNIT 002: HEALTH AND SAFETY IN CARE SETTINGS-1**

Unit Reference: SCD/GSC/002/L1 Level: 1

Credit value: 2 GLH: 20

**Unit Aim:** To equip learners with the knowledge and skills necessary to create and maintain a safe and healthy environment for older adult, the geriatric social care team and the public.

## Unit assessment requirements/evidence requirements:

- 1. Direct Observation/oral questions (DO)
- 2. Question and Answer (QA)
- 3. Witness Testimony (WT)
- 4. Assignments (ASS)
- 5. Reflective Accounts (RA)
- 6. Recognition of Prior Learning (RPL)

## UNIT 002: HEALTH AND SAFETY IN CARE SETTINGS-1

LEARNING OBJECTIVE (LO) The learner will:		PERFORMANCE CRITERIA The learner can:	Evidence Type					nce age	
LO 1: Understand	1.1	Explain the concept of health							
the importance of		and safety in geriatric social care							
health and safety	1.2	Explain infection							
in geriatric social	1.3	Explain Hygiene							
care		<ul> <li>Personal</li> </ul>							
		Workplace							
	1.4	Identify emergencies and some							
		incidents that may occur in							
		geriatric social care setting.							
LO2: Understand	2.1	Explain the need for legal and							
the legal and		regulatory requirements for							
regulatory		health and safety in geriatric							
requirements		social care settings							
related to health	2.2	Explain the importance of							
and safety in		abiding by the Legal and							
geriatric social		regulatory framework							
care settings	2.3	Mention the consequences of not							
		abiding by the Legal and							
		regulatory framework for safety							
		in geriatric social care settings							
LO 3: Understand	3.1	Explain potential risks in							
Risk Management		maintaining a safe environment							
in Geriatric Care		for geriatric social care settings							
Settings		e.g.							
J		Fall hazards							
		Medication Errors							
		Abuse and Neglect							
	3.2	Describe the procedures to be							
	3.2	=							
		followed in emergencies that							
		may occur in geriatric social care							
		settings.eg							
		Assess the situation							
		Ensure personal safety							
		Activate emergency							
		response							
		<ul> <li>Follow established</li> </ul>							
		protocols							

LEARNING OBJECTIVE (LO) The learner will:		PERFORMANCE CRITERIA  The learner can:			Evidence Type			ideı f. P	
		<ul> <li>Provide immediate assistance</li> <li>Communicate and reassure.</li> </ul>							
	3.3	Identify areas for improvement to enhance health and safety practices.							
LO 4: Understand basic roles,	4.1	Explain the roles of level 1 geriatric social caregivers in ensuring safety while working in geriatric social care settings.							
responsibilities, and safety principles in working with	4.2	Describe the Standards that protect the health and safety of the older persons, caregivers and the public							
older persons.	4.3	Apply basic safety principles in protecting the older persons, caregivers and the public.							

Learners Signature:	Date
Assessors Signature:	Date:
IQA Signature (if sampled)	Date:
<b>EQA Signature (if sampled)</b>	Date:

#### **UNIT 003: TEAM WORK-1**

Unit Reference: SCD/GSC/003/L1 Level: 1

Credit value: 2 GLH: 20

**Unit Aim:** To develop knowledge and skill necessary for effective collaboration and cooperation within a multi-disciplinary team in order to provide holistic care for older persons.

## Unit assessment requirements/evidence requirements:

- 1. Direct Observation/oral questions (DO)
- 2. Question and Answer (QA)
- 3. Witness Testimony (WT)
- 4. Assignments,
- 5. Reflective accounts,
- 6. Recognition of Prior Learning (RPL)

## **UNIT 003: TEAM WORK-1**

LEARNING OBJECTIVE (LO) The learner will:		PERFORMANCE CRITERIA The learner can:	Туре				Type Re						Evidence Ref. Page No.				
LO 1: Understand	1.1	Explain the concept of teamwork															
teamwork in		in geriatric social care															
geriatric social	1.2	Explain the importance of															
care		teamwork e.g.															
		<ul> <li>Comprehensive care</li> </ul>															
		and communication															
		Emotional support															
		<ul> <li>Continuous learning and improvement</li> </ul>															
	1.3	Describe the impact of teamwork															
		on clients' outcomes in geriatric															
		social care-e.g.															
		<ul> <li>Improve quality</li> </ul>															
		<ul> <li>Improve safety</li> </ul>															
		Improve efficiency															
LO2: Understand	2.1	Apply ethical principles that															
the ethical and		guide geriatric social care team															
legal		e.g.															
considerations		Respect autonomy of															
related to		older persons -right to															
teamwork		make decisions and choices															
		<ul> <li>Respect privacy and confidentiality of older</li> </ul>															
		adults seeking consent.															
		<ul> <li>Demonstrate integrity</li> </ul>															
		<ul> <li>Show cultural sensitivity</li> </ul>															
		and respect values															
	2.2	Explain the need for teamwork															
		policies and regulations in															
		geriatric social care															
	2.3	List professional codes of															
		conduct for level 1 GSC															
		practitioners relevant to															
		teamwork in geriatric social care															
LO 3:	3.1	Explain cultural diversity within															
Understand		the geriatric social care team.															
cultural	3.2	List different cultures in geriatric															
diversity.		social care e.g.															

LEARNING OBJECTIVE (LO) The learner will:		PERFORMANCE CRITERIA The learner can:	Evidence Type	Evidence Ref. Page No.
		<ul> <li>Indigenous culture</li> </ul>		
		<ul> <li>Religious culture</li> </ul>		
	3.3	Explain as a member of a team:		
		<ul> <li>Motivation</li> </ul>		
		Inspire others		
		Be accountable		
		Reliable		

Learners Signature:	Date
Assessors Signature:	Date:
IQA Signature (if sampled)	Date:
EQA Signature (if sampled)	Date:

#### UNIT 004: BASIC KNOWLEDGE OF THE AGEING PROCESS.

Unit Reference: SCD/GSC/004/L1 Level:1

Credit value: 3 GLH: 30

**Unit Aim:** To equip learners with the appropriate attitude and understanding of basic natural physical, cognitive and psychological changes of ageing and to recognize and support in the management of common age-related health and social conditions of older persons.

## Unit assessment requirements/evidence requirements:

- 1. Direct Observation/oral questions (DO)
- 2. Question and Answer (QA)
- 3. Witness Testimony (WT)
- 4. Assignments,
- 5. Reflective accounts,

## UNIT 004: BASIC KNOWLEDGE OF THE AGEING PROCESS.

LEARNING OBJECTIVE (LO) The learner will:		PERFORMANCE CRITERIA The learner can:	vide ype	nce	Evidence Ref. Page No.						
LO 1: Understand	1.1	Explain the concept of ageing									
the ageing	1.2	Describe the natural ageing							Ī		
process, concept		process:							ı		
and its		- Biological,							ı		
implications.		- Physical,							ı		
_		- Emotional									
	1.3	Explain the implications of the							1		
TOO II 1 1 1	0.1	ageing process									
LO 2: Understand	2.1	Explain the concept of negative							ı		
the basic concept,		stereotypes about older people							ı		
issues affecting	2.2	and its implications									
older people and	2.2	Mention common old age- related health and social issues							ı		
the negative		of older persons.							1		
stereotypes about	2.3	Describe how to manage									
older persons	2.3	common age-related health and							ı		
		social issues of older persons,							1		
		e.g.							ı		
		- ageism							1		
		- prejudices							1		
		- discrimination of older							ı		
		persons which breaches							ı		
		their rights.							ı		
		- Drivers of older persons'							1		
		vulnerability and abuse.									
	2.4	Explain the ethical and socio-							ı		
		cultural issues about ageing									
LO 3: Know	3.1	Explain the concept of geriatric							ı		
geriatric social		social care settings									
care settings	3.2	Mention geriatric social care							Ī		
		settings: e.g.							ı		
		<ul> <li>Home care settings</li> </ul>							ı		
		Community care settings							1		
		Nursing home care							İ		
		settings							İ		
	3.3	Describe the usage of different									
		geriatric social care settings							1		
	]	] -									

## UNIT 005: BASIC KNOWLEDGE OF LEGAL AND COMPLIANCE ISSUES IN THE CARE OF OLDER PERSONS

Unit Reference: SCD/GSC/005/L1 Level: 1

Credit value: 2 GLH: 20

Unit Aim: To equip learners with appropriate knowledge and competency on basic legal and compliance issues of older persons and care

## Unit assessment requirements/evidence requirements:

- 1. Direct Observation/oral questions (DO)
- 2. Question and Answer (QA)
- 3. Witness Testimony (WT)
- 4. Assignments,
- 5. Reflective accounts,

## UNIT 005: BASIC KNOWLEDGE OF LEGALAND COMPLIANCE ISSUES IN THE CARE OF OLDER PERSONS

LEARNING OBJECTIVE (LO) The learner will:		PERFORMANCE CRITERIA Evidence Type The learner can:				Ev Re No	nce Pa	ge	
LO 1: Understand the application of laws and policies in geriatric social	1.1	Explain the need for  Law and policies in geriatric social care setting:							
care	1.2	Explain the application of laws policies, guidelines in geriatric social care							
	1.3	Identify basic compliance issues in geriatric social care							
LO 2: Understand Elder Abuse	2.1	Explain the concept of Elder Abuse							
	2.2	Identify types of Elder Abuse e.g.  Verbal Financial Physical Psychological Sexual							
	2.3	Identify signs of abuse in older persons							
	2.4	Identify the effects of Elder Abuse on older persons							
LO 3: Understand	3.1	Identify channels of reporting abuse of older persons							
Legal Procedure of Reporting	3.2	Explain how to Report Elder Abuse							
Elder Abuse	3;2	Explain how to Stop Elder Abuse							

<b>Learners Signature:</b>	Date
Assessors Signature:	Date:
IQA Signature (if sampled)	Date:

<b>EQA Signature (if sampled)</b>	Date:

#### UNIT 006: COMMON MEDICAL CONDITIONS OF THE OLDER PERSONS-1

Unit Reference: SCD/GSC/006/L1 Level:1

Credit value: 2 GLH: 20

Unit Aim: To equip learners with appropriate knowledge and competency in common medical conditions in older people.

## Unit assessment requirements/evidence requirements:

- 1. Direct Observation/oral questions (DO)
- 2. Question and Answer (QA)
- 3. Witness Testimony (WT)
- 4. Assignments,
- 5. Reflective accounts,

## UNIT 006: COMMON MEDICAL CONDITIONS OF THE OLDER PERSONS-1

LEARNING OBJECTIVE (LO)		PERFORMANCE CRITERIA  The learner can:	ride pe	nce			f. P	nce Page	
The learner will:		The learner can.				110	<b>'•</b>		
LO 1: Know the multiple chronic conditions and 'Red Flags" in older people	1.1	Mention common medical conditions caregivers are likely to encounter with older people, e.g.  • Hypertension • diabetes mellitus • dementia • delirium • arthritis • stroke • Falls  Identify common signs and symptoms of medical conditions in older people:  - Hypertension, - diabetes mellitus							
		<ul><li>dementia</li><li>delirium</li><li>chronic pain</li></ul>							
	1.3	State the common danger signs ('Red flags) in older people e.g. weakness, weight loss, fatigue, delirium, signs of dehydration and constipation, falls, depression, inappropriate polypharmacy, gait, inappropriate levels of blood pressure, pulse, respiration, blood sugars, etc.							
	1.4	Identify common intervention measures to deal with signs of Red Flags in older people							
LO 2: Understand	2.1	Explain vital signs							
normal and abnormal vital signs and blood sugar levels	2.2	Explain blood sugar levels  Identify normal and abnormal vital signs and blood sugar levels							
LO 3: Understand basic first Aid in	3.1	Explain basic first aid in geriatric social care e.g.							

LEARNING OBJECTIVE (LO) The learner will:		PERFORMANCE CRITERIA The learner can:	vide vpe	nce		f. P	nce Page	
geriatric social care		<ul> <li>Evacuation from danger</li> <li>Air way management</li> <li>Breathing</li> <li>Circulation</li> </ul>						
	3.2	Apply appropriate basic first aid to deal with Red Flags in older people						
	3.3	Explain 2-way referral to next level of care						

Learners Signature:	Date
Assessors Signature:	Date:
IQA Signature (if sampled)	Date:
<b>EQA Signature (if sampled)</b>	Date:

#### **UNIT 007: MEDICATION MANAGEMENT-1**

Unit Reference: SCD/GSC/007/L1 Level:1

Credit value: 2 GLH: 20

**Unit Aim:** To equip learners with appropriate knowledge and competency to safely provide basic support to older persons in oral medication administration control non-compliance and adverse medication effects.

#### Unit assessment requirements/evidence requirements:

- 1. Direct Observation/oral questions (DO)
- 2. Question and Answer (QA)
- 3. Witness Testimony (WT)
- 4. Assignments (ASS)
- 5. Reflective Accounts (RA)

## **UNIT 007: MEDICATION MANAGEMENT-1**

LEARNING OBJECTIVE (LO) The learner will:		PERFORMANCE CRITERIA The learner can:	vide vpe	nce		f. P	nce Page	
LO 1: Understand medication safety.	1.1	Identify some commonly prescribed drugs for older people						
	1.2	Identify the expiration date of the drugs						
	1.3	Recognize the frequency of use of the medication						
	1.4	Identify the method of drug administration.						
LO 2: Understand the common side effects and appropriate intervention in medication use for older person	2.2 2.3	Identify some common side effects of medication use in older persons e.g.  Dry mouth Nausea or vomiting Loss of appetite Constipation Increased risk of falls or balance problems Blurred Vision Difficulty in sleeping Advice the client to skip the medication  Report immediately to the health personnel						
LO:4: Understand	4.1	explain inappropriate polypharmacy in Older Persons						
inappropriate polypharmacy and its effect on Older	4.2	Report the situation to family members and health personnel						
Persons.	4.3	Administer ONLY prescribed medication from authorized health personnel						

Learners Signature:	Date
Assessors Signature:	Date:
IQA Signature (if sampled)	Date:
EQA Signature (if sampled)	Date:

#### **UNIT 008 BASIC ACTIVITIES OF DAILY LIVING-1**

Unit Reference: SCD/GSC/008/L1 Level:1

Credit value: 3 GLH: 30

Unit Aim: To equip learners with appropriate knowledge, attitude, skills and competency to

support older persons with their Basic Activities of Daily Living

## Unit assessment requirements/evidence requirements:

- 1. Direct Observation/oral questions (DO)
- 2. Question and Answer (QA)
- 3. Witness Testimony (WT)
- 4. Assignments,
- 5. Reflective accounts,

## **UNIT 008: BASIC ACTIVITIES OF DAILY LIVING-1**

LEARNING OBJECTIVE (LO) The learner will:		PERFORMANCE CRITERIA The learner can:	Evidence Type	Evidence Ref. Page No.
LO 1: Understand Activities of Daily Living (ADL) and Instrumental activities of Daily Living (IADL) in Older Persons	1.1	Mention the basic Activities of Daily Living (ADL):  Bathing Oral hygiene Dressing and grooming Eating Ambulating Toileting		
	1.2	Mention the basic Instrumental Activities of Daily Living (IADL):  • Feeding • Bed making • Housekeeping • Medication • Social activities • Grocery shopping • Meal preparation • Laundry and linen services • Finance management		
	1.3	Identify steps involved in ADL		
LO 2: Understand basic components of Personalized Care Plan.	2.1	Explain the concept of Personalized Care Plan		
Curo i iun.	2.2	Identify the basic components of Personalized Care Plan.		

LEARNING OBJECTIVE (LO) The learner will:		PERFORMANCE CRITERIA The learner can:	Evidence Type		Evide Ref. P No.	
	2.3	State the importance of Personalized Care Plan				
LO:3: Understand principles of confidentiality, respect and sensitivity to older person while providing care.	3.1	Demonstrate how to maintain confidentiality of older persons				
	3.2	Demonstrate how to show respect while providing care to older persons				
	3.3	Demonstrate sensitivity to older persons feelings				
LO:4:	4.1	Explain basic communication skill.				
Understand basic skills in communication, observation and	4.2	Explain observation process.				
documentation.	4.3	State documentation procedure				

Learners Signature: Assessors Signature:	Date Date:
IQA Signature (if sampled)	Date:
<b>EQA Signature (if sampled)</b>	Date:

#### **UNIT 009: END-OF-LIFE CARE-1**

Unit Reference: SCD/GSC/009/L1 Level:1

Credit value: 2 GLH: 20

**Unit Aim:** To equip learners with appropriate knowledge, competency, attitude and skills on end-of-life process and provide basic support to older person and family members

## Unit assessment requirements/evidence requirements:

- 1. Direct Observation/oral questions (DO)
- 2. Question and Answer (QA)
- 3. Witness Testimony (WT)
- 4. Assignments (ASS)
- 5. Reflective Accounts (RA)

## UNIT 009: END-OF-LIFE CARE-1

LEARNING OBJECTIVE (LO) The learner will:		PERFORMANCE CRITERIA  The learner can:	vide vpe	nce	:	Ev Re No	ef.	nce Pa	ge
LO1: Understand the process and the sufferings of older person and family members at the end of life	1.1	Explain the concept of end-of-life Care  Identify sufferings of older person and family members at the end of life. E.g.  Pain Anxiety  Explain suffering of older person and family members at the end of							
		life.eg     Pain     Anxiety							
LO2: Understand appropriate approach to client (older person) and family members, to ensure adequate support at the End-of-Life Care	2.1	Demonstrate respect and care to family members' norms and traditions at end-of- life care.							
	2.2	Demonstrate respect to the wishes of care recipients and family members.							
	3.1	Demonstrate empathy to the clients and family members.  Explain basic management of							
LO3: Understand common interventions for alleviating suffering at the End-of-Life Care		Pain at end-of-life care							
	3.2	Explain basic management of Anxiety at end-of-life care							
	3.3	Mention 'red flags' for referral to experts. E.g.  • Irretractable pain • Irretractable Anxiety							
LO4: Understand some basic	4.1	Mention basic documentation of the end of care recipient's condition.							

LEARNING		PERFORMANCE CRITERIA	Evidence		Evidence		Ev	ide	nce	
<b>OBJECTIVE</b>			Ty	pe		Re	f.	Pa	ge	
(LO)		The learner can:				No	<b>).</b>			
The learner will:										
documentation,										
Ethical & Legal	4.2	Mention interventions applied in								
issues in EOL care		end-of-life interventions.								
	4.3	Explain Healthcare proxy or								
		Agent at End-of- Life								

Learners Signature:	Date
Assessors Signature:	Date:
IQA Signature (if sampled)	Date:
<b>EQA Signature (if sampled)</b>	Date:

#### **UNIT 010: SOFT SKILLS-1**

Unit Reference: SCD/BGST/011/L1 Level:1

Credit value: 2 GLH: 20

Unit Aim: To equip learners with appropriate knowledge, attitude, competency on soft skills essential for providing compassionate and effective social care to geriatric individual.

## Unit assessment requirements/evidence requirements:

- 1. Direct Observation/oral questions (DO)
- 2. Question and Answer (QA)
- 3. Witness Testimony (WT)
- 4. Assignments (ASS)
- 5. Reflective Accounts (RA)

## UNIT 010: SOFT SKILLS-1

LEARNING OBJECTIVE (LO) The learner will:		PERFORMANCE CRITERIA  The learner can:	vide ype	ence		Ev Re No	ef.	nce Pa	
I 01. V	1 1	Essalain and altillation and this	I	1	1				
LO1: Know essential soft	1.1	Explain soft skills in geriatric social care.							
skills for geriatric social care	1.2	Identify soft skills in basic geriatric social care. E.g.  • Empathy • Communication • Compassion • Teamwork							
		Cultural Sensitivity							
	1.3	Describe soft skills in basic geriatric social care. E.g.:							
		1. Empathy							
		2. Communication							1
		3. Compassion							1
		4. Teamwork							1
		5. Cultural Sensitivity							
LO2: Understand team work in geriatric social care	2.1	Explain Teamwork in geriatric social care.							
	2.2	Mention functions of geriatric social care team. E.g.:							
		<ul><li>Nutrition</li><li>Hydration</li><li>Physical</li><li>Social</li><li>cognitive</li></ul>							
	2.3	Describe functions of basic geriatric social team e.g.:							
		• Assessment and care planning							

LEARNING OBJECTIVE (LO) The learner will:		PERFORMANCE CRITERIA  The learner can:	Evidence Type	Evidence Ref. Page No.
LO3: Understand	3.1	<ul> <li>Information and Education</li> <li>Management of health and social conditions</li> <li>Explain cultural sensitivity in</li> </ul>		
Cultural Sensitivity in geriatric social care	3.2	mention areas requiring unique cultural considerations in geriatric social care e.g.:  Language and Communication Beliefs and Practices Family Dynamics End-of-Life Care		
	3.3	Describe areas requiring unique cultural considerations in basic geriatric social care e.g.:  1. Language and Communication  2. Beliefs and Practices  3. Family Dynamics  4. End-of-Life Care		

Learners Signature:	Date
Assessors Signature:	Date:
IQA Signature (if sampled)	Date:
<b>EQA Signature (if sampled)</b>	Date:

#### **UNIT 011: ASSISTIVE DEVICES -1**

Unit Reference: SCD/GSC/012/L1 Level:1

Credit value: 2 GLH: 20

**Unit Aim:** To equip learners with appropriate knowledge, attitude and skills, to recognise basic Assistive Devices with the operational excellence they bring in older persons care

### Unit assessment requirements/evidence requirements:

- 1. Direct Observation/oral questions (DO)
- 2. Question and Answer (QA)
- 3. Witness Testimony (WT)
- 4. Assignments (ASS)
- 5. Reflective Accounts (RA)

### **UNIT 011: ASSISTIVE DEVICES -1**

LEARNING		PERFORMANCE CRITERIA	PERFORMANCE CRITERIA Evidence I				Evidence				
OUTCOME (LO)			Ty	pe				Re		Pa	ge
The learner will:		The learner can:		ı	ı			No	٠.		
LO1: Understand introduction of basic Communication Technology in Geriatric Social Care.	1.1	Explain basic Communication Technology in Geriatric social Care- any digital tool for sending and receiving information e.g.:  • Telephone • Radio • Television									
	1.2	Recognize common telephoning equipment in use in Geriatric Social Care.									
	1.3	Demonstrate putting ON and OFF of common telephoning equipment in use in Geriatric Social Care.									
LO2: Know how to apply basic Communication Technology in Geriatric Social Care.	2.1	Demonstrate use of phones for communication  Receiving and making calls Receiving and Sending messages									
	2.2	Use telephone communication (audio/video) with dementia caregivers among others.									
	2.3	Carry out preventive maintenance of handheld and any other telephoning equipment in common use in Geriatric Social Care.									
LO3: Understand introduction of Assistive Devices in Geriatric Social Care.	3.1	Identify Assistive Devices in Geriatric Social Care e.g.: Assistive Devices a). Mobility aids									

LEARNING		PERFORMANCE CRITERIA		vider	ıce				nce	
OUTCOME (LO) The learner will:		The leavner can	Ty	pe			Re No		Pag	ge
The learner will:		The learner can: b). Medication management		Π			110	•	П	
		c). Personal emergency response systems (PERS)								
		d). Assistive technology								
		e). Adaptive equipment								
		f). Hearing aids								
		g) Visual aids								
	3.2	Identity the commonly used Assistive Devices in Geriatric Social Care e.g.:								
		<ul> <li>Wheelchairs</li> <li>Crutches</li> <li>Prosthetic Limbs</li> <li>Hearing Aids</li> <li>Visual Aids</li> </ul>								
	3.3	Describe the commonly used Assistive Devices in Geriatric Social Care								
LO4: Know how to operate commonly used Assistive Devices in Geriatric Social Care.	4.1	Demonstrate putting ON and OFF of commonly used Assistive Devices in Geriatric Social Care e.g.:  • Wheelchairs • Crutches • Prosthetic Limbs • Visual Aids • Hearing Aids								
	4.2	Maintain commonly used Assistive Devices and Medical Aids in Geriatric Social Care e.g.:  • Wheelchairs • Crutches • Prosthetic limbs								

LEARNING		PERFORMANCE CRITERIA	Ev	ide	nce		Ev	ide	nce	
OUTCOME (LO)			Ty	pe			Re	f.	Pa	ge
The learner will:		The learner can:					No	٠.		
		<ul> <li>Visual Aids</li> </ul>								
		<ul> <li>Hearing Aids</li> </ul>								
	4.3	Identify Assistive Devices not								
		functioning.								
	4.3	Refer to experts any Assistive								
		Device not functioning								

Learners Signature: Assessors Signature: IQA Signature (if sampled)	Date Date:	
EQA Signature (if sampled)	Date:	

### NATIONAL SKILLS QUALIFICATION

### LEVEL 2

### GERIATRIC SOCIAL CARE ATTENDANT

Ref: SCD/GSC//L2

#### **Course Overview**

By doing this course, the learner will be equipped with the basic knowledge of older persons care and demonstrate understanding of attitudes and perceptions of older people, care delivery and their support system.

To gain this qualification at level 2 learner will need to achieve 27 credit value of which 9 credit has to be from theory 18 credit from practical teaching session.

#### **Key to evidence gathering methods**

A recommended range of assessment methods has been identified which may be used for the units in this qualification. This gives opportunity for different learning styles and individual needs of learner to be taken into account.

- Direct observation with interactive sharing of cultural knowledge and experiences,
- Role playing, workshop on the use of language and perceptions of older persons.
- Oral and written questions,
- Short quizzes,
- Witness testimony
- Case studies,
- Projects,
- Assignments,
- Reflective accounts,
- Work product

#### **Course Overview**

This level 2 in Geriatric Social Care certification is required for geriatric social caregiving anywhere in the private sector. The certified geriatric social care Attendant could achieve public service employment after acquiring necessary relevant qualification.

#### **QUALIFICATION PURPOSE**

This qualification is designed for individuals who are interested in developing a career in.

#### **QUALIFICATION REQUIREMENTS**

Candidates must:

- a. Be at least 18 years of age
- b. Be medically fit
- c. Be physically fit
- d. Be mentally fit
- e. Have achieved all the mandatory units in the qualification

#### Note:

This is a 27-credit value qualification. To achieve this qualification; learners are required to achieve all credits value. Each Credit is equivalent to 10 Guided Learning Hours (GLH).

There is an optional unit.

#### **QUALIFICATION OBJECTIVE**

At the end of the qualification, the Geriatric Social Care Attendant should be able to:

- a. Communicate effectively in workplace
- b. Relate effectively in work environment
- c. Work as part of a multidisciplinary team
- d. Observe health and safety protocols
- e. Know Basic assistive devices
- f. Carryout Daily vital signs

#### Unit assessment requirements/evidence requirements:

Assessment must be carried out in real workplace environment in which learning and human development is carried out. Simulation is allowed in this unit and level.

#### Assessment methods to be used include:

- 1. Direct Observation (DO)
- 2. Question and Answer (QA)
- 3. Witness Testimony (WT)
- 4. Personal statement (PS) or Reflective Practice (RP)
- 5. Assignment (ASS)
- 6. Recognition of Prior Learning (RPL)

### **GENERAL GUIDE**

Unit Title	Provides a clear explanation of the content of the unit.
Unit Number	The unique number assigned to the unit
Unit Reference	The unique reference number given to each unit at
	qualification approval by NBTE
Unit Level	Denotes the level of the unit within the National Skills
	Qualifications Framework NSQF.
Unit Credit Value	The value that has been given to the unit based on the
	expected learning time for an average learner.
	1 credit = 10 learning hours
Unit Purpose	Provides a brief outline of the unit content.
Learning Outcome	A statement of what a learner will know, understand or be
	able to do, as a result of learning process.
Assessment Criteria	A description of the requirements a learner must achieve
	to demonstrate that a learning outcome has been met.
<b>Unit Assessment Guidance</b>	Any additional guidance provided to support the
	assessment of the unit.
<b>Unit Guided Learning Hours</b>	The average number of hours of supervised or directed
	study time or assessment required to achieve a
	qualification or unit of a qualification.

### NATIONAL SKILLS QUALIFICATION

## **LEVEL 2 Geriatric Social Care Training**

Unit	Ref	Content	Remarks	Credit value	GLH
01	SCD/GSC/001/L2	Communication in care settings-1	Mandatory	3	30
02	SCD/GSC/002/L2	Health and Safety-2	Mandatory	2	20
03	SCD/GSC /003/L2	Team work -2	Mandatory	3	30
04	SCD/GSC/004/L2	knowledge of the Ageing Process-1	Mandatory	3	30
05	SCD/GSC/005/L2	Legal and compliance issues of older persons-	Mandatory	2	20
06	SCD/GSC/006/L2	Common medical conditions of the older persons-2	Mandatory	2	20
07	SCD/GSC/007/L2	Medication management-2	Mandatory	2	20
08	SCD/GSC/008/L2	Basic Activities of Daily Living-2	Mandatory	3	30
09	SCD/ GSC/009/L2	End-of-life care 2	Mandatory	2	20
10	SCD/GSC/010/L2	Soft skills 2	Mandatory	3	30
11	SCD/GSC/011/L2	Assistive Device 2	Optional	2	20
	Total			27	270

#### **UNIT 001: COMMUNICATION IN CARE SETTINGS-1**

Unit Reference: SCD/GSC/001/L2 Level: 2

Credit value: 3 GLH: 30

**Unit Aim:** To equip learners with the knowledge, competency and skills to effectively communicate with geriatric clients, their families, and care team to enhance the overall quality of care provided in geriatric social care settings.

### Unit assessment requirements/evidence requirements:

- 1. Direct Observation/oral questions (DO)
- 2. Question and Answer (QA)
- 3. Witness Testimony (WT)
- 4. Assignments (ASS)
- 5. Reflective accounts (RA)
- 6. Recognition of Prior learning (RPL)

### **UNIT 001: COMMUNICATION IN CARE SETTINGS-1**

LEARNING OBJECTIVE (LO) The learner will:		PERFORMANCE CRITERIA The learner can:	Evidence Type	viden ef. Pa o.	
LO1: Understand the principles of effective communication in geriatric social	1.1	Identify key principles of effective communication e.g.  • Active listening  • Non-verbal communication  Describe the impact of effective			
care.		<ul> <li>communication e.g.,</li> <li>improve clients'</li> <li>outcomes</li> <li>enhance clients'</li> <li>satisfaction</li> <li>contribute to a positive</li> <li>care environment.</li> </ul>			
	1.3	Recognise barriers to effective communication in geriatric social care settings e.g.  • cognitive impairments • communication difficulties			
LO2: Understand and apply communication techniques of effective communication in geriatric social care settings	2.1	Identify communication techniques in geriatric social care settings.  Non-verbal communications  Patience and time Person -centeredapproach Visual aids and technology  Use open-ended questions  Collaborative communication			
	2.2	Demonstrate Techniques for adapting communication to meet the needs of individuals with sensory impairments or communication difficulties.			

LEARNING OBJECTIVE (LO) The learner will:		PERFORMANCE CRITERIA The learner can:	Evidence Type		Evidence Ref. Page No.					
	2.3	Explain how these techniques support effective communication.								
	2.4	Demonstrate communication styles to meet the needs of older clients. Clear and simple  • Non- Verbal Communications  • Active Listening • Cultural Sensitivity • Positive Enforcement								
LO 3: Understand the importance of empathy and cultural sensitivity in communication.	3.1	Explain the importance of considering the followings in communication and giving care to older persons:  • Cultural background,  • Beliefs,  • Values								
	3.2	Demonstrate empathy in communication with older persons clients.								
\	3.3	Demonstrate cultural sensitivity in communication with older persons clients.								

Learners Signature:	Date
Assessors Signature:	Date:
IQA Signature (if sampled)	Date:
<b>EQA Signature (if sampled)</b>	Date:

#### **UNIT 002: HEALTH AND SAFETY-2**

Unit Reference: SCD/GSC/002/L2 Level: 2

Credit value: 2 GLH: 20

**Unit Aim:** To equip learners with the knowledge and skills necessary to create and maintain a safe and healthy environment for older adult, the geriatric social care team and the public.

### Unit assessment requirements/evidence requirements:

- 1. Direct Observation/oral questions (DO)
- 2. Question and Answer (QA)
- 3. Witness Testimony (WT)
- 4. Assignments (ASS)
- 5. Reflective Accounts (RA)
- 6. Recognition of Prior Learning (RPL)

### UNIT 002: HEALTH AND SAFETY-2

LEARNING OBJECTIVE (LO) The learner will:		PERFORMANCE CRITERIA The learner can:	Evidence Type		Eviden Ref. Pa No.				
LO 1: Understand the importance of health and safety	1.1	Explain the concept of health and safety in geriatric social care  Explain the following in the							
in geriatric social care		geriatric social care setting:  • Infective emergency  • Accidents  • Injuries  • Other harmful incidents							
	1.4	Explain personal and workplace hygiene  Identify emergencies and incidents that may occur in geriatric social care settings							
LO2: Understand the legal and regulatory requirements related to health and safety in geriatric social care settings	2.1	Identify legal and regulatory provisions for health and safety in geriatric social care settings  List health and safety Legal and regulatory Framework in geriatric social care in Nigeria e.g.  National Policy on Geriatric Social Care Quality Assurance (2023)  National Regulatory Framework and Standard Operating Procedures for Geriatric Social Care Agencies and Care Settings in Nigeria (2023)							
	2.3	Explain the importance of abiding by the Legal and regulatory framework							
LO 3: Understand Risk Management in Geriatric Care Settings	3.1	Explain potential risks in maintaining a safe environment for geriatric social care settings e.g.  • Medication Errors							

LEARNING OBJECTIVE (LO) The learner will:		PERFORMANCE CRITERIA The learner can:	vide vpe	nce 		f. P	nce age	
	3.2	<ul> <li>Abuse and Neglect</li> <li>Infections</li> <li>Wandering and elopement</li> <li>Mental health issues</li> <li>Describe the procedures to be followed in emergencies that may occur in geriatric social care settings.eg         <ul> <li>Have and understand emergency plan for the setting</li> <li>Immediate Emergency communication to designated staff and emergency team (Fire safety and medical emergencies)</li> <li>Secure Evacuation route and procedures</li> <li>Shelter in place</li> <li>Regular emergency equipment maintenance and test</li> </ul> </li> <li>Identify areas for improvement</li> </ul>						
	3.3	to enhance health and safety practices.						

Learners Signature:	Date
Assessors Signature:	Date:
IQA Signature (if sampled)	Date:
<b>EQA Signature (if sampled)</b>	Date:

#### **UNIT 003: TEAM WORK-2**

Unit Reference: SCD/GSC/003/L2 Level: 2

Credit value: 3 GLH: 30

**Unit Aim:** To develop knowledge and skill necessary for effective collaboration and cooperation within a multi-disciplinary team in order to provide holistic care for older persons.

### Unit assessment requirements/evidence requirements:

- 1. Direct Observation/oral questions (DO)
- 2. Question and Answer (QA)
- 3. Witness Testimony (WT)
- 4. Assignments,
- 5. Reflective accounts,
- 6. Recognition of Prior Learning (RPL)

### **UNIT 003: TEAM WORK-2**

PERFORMANCE CRITERIA The learner can:		Evidence Type									
Explain the concept of teamwork											
in geriatric social care											
Recognise the importance of											
teamwork in geriatric social care											
<ul> <li>Comprehensive care</li> </ul>											
<ul> <li>Quality assurance</li> </ul>											
<ul> <li>Collaboration and</li> </ul>											
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33	The learner can:  Explain the concept of teamwork in geriatric social care  Recognise the importance of teamwork in geriatric social care e.g., fostering:  Comprehensive care Quality assurance Collaboration and communication/information sharing  Describe the impact of teamwork in geriatric social care-e.g. Promote coordination and person centered care. Continuous learning and improvement Enhanced problem solving Continuity of care Efficiency and resource Apply ethical principles that guide geriatric social care team e.g. Autonomy for older persons Beneficence in care delivery non maleficence by safety considerations justice and equity in care informed consent legal compliant with applicable laws, regulations and guidelines confidentiality and privacy	Type The learner can:  Explain the concept of teamwork in geriatric social care Recognise the importance of teamwork in geriatric social care e.g., fostering: Comprehensive care Quality assurance Collaboration and communication/information sharing  Describe the impact of teamwork in geriatric social care-e.g. Promote coordination and person centered care. Continuous learning and improvement Enhanced problem solving Continuity of care Efficiency and resource Apply ethical principles that guide geriatric social care team e.g. Autonomy for older persons Beneficence in care delivery non maleficence by safety considerations justice and equity in care informed consent legal compliant with applicable laws, regulations and guidelines confidentiality and privacy Explain laws, regulations and policy guidelines governing geriatric social care team e.g. Privacy and	The learner can:  Explain the concept of teamwork in geriatric social care Recognise the importance of teamwork in geriatric social care e.g., fostering:  Comprehensive care Quality assurance Collaboration and communication/information sharing  Describe the impact of teamwork in geriatric social care-e.g. Promote coordination and person centered care. Continuous learning and improvement Enhanced problem solving Continuity of care Efficiency and resource Apply ethical principles that guide geriatric social care team e.g. Autonomy for older persons Beneficence in care delivery non maleficence by safety considerations justice and equity in care informed consent legal compliant with applicable laws, regulations and guidelines confidentiality and privacy Explain laws, regulations and policy guidelines governing geriatric social care team e.g. Privacy and	The learner can:  Explain the concept of teamwork in geriatric social care Recognise the importance of teamwork in geriatric social care e.g., fostering: Comprehensive care Quality assurance Collaboration and communication/information sharing  Describe the impact of teamwork in geriatric social care-e.g. Promote coordination and person centered care. Continuous learning and improvement Enhanced problem solving Continuity of care Efficiency and resource Apply ethical principles that guide geriatric social care team e.g. Autonomy for older persons Beneficence in care delivery non maleficence by safety considerations justice and equity in care informed consent legal compliant with applicable laws, regulations and guidelines confidentiality and privacy Explain laws, regulations and policy guidelines governing geriatric social care team e.g. Privacy and	The learner can:  Explain the concept of teamwork in geriatric social care  Recognise the importance of teamwork in geriatric social care e.g., fostering:  Comprehensive care Quality assurance Collaboration and communication/information sharing  Describe the impact of teamwork in geriatric social care-e.g. Promote coordination and person centered care. Continuous learning and improvement Enhanced problem solving Continuity of care Efficiency and resource Apply ethical principles that guide geriatric social care team e.g. Autonomy for older persons Beneficence in care delivery non maleficence by safety considerations justice and equity in care informed consent legal compliant with applicable laws, regulations and guidelines confidentiality and privacy Explain laws, regulations and policy guidelines governing geriatric social care team e.g. Privacy and	The learner can:  Explain the concept of teamwork in geriatric social care Recognise the importance of teamwork in geriatric social care e.g., fostering: Comprehensive care Quality assurance Collaboration and communication/information sharing  Describe the impact of teamwork in geriatric social care-e.g. Promote coordination and person centered care. Continuous learning and improvement Enhanced problem solving Continuity of care Efficiency and resource Apply ethical principles that guide geriatric social care team e.g. Autonomy for older persons Beneficence in care delivery non maleficence by safety considerations justice and equity in care informed consent legal compliant with applicable laws, regulations and guidelines confidentiality and privacy Explain laws, regulations and policy guidelines governing geriatric social care team e.g. Privacy and	The learner can:  Explain the concept of teamwork in geriatric social care Recognise the importance of teamwork in geriatric social care e.g., fostering:  Comprehensive care Quality assurance Collaboration and communication/information sharing  Describe the impact of teamwork in geriatric social care-e.g. Promote coordination and person centered care. Continuous learning and improvement Enhanced problem solving Continuity of care Efficiency and resource Apply ethical principles that guide geriatric social care team e.g. Autonomy for older persons Beneficence in care delivery non maleficence by safety considerations justice and equity in care informed consent legal compliant with applicable laws, regulations and guidelines confidentiality and privacy Explain laws, regulations and policy guidelines governing geriatric social care team e.g. Privacy and	The learner can:  Explain the concept of teamwork in geriatric social care Recognise the importance of teamwork in geriatric social care e.g., fostering: Comprehensive care Quality assurance Collaboration and communication/information sharing Describe the impact of teamwork in geriatric social care-e.g. Promote coordination and person centered care. Continuous learning and improvement Enhanced problem solving Continuity of care Efficiency and resource Apply ethical principles that guide geriatric social care team e.g. Autonomy for older persons Beneficence in care delivery non maleficence by safety considerations justice and equity in care informed consent legal compliant with applicable laws, regulations and guidelines confidentiality and privacy Explain laws, regulations and policy guidelines governing geriatric social care team e.g. Privacy and	The learner can:  Explain the concept of teamwork in geriatric social care Recognise the importance of teamwork in geriatric social care e.g., fostering: Comprehensive care Quality assurance Collaboration and communication/information sharing  Describe the impact of teamwork in geriatric social care-e.g. Promote coordination and person centered care. Continuous learning and improvement Enhanced problem solving Continuity of care Efficiency and resource Apply ethical principles that guide geriatric social care team e.g. Autonomy for older persons Beneficence in care delivery non maleficence by safety considerations justice and equity in care informed consent legal compliant with applicable laws, regulations and guidelines confidentiality and privacy Explain laws, regulations and policy guidelines governing geriatric social care team e.g. Privacy and		

LEARNING OBJECTIVE (LO) The learner will:		PERFORMANCE CRITERIA The learner can:	Evidence Type	Evidence Ref. Page No.
	2.3	<ul> <li>Informed consent requirements</li> <li>Documentation standards.</li> <li>Abuse by caregivers</li> <li>List professional codes of conduct relevant to teamwork in geriatric social care</li> </ul>		
LO 3: Understand cultural diversity.	3.1	Explain the influence of culture on geriatric social care team practices  Identify cultural diversity within the geriatric social care settings and teams.eg		
		<ul> <li>Ethnicity</li> <li>Language</li> <li>Religious</li> <li>Dietary</li> <li>Customs and traditions</li> <li>Communication styles</li> </ul>		
	3.3	Explain cultural diversity within the geriatric social care settings and teams.eg  • Ethnicity  • Language  • Religious  • Customs and traditions  • Communication styles		

Learners Signature: Assessors Signature: IQA Signature (if sampled)	Date Date:
EQA Signature (if sampled)	Date:

#### UNIT 004: KNOWLEDGE OF THE AGEING PROCESS-1

Unit Reference: SCD/GSC/004/L2 Level: 2

Credit value: 3 GLH: 30

**Unit Aim:** To equip learners with the appropriate attitude and understanding of natural physical, cognitive and psychological changes of ageing and to recognize and support in the management of common age-related health and social conditions of older persons.

### Unit assessment requirements/evidence requirements:

- 1. Direct Observation/oral questions (DO)
- 2. Question and Answer (QA)
- 3. Witness Testimony (WT)
- 4. Assignments (ASS)
- 5. Reflective Accounts (RA)
- 6. Recognition of Prior Learning (RPL)

### UNIT 004: KNOWLEDGE OF THE AGEING PROCESS-1.

LEARNING OBJECTIVE (LO) The learner will:		PERFORMANCE CRITERIA The learner can:	vide vpe	nce	Ref. Page No.								
LO 1: Understand	1.1	Explain the concept of ageing											
the ageing	1.2	Describe the natural ageing											
process, concept		process:											
and its		- Sensory changes											
implications.		- Cognitive changes											
_		- Psychological changes											
	1.3	Explain the implications of the											
		ageing process:											
		Physical											
		<ul> <li>Psychological</li> </ul>											
		Social											
		<ul> <li>Financial</li> </ul>											
		Caregiving											
LO 2: Understand	2.1	Explain the concept of negative											
negative		stereotypes about older people											
stereotypes with		and its implications											
health and care	2.2	Mention common age-related											
issues affecting		health and social issues of older											
older adults.	2.2	persons.											
	2.3	Describe how to manage											
		common age-related health and											
		social issues of older persons,											
		e.g.											
		- Management of drivers											
		of older persons,'											
	2.4	vulnerability and abuse.  Explain the ethical and socio-			$\vdash$								
	2.7	cultural issues about ageing											
	2.5	Explain person-centred care.											
LO 3: Know	3.1	Explain the concept of geriatric								$\Box$			
geriatric social		social care settings											
care settings													
	3.2	Mention geriatric social care											
	] 5.2	settings:											
		<ul> <li>Institutional Care Setting</li> </ul>											
	3.3				+								
	3.3	Describe the usage of different											
		geriatric social care settings											

LEARNING OBJECTIVE (LO) The learner will:		PERFORMANCE CRITERIA The learner can:	Ty			Evidence Type			ide f. P	nce age	
LO 4: Understand basic	4.1	Explain the roles and responsibilities of geriatric social caregivers									
roles, responsibilities, ethical issues and safety principles	4.2	Describe the Standards that protect the health and safety of the older persons, caregivers and the public									
in working with older persons.	4.3	Apply basic safety principles in protecting the older persons, caregivers and the public.									
	4.4	Demonstrate ethical issues involved while working with older people.									

IQA Signature (if sampled)	Date:	
14.1 Signature (in samplea)	Dute.	
IQA Signature (if sampled)	Date:	
Assessors Signature:	Date:	
<b>Learners Signature:</b>	Date	

## UNIT 005: LEGAL AND COMPLIANCE ISSUES IN THE CARE OF OLDER PERSONS-

Unit Reference: SCD/GSC/005/L2 Level:2

Credit value: 2 GLH: 20

Unit Aim: To equip learners with appropriate knowledge and competency on legal and compliance issues of older persons and geriatric social care

#### Unit assessment requirements/evidence requirements:

- 1. Direct Observation/oral questions (DO)
- 2. Question and Answer (QA)
- 3. Witness Testimony (WT)
- 4. Assignments (ASS)
- 5. Reflective Accounts (RA)
- 6. Recognition of Prior Learning (RPL)

# UNIT 005: LEGALAND COMPLIANCE ISSUES IN THE CARE OF OLDER PERSONS-1

LEARNING OBJECTIVE (LO)		PERFORMANCE CRITERIA  The learner can:	vide pe	nce		Ev Re No		nce Pa	ge
The learner will:		The learner can.				110	<b>'•</b>		
Lo 1: Understand the application of laws and policies in geriatric social care	1.1	Identify basic laws in geriatric social care applied in Nigeria:  NSCC Act, 2017 AU Protocol, 2016 VAPP Act, 2015							
	1.2	identify basic policies in geriatric social care:  • National Policy on Ageing, 2020  • National Strategic Health Development Plan, 2018- 2022 (NSHDP-II, 2018- 2022)							
	1.3	Explain the application of the basic laws and policies in geriatric social care							
	1.4	Identity the implications of the basic laws and policies in geriatric social care							
	1.5	Explain basic compliance issues in geriatric social care e.g.  • Licensing and Certification  • Staffing requirements  • Health and Safety regulations  • Documentation and Record keeping  • Abuse and neglect prevention  • Quality assurance							
	2.1	Explain the concept of Elder Abuse							

LEARNING		PERFORMANCE CRITERIA		vide	nce			ide		
OBJECTIVE		The learner can:	Ty	pe			Re No		Pag	ge
(LO) The learner will:		The learner can:					110	٠•		
Lo 2: Understand	2.2	Describe types of Elder Abuse								
Elder Abuse	2.2	e.g.								
		Verbal								
		<ul> <li>Financial</li> </ul>								
		<ul><li>Physical</li></ul>								
		Psychological								
	2.2	• Sexual								
	2.3	Describe signs of abuse in older persons								
LO 3:	3.1	Explain reporting obligations								
Understand		and channels of reporting abuse								
Legal Procedure		of older persons e.g.								
of Reporting Elder Abuse		• Who to report to,								
Elder Abuse		Reporting process,								
		Mandatory reporting								
		requirements.								
	3;2	Describe how to Report Elder								
		Abuse e.g.								
		• Ensure safety								
		Document information								
		Identify reporting								
		channels								
		<ul> <li>Make the report</li> </ul>								
		<ul> <li>Maintain confidentiality</li> </ul>								
		<ul> <li>Follow legal</li> </ul>								
		requirements								
		<ul> <li>Provide supporting</li> </ul>								
		evidence								
		Seek support								
	3.3	Describe how to Stop Elder								
		Abuse e.g.								
		<ul> <li>Recognise the signs</li> </ul>								
		<ul> <li>Report the abuse</li> </ul>								
		<ul> <li>Encourage support</li> </ul>								
		networks								

LEARNING	PERFORMANCE CRITERIA	Evidence	Evid	ence
<b>OBJECTIVE</b>		Type	Ref.	Page
(LO)	The learner can:		No.	
The learner will:				
	Raise awareness			

Learners Signature:	Date
Assessors Signature:	Date:
IQA Signature (if sampled)	Date:
<b>EQA Signature (if sampled)</b>	Date:

### UNIT 006: COMMON MEDICAL CONDITIONS OF THE OLDER PERSONS-2

Unit Reference: SCD/GSC/006/L2 Level:2

Credit value: 2 GLH: 20

Unit Aim: To equip learners with appropriate knowledge and competency in common medical conditions in older people.

### Unit assessment requirements/evidence requirements:

- 1. Direct Observation/oral questions (DO)
- 2. Question and Answer (QA)
- 3. Witness Testimony (WT)
- 4. Assignments (ASS)
- 5. Reflective Accounts (RA)
- 6. Recognition of Prior Learning (RPL)

### UNIT 006: COMMON MEDICAL CONDITIONS OF THE OLDER PERSONS-2

LEARNING OBJECTIVE (LO) The learner will:		PERFORMANCE CRITERIA The learner can:		vide: vpe	nce		Evidence Ref. Page No.					
LO 1:	1.1	Describe the multiple chronic										
Know the multiple		conditions in older people.										
chronic conditions	1.2	Define common medical										
and 'Red Flags"		conditions caregivers are likely to										
in older people.		encounter with older people, e.g.										
		Hypertension										
		• diabetes mellitus										
		<ul><li>dementia</li><li>delirium</li></ul>										
		arthritis										
		• stroke										
		SHORE										
	1.3	Describe common signs and										
		symptoms of medical conditions										
		in older people:										
		- Hypertension,										
		- diabetes mellitus,										
		- dementia,										
		- delirium and chronic pain										
	1.4	Explain the common danger signs										
	1	('Red flags) on older people e.g.										
		weakness, weight loss, fatigue,										
		delirium, signs of dehydration and										
		constipation, falls, depression,										
		inappropriate polypharmacy, gait,										
		inappropriate levels of blood										
		pressure, pulse, respiration, blood										
		sugars.										
	1.5	Determine common intervention										
		measures to deal with signs of										
	_	Red Flags in older people										
LO 2: Understand	2.1	Describe vital signs										
normal and	2.2	Describe blood sugar levels										
abnormal vital signs and blood	2.3	Explain normal and abnormal										
signs and blood sugar levels		vital signs and blood sugar levels										
sugai icveis			<u> </u>	<u> </u>	<u> </u>	1		<u> </u>				

LEARNING OBJECTIVE (LO) The learner will:		PERFORMANCE CRITERIA The learner can:	Ev Ty	ide pe	nce		f. P	nce age	
LO 3: Understand basic first Aid in geriatric social care	3.1	Explain basic first aid in geriatric social care e.g.  • Evacuation from danger  • Air way management  • Breathing  • Circulation							
	3.2	Describe appropriate application of basic first aid that deal with Red Flags in older people							
	3.3	Discuss 2-way referral to next level of care							

<b>Learners Signature:</b>	Date
Assessors Signature:	Date:
IQA Signature (if sampled)	Date:
<b>EQA Signature (if sampled)</b>	Date:

#### **UNIT 007: Medication Management-2**

Unit Reference: SCD/GSC/007/L2 Level:2

Credit value: 2 GLH: 20

**Unit Aim:** To equip learners with appropriate knowledge and competency to safely provide basic support to older persons in oral medication administration control non-compliance and adverse medication effects.

### Unit assessment requirements/evidence requirements:

- 1. Direct Observation/oral questions (DO)
- 2. Question and Answer (QA)
- 3. Witness Testimony (WT)
- 4. Assignments (ASS)
- 5. Reflective Accounts (RA)
- 6. Recognition of Prior Learning (RPL)

### **UNIT 007: MEDICATION MANAGEMENT-2**

LEARNING OBJECTIVE (LO) The learner will:		PERFORMANCE CRITERIA The learner can:			nce		f. P	nce age	
LO 1: Understand medication safety.	1.1	Ascertain the name of the drug							
	1.2	Explain the expiration date of the drug							
	1.3	Identify the frequency of use of the medication							
	1.4	Identify the methods of drug administration.							
\LO 2: Understand the common side effects and appropriate intervention in medication use for older person	2.1	Identify some common side effects of medication use in older persons e.g.  Dizziness Dizziness Diarrhoea Itching Skin Rashes low blood pressure low blood sugar vomiting Respiratory distress Delirium Educate and inform the client on the potential side effects of their medications							
	2.3	Regular follow-up with clients on medications compliance issues							
	2.4	Collaborate with other team members pharmacists or geriatricians							
LO:4:	4.1	Identify inappropriate polypharmacy in Older Persons							

LEARNING		PERFORMANCE CRITERIA	Evidence	Evidence
<b>OBJECTIVE</b>			Type	Ref. Page
(LO)		The learner can:		No.
The learner will:				
Understand	4.2	Collaborate with relevant geriatric		
inappropriate		social care team members		
polypharmacy and		pharmacist or geriatricians for		
its effect on Older		regular review of medications		
Persons.	4.3	Report suspected medication side		
		effects to health professionals for		
		possible emergency reviews		

Learners Signature: Assessors Signature:	Date Date:
IQA Signature (if sampled)	Date:
EQA Signature (if sampled)	Date:

#### **UNIT 008: BASIC ACTIVITIES OF DAILY LIVING-2**

Unit Reference: SCD/GSC/008/L2 Level:2

Credit value: 3 GLH: 30

Unit Aim: To equip learners with appropriate knowledge, attitude, skills and competency to

support older persons with their Basic Activities of Daily Living

### Unit assessment requirements/evidence requirements:

- 1. Direct Observation/oral questions (DO)
- 2. Question and Answer (QA)
- 3. Witness Testimony (WT)
- 4. Assignments (ASS)
- 5. Reflective Accounts (RA)
- 6. Recognition of Prior Learning (RPL)

### **UNIT 008: BASIC ACTIVITIES OF DAILY LIVING-2**

LEARNING OBJECTIVE (LO) The learner will:		PERFORMANCE CRITERIA The learner can:	Evidence Type	Evide Ref. P No.	
LO1: Understand Activities of Daily Living (ADL) in	1.1	Explain basic Activities of Daily Living (ADL):			
older person	1.2	describe the procedures of ADL			
	1.3	Demonstrate ADL			
LO2 Understand Instrumental activities of Daily Living (IADL) in Older Persons	2.1 2.2 2.3	Explain the basic Instrumental Activities of Daily Living (IADL):  • Feeding • Bed making • Housekeeping • Medication • Social activities • Grocery shopping • Meal preparation • Laundry and linen services • Finance management  Describe the importance IADL  Differentiate between ADL and IADL			
LO3: Understand basic components of Personalized Care Plan.	3.1	Explain Personalized Care Plan in geriatric social care.			
	3.2	Identify the basic components of Personalized Care Plan.eg			
		• Assessment			

LEARNING OBJECTIVE (LO) The learner will:		PERFORMANCE CRITERIA The learner can:	Evidence Type	Evidence Ref. Page No.
		<ul> <li>Goal setting</li> <li>Care Coordination Team</li> <li>Individualized Interventions</li> <li>Medication management</li> <li>Emotional and social support</li> <li>Regular evaluation and updates</li> </ul>		
	3.3	State the importance of Personalized Care Plan		
LO4: Understand principles of confidentiality, respect and sensitivity to older person	4.1	Demonstrate confidentiality and respect of privacy of older persons		
while providing care.	4.2	Demonstrate how to seek their input in decision - making process while providing care to older persons		
	4.3	Demonstrate sensitivity to older persons unique needs while providing care.		
	4.4	Demonstrate sensitivity to older persons challenges while providing care.		
	4.5	Demonstrate sensitivity to older persons vulnerabilities while providing care.		

LEARNING OBJECTIVE (LO) The learner will:		PERFORMANCE CRITERIA The learner can:	Evidence Type	Evidence Ref. Page No.
LO 5: Understand basic skills in communication, observation and documentation.	5.1	Mention basic communication skills:  • Effective listening (Active listening and asking open ended questions)  • empathy and • clear verbal and nonverbal communication.		
	5.2	Mention basic observation skills paying attention to changes in:  • behavior • mood • physical condition.		
	5.3	Mention basic documentation skills: e.g.  • maintaining confidentiality  • Accurate recording of essential information		

Learners Signature: Assessors Signature:	Date Date:
IQA Signature (if sampled)	Date:
EQA Signature (if sampled)	Date:

#### **UNIT 009: END-OF-LIFE CARE-2**

Unit Reference: SCD/GSC/009/L2 Level:2

Credit value: 2 GLH: 20

**Unit Aim:** To equip learners with appropriate knowledge, competency, attitude and skills on end-of-life process and provide basic support to older person and family members

### Unit assessment requirements/evidence requirements:

- 1. Direct Observation/oral questions (DO)
- 2. Question and Answer (QA)
- 3. Witness Testimony (WT)
- 4. Assignments (ASS)
- 5. Reflective Accounts (RA)
- 6. Recognition of Prior Learning (RPL)

# UNIT 009: END-OF-LIFE CARE-2

LEARNING OBJECTIVE		PERFORMANCE CRITERIA		vide ype	nce	!	Evidence Ref. Pa			e age	
(LO) The learner will:		The learner can:	- 3	P			No		- "	5	
LO1: Understand	1.1	Describe the concept of end-of-		Τ							
the process and		life Care									
the sufferings of older person and family members at the end of life	1.2	Recognize the end-of-life events									
	1.4	describe suffering of older person and family members at the end of life.eg  Pain Anxiety									
LO2: Understand appropriate approach to client (older person) and family members, to ensure adequate	2.1	Demonstrate respect and care to family members' norms and traditions during end-of-life care.									
	2.2	Demonstrate respect to the wishes of care recipients and family members.									
support at the End-of-Life Care	2.3	Demonstrate empathy to the clients and family members.									
LO3: Understand common interventions for	3.1	Explain basic management of Pain at end-of-life care									
alleviating suffering at the	3.2	Explain basic management of Anxiety at end-of-life care									
End-of-Life Care	3.3	Identify 'Red flags' at end-of- Life Care									
	3.4	Mention 'red flags' for referral to experts. E.g.									
		<ul> <li>Increased weakness, fatigue or frailty</li> <li>Lack of response to treatment</li> <li>Social withdrawal and isolation</li> <li>Increased frequency of falls</li> </ul>									

LEARNING		PERFORMANCE CRITERIA	Evidence		Evidence		Evidence		nce	
<b>OBJECTIVE</b>			Ty	Type			Re	f.	Pa	ge
(LO)		The learner can:					No	).		
The learner will:										
LO4:	4.1	Mention basic documentation of								
Tindonston dibonio		the end-of-life care recipient's								
Understand basic		condition.								
documentation,	4.2	Mention Advance directives e.g.								
Ethical & Legal		*								
issues in EOL care		<ul> <li>Living wills</li> </ul>								
		<ul> <li>Durable power of attorney</li> </ul>								
		for healthcare								
	4.3	Recognise and respect cultural								
	4.3									
		beliefs, values and practices in								
		geriatric social care.								

Learners Signature:	Date
Assessors Signature:	Date:
IQA Signature (if sampled)	Date:
EQA Signature (if sampled)	Date:

#### **UNIT 010: SOFT SKILLS-2**

Unit Reference: SCD/GSC/010/L2 Level:2

Credit value: 3 GLH: 30

Unit Aim: To equip learners with appropriate knowledge, attitude, competency on soft skills essential for providing compassionate and effective social care to geriatric individual.

## Unit assessment requirements/evidence requirements:

The evidence required for this Unit include:

- 1. Direct Observation/oral questions (DO)
- 2. Question and Answer (QA)
- 3. Witness Testimony (WT)
- 4. Assignments (ASS)
- 5. Reflective Accounts (RA)
- 6. Recognition of Prior Learning (RPL)

# UNIT 010: SOFT SKILLS-2

LEARNING OBJECTIVE (LO) The learner will:		PERFORMANCE CRITERIA  The learner can:	Evidence Type	Evidence Ref. Page No.
LO1: Know essential soft skills for geriatric	1.1	Explain soft skills in geriatric social care.		
social care	1.3	Identify soft skills in geriatric social care. E.g.  Empathy Communication Compassion Teamwork Cultural Sensitivity Professionalism  Describe soft skills in basic geriatric social care. E.g.: Empathy Communication Compassion Teamwork Cultural Sensitivity Teamwork Cultural Sensitivity		
LO2: Understand empathy in geriatric social	2.1	6. Professionalism  Explain empathy in geriatric social care.		
care	2.2	Mention functions of empathy in geriatric social care. E.g.:  • Building trust and rapport  • Meeting emotional needs  • Supporting decision making		

LEARNING OBJECTIVE (LO) The learner will:		PERFORMANCE CRITERIA  The learner can:	Evidence Type	Evidence Ref. Page No.
		<ul> <li>Promoting dignity and respect.</li> <li>Reducing isolation and loneliness</li> <li>Improving quality of care</li> </ul>		
	2.3	Describe functions of empathy in geriatric social. e.g.:  • Building trust and rapport • Meeting emotional needs • Supporting decision making		
LO3: Understand Cultural Sensitivity in geriatric social care	3.1 3.2	Explain cultural sensitivity in geriatric social care.  Mention some areas requiring unique cultural considerations in geriatric social care e.g.:  • Language and Communication • Beliefs and Practices • Family Dynamics • End-of-Life Care  Describe some areas requiring unique cultural considerations in basic geriatric social care e.g.:  1. Language and Communication.  2. Beliefs and Practices		
		<ul><li>3. Family Dynamics</li><li>4. End-of-Life Care</li></ul>		

Learners Signature:	Date
Assessors Signature:	Date:
IQA Signature (if sampled)	Date:
EQA Signature (if sampled)	Date:

#### **UNIT 011: ASSISTIVE DEVICES-2**

Unit Reference: SCD/GSC/011/L2 Level:2

Credit value: 2 GLH: 20

Unit Aim: To equip learners with appropriate knowledge, attitude and skills, to recognise basic communication technology and Assistive Devices with the operational excellence they bring in older persons care

#### Unit assessment requirements/evidence requirements:

The evidence required for this Unit include:

- 1. Direct Observation/oral questions (DO)
- 2. Question and Answer (QA)
- 3. Witness Testimony (WT)
- 4. Assignments (ASS)
- 5. Reflective Accounts (RA)
- 6. Recognition of Prior Learning (RPL)

**UNIT 011: Assistive Devices-2** 

LEARNING		PERFORMANCE CRITERIA	Evidence				lence		
OUTCOME (LO) The learner will:		The learner can:	Ty	pe			Re No	Pa	ge
LO1: Understand introduction of Communication Technology in Geriatric Social Care.	1.1	Explain Communication Technology in Geriatric social Care e.g.:  Internet e-Mails Social media Online educational resources							
	1.2	Recognize common social media handles for use in Geriatric Social Care setting. E.g.  • Facebook • WhatsApp							
	1.3	Identify the uses of social media in Geriatric Social Care.eg  • Facebook • WhatsApp							
LO2: Understand introduction of Assistive Devices in Geriatric Social Care.	2.1	Identify Assistive Devices in Geriatric Social Care e.g.: Assistive Devices a) Mobility aids b) Medication management c) Safety Alarms- Personal emergency response systems (PERS) d) Assistive Technology-Communications/Social connection e) Adaptive equipment							

LEARNING		PERFORMANCE CRITERIA	Ev	vide	nce			Ev	idence				
OUTCOME (LO)		<b>51</b>		Re		Pa	ge						
The learner will:		The learner can:		I	ı	l		No	٠.				
		f) Hearing aids											
		g) Visual aids											
		h) Memory aids											
	2.2	Identity the commonly used Assistive Devices in Geriatric Social Care e.g.:  • Walkers • canes • Glasses and Contact lenses • Prosthetic Limbs • Communication devices											
	2.3	Describe the commonly used Assistive Devices in Geriatric Social Care											
LO3: Know how to operate commonly used Assistive Devices in Geriatric Social Care.	3.1	Demonstrate basic operations of commonly used Assistive Devices in Geriatric Social Care e.g.:  • Walkers • canes • Glasses and Contact lenses • Prosthetic Limbs • Communication devices											
	3.2	Maintain commonly used Assistive Devices and Medical Aids in Geriatric Social Care e.g.:											

LEARNING		PERFORMANCE CRITERIA	Evidence		Evid		ide	nce			
OUTCOME (LO)			Ty	Type			Ref.		Page		
The learner will:		The learner can:			No.		<b>).</b>				
	3.3	Identify Assistive Devices not functioning.									
	3.3	Refer to experts any Assistive Device not functioning									

Learners Signature:	Date
Assessors Signature:	Date:
IQA Signature (if sampled)	Date:
<b>EQA Signature (if sampled)</b>	Date:

# NATIONAL SKILLS QUALIFICATION

# LEVEL 3 GERIATRIC SOCIAL CARE OFFICER 2

Ref: SCD/GSC/L3

#### Course Overview

By doing this course, the learner will be equipped with the knowledge of older persons care and demonstrate understanding of attitudes and perceptions of older people, care delivery and their support system.

To gain this qualification at level 3 learner will need to achieve 33 credit value of which 10 credit has to be from theory 22 credit from practical teaching session.

#### Key to evidence gathering methods

A recommended range of assessment methods has been identified which may be used for the units in this qualification. This gives opportunity for different learning styles and individual needs of learner to be taken into account.

- Direct observation with interactive sharing of cultural knowledge and experiences,
- Role playing, workshop on the use of language and perceptions of older persons.
- Oral and written questions,
- Short quizzes,
- Witness testimony
- Case studies,
- Projects,
- Assignments,
- Reflective accounts,
- Work product

#### **Course Overview**

This level 3 in Geriatric Social Care certification is required for geriatric social caregiving anywhere in the private sector. The certified Geriatric Social Care Officer- 2 could achieve public service employment after acquiring necessary relevant qualification.

#### **QUALIFICATION PURPOSE**

This qualification is designed for individuals who are interested in developing a career in Geriatric Social Care.

#### **QUALIFICATION REQUIREMENTS**

Candidates must:

- a. Be at least 18 years of age
- b. Be medically fit
- c. Be physically fit

- d. Be mentally fit
- e. Have achieved all the mandatory units in the qualification

#### Note:

This is a 33-credit value qualification. To achieve this qualification; learners are required to achieve all credits value. Each Credit is equivalent to 10 Guided Learning Hours (GLH).

There is an optional unit.

#### **QUALIFICATION OBJECTIVE**

At the end of the qualification, the Geriatric Social Care Officer 2 should be able to:

- a. Communicate effectively in workplace
- b. Relate effectively in work environment
- c. Work as part of a multidisciplinary team
- d. Observe health and safety protocols
- e. Know and Operate Assistive Devices
- f. Carryout Daily vital signs monitoring and documentation

#### Unit assessment requirements/evidence requirements:

Assessment must be carried out in real workplace environment in which learning and human development is carried out. Simulation is allowed in this unit and level.

#### Assessment methods to be used include:

- 1. Direct Observation (DO)
- 2. Question and Answer (QA)
- 3. Witness Testimony (WT)
- 4. Personal statement (PS) or Reflective Practice (RP)
- 5. Assignment (ASS)
- 6. Recognition of Prior Learning (RPL)

# **GENERAL GUIDE**

Unit Title	Provides a clear explanation of the content of the unit.
Unit Number	The unique number assigned to the unit
Unit Reference	The unique reference number given to each unit at
	qualification approval by NBTE
Unit Level	Denotes the level of the unit within the National Skills
	Qualifications Framework NSQF.
Unit Credit Value	The value that has been given to the unit based on the
	expected learning time for an average learner.
	1 credit = 10 learning hours
Unit Purpose	Provides a brief outline of the unit content.
<b>Learning Outcome</b>	A statement of what a learner will know, understand or be
	able to do, as a result of learning process.
Assessment Criteria	A description of the requirements a learner must achieve
	to demonstrate that a learning outcome has been met.
Unit Assessment Guidance	Any additional guidance provided to support the
	assessment of the unit.
<b>Unit Guided Learning Hours</b>	The average number of hours of supervised or directed
	study time or assessment required to achieve a
	qualification or unit of a qualification.

# NATIONAL SKILLS QUALIFICATION

# **LEVEL 3 Geriatric Social Care Training**

Unit	Ref	Content	Remarks	Credit value	GLH
01	SCD/GSC/001/L3	Communication in care settings-2	Mandatory	2	20
02	SCD/GSC/002/L3	Health and Safety -3	Mandatory	2	20
03	SCD/ GSC/003/L3	Team work -3	Mandatory	2	20
04	SCD/GSC/004/L3	Knowledge of Gerontology and Geriatrics-1	Mandatory	3	30
05	SCD/GSC/005/L3	Legal issues of older persons-1	Mandatory	3	30
06	SCD/GSC/006/L3	Medical conditions of the older persons-2	Mandatory	3	30
07	SCD/GSC/007/L3	Basic Care Settings	Optional	3	30
08	SCD/GSC/008/L3	Medication management-3	Mandatory	3	30
09	SCD/GSC/009/L3	Activities of Daily Living-1	Mandatory	3	30
10	SCD/GSC/010/L3	End-of-life care 3	Mandatory	3	30
11	SCD/GSC/011/L3	Soft Skills 3	Mandatory	3	30
12	SCD/GSC/013/L3	Assistive Devices 3	Mandatory	3	30
	Total			33	330

#### **UNIT 001: COMMUNICATION IN CARE SETTINGS-2**

Unit Reference: SCD/GSCTT/001/L3 Level: 3

Credit value: 2 GLH: 20

**Unit Aim:** To equip learners with the knowledge, competency and skills to effectively communicate with geriatric clients, their families, and care team to enhance the overall quality of care provided in geriatric social care settings.

#### Unit assessment requirements/evidence requirements:

The evidences required for this Unit include:

- 1. Direct Observation/oral questions (DO)
- 2. Question and Answer (QA)
- 3. Witness Testimony (WT)
- 4. Assignments (ASS)
- 5. Reflective accounts (RA)
- 6. Recognition of Prior learning (RPL)

# **UNIT 001: COMMUNICATION IN CARE SETTINGS-2**

LEARNING OBJECTIVE (LO) The learner will:		PERFORMANCE CRITERIA The learner can:	Evi Typ	ce					
LO1: Understand the principles of effective communication in geriatric social care.	1.1	Demonstrate effective communication e.g.  Active listening Empathy Non-verbal communication Use of appropriate language Discuss the impact of effective communication e.g., Clear and concise communication improve clients' outcomes enhance clients' satisfaction contribute to a positive care environment.							
LO2: Understand and apply communication techniques and principles of effective communication in	2.1	Recognise barriers to effective communication in geriatric social care settings e.g.  • sensory impairments • cognitive impairments • language barriers • cultural differences • communication difficulties  Demonstrate communication techniques in geriatric social care settings.  • Use of visual aids • Individualization • Regular Feedback and evaluation							
geriatric social care settings	2.2	Demonstrate Techniques for adapting communication to meet the needs of individuals with sensory impairments or communication difficulties.							

LEARNING OBJECTIVE (LO) The learner will:		PERFORMANCE CRITERIA The learner can:	Evidence Type	Evidence Ref. Page No.				
	2.3	communication and promote person-centered care.						
	2.4	Demonstrate communication style to meet the needs of older clients.						
LO 3: Understand the importance of empathy and cultural sensitivity	3.1	Demonstrate empathy and cultural sensitivity in communication with older persons clients.						
in communication in geriatric social care settings	3.2	Discuss the importance of considering the cultural background, beliefs, and values of older clients when communicating and providing care.						
	3.3	Select communication style and approach to respect and accommodate cultural differences.						

Learners Signature: Assessors Signature: IQA Signature (if sampled)	Date  Date:  Date:
EQA Signature (if sampled)	Date:

#### **UNIT 002: HEALTH AND SAFETY-3**

Unit Reference: SCD/GSC/002/L3 Level: 3

Credit value: 2 GLH: 20

**Unit Aim:** To equip learners with the knowledge and skills necessary to create and maintain a safe and healthy environment for older adult, the geriatric social care team and the public.

## Unit assessment requirements/evidence requirements:

The evidences required for this Unit include:

- 1. Direct Observation/oral questions (DO)
- 2. Question and Answer (QA)
- 3. Witness Testimony (WT)
- 4. Assignments (ASS)
- 5. Reflective Accounts (RA)
- 6. Recognition of Prior Learning (RPL)

# **UNIT 002: HEALTH AND SAFETY-3**

LEARNING OBJECTIVE (LO) The learner will:		PERFORMANCE CRITERIA The learner can:	Evidence Type	Evidence Ref. Page No.						
LO 1: Understand	1.1	Discuss the concept of health								
the importance of		and safety in geriatric social care								
health and safety	1.2	Demonstrate infection control								
in geriatric social		practices and their application in								
care	1.0	geriatric social care settings								
	1.3	Explain Water, Sanitation and								
		Hygiene (WASH) concept in								
	1.4	geriatric social care setting								
	1.4	Supervise the response to emergencies and incidents that								
		may occur in geriatric social care								
		settings								
LO2: Understand	2.1	Differentiate the legal and								
the legal and		regulatory requirements for								
regulatory		health and safety in geriatric								
requirements		social care settings								
related to health	2.2	Discuss health and safety Legal								
and safety in		and regulatory								
geriatric social		Framework in geriatric								
care settings		social care:								
care settings		<ul> <li>National Policy on</li> </ul>								
		Geriatric Social Care								
		Quality Assurance (2023)								
		National Regulatory								
		Framework and Standard								
		Operating Procedures for								
		Geriatric Social Care								
		Agencies and Care Settings in Nigeria								
		(2023)								
		National Benchmark and								
		Minimum Standards in								
		Curricula for Training								
		Geriatric Social								
		Caregivers for								
		Certification in Nigeria								
		(2023)								
		<ul> <li>National Guidelines</li> </ul>								
		on Assessments of								
		Identified Geriatric								

LEARNING OBJECTIVE (LO) The learner will:		PERFORMANCE CRITERIA The learner can:	vide vpe	nce	Evidence Ref. Page No.						
		Social Care Settings, Minimum Staffing and Core Competency, Requirements for Training Providers and Care Agencies Operators for Certification in Nigeria (2023)									
	2.3	Supervise preventive measures to mitigate risks and promote safe environment.									
LO 3: Understand the importance of continuous	3.1	Discuss the importance of risk assessment in maintaining a safe environment for geriatric social care settings									
improvement and learning from incidents to enhance safety	3.2	Discuss the importance of risk management in maintaining a safe environment for geriatric social care settings									
practices	3.3	Supervise procedures and protocols to be followed in emergencies and incidents that may occur in geriatric social care settings.									
	3.4	Implement strategies to enhance health and safety practices.									
	3.5	Control potential hazards that may pose risks to the health and safety of older adults, care teams and the public.									
	3.5	Supervise effective communication with the care team regarding health and safety concerns and promote a culture of safety									

EQA Signature (if sampled)	Date:
IQA Signature (if sampled)	Date:
Assessors Signature:	Date:
Learners Signature:	Date

#### **UNIT 003: TEAM WORK**

Unit Reference: SCD/GSC/004/L3 Level: 3

Credit value: 2 GLH: 20

**Unit Aim:** To develop knowledge and skill necessary for effective collaboration and cooperation within a multi-disciplinary team in order to provide holistic care for older persons.

## Unit assessment requirements/evidence requirements:

The evidences required for this Unit include:

- 1. Direct Observation/oral questions (DO)
- 2. Question and Answer (QA)
- 3. Witness Testimony (WT)
- 4. Assignments,
- 5. Reflective accounts,
- 6. Recognition of Prior Learning (RPL)

# **UNIT 003: TEAM WORK**

LEARNING		PERFORMANCE CRITERIA	Fx	zide	nce		Fv	idei	nce	
OBJECTIVE		TERFORMANCE CRITERIA		pe	псс				age	
(LO)		The learner can:	1	pc			No		uge	
The learner will:		The learner can.					110	•		
LO 1: Understand	1.1	Discuss the concept of teamwork								
the importance of		in geriatric social care								
teamwork in	1.2	Discuss the importance of								
geriatric social		teamwork e.g.								
care		Recognise the importance of								
		teamwork in geriatric social care								
		e.g., fostering:								
		<ul> <li>Professional</li> </ul>								
		development								
		<ul> <li>Shared decision making</li> </ul>								
		<ul> <li>Enhanced problem</li> </ul>								
		solving								
	1.3	Discuss the impact of teamwork								
		on clients' outcomes in geriatric								
		social care-e.g.								
		<ul> <li>Promote coordination</li> </ul>								
		and person centered care.								
		• Improve quality								
		<ul> <li>Improve safety</li> </ul>								
		Improve efficiency								
LO2: Understand	2.1	Apply ethical principles and								
the ethical and		standards that guide geriatric								
legal		social care e.g.								
considerations		• Autonomy								
related to		Beneficence								
teamwork		• non maleficence								
		• justice								
	2.2	Discuss laws, regulations and								
		policies governing geriatric								
		social care e.g.								
		Privacy and								
		confidentiality,								
		Informed consent  requirements								
		requirements								
		<ul> <li>Documentation standards.</li> </ul>								
	2.3	Apply professional codes of								
	2.3	conduct relevant to teamwork.								
		E.g.								
		L.g.	l							

LEARNING OBJECTIVE (LO) The learner will:		PERFORMANCE CRITERIA The learner can:	Evidence Type	Evidence Ref. Page No.
LO 3: Understand cultural diversity and develop leadership and followership skills	3.1	Respect for each team member Communication including effective sharing of information Collaboration Professionalism adhering to relevant laws, regulations and policies Adherence to ethical principles and standards Continuous learning to enhance their knowledge and skills Active Conflict resolution within the team in a constructive manner.  Discuss cultural diversity within the geriatric social care context. Respect and value different cultural backgrounds beliefs practices.  Explain organizational Culture in the geriatric social care setting  Demonstrate as a member of the geriatric social care team, positive organizational culture on the followings: Motivation Inspiration Delegation of tasks Provision of constructive feedback Accountability		
		Reliability		

Learners Signature:	Date
Assessors Signature:	Date:
IQA Signature (if sampled)	Date:
<b>EQA Signature (if sampled)</b>	Date:

#### UNIT 004: KNOWLEDGE OF THE AGEING PROCESS-3.

Unit Reference: SCD/GSC/004/L3 Level: 3

Credit value: 3 GLH: 30

**Unit Aim:** To equip learners with the appropriate attitude and knowledge to understand natural physical, cognitive and psychological changes of ageing and to recognize and support in the management of age-related health and social conditions of older persons.

#### Unit assessment requirements/evidence requirements:

The evidence required for this Unit include:

- 1. Direct Observation/oral questions (DO)
- 2. Question and Answer (QA)
- 3. Witness Testimony (WT)
- 4. Assignments (ASS)
- 5. Reflective Accounts (RA)
- 6. Recognition of Prior Learning (RPL)

# UNIT 004: KNOWLEDGE OF THE AGEING PROCESS-3

LEARNING OBJECTIVE (LO) The learner will:		PERFORMANCE CRITERIA The learner can:	Evidence Type					ice age		
LO 1: Understand	1.1	Discuss the concept of ageing								
the ageing	1.2	Differentiate the natural ageing								
process, concept		process:								
and its		- biological,								
implications.		- physical,								
imprications.		- social								
		- cognitive and								
		<ul> <li>psychological changes of ageing.</li> </ul>								
	1.3	Discuss the implications of the								
		ageing process in geriatric social care								
LO 2: Understand	2.1	Discuss the concept of negative								
the concept of		stereotypes about older people								
issues affecting	2.2	Describe the implications of								
older people and		negative stereotypes about old								
the negative		people								<u> </u>
stereotypes about	2.3	Explain age-related health and								
older persons		social issues of older persons.								<u> </u>
	2.4	Discuss managing common age-								
		related health and social issues								
		of older persons:								
		<ul><li>Physical health</li><li>Mental health</li></ul>								
		- Social support and								
		community engagement								
		- Financial insecurity								
		- legal assistance								
		- Age friendly								
		environment								
		- Social isolation and								
		loneliness								
		- Advocacy and								
		empowerment								
		- ageism								
		- prejudices								
		- discrimination of older								
		persons which breach								
		their rights.								

LEARNING OBJECTIVE		PERFORMANCE CRITERIA	Evidence Type	Evidence Ref. Page
(LO)		The learner can:	1,700	No.
The learner will:				
		- Drivers of older persons,'		
		vulnerability and abuse.		
	2.5	Discuss the ethical and socio-		
	2.5	cultural issues about ageing		
	2.6	Discuss the concept of person-		
	2.7	centred care giving.  Explain the importance of	<del>                                     </del>	
	2.7	person-centred care giving.		
LO3: Know	3.1	Discuss the concept of geriatric		
geriatric social	3.1	social care settings		
care settings		social care seamings		
	3.2	Explain geriatric social care		
		settings:		
		Home based care settings		
		Community based care		
		settings		
		- Domiciliary Care		
		- supportive		
		society		
		- shared lives		
		- Assisted Living		
		Communities		
		- Hospice		
		<ul> <li>Institutional care homes</li> </ul>		
		- short-term rehabilitation		
		- long-term care		
		- Skilled Nursing		
		Home /Assisted		
		Living		
		Active Centers		
		- Model Senior		
		Care Center		
		- Active Older		
		Persons Care		
		Centers		
		- Community		
		Seniors Day		
		Center,		

LEARNING OBJECTIVE (LO) The learner will:		PERFORMANCE CRITERIA The learner can:	Evidence Type			Evidence Ref. Page No.				
	3.3	Discuss the usage of different geriatric social care settings								
LO 4: Understand basic roles, responsibilities, ethical issues and safety principles	4.1	Assign the roles and responsibilities of geriatric social caregivers  Discuss the Standards that protect the health and safety of the older persons, caregivers and the public								
in working with older persons.	4.4	Supervise basic safety principles in protecting the older persons, caregivers and the public.  Apply ethical issues involved while working with older people.								

Learners Signature:	Date
Assessors Signature:	Date:
IQA Signature (if sampled)	Date:
<b>EQA Signature (if sampled)</b>	Date:

# UNIT 005: LEGAL AND COMPLIANCE ISSUES IN THE CARE OF OLDER PERSONS-2

Unit Reference: SCD/GSC/005/L3 Level:3

Credit value: 3 GLH: 30

**Unit Aim:** To equip learners with appropriate knowledge and competency on basic legal issues of older persons and geriatric social care

#### Unit assessment requirements/evidence requirements:

The evidences required for this Unit include:

- 1. Direct Observation/oral questions (DO)
- 2. Question and Answer (QA)
- 3. Witness Testimony (WT)
- 4. Assignments (AS)
- 5. Reflective Accounts (RA)
- 6. Recognition of Prior Learning (RPL)

# UNIT 005: LEGAL AND COMPLIANCE ISSUES IN THE CARE OF OLDER PERSONS-2

LEARNING OBJECTIVE (LO) The learner will:		PERFORMANCE CRITERIA  The learner can:	Evidence Type		Evide Ref. No.		f.	ence Pag		
Lo 1: Understand the application of laws and policies in geriatric social care	1.1	Discuss the basic laws in geriatric social care:  NSCC Act, 2017  AU Protocol, 2016  VAPP Act, 2015								
	1.2	Discuss the basic policies in geriatric social care:  • National Policy on Ageing, 2020  • National Strategic Health Development Plan, 2018-2022 (NSHDP-II, 2018-2022)								
	1.3	Apply laws and policies in geriatric social care								
	1.4	Discuss the implication of the basic laws and policies in geriatric social care								
	1.5	Explain basic compliance issues in geriatric social care e.g.  • Licensing and Certification  • Staffing requirements  • Health and Safety regulations  • Documentation and Record keeping  • Abuse and neglect prevention  • Quality assurance								
	1.5	Identify the Laws, Policies, Regulations and Guidelines that impact Geriatric Social Caregivers, Care Settings, Care								

LEARNING OBJECTIVE (LO)		PERFORMANCE CRITERIA  The learner can:	Evidence Type	Ev Re No	nce Page	
The learner will:		Agencies, Caregivers Training Agencies and Facilities e.g.  National Policy on Geriatric Social Care Quality Assurance (2023)  National Regulatory Framework and Standard Operating Procedures for Geriatric Social Care Agencies and Care Settings in Nigeria (2023)  National Benchmark and Minimum Standards in Curricula for Training Geriatric Social Caregivers for Certification in Nigeria (2023)  National Guidelines on Assessments of Identified Geriatric Social Care Settings, Minimum Staffing and Core Competency, Requirements for Training Providers and Care Agencies Operators for Certification in Nigeria (2023)				
	1.6	Discuss issues with non- Compliance in geriatric social care				
Lo 2: Understand	2.1	Discuss the concept of Elder				
Elder Abuse	2.2	Abuse Differentiate types of Elder Abuse e.g.  • Verbal • Financial				

LEARNING OBJECTIVE (LO) The learner will:		PERFORMANCE CRITERIA  The learner can:	Evidence Type	1	Evidence Ref. Pa			
	2.3	<ul> <li>Physical</li> <li>Psychological</li> <li>Sexual</li> <li>Discuss signs of abuse in older persons</li> <li>State the effect of Abuse on older</li> </ul>						
L.O 3: Understand Legal	3.1	persons  Demonstrate channels of reporting abuse of older persons						
Procedure of Reporting Elder Abuse	3.2	Describe how to Stop Elder Abuse e.g.  Recognise the signs Report the abuse strengthen legal protections Encourage support networks Enhance caregiver training Support Research and Data						
	3.3	Raise awareness  Report Elder Abuse to supervisor						

Learners Signature: Assessors Signature:	Date Date:
IQA Signature (if sampled)	Date:
<b>EQA Signature (if sampled)</b>	Date:

#### **UNIT 006: MEDICAL CONDITIONS OF THE OLDER PERSONS-2**

Unit Reference: SCD/GSC/006/L3 Level:3

Credit value: 3 GLH: 30

**Unit Aim:** To equip learners with appropriate knowledge and competency in prevention, promotion, recognizing common medical conditions and signs of decline in older people to effectively provide services to support them live as comfortably, safely and independently as possible.

#### Unit assessment requirements/evidence requirements:

The evidence required for this Unit include:

- 1. Direct Observation/oral questions (DO)
- 2. Question and Answer (QA)
- 3. Witness Testimony (WT)
- 4. Assignments (ASS)
- 5. Reflective Accounts (RA)
- 6. Recognition of Prior Learning (RPL)

# **UNIT 006: MEDICAL CONDITIONS OF THE OLDER PERSONS-2**

LEARNING OBJECTIVE (LO) The learner will:		PERFORMANCE CRITERIA The learner can:	Evidence Type			Evidence Ref. Page No.					
LO 1: Know the multiple chronic conditions and 'Red Flags" in older people.	1.1	Discuss the multiple chronic conditions in older people.  Identify common medical conditions caregivers are likely to encounter with older people, e.g.  Cardiovascular diseases  Hypertension Stroke Respiratory diseases Diabetes mellitus Depression Anxiety Visual impairment Hearing impairment Chronic pain Dementia Delirium Arthritis									
	1.3	Osteoporosis/Falls  Describe common signs and symptoms of medical conditions in older people:     - Hypertension,     - diabetes mellitus,     - dementia,     - delirium     - chronic pain     - Falls									
	1.4	Explain the common danger signs ('Red flags) on older people e.g.  weakness, weight loss, fatigue, delirium, difficulty in breathing, Chest pain, signs of dehydration and constipation, falls, Bleeding or bruises, depression, inappropriate polypharmacy, gait,									

LEARNING OBJECTIVE (LO) The learner will:		PERFORMANCE CRITERIA The learner can:	Evidence Type					Evidence Ref. Page No.			
		inappropriate levels of blood pressure, pulse, blood sugars, etc.									
	1.5	Discuss common intervention measures to deal with signs of Red Flags in older people									
LO 2: Understand normal and abnormal vital signs and blood sugar levels	2.1	Identify vital signs e.g.  Blood Pressure  Heart Rate Respiratory Rate Temperature Oxygen Saturation Pain assessment									
	2.2	Discuss the risk from high blood pressure in older adults e.g.  Bleeding Organ damage Heart related complications Stroke Kidney disease eye problems Cognitive decline									
	2.3	Discuss normal and abnormal vital signs and blood sugar levels									
	2.4	Explain what can help maintain normal blood sugar levels in older adults:  • Healthy foods • Regular physical exercise • Medication management • Regular blood sugar monitoring • Weight management									
LO 3: Understand basic first Aid in geriatric social care	3.1	Describe first aid intervention in geriatric social care e.g.  • Assess the situation • Evacuation from danger • Call for help • Provide comfort									

LEARNING OBJECTIVE (LO) The learner will:		PERFORMANCE CRITERIA The learner can:	Evidence Type					Evidence Ref. Page No.			
		<ul> <li>Air way management</li> <li>Breathing</li> <li>Circulation</li> <li>Treat shock</li> <li>Be aware of medications and medical conditions</li> <li>Document and report</li> </ul>									
	3.2	Discuss appropriate application of first aid to deal with Red Flags in older people									
	3.3	Explain the 2-way referral in the context of geriatric social care									
	3.4	Discuss the 2-way referral in geriatric social care e.g.  Referral from primary care services provider Referral criteria Referral documentation Referral coordination Receiving care provider Feedback communications Continuity of care									

<b>Learners Signature:</b>	Date
Assessors Signature:	Date:
IQA Signature (if sampled)	Date:
<b>EQA Signature (if sampled)</b>	Date:

#### **UNIT 007: CARE SETTINGS-1**

Unit Reference: SCD/GSC/007/L3 Level:3

Credit value: 3 GLH: 30

### Unit assessment requirements/evidence requirements:

The evidence required for this Unit include:

- 1. Direct Observation/oral questions (DO)
- 2. Question and Answer (QA)
- 3. Witness Testimony (WT)
- 4. Assignments (ASS)
- 5. Reflective Accounts (RA).
- 6. Recognition of Prior Learning (RPL)

Unit Aim: To equip learners with appropriate knowledge, and skills to

know the challenges and requirements in standards for Home, Community and institution care settings certification.

## **UNIT 007: CARE SETTINGS-1**

LEARNING OBJECTIVE (LO) The learner will:		PERFORMANCE CRITERIA The learner can:	Evidence Type						f. P	idence f. Page		
Lo 1: Understand the different types	1.1	Discuss Geriatric Social Care settings										
of care settings	1.2	Discuss different types of care settings-  • Home  • Community based  • Institution based										
	1.3	Discuss the requirements in standards for certification of Home and Community care settings e.g.  • physical infrastructure  • staffing  • logistics  • personnel competences  • Training and retraining.										
LO2: Understand legislations	2.1	Discuss certification of Geriatric Social Care settings										
guiding certification of Geriatric Social Care settings	2.2	Discuss policies, regulations and SOPs for Geriatric Social Care settings e.g.  National Regulatory Framework and Standard Operating Procedures for Geriatric Social Care Agencies and Care Settings in Nigeria (2023) National Guidelines on Assessments of Identified Geriatric Social Care Settings, Minimum Staffing and Core Competency, Requirements for Training										

LEARNING OBJECTIVE (LO) The learner will:		PERFORMANCE CRITERIA The learner can:	1 -	vid ype	enc	e		ride ef. P	
	2.3	Providers and Care Agencies Operators for Certification in Nigeria (2023)  Describe geriatric social care setting certification process e.g.  Registration with the Nigeria Corporate affairs Commission Registration with the SCUML Satisfying minimum requirements in infrastructure, staffing equipping, scope of							
LO3: Understand the Challenges in certification of	3.1	service Discuss the challenges in certification of Home-based care settings							
Geriatric Social Care Settings	3.2	Discuss the challenges in certification of Community based care settings							
	3.3	Discuss the challenges in certification of Institution based care settings							

IQA Signature (if sampled)	Date:	
Learners Signature: Assessors Signature:	<b>Date</b> Date:	

## **UNIT 008: Medication Management-3**

Unit Reference: SCD/GSC/008/L3 Level:3

Credit value: 3 GLH: 30

Unit Aim: To equip learners with appropriate knowledge and competency to

safely provide support to older persons in medication administration, control

non-compliance and adverse medication effects.

#### Unit assessment requirements/evidence requirements:

- 1. Direct Observation/oral questions (DO)
- 2. Question and Answer (QA)
- 3. Witness Testimony (WT)
- 4. Assignments (ASS)
- 5. Reflective Accounts (RA)
- 6. Recognition of Prior Learning (RPL)

## **UNIT 008: MEDICATION MANAGEMENT-3**

LEARNING OBJECTIVE (LO) The learner will:		PERFORMANCE CRITERIA Type The learner can:											
LO 1: Understand medication safety.	1.1	Ascertain the labels, name of the drug.											
	1.2	Identify the expiration date of the drug											
	1.3	Determine the frequency of use of the medication											
	1.4	Identify the method of drug administration.											
LO 2: Understand the common side effects and appropriate intervention in medication use for older person	2.1	Identify some common side effects of medication use in older persons e.g.  • bleeding from the GI tract (stools black or have red blood)  • low blood pressure  • low blood sugar  • vomiting  • cognitive impairment  • dizziness and falls  • sleep disturbance  • urinary problem  • dry mouth											
	2.2	Advice the client to skip the medication											
	2.3	Report to the health personnel											
LO:3: Understand inappropriate	3.1	Identify inappropriate polypharmacy in Older Persons											
polypharmacy and its effect on Older	3.2	Report the situation to family members and health personnel											
Persons.	3.3	Administer ONLY prescribed medication from authorized health personnel											

LEARNING OBJECTIVE (LO) The learner will:		PERFORMANCE CRITERIA The learner can:	Evidence Type	Evidence Ref. Page No.
	3.4	<ul> <li>Advocate to health team for</li> <li>Medication review</li> <li>Simplify medication regimens</li> <li>Communication and collaboration with all in the care team</li> <li>Individualized care</li> <li>Education and training</li> <li>Deprescribing medications no longer necessary or causing more harm than benefit.</li> </ul>		

Learners Signature: Assessors Signature:	Date Date:
IQA Signature (if sampled)	Date:
EQA Signature (if sampled)	Date:

#### **UNIT 009: ACTIVITIES OF DAILY LIVING-3**

Unit Reference: SCD/GSC/009/L3 Level:3

Credit value: 3 GLH: 30

Unit Aim: To equip learners with appropriate knowledge, attitude, skills and competency to

support older persons with their Activities of Daily Living

Unit assessment requirements/evidence requirements:

- 1. Direct Observation/oral questions (DO)
- 2. Question and Answer (QA)
- 3. Witness Testimony (WT)
- 4. Assignments (ASS)
- 5. Reflective Accounts (RA)
- 6. Recognition of Prior Learning (RPL)

## **UNIT 009: ACTIVITIES OF DAILY LIVING-3**

LEARNING OBJECTIVE (LO) The learner will:		PERFORMANCE CRITERIA The learner can:	Evidence Type	Evidence Ref. Page No.
LO 1: Understand Activities of Daily Living (ADL) and Instrumental activities of Daily Living (IADL) in Older Persons	1.1	Discuss the basic Activities of Daily Living (ADL):  Bathing Oral hygiene Dressing and grooming Eating Ambulating Toileting  Discuss the basic Instrumental Activities of Daily Living (IADL): Feeding Bed making Housekeeping Medication Social activities Grocery shopping Meal preparation Laundry and linen services		
	1.3	<ul> <li>Finance management</li> <li>Using Technology</li> </ul> Carry out ADL		
LO2: Understand components of Personalized Care Plan.	2.1	Discuss the concept of Personalized Care Plan		
	2.2	Discuss the components of Personalized Care Plan.		

LEARNING OBJECTIVE (LO) The learner will:		PERFORMANCE CRITERIA The learner can:	Evidence Type	Evidence Ref. Page No.
	2.3	State the importance of Personalized Care Plan		
LO:3: Understand principles of confidentiality, respect	3.1	Demonstrate how to maintain confidentiality of older persons		
and sensitivity to older person while providing care.	3.2	Demonstrate how to show respect while providing care to older persons		
	3.3	Demonstrate sensitivity to older persons feelings		
LO:4: Understand skills in communication, observation and documentation.	4.1	Mention communication skills: e.g.  • Effective listening (Active listening and asking open ended questions)  • empathy • clear verbal nonverbal communication.		
	4.2	Recognise basic observation skills with changes in:  Behavior Mood Physical condition.		
	4.3	Mention documentation skills:  • Maintaining confidentiality • Adhering to legal and ethical guidelines when documenting		

LEARNING OBJECTIVE (LO) The learner will:		PERFORMANCE CRITERIA The learner can:	Evidence Type	Evidence Ref. Page No.		
		sensitive information.				
	44	Explain basic communication, observation and documentation skills.				
	4.5	Demonstrate communication, observation and documentation skills.				

Learners Signature: Assessors Signature:	Date Date:
IQA Signature (if sampled)	Date:
EQA Signature (if sampled)	Date:

#### **UNIT 010: END-OF-LIFE CARE-3**

Unit Reference: SCD/GSC/010/L3 Level:3

Credit value: 3 GLH: 30

**Unit Aim:** To equip learners with appropriate knowledge, competency, attitude and skills on end-of-life process and provide basic support to older person and family members

## Unit assessment requirements/evidence requirements:

- 1. Direct Observation/oral questions (DO)
- 2. Question and Answer (QA)
- 3. Witness Testimony (WT)
- 4. Assignments) ASS)
- 5. Reflective Accounts (RA)
- 6. Recognition of Prior Learning (RPL)

## **UNIT 010: END-OF-LIFE CARE-3**

LEARNING OBJECTIVE		PERFORMANCE CRITERIA	vide vpe	nce		Evide Ref.		ence Page	
(LO) The learner will:		The learner can:				No	٠.		
LO1: Understand the process and the sufferings of older person and family members at the end of life	1.1	Explain the concept of end-of-life Care							
		Demonstrate impact of the ageing process on end-of-life care							
	1.2	Describe the end-of-life events							
	1.3	Identify sufferings of older person and family members at the end of life. E.g.  Pain Anxiety Los of independence Role reversal Grief and loss Social isolation							
	1.4	Explain suffering of older person and family members at the end of life.eg							
LO2: Understand appropriate approach to client (older person) and family members, to ensure adequate support at the End-of-Life Care	2.1	Demonstrate respect and care to family members' norms and traditions.							

LEARNING OBJECTIVE (LO) The learner will:		PERFORMANCE CRITERIA  The learner can:	Evidence Type					Ev Re No	f.	nce Pa	ge
	2.2	Demonstrate respect to the wishes of care recipients and family members.									
	2.3	Demonstrate empathy to the clients and family members.									
LO3: Understand common interventions for	3.1	Explain basic management of Pain at end-of-life care									
alleviating suffering at the	3.2	Explain basic management of Anxiety at end-of-life care									
End-of-Life Care 3.3	3.3	Identify 'Red flags' at end-of- Life Care									
	3.4	Mention 'red flags' for referral to experts. E.g.  Irretractable pain Irretractable Anxiety									
LO4: Understand basic documentation, Ethical & Legal issues in EOL care	4.1	Mention basic documentation of the end-of-life care recipient's condition.									
	4.2	Mention interventions applied in end-of-life interventions applied.									
	4.3	Explain Healthcare proxy or Agent									

Learners Signature	<b>2:</b>					D	ate				
Assessors Signature	:					Ι	)ate	e:			
IQA Signature (if sa	mpled)					Ι	Date	e:			
<b>EQA Signature (if s</b>	sample	d)				Ι	)at	e:			

#### **UNIT 011: SOFT SKILLS-3**

Unit Reference: SCD/GSC/011/L3 Level: 3

Credit value: 3 GLH: 30

Unit Aim: To equip learners with appropriate knowledge, attitude, competency on soft skills essential for providing compassionate and effective social care to older people.

## Unit assessment requirements/evidence requirements:

- 1. Direct Observation/oral questions (DO)
- 2. Question and Answer (QA)
- 3. Witness Testimony (WT)
- 4. Assignments (ASS)
- 5. Reflective Accounts (RA)
- 6. Recognition of Prior Learning (RPL)

## **UNIT 011: SOFT SKILLS-3**

LEARNING OBJECTIVE (LO) The learner will:		PERFORMANCE CRITERIA  The learner can:	Evidence Type																											Ev Re No	f.	nce Pa	
LO1: Know essential soft	1.1	Explain soft skills in geriatric social care.																															
skills for geriatric social care	1.2	Identify soft skills in basic geriatric social care. E.g.  • Empathy • Communication • Compassion • Teamwork • Cultural Sensitivity • Professionalism																															
	1.3	Describe soft skills in basic geriatric social care. E.g.:  1. Empathy 2. Communication. 3. Compassion. 4. Teamwork. 5. Cultural Sensitivity. 6. Professionalism.																															
LO2: Understand team work in geriatric social	2.1	Explain Teamwork in geriatric social care.																															
care	2.2	Mention functions of geriatric social care team. E.g.:  Nutrition Hydration Physical Social Cognitive																															

LEARNING OBJECTIVE (LO) The learner will:		PERFORMANCE CRITERIA  The learner can:	Evidence Type	Evidence Ref. Page No.
LO3: Understand Cultural Sensitivity in geriatric social	3.1	Describe functions of basic geriatric social team e.g.:  • Assessment and care planning. • Information and Education.  Explain cultural sensitivity in geriatric social care.  Mention areas requiring cultural		
care		considerations in geriatric social care e.g.:  • Language and Communication • Beliefs and Practices • Family Dynamics • End-of-Life Care		
	3.3	Describe areas requiring cultural considerations in Geriatric Social Care e.g.:  1. Language and Communication 2. Beliefs and Practices. 3. Family Dynamics 4. End-of-Life Care.		

Learners Signature: Assessors Signature:	Date Date:	
IQA Signature (if sampled)	Date:	
EQA Signature (if sampled)	Date:	

#### **UNIT 012: Assistive Devices -3**

Unit Reference: SCD/GSC/012/L3 Level:3

Credit value: 3 GLH: 30

**Unit Aim:** To equip learners with appropriate knowledge, attitude and skills, to recognize basic communication technology and Assistive Devices with the operational excellence they bring in older persons care.

#### Unit assessment requirements/evidence requirements:

- 1. Direct Observation/oral questions (DO)
- 2. Question and Answer (QA)
- 3. Witness Testimony (WT)
- 4. Assignments (ASS)
- 5. Reflective Accounts (RA)
- 6. Recognition of Prior Learning (RPL)

**UNIT 012: ASSISTIVE DEVICES -3** 

LEARNING		PERFORMANCE CRITERIA	-	iden	ce		Ev	ide	nce	
OUTCOME (LO) The learner will:		The learner can:	Tyl	e			Re		Pa	ge
LO1: Understand introduction of basic Communication Technology in Geriatric Social Care.	1.1	Explain basic Communication Technology in Geriatric social Care- any digital tool for sending and receiving information e.g.:  • Mobile Applications • Electronic Medical Records (EMR) • Telehealth					No	·•		
	1.2	Recognize common telephoning equipment in use in Geriatric Social Care.eg  • Telecare systems • Voice-activated telephones • Video calling technology • Amplified telephones • Caller id and call blockers • Mobile apps								
	1.3	Demonstrate putting ON and OFF of common telephoning equipment in use in Geriatric Social Care.								
LO2: Know how to apply basic Communication Technology in Geriatric Social Care.	2.1	Demonstrate use of basic communication technology in geriatric social care settings  Receiving and sending emails Receiving and making calls Receiving and Sending messages Social media platforms Video conferencing								

LEARNING		PERFORMANCE CRITERIA	Ev	ide	nce		Ev	ide	nce	
OUTCOME (LO) The learner will:		Th. 1	Ту	pe			Re		Pa	ge
The learner will:	2.2	The learner can: Use telephone communication (audio/video) with dementia caregivers among others.					No	) <b>.</b>		
	2.3	Carry out preventive maintenance of handheld and any other communication equipment in common use in Geriatric Social Care.								
LO3: Understand introduction of	3.1	Identify Assistive Devices in Geriatric Social Care e.g.:								
Assistive Devices in Geriatric Social		<b>Assistive Devices</b>								1
Care.		a). Mobility aids								1
		b). Medication management								1
		c). Personal emergency response systems (PERS)								
		d). Assistive technology								1
		e). Adaptive equipment								
		f). Hearing aids								
		g) Visual aids								
	3.2	Identity the commonly used Assistive Devices in Geriatric Social Care e.g.:								
		<ul> <li>Wheelchairs</li> <li>Crutches</li> <li>Prosthetic Limbs</li> <li>Hearing Aids</li> <li>Visual Aids</li> </ul>								
	3.3	Describe the commonly used Assistive Devices in Geriatric Social Care								
	4.1	Demonstrate putting ON and OFF of commonly used								

LEARNING		PERFORMANCE CRITERIA	Ev	vide	nce		Ev	ide	nce													
OUTCOME (LO)			Type		pe		Type		Type		Type		Type		Type		Type		Re	f.	Pa	ge
The learner will:		The learner can:					No	<b>).</b>														
LO4: Know how		Assistive Devices																				
to operate		in Geriatric Social Care																				
commonly used		e.g.:																				
Assistive Devices		<ul> <li>Wheelchairs</li> </ul>																				
in Geriatric Social		<ul><li>Crutches</li></ul>																				
Care.		<ul> <li>Prosthetic Limbs</li> </ul>																				
		<ul> <li>Visual Aids</li> </ul>																				
		<ul> <li>Hearing Aids</li> </ul>																				
		Maintain commonly used																				
	4.2	Assistive Devices and Medical																				
		Aids in Geriatric Social Care																				
		e.g.:																				
		<ul> <li>Wheelchairs</li> </ul>																				
		<ul> <li>Crutches</li> </ul>																				
		<ul> <li>Prosthetic limbs</li> </ul>																				
		<ul> <li>Visual Aids</li> </ul>																				
		<ul> <li>Hearing Aids</li> </ul>																				
	4.3	Identify Assistive Devices not																				
		functioning.																				
	4.3	Refer to experts any Assistive																				
		Device not functioning																				

EQA Signature (if sampled)	Date:	
IQA Signature (if sampled)	Date:	
Assessors Signature:	Date:	
Learners Signature:	Date	

# NATIONAL SKILLS QUALIFICATION

## LEVEL 4

### **GERIATRIC SOCIAL CARE OFFICER-1**

Ref: GSC/L4

#### Course Overview

By doing this course, the learner will be equipped with the knowledge of older persons care and demonstrate understanding of attitudes and perceptions of older people, care delivery and their support system.

To gain this qualification at level 4 learner will need to achieve 45 credit value of which 15 from theory and 30 credit would be from practical

#### **Key to evidence gathering methods**

A recommended range of assessment methods has been identified which may be used for the units in this qualification. This gives opportunity for different learning styles and individual needs of learner to be taken into account.

- Direct observation with interactive sharing of cultural knowledge and experiences,
- Role playing, workshop on the use of language and perceptions of older persons.
- Oral and written questions,
- Short quizzes,
- Witness testimony
- Case studies,
- Projects,
- Assignments,
- Reflective accounts,
- Work product

#### **Course Overview**

This level 4 in Geriatric Social Care certification is required for geriatric social caregiving anywhere in the private sector. The certified geriatric social care Assistant -1 could achieve public service employment after acquiring necessary relevant qualification.

#### **QUALIFICATION PURPOSE**

This qualification is designed for individuals who are interested in developing a career in Geriatric Social Care.

### **QUALIFICATION REQUIREMENTS**

#### Candidates must:

- a. Be at least 18 years of age
- b. Be medically fit
- c. Be physically fit
- d. Be mentally fit
- e. Have achieved all the mandatory units in the qualification

#### Note:

This is a 37-credit value qualification. To achieve this qualification; learners are required to achieve all credits value. Each Credit is equivalent to 10 Guided Learning Hours (GLH).

There is an optional unit.

#### **QUALIFICATION OBJECTIVE**

At the end of the qualification, the Geriatric Social Care Assistant -1 should be able to:

- a. Communicate effectively in workplace
- b. Relate effectively in work environment
- c. Work as part of a multidisciplinary team
- d. Observe health and safety protocols
- e. Know and Operate Assistive Devices
- f. Carryout Daily vital signs monitoring and documentation

## Unit assessment requirements/evidence requirements:

Assessment must be carried out in real workplace environment in which learning and human development is carried out. Simulation is allowed in this unit and level.

#### Assessment methods to be used include:

- 1. Direct Observation (DO)
- 2. Question and Answer (QA)
- 3. Witness Testimony (WT)
- 4. Personal statement (PS) or Reflective Practice (RP)
- 5. Assignment (ASS)
- 6. Recognition of Prior Learning (RPL)

# GENERAL GUIDE

Unit Title	Provides a clear explanation of the content of the unit.
Unit Number	The unique number assigned to the unit
Unit Reference	The unique reference number given to each unit at
	qualification approval by NBTE
Unit Level	Denotes the level of the unit within the National Skills
	Qualifications Framework NSQF.
Unit Credit Value	The value that has been given to the unit based on the
	expected learning time for an average learner.
	1 credit = 10 learning hours
Unit Purpose	Provides a brief outline of the unit content.
Learning Outcome	A statement of what a learner will know, understand or be
	able to do, as a result of learning process.
Assessment Criteria	A description of the requirements a learner must achieve
	to demonstrate that a learning outcome has been met.
<b>Unit Assessment Guidance</b>	Any additional guidance provided to support the
	assessment of the unit.
<b>Unit Guided Learning Hours</b>	The average number of hours of supervised or directed
	study time or assessment required to achieve a
	qualification or unit of a qualification.

# NATIONAL SKILLS QUALIFICATION

# **LEVEL 4 Geriatric Social Care Training**

Unit	Ref	Content	Remarks	Credit value	GLH
01	SCD/GSC/001/L4	Communication in care settings-3	Mandatory	3	30
02	SCD/GSC/002/L4	Health and Safety-4	Mandatory	3	30
03	SCD/ GSC/003/L4	Team work 4	Mandatory	3	30
04	SCD/GSC/004/L4	knowledge of Gerontology and Geriatrics-1	Mandatory	3	30
05	SCD/GSC/005/L4	Legal and Compliance issues of older persons-3	Mandatory	4	40
06	SCD/GSC/006/L4	Medical conditions of the older persons-4	Mandatory	3	30
07	SCD/GSC/007/L4	Care Settings-1	Mandatory	4	40
08	SCD/GSC/008/L4	Medication management-4	Mandatory	3	30
09	SCD/GSC/009/L4	Activities of Daily Living-	Mandatory	4	40
10	SCD/GSC/010/L4	End-of-life care-4	Mandatory	3	30
11	SCD/GSC/011/L4	Soft Skills -4	Mandatory	3	30
12	SCD/GSC/012/L4	Assistive Devices-4	Mandatory	4	40
13	SCD/GSC/013/L4	Field Work Posting Management-1	Mandatory	5	50
	Total			45	450

#### **UNIT 001: COMMUNICATION IN CARE SETTINGS-3**

Unit Reference: SCD/GSCTT/001/L4 Level: 4

Credit value: 3 GLH: 30

**Unit Aim:** To equip learners with the knowledge, competency and skills to effectively communicate with geriatric clients, their families, and care team to enhance the overall quality of care provided in geriatric social care settings.

### Unit assessment requirements/evidence requirements:

- 1. Direct Observation/oral questions (DO)
- 2. Question and Answer (QA)
- 3. Witness Testimony (WT)
- 4. Assignments (ASS)
- 5. Reflective accounts (RA)
- 6. Recognition of Prior learning (RPL)

**UNIT 001: COMMUNICATION IN CARE SETTINGS-3** 

LEARNING OBJECTIVE (LO) The learner will:		PERFORMANCE CRITERIA The learner can:	Evidence Type	Evidence Ref. Page No.
LO1: Understand the principles of effective communication in geriatric social care.	1.1	Identify key principles of effective communication e.g.  Collaborative and Involvement  Use of Visual Aids and Technology Tailoring Communication  Describe the impact of effective communication e.g.,  Increased engagement and participation Better Decision- Making Enhanced emotional well-being Improved understanding improve clients' outcomes enhanced safety and quality of care Enhances clients, family and caregiver satisfaction Improved Coordination among professionals.		
	1.3	Recognise barriers to effective communication in geriatric social care settings e.g.  Lack of communication skills  Hierarchical dynamics  Technological barrier  Emotional and psychological barriers  lack of time and resources  cognitive impairments		

LEARNING OBJECTIVE (LO) The learner will:						CRITERIA Evidence Type Ref No.					
		<ul> <li>language and culture barriers</li> <li>cultural differences</li> <li>communication difficulties</li> </ul>									
	2.1	Demonstrate Techniques to resolve communication barriers scenarios e.g.  • Lack of communication skills  • Hierarchical dynamics  • Technological barrier  • Emotional and psychological barriers  • lack of time and resources  • cognitive impairments  Explain how these techniques support effective communication and promote person -centered									
	2.3	care.  Demonstrate adapting communication style to meet the needs of older clients.eg  Repeat and Recap Use visual Aids Be mindful of Hearing difficulties Show empathy and respect Be patient and attentive Speak at a slower pace									
LO 3: Understand the importance of empathy and cultural sensitivity in	3.1	Demonstrate empathy and cultural sensitivity in communication with older persons clients. E.g.  • Provide resources and support									

LEARNING OBJECTIVE (LO) The learner will:		PERFORMANCE CRITERIA The learner can:	Evidence Type									
communication in geriatric social care settings		<ul> <li>Ask open-ended questions</li> <li>Avoid ageist language</li> <li>Respect cultural differences</li> <li>Adapt to their</li> </ul>										
	3.2	communication style  Explain the importance of considering the cultural background, beliefs, and values of older clients when communicating and providing care. E.g.  Respect and dignity Person -centered care Effective communication Trust and rapport Cultural competence Ethical considerations Health outcomes  Adapt communication style and approach to respect and accommodate cultural differences in older persons. Family members and geriatric										

Learners Signature: Assessors Signature:	Date Date:
IQA Signature (if sampled)	Date:
<b>EQA Signature (if sampled)</b>	Date:

#### **UNIT 002: HEALTH AND SAFETY-4**

Unit Reference: SCD/GSC/002/L4 Level: 4

Credit value: 3 GLH: 30

**Unit Aim:** To equip learners with the knowledge and skills necessary to create and maintain a safe and healthy environment for older adult, the geriatric social care team and the public.

#### Unit assessment requirements/evidence requirements:

- 1. Direct Observation/oral questions (DO)
- 2. Question and Answer (QA)
- 3. Witness Testimony (WT)
- 4. Assignments (ASS)
- 5. Reflective Accounts (RA)
- 6. Recognition of Prior Learning (RPL)

## UNIT 002: HEALTH AND SAFETY-4

LEARNING OBJECTIVE (LO) The learner will:		PERFORMANCE CRITERIA The learner can:	vide vpe	nce		ideı f. P	
LO 1: Understand	1.1	Explain the concept of health					
the importance of		and safety in geriatric social care					
health and safety	1.2	Demonstrate the WASH					
in geriatric social		practices and their application in					
care		geriatric social care settings					
	1.3	Describe emergencies and					
		incidents response plans in					
		geriatric social care settings					<u></u>
LO2: Understand	2.1	Describe the legal and regulatory					
the legal and		requirements for health and					
regulatory		safety in geriatric social care					
requirements		settings					
related to health	2.2	Apply health and safety Legal					
and safety in		and regulatory					
geriatric social		Framework in geriatric					
care settings		social care settings:					
		National Policy on					
		Geriatric Social Care					
		Quality Assurance (2023)					
		National Regulatory					
		Framework and Standard					
		Operating Procedures for Geriatric Social Care					
		Agencies and Care					
		Settings in Nigeria					
		(2023)					
		<ul> <li>National Benchmark and</li> </ul>					
		Minimum Standards in					
		Curricula for Training					
		Geriatric Social					
		Caregivers for					
		Certification in Nigeria					
		(2023)					
		<ul> <li>National Guidelines</li> </ul>					
		on Assessments of Identified					
		Geriatric Social Care Settings,					
		Minimum Staffing and Core					
		Competency, Requirements for					
		Training Providers and Care					

LEARNING OBJECTIVE (LO) The learner will:		PERFORMANCE CRITERIA The learner can:	Evid Type		vide ef. P O.	
		Agencies Operators for Certification in Nigeria (2023)				
	2.3	Implement preventive measures to mitigate risks and promote safe environment:  • Staff training  • Orientation of older person, family members  • General and personalised emergency response plans with regular review and update  • Regular inspection and equipment testing				
LO 3: Understand the importance of continuous improvement and learning from incidents to enhance safety practices	3.1	Explain the importance of risk assessment and management in maintaining a safe environment for geriatric social care settings e.g.  • Identify Hazards • Prevent accidents • Protect residents' wellbeing • Compliance with Regulations • Staff training and awareness • Continuous improvement				
	3.2	Describe the procedures and protocols to be followed in emergencies and incidents that may occur in geriatric social care settings.eg  Incident reporting Evacuation procedures First Aid and Medical Support Incident management team				

LEARNING OBJECTIVE (LO) The learner will:		PERFORMANCE CRITERIA Type The learner can:				:		f. P	nce Page	
		Post incident review								
The learner will:	3.3	Post incident review  Identify areas for improvement and implement strategies to enhance health and safety practices. E.g.  Emergency preparedness Fall prevention WASH Communication Staff Training and Retraining Older persons, family members education Risk assessment  Identify potential hazards that may pose risks to the health and safety of older adults, care teams and the public.eg Falls Medication errors Infections Mental health and emotional well-being Elder abuse Transportation and mobility Fre and emergency Environmental hazards  Explain potential hazards that may pose risks to the health and safety of older adults, care teams and the public.eg  Falls Medication errors Infections Explain potential hazards that may pose risks to the health and safety of older adults, care teams and the public.eg  Falls Medication errors Infections Mental health and								
		<ul><li>emotional well-being</li><li>Elder abuse</li></ul>								

LEARNING OBJECTIVE (LO) The learner will:		PERFORMANCE CRITERIA The learner can:	Evi Ty	nce		f. P	nce age	
THE REAL WILL	3.6	Communicate effectively with the care team regarding health and safety concerns and promote a culture of safety						

Learners Signature:	Date
Assessors Signature:	Date:
IQA Signature (if sampled)	Date:
<b>EQA Signature (if sampled)</b>	Date:

#### **UNIT 003: TEAM WORK-4**

Unit Reference: SCD/GSC/003/L4 Level: 4

Credit value: 3 GLH: 30

**Unit Aim:** To develop knowledge and skill necessary for effective collaboration and cooperation within a multi-disciplinary team in order to provide holistic care for older persons.

## Unit assessment requirements/evidence requirements:

- 1. Direct Observation/oral questions (DO)
- 2. Question and Answer (QA)
- 3. Witness Testimony (WT)
- 4. Assignments,
- 5. Reflective accounts,
- 6. Recognition of Prior Learning (RPL)

# **UNIT 003: TEAM WORK-4**

LEARNING OBJECTIVE (LO) The learner will:		PERFORMANCE CRITERIA Evidence Type Ref. Pa No.								
LO 1: Understand	1.1	Explain the concept of teamwork								
the importance of		in geriatric social care								
teamwork in	1.2	Explain the importance of								
geriatric social		teamwork e.g.								
care		<ul> <li>Comprehensive care</li> </ul>								
		Collaboration and								
		communication								
		Continuity of care								
		Efficiency and resource								
		optimization								
		Emotional support								
		Continuous learning and								
	1.0	improvement								
	1.3	Describe the impact of teamwork								
		on clients' outcomes in geriatric								
		social care-e.g.  • Promote coordination								
		and person centered care.								
		Improve quality								
		• Improve safety								
LO2: Understand	2.1	Improve efficiency  Apply others of principles and								
	2.1	Apply ethical principles and standards that guide geriatric								
the ethical and		social care e.g.								
legal		Autonomy								
considerations		Beneficence								
related to		<ul> <li>non maleficence</li> </ul>								
teamwork		• justice								
	2.2	Explain laws, regulations and								
	2.2	policies governing geriatric								
		social care e.g.								
		Privacy and								
		confidentiality,								
		Informed consent								
		requirements								
		• Documentation								
		standards.								

LEARNING OBJECTIVE (LO)		PERFORMANCE CRITERIA The learner can:	Evidence Type	Evidence Ref. Page No.
The learner will:	2.3	Apply professional codes of conduct relevant to teamwork. E.g.  Respect for each team member  Communication including effective sharing of information  Collaboration  Professionalism adhering to relevant laws, regulations and policies  Adherence to ethical principles and standards  Continuous learning to enhance their knowledge and skills  Active Conflict resolution within the team in a constructive		
LO 3: Understand cultural diversity and develop leadership and followership skills	3.1	manner.  Explain cultural diversity within the geriatric social care context.  Respect and value different cultural backgrounds beliefs practices.  Discuss the following in the context of organizational culture in the geriatric social care setting Person centered care Collaboration and teamwork Leadership and support continuous learning Ethical and professional behaviour Innovation and adaptability		

LEARNING OBJECTIVE (LO) The learner will:		PERFORMANCE CRITERIA The learner can:	Evidence Type				Evidence Ref. Page No.				
		<ul> <li>Communication and transparency</li> </ul>									
	3.3	Demonstrate self-awareness and emotional intelligence to effectively manage their own emotions and reactions within the team. E.g.  • Being open to feedback • Continuously learning and growing • Adapting behaviours to work collaboratively with others.									

Learners Signature: Assessors Signature:  IOA Signature (if sampled)	Date Date:
IQA Signature (if sampled)  EQA Signature (if sampled)	Date:

#### UNIT 004: BASIC KNOWLEDGE OF GERONTOLOGY AND GERIATRICS -2

Unit Reference: SCD/GSC/004/L4 Level: 4

Credit value: 3 GLH: 30

**Unit Aim:** To equip learners with the appropriate attitude and knowledge to understand natural physical, cognitive and psychological changes of ageing and to recognize and support in the management of age-related health and social conditions of older persons.

## Unit assessment requirements/evidence requirements:

- 1. Direct Observation/oral questions (DO)
- 2. Question and Answer (QA)
- 3. Witness Testimony (WT)
- 4. Assignments (ASS)
- 5. Reflective accounts (RA)
- 6. Recognition of Prior Learning (RPL)

# UNIT 004: BASIC KNOWLEDGE OF GERONTOLOGY AND GERIATRICS-2

LEARNING OBJECTIVE (LO) The learner will:		PERFORMANCE CRITERIA The learner can:	Evidence Type	Evidence Ref. Page No.
LO 1: Understand the ageing process, concept and its implications.	1.1	Explain the theories and concepts related to ageing e.g.  Cellular ageing Programmed ageing Psychosocial theories  Identify the internal organs and systems in the body affected by the natural ageing process e.g.:  Cardiovascular system Respiratory System Musculoskeletal System Digestive system Urinary system Endocrine system Nervus system Nervus system Describe the musculoskeletal system changes in a natural ageing process: e.g.  Loss of Muscle mass Decreased Bone density Joint stiffness and reduced flexibility Weakened ligaments and tendons Slower healing and recovery Postural changes Decreased balance and stability		
	1.4	Identify the implications of the ageing process:  - Health and Wellbeing - Social and Economic Impact - Caregiving and Support - Psychological and Emotional - Policy and Planning		

LEARNING OBJECTIVE (LO) The learner will:		PERFORMANCE CRITERIA The learner can:	vide vpe	nce		f. P	nce age	
LO 2: Understand the concept of issues affecting	2.1	Explain the concept of negative stereotypes about older people and its implications						
issues affecting older people and the negative stereotypes about older persons	2.2	Describe the how negative stereotypes about older adults contribute to ageism and discrimination. e.g.  • Perpetuation of stereotypes  • Prejudice and Bias  • Employment discrimination  • Healthcare disparities  • Social exclusion and marginalization  • Stereotype threat  Explain the implications of negative stereotypes about old people in light of:  • Ageism and						
		Discrimination  • self-Perception and Mental Health  • Health Outcomes  • Intergenerational Relationships  • Policy and Resource Allocation						
	2.4	Mention age-related health and social issues of older persons.  E.g.  Health issues  Dementia Hypertension and other cardiovascular diseases Arthritis osteoporosis Falls and frailty Diabetes Respiratory issues multiple morbidity						

LEARNING OBJECTIVE (LO) The learner will:		PERFORMANCE CRITERIA The learner can:	Evidence Type	Evidence Ref. Page No.					
	2.5	<ul> <li>Vaccines preventable infections</li> <li>Social issues</li> <li>Loneliness and social isolation</li> <li>Ageism and discrimination</li> <li>Financial insecurity</li> <li>Caregiving dependency</li> <li>Elder abuse</li> <li>Access to healthcare</li> <li>Describe how to manage common age-related social issues of older persons. e.g.</li> <li>ageism</li> <li>prejudices</li> <li>discrimination of older persons which breach their rights</li> <li>Drivers of older persons,'</li> </ul>							
	2.6	vulnerability and abuse.  Describe strategies of managing unique needs and promoting social including for older adults in the geriatric social care sector e.g.  • Promote social engagements • Enhance intergenerational interactions • Provide accessible transportation • Address health and wellbeing • Combat ageism • Ensure accessible infrastructure • Support geriatric social caregivers							

LEARNING OBJECTIVE (LO) The learner will:		PERFORMANCE CRITERIA The learner can:	Evidence Type	Evidence Ref. Page No.					
	2.7	<ul> <li>Advocate for policy changes</li> <li>Encourage lifelong learning</li> <li>Explain the ethical and sociocultural issues about ageing in the light of:         <ul> <li>Social Isolation and Loneliness</li> <li>Financial Insecurity</li> <li>Elder abuse</li> <li>Cultural Diversity in</li> </ul> </li> </ul>							
	2.8	Explain the main focus of Person-Centered -Care in geriatric social care settings							
	2.9	Explain how older adults are actively involved in the Decision- Making process regarding their care e.g.  • Care planning  • Goal setting  • Daily routine choices  • Treatment options  • Care transitions  • Family involvement							
LO 3: Know geriatric social care settings	3.1	Explain the concept of geriatric social care settings							
	3.2	Identify the key elements of Geriatric social care settings e.g.  Personalized care Skilled staff Social engagement Health monitoring and support Safety and accessibility Family involvement Continuity of care							

LEARNING OBJECTIVE (LO) The learner will:		PERFORMANCE CRITERIA Type The learner can:  Evidence Type Ref. No.				
	3.3	Review geriatric social care settings:				
	3.4	Describe the main focus of Model Senior Care Centers in geriatric social care settings.				
	3.5	Describe the range of main services possible at a Model Senior Care Center to meet the needs of older adults e.g.  • Personalized Care Plans				

LEARNING OBJECTIVE (LO) The learner will:		PERFORMANCE CRITERIA The learner can:	Evidence Type	Evidence Ref. Page No.
		<ul> <li>Assistance with Daily Living Activities</li> <li>Health care management</li> <li>Socialization and recreation</li> <li>Memory care</li> <li>Rehabilitation services</li> <li>Nutrition support</li> <li>Transport services</li> </ul>		
LO 4: Understand roles, responsibilities, ethical issues and safety principles in working with older persons.	4.1	Explain the roles and responsibilities of geriatric social caregivers e.g.  Personal Care Emotional Support Medication Management Assistance with Mobility/Lifting Care Planning and Coordination Socialization and Recreational Activities Observation and Reporting Advocacy Emotional and practical support for families Documentation and Record- keeping		
	4.2	Identify the Standards that protect the health and safety of the older persons, caregivers and the public: - Caregiver Standards Healthcare Standards care - Public Health and Safey Standards - Long term Care Standards		

LEARNING OBJECTIVE (LO)		PERFORMANCE CRITERIA The learner can:	Ev Ty	nce			f. P	nce age	
The learner will:		The learner can.				110	•		
		- Ageing -in- Place							
		Standards							
	4.3	Apply safety principles in							
		protecting the older persons,							
		caregivers and the public.							
	4.4	Demonstrate ethical issues							
		involved while working with							
		older people.							

	D. A
Learners Signature:	Date
Assessors Signature:	Date:
IQA Signature (if sampled)	Date:
EQA Signature (if sampled)	Date:

# UNIT 005: LEGAL AND COMPLIANCE ISSUES IN THE CARE OF OLDER PERSONS-3

Unit Reference: SCD/GSC/005/L4 Level:4

Credit value: 4 GLH: 40

**Unit Aim:** To equip learners with appropriate knowledge and competency on legal issues of older persons and geriatric social care

## Unit assessment requirements/evidence requirements:

- 1. Direct Observation/oral questions (DO)
- 2. Question and Answer (QA)
- 3. Witness Testimony (WT)
- 4. Assignments (ASS)
- 5. Reflective accounts (RA)
- 6. Recognition of Prior Learning ((RPL)

# UNIT 005: LEGAL AND COMPLIANCE ISSUES IN THE CARE OF OLDER PERSONS- $\boldsymbol{3}$

LEARNING OBJECTIVE (LO) The learner will:		PERFORMANCE CRITERIA  The learner can:	vide pe	nce		Ev Re No	f.	nce Pa	ge
Lo 1: Understand the application of laws and policies in geriatric social care	1.1	Explain the propose of laws in geriatric social care e.g.:  NSCC Act, 2017  AU Protocol, 2016  VAPP Act, 2015							
	1.2	<ul> <li>Explain the purpose of Policies in geriatric social care e.g.:</li> <li>National Policy on Ageing, 2020</li> <li>National Strategic Health Development Plan, 2018-2022 (NSHDP-II, 2018-2022)</li> <li>National Health Insurance Act, 2022</li> </ul>							
	1.3	Explain key application of laws and policies in effective delivery of geriatric social care e.g.  Regulation and Licensing Quality Assurance Residents Rights Protection Financial Assistance Care Coordination and Integration Training and Education Research and Innovation							
	1.4	Identify Laws, Policies, Regulations and Guidelines that impact the Caregivers, Care Settings, Care Agencies, Caregivers Training Agencies and Facilities e.g.							

LEARNING OBJECTIVE (LO)		PERFORMANCE CRITERIA  The learner can:	RIA Evidence Evi Type Ref No.		9		
The learner will:		The learner can.			110	•	
		<ul> <li>National Policy on Geriatric Social Care Quality Assurance (2023)</li> <li>National Regulatory Framework and Standard Operating Procedures for Geriatric Social Care Agencies and Care Settings in Nigeria (2023)</li> <li>National Benchmark and Minimum Standards in Curricula for Training Geriatric Social Caregivers for Certification in Nigeria (2023)</li> <li>National Guidelines on Assessments of Identified Geriatric Social Care Settings, Minimum Staffing and Core Competency, Requirements for Training Providers and Care Agencies Operators for Certification in Nigeria (2023)</li> </ul>					
LO 2: Understand Compliance issues in Geriatric Social Care settings	2.1	Explain the concept of compliance in geriatric social care					
	2.2	Identify common compliance issues in geriatric social care e.g.  • Abuse and Neglect • Privacy and Confidentiality • Inadequate staffing levels • Medication management					

LEARNING OBJECTIVE (LO) The learner will:		PERFORMANCE CRITERIA  The learner can:	Evi Typ	denc oe	ee	Ev Re No	nce Page
		<ul> <li>Documentation and Record-Keeping</li> <li>Infection Control</li> <li>Financia, Irregularities</li> <li>Lack of training and competency</li> </ul>					
	2.3	Describe how Privacy and Confidentiality laws are important for geriatric social care providers e.g.  Protecting individual Rights Building and Maintaining Trust Preventing unauthorised access and misuse Facilitating effective collaboration and coordination Adhering to regulatory requirements					
LO 3: Understand Elder Abuse	3.1 3.2	Explain the concept of Elder Abuse  Describe types of Elder Abuse e.g.  • Verbal • Financial • Physical • Psychological • Sexual  Identify signs of abuse in older persons. E.g.  • Unexplained injuries, bruises, burns, fractures. • Withdrawal or sudden changes in mood.					

LEARNING		PERFORMANCE CRITERIA	Evidence	Evidence
OBJECTIVE (LO)		The learner can:	Type	Ref. Page No.
The learner will:				
		<ul> <li>Sudden changes in financial situation, unpaid bills or missing money, unexplained withdrawals from bank accounts, forged signatures on document or sudden changes in wills or power of attorney.</li> <li>Poor personal hygiene.</li> <li>Unexplained sexually transmitted infections or injurior.</li> </ul>		
	3.4	injuries.  Explain the effect of Elder Abuse on older persons		
	3.5	Explain channels of reporting abuse of older persons e.g.  • Adult protective Services • Law Enforcement • Long term Care Ombudsman • Healthcare providers • National/Subnational hotlines		
	3.6	Describe how to Prevent and Report Elder Abuse: E.g.  Raise awareness Stay connected Encourage support networks Educate older adults Promote empowerment Report suspected abuse Document evidence Support the victim		

Learners Signature:	Date
Assessors Signature:	Date:
IQA Signature (if sampled)	Date:
EQA Signature (if sampled)	Date:

## UNIT 006: MEDICAL CONDITIONS OF THE OLDER PERSONS-4

Unit Reference: SCD/GSC/006/L4 Level:4

Credit value: 3 GLH: 30

**Unit Aim:** To equip learners with appropriate knowledge and competency in prevention, promotion, recognizing medical conditions and signs of decline in older people to effectively provide services to support them live as comfortably, safely and independently as possible.

## Unit assessment requirements/evidence requirements:

- 1. Direct Observation/oral questions (DO)
- 2. Question and Answer (QA)
- 3. Witness Testimony (WT)
- 4. Assignments (ASS)
- 5. Reflective Accounts (RA)
- 6. Recognition of Prior Learning (RPL)

# UNIT 006: MEDICAL CONDITIONS OF THE OLDER PERSONS-4

LEARNING OBJECTIVE		PERFORMANCE CRITERIA	Evidence Type		Evidence Ref. Page					
(LO) The learner will:		The learner can:					No	<b>).</b>		
LO 1: Know the multiple	1.1	Explain the multiple chronic conditions in older people.								
chronic conditions	1.2	Mention common medical								
and 'Red Flags"	1.2	conditions caregivers are likely to								
in older people.		encounter with older people, e.g.								
roper		Hypertension								
		<ul><li>diabetes mellitus</li></ul>								
		• dementia								
		<ul> <li>delirium</li> </ul>								
		<ul><li>arthritis</li></ul>								
		• stroke								
		<ul> <li>Respiratory issues</li> </ul>								
		<ul> <li>multiple morbidity</li> </ul>								
		<ul> <li>Vaccines preventable</li> </ul>								
		infections								
	1.3	Identify common signs and								
		symptoms of medical conditions								
		in older people:								
		- Hypertension,								
		- diabetes mellitus,								
		- dementia,								
		<ul> <li>delirium and chronic pain</li> </ul>								
		<ul> <li>Vaccine Preventable</li> </ul>								
		Diseases e.g., Influenza								
		(flu), pneumococcal								
		pneumonia, hepatitis B,								
		Tetanus, Diphtheria,								
		Pertussis, Herpes Zoster								
		(Shingles)								
	1.4	Identify common sudden changes								
	1.1	in mental status that could								
		indicate a serious underlying								
		condition in in geriatric social care								
		· ·								
		e.g.								
		• Confusion or								
		disorientation								
		<ul> <li>Sudden memory loss</li> </ul>								

LEARNING OBJECTIVE (LO) The learner will:					Evidence Ref. Page No.
		<ul> <li>Agitation or aggression</li> <li>Changes in mood or behaviour</li> <li>Hallucinations or delusions</li> </ul>			
	1.5	Identify common intervention measures to deal with sudden changes in mental status older adult in a geriatric social care setting e.g.  • Seek immediate medical attention  • Provide a safe and comfortable environment  • Offer reassurance and support  • Maintain hydration and nutrition  • Monitor vital signs  • Medication review  • Follow medical advice and treatment  • Provide support and education			
LO 2: Understand normal and abnormal vital signs and blood sugar levels	2.1	Explain the four primary vital signs in geriatric social care:			

LEARNING OBJECTIVE (LO) The learner will:		PERFORMANCE CRITERIA The learner can:	Evidence Type	Evidence Ref. Page No.
	2.3	Identify lifestyle habits that may be included in geriatric social care to manage and prevent diabetes e.g.  • Wholesome meals • Regular physical activity • Weight management • Medication adherence • Stress management • Regular medication check-ups • Education and support Identify normal and abnormal vital signs levels		
LO 3: Understand basic first Aid in geriatric social care	3.1	Explain first aid in geriatric social care e.g.  Evacuation from danger Air way management Breathing Circulation Bleeding/Wound care Bandaging Cardio-Pulmonary Resuscitation (CPR) Fall Management		
	3.2	Apply appropriate basic first aid to deal with Red Flags in older people		
	3.3	Explain the 2-way referral structure and process to the next level of care e.g.:  • Identify the need for referral  • Referral initiation  • Referral communication  • Receiving professionals		

LEARNING OBJECTIVE (LO) The learner will:	PERFORMANCE CRITERIA The learner can:	Evidence Type	Evidence Ref. Page No.
	<ul><li>Feedback and collaboration</li><li>Continuity of care</li></ul>		

Learners Signature:	Date
Assessors Signature:	Date:
IQA Signature (if sampled)	Date:
<b>EQA Signature (if sampled)</b>	Date:

#### **UNIT 007: CARE SETTINGS-2**

Unit Reference: SCD/GSC/007/L4 Level: 4

Credit value: 4 GLH: 40

Unit Aim: To equip learners with appropriate knowledge, and skills to

know the challenges and requirements in standards for Home, Community and Institution care settings certification.

## Unit assessment requirements/evidence requirements:

- 1. Direct Observation/oral questions (DO)
- 2. Question and Answer (QA)
- 3. Witness Testimony (WT)
- 4. Assignments (ASS)
- 5. Reflective Accounts (RA)
- 6. Recognition of Prior Learning (RPL)

# **UNIT 007: CARE SETTINGS-2**

LEARNING OBJECTIVE (LO) The learner will:		PERFORMANCE CRITERIA The learner can:	Evidence Type			e		ride ef. P	
Lo 1: Understand the different types	1.1	Explain Geriatric Social Care settings							
of care settings  1.2		Mention different types of care settings-  • Home  • Community based  • Institution based							
	1.3	Explain the requirements in standards for certification of Home and Community care settings e.g.  • physical infrastructure  • staffing  • logistics  • personnel competences  • Training and retraining.							
LO2: Understand legislations guiding	2.1	Explain certification of Geriatric Social Care settings							
certification of Geriatric Social Care settings	2.2	Identify policies, regulations and SOPs for Geriatric Social Care settings e.g.  • National Regulatory Framework and Standard Operating Procedures for Geriatric Social Care Agencies and Care Settings in Nigeria (2023) • National Guidelines on Assessments of Identified Geriatric Social Care Settings, Minimum Staffing and Core Competency, Requirements for Training							

LEARNING OBJECTIVE (LO) The learner will:		PERFORMANCE CRITERIA The learner can:	Evidence Type			e	Re	Evidence Ref. Page No.			
		Providers and Care Agencies Operators for Certification in Nigeria (2023)									
	2.3	Describe geriatric social care setting certification process e.g.  • Registration with the Nigeria Corporate affairs Commission  • Registration with the SCUML  • Satisfying minimum requirements in infrastructure, staffing equipping, scope of service									
LO3: Understand the Challenges in certification of	3.1	Explain the challenges in certification of Home-based care settings									
Geriatric Social Care Settings  3.2	3.2	Explain the challenges in certification of Community based care settings									
	3.3	Explain the challenges in certification of Institution based care settings									

Learners Signature:	Date
Assessors Signature:	Date:
IQA Signature (if sampled)	Date:
<b>EQA Signature (if sampled)</b>	Date:

#### **UNIT 008: MEDICATION MANAGEMENT-4**

Unit Reference: SCD/GSC/008/L4 Level: 4

Credit value: 3 GLH: 30

Unit Aim: To equip learners with appropriate knowledge and competency to

safely provide support to older persons in medication administration, control

non-compliance and adverse medication effects.

## Unit assessment requirements/evidence requirements:

- 1. Direct Observation/oral questions (DO)
- 2. Question and Answer (QA)
- 3. Witness Testimony (WT)
- 4. Assignments (ASS)
- 5. Reflective Accounts (RA)
- 6. Recognition of Prior Learning (RPL)

# **UNIT 008: MEDICATION MANAGEMENT-4**

LEARNING OBJECTIVE (LO) The learner will:		PERFORMANCE CRITERIA The learner can:	Evidence Type											
LO 1: Understand medication safety.	1.1	Identify common medication errors in geriatric social care												
	1.2	Explain common medication errors in geriatric social care												
	1.3	Demonstrate knowledge of medication safety regulations and guidelines in geriatric social care												
	1.4	Implement strategies to prevent medication errors and promote medication safety in geriatric social care												
LO 2: Understand the common side effects and appropriate intervention in medication use for older person	2.1	Identify some common side effects of medication use in older persons e.g.  • Gastrointestinal disturbances • cognitive impairment • dizziness and falls • sleep disturbance • urinary problem • dry mouth • Respiratory disturbances • Skin rashes												
	2.2	Describe supportive care in cases of adverse events following medication in geriatric social care e.g.  • Antacids for gastrointestinal disturbances • Moisturizers or saliva substitutes for dry mouth												
	2.3	Describe Check-ins with healthcare professionals for												

LEARNING OBJECTIVE (LO) The learner will:		PERFORMANCE CRITERIA The learner can:	Evidence Type						!		ride ef. P	
		adjustment of intervention s as needed										
LO:4: Understand inappropriate polypharmacy and its effect on Older Persons.	4.1	Identify inappropriate polypharmacy in Older Persons e.g.  • Number or types of medications being taken exceed what is clinically necessary  • Potential for drug reactions  Identify consequences of inappropriate polypharmacy on older people e.g.  • Adverse drug reactions										
	4.3	<ul> <li>Functional decline</li> <li>Financial burden</li> <li>Describe how to address inappropriate polypharmacy e.g.</li> </ul>										
		<ul> <li>Family members and older adult education</li> <li>Collaboration with health care team</li> <li>Medication management tools</li> </ul>										
	4.4	Advocate to health team in geriatric social care										

Learners Signature:	Date
Assessors Signature:	Date:
IQA Signature (if sampled)	Date:

EQA Signature (if sampled)	Date:

## UNIT 009: BASIC ACTIVITIES OF DAILY LIVING-4

Unit Reference: SCD/GSC/009/L4 Level:4

Credit value: 4 GLH: 40

Unit Aim: To equip learners with appropriate knowledge, attitude, skills and competency to

support older persons with their Activities of Daily Living

## Unit assessment requirements/evidence requirements:

- 1. Direct Observation/oral questions (DO)
- 2. Question and Answer (QA)
- 3. Witness Testimony (WT)
- 4. Assignments (ASS)
- 5. Reflective Accounts (RA)
- 6. Recognition of Prior Learning (RPL)

**UNIT 009: BASIC ACTIVITIES OF DAILY LIVING-4** 

LEARNING OBJECTIVE (LO) The learner will:		PERFORMANCE CRITERIA The learner can:	Evidence Type	Evidence Ref. Page No.
LO 1: Understand Activities of Daily Living (ADL) and Instrumental activities of Daily Living (IADL) in Older Persons	1.1	Mention the basic Activities of Daily Living (ADL):  Bathing Oral hygiene Dressing and grooming Eating Ambulating Toileting  Mention the basic Instrumental Activities of		
		Instrumental Activities of Daily Living (IADL):      Feeding     Bed making     Housekeeping     Medication     Social activities     Grocery shopping     Meal preparation     Laundry and linen services     Finance management     Using Technology		
	1.3	Carry out ADL		
LO2: Understand components of Personalized Care Plan.	2.1	Explain the concept of Personalized Care Plan		
	2.2	Identify the components of Personalized Care Plan.		

LEARNING OBJECTIVE (LO) The learner will:		PERFORMANCE CRITERIA The learner can:	Evidence Type	Evidence Ref. Page No.
	2.3	State the importance of Personalized Care Plan		
LO:3: Understand principles of confidentiality, respect and sensitivity to older person while providing care.	3.1	Demonstrate how to maintain confidentiality of older persons		
	3.2	Demonstrate how to show respect while providing care to older persons		
	3.3	Demonstrate sensitivity to older persons feelings		
LO:4: Understand skills in communication, observation and documentation.	4.1	Mention communication skills:  • Effective listening (Active listening and asking open ended questions) • empathy and • clear verbal and nonverbal communication.		
	4.2	Mention basic observation skills: paying attention to changes in:  • behavior • mood • physical condition.		
	4.3	Mention documentation skills:  • maintaining confidentiality • adhering to legal and ethical guidelines when documenting		

LEARNING OBJECTIVE (LO) The learner will:		PERFORMANCE CRITERIA The learner can:	Evidence Type			Evidence Ref. Page No.				
		sensitive information.								
	44	Explain basic communication, observation and documentation skills.								
	4.5	Demonstrate communication, observation and documentation skills.								

Learners Signature: Assessors Signature:	Date Date:
IQA Signature (if sampled)	Date:
EQA Signature (if sampled)	Date:

#### **UNIT 010: END-OF-LIFE CARE-4**

Unit Reference: SCD/GSCA3T/010/L4 Level:4

Credit value: 3 GLH: 30

**Unit Aim:** To equip learners with appropriate knowledge, competency, attitude and skills on end-of-life process and provide support to older person and family members

## Unit assessment requirements/evidence requirements:

- 1. Direct Observation/oral questions (DO)
- 2. Question and Answer (QA)
- 3. Witness Testimony (WT)
- 4. Assignments) ASS)
- 5. Reflective Accounts (RA)
- 6. Recognition of Prior Learning (RPL)

# **UNIT 010: END-OF-LIFE CARE-4**

LEARNING		PERFORMANCE CRITERIA	Ev	ride	nce		Ev	ide	ence	
OBJECTIVE			Ty	pe			Re		Pa	ge
(LO)		The learner can:					No	٠.		
The learner will:						ı				
LO1: Understand	1.1	Explain the concept of end-of-life								
the process and		Care								
the sufferings of										
older person and	1.2	Describe the end-of-life events								
family members at										
the end of life	1.2	I.1 ('C CC ' C 11								
	1.3	Identify sufferings of older								
		person and family members at the end of life. E.g.								
		the cha of me. L.g.								
		<ul> <li>Physical suffering</li> </ul>								
		<ul> <li>Cognitive changes</li> </ul>								
		<ul> <li>Anxiety and depression</li> </ul>								
		<ul> <li>Caregiver stress</li> </ul>								
		• Financial burden								
		• Role reversal								
		• Conflict and decision-								
		making challenges								
		Social isolation     Anticipatory orief								
		Anticipatory grief								
	1.4	Explain suffering of older person								
		and family members at the end of								
		life.eg								
		Physical suffering								
		Conflicts and decision-								
		making challenges								
LO2: Understand	2.1	Identify the roles of culture,								
appropriate		religion, norms, values and								
approach to client		traditions in end-of life care				_				
(older person) and	2.2	Demonstrate cultural sensitivity								
family members,		and incorporate their religions,								
to ensure adequate		norms, values, wishes and traditions surrounding end-of life								
support at the		care into the care plan as								
End-of-Life Care		appropriate.								
	2.3	Demonstrate respect to the								
		wishes of care recipients and								
		family members.								

LEARNING OBJECTIVE (LO) The learner will:		PERFORMANCE CRITERIA  The learner can:	Evidence Type		Evid Ref. No.				ge	
	2.4	Demonstrate empathy to the								
	3.2 3.3 3.4	Demonstrate empathy to the clients and family members.  Explain basic interventions to address physical, emotional, social, and spiritual aspects of suffering in end-of-life care e.g.  Symptom control Comfort care Counselling and psychotherapy Emotional expression Mindfulness and relaxation Social support legacy work Facilitating meaningful interactions Spiritual counseling Facilitating religious practices Creating a sacred space  Explain basic management of Anxiety at end-of-life care  Identify 'Red flags' at end-of-Life Care  Mention 'red flags' for referral to experts. E.g.  Uncontrolled physical								
		<ul> <li>symptoms</li> <li>Caregiver burnout</li> <li>Spiritual or existential distress</li> <li>Emotional distress</li> </ul>								

LEARNING		PERFORMANCE CRITERIA	Evidence	Evide	nce
<b>OBJECTIVE</b>			Type	Ref.	Page
(LO)		The learner can:		No.	
The learner will:					
LO4: Understand basic documentation, Ethical & Legal	4.1	Mention basic documentation of the end-of-life care recipient's condition.			
issues in EOL care	4.2	Mention interventions applied in end-of-life care.			
	4.3	Explain Healthcare proxy or Agent			

Learners Signature:	Date
Assessors Signature:	Date:
IQA Signature (if sampled)	Date:
<b>EQA Signature (if sampled)</b>	Date:

#### **UNIT 011: SOFT SKILLS-4**

Unit Reference: SCD/GSC/011/L4 Level:4

Credit value: 3 GLH: 30

Unit Aim: To equip learners with appropriate knowledge, attitude, competency on soft skills essential for providing compassionate and effective social care to older people.

# Unit assessment requirements/evidence requirements:

- 1. Direct Observation/oral questions (DO)
- 2. Question and Answer (QA)
- 3. Witness Testimony (WT)
- 4. Assignments (ASS)
- 5. Reflective Accounts (RA)
- 6. Recognition of Prior Leaning (RPL)

**UNIT 011: SOFT SKILLS-4** 

LEARNING OBJECTIVE (LO) The learner will:		PERFORMANCE CRITERIA  The learner can:	Evidence Type				Evidence Ref. Pa No.			
LO1: Know essential soft skills for geriatric social care	1.1	Explain soft skills in geriatric social care.  Review soft skills in geriatric social care. E.g.  1) Empathy 2) Communication 3) Compassion 4) Problem -Solving 5) Flexibility 6) Teamwork 7) Cultural Sensitivity 8) Professionalism								
	1.3	Describe problem solving and critical thinking skills in geriatric social care. E.g.:  • Addressing complex situations • Individualized care • Safety and risk management • Collaboration and coordination • Adapting to changing needs • Advocacy and empowerment								
LO2: Understand Empathy and Compassion in geriatric social care	2.1	Explain Empathy and Compassion in geriatric social care  Identify the importance of empathy and compassion in improving quality of life for older adults in geriatric social care e.g.								

LEARNING OBJECTIVE (LO) The learner will:		PERFORMANCE CRITERIA  The learner can:	Ev Ty	nce		Ev Re No	ef.	nce Pa	
		<ul> <li>Emotional support</li> <li>Connection and belonging</li> <li>Personalized care</li> <li>Enhanced wellbeing</li> <li>Dignity and autonomy</li> </ul>							
	2.3	Describe how personalized care enhances quality of life for older adults in geriatric social care settings e.g.:  • Individualized attention • Improved physical health • Cognitive stimulation • Emotional well-being • Social engagement							
LO3: Understand Cultural	3.1	Explain cultural sensitivity in geriatric social care							
Sensitivity in geriatric social care		Describe cultural sensitivity in geriatric social care. E.g.:  Respect for diversity Person- Centered Care Effective Communication Avoiding stereotypes and biases Enhanced quality of care Building trust and rapport							
	3.2	Mention areas requiring unique cultural considerations in geriatric social care e.g.:  • Language and Communication • Beliefs and Practices • Family Dynamics • End-of-Life Care							

LEARNING		PERFORMANCE CRITERIA	Evidence			Evide		nce		
<b>OBJECTIVE</b>			Ty	pe			Re	f.	Pa	ge
(LO)		The learner can:					No	٠.		
The learner will:										
	3.3	Describe areas requiring cultural considerations in basic geriatric social care e.g.:  1. Language and Communication.  2. Beliefs and Practices.  3. Family Dynamics.  4. End-of-Life Care.								

T 6.	D (
Learners Signature:	Date
Assessors Signature:	Date:
IQA Signature (if sampled)	Date:
<b>EQA Signature (if sampled)</b>	Date:

#### **UNIT 012: ASSISTIVE DEVICES -4**

Unit Reference: SCD/GSC/010/L4 Level:4

Credit value: 4 GLH: 40

Unit Aim: To equip learners with appropriate knowledge, attitude and skills, to recognise basic communication technology and Assistive Devices with the operational excellence they bring in older person's care.

### Unit assessment requirements/evidence requirements:

- 1. Direct Observation/oral questions (DO)
- 2. Question and Answer (QA)
- 3. Witness Testimony (WT)
- 4. Assignments (ASS)
- 5. Reflective Accounts (RA)
- 6. Recognition of Prior Learning (RPL)

**UNIT 012: ASSISTIVE DEVICES -4** 

LEARNING		PERFORMANCE CRITERIA			ANCE CRITERIA Evidence			CRITERIA Evidence Ev				Evidence				
OUTCOME (LO)			Ty	pe				Re	f.	Pa	ge					
The learner will:		The learner can:		,				No	٠.							
LO1: Understand	1.1	Explain the concept of assistive														
introduction of		devices in Geriatric Social Care:														
Assistive devices in Geriatric Social Care.	1.2	Identify different types of assistive devices commonly used in Geriatric Social Care.eg  • Mobility Aids • Communication devices • Home Automation Systems  Demonstrate knowledge of the principles of ergonomics and safety considerations when using														
LO2: Understand	2.1	safety considerations when using assistive devices in Geriatric Social Care.  Recognize common														
introduction of Communication Technology in Geriatric Social Care.		<ul> <li>communication devices used in Geriatric Social Care. E.g.</li> <li>Video calling devices</li> <li>Cell phones with large buttons or simplified interfaces</li> <li>Amplified telephones</li> <li>Hearing aids with Bluetooth connectivity</li> <li>Virtual Reality</li> <li>Personal Emergency Response System (PERS)</li> <li>Tablets and computers</li> </ul>														
	2.2	Describe selection and use of assistive devices in geriatric social care														
	2.3	Carry out preventive maintenance of commonly used														

LEARNING			Ev	ide	nce				
OUTCOME (LO) The learner will:		The learner can:	Ty	pe		Re No		Pa	ge
		Assistive Devices in Geriatric Social Care.							
	2.4	Identify Assistive Devices not functioning.							
	2.5	Refer to experts any Assistive Device not functioning							
LO3: Understand introduction of Mobility Aids and Home Automation	3.1	Describe Mobility aids and Home Automation assistive devices in geriatric social care settings.							
Systems	3.2	Explain the roles of mobility aids and home automation in geriatric social care. e.g.:							
		<ul> <li>Increased independence</li> <li>Fall prevention</li> <li>Enhanced mobility</li> <li>Improved social engagements</li> <li>Functional independence</li> </ul>							
	3.3	Recognise commonly used Mobility Aids and Home Automation devices in Geriatric Social Care e.g.  • Walking canes • Walkers • Voice activated smart assistants • Automated lighting system • Remote controlled door locks • Motorised							
	3.4	Demonstrate preventive maintenance of commonly used Mobility aids and home automation Assistive Devices							

LEARNING						Evidence				
OUTCOME (LO)			Ty	pe			Re	f.	Pag	ge
The learner will:		The learner can:					No	٠.		
		in Geriatric Social Care								
	3.5	Identify not functioning mobility								
		aid and home automation device								
		in geriatric social care settings.								
	3.6	Refer to experts any not								
		functioning mobility aid and								
		home automation device in								
T O 4 TY 1 1	4.1	geriatric social care settings.								
LO4: Understand	4.1	Explain ethical and legal issues								
ethical and legal		in the deployment of assistive								
issues in the		devices in geriatric social care								
deployment of		e.g.								
Assistive Devices		Privacy and data								
in Geriatric Social		protection								
Care.		<ul> <li>Autonomy and informed consent</li> </ul>								
		Dignity and respect								
		Equity and access  Lightlity and								
		<ul> <li>Liability and responsibility</li> </ul>								
		User-centered design								
		<ul><li>Osci-centered design</li><li>Continuity of care</li></ul>								
		Describe how to ensure devices								
	4.2	address the older adult's								
	7.2	autonomy and well-being e.g.								
		<ul> <li>Individual needs</li> </ul>								
		Informed consent								
		User- friendly design								
		<ul><li>Safety and reliability</li></ul>								
		<ul> <li>Training and support</li> </ul>								
		<ul> <li>Integration into daily life</li> </ul>								
		Cost and affordability								
		Emotional and								
		psychological impact								
	4.3	Explain how to address stigma or								
		negative perceptions about using								
		assistive devices e.g.								
		Education and awareness								
		Normalization								
		Peer support and role								
		models								
		Language and framing								

PERFORMANCE CRITERIA	Evide	nce		Ev	ide	nce	
	Type			Re	f.	Pag	ge
The learner can:				No	<b>).</b>		
<ul> <li>Personalized approach</li> <li>Empowerment and involvement</li> <li>Public advocacy and awareness</li> </ul>							
	<ul> <li>The learner can:</li> <li>Personalized approach</li> <li>Empowerment and involvement</li> <li>Public advocacy and</li> </ul>	Type  The learner can:  Personalized approach Empowerment and involvement Public advocacy and awareness	Type  The learner can:  Personalized approach Empowerment and involvement Public advocacy and awareness	Type  The learner can:  Personalized approach Empowerment and involvement Public advocacy and awareness	Type  The learner can:  Personalized approach Empowerment and involvement Public advocacy and awareness	The learner can:  Personalized approach Empowerment and involvement Public advocacy and awareness	Type Ref. Pag No.  Personalized approach Empowerment and involvement Public advocacy and awareness

Learners Signature:	Date
Assessors Signature:	Date:
IQA Signature (if sampled)	Date:
EQA Signature (if sampled)	Date:

#### **UNIT 013: FIELD WORK POSTING MANAGEMENT-1**

Unit Reference: SCD/GSC/012/L4 Level:4

Credit value: 5 GLH: 50

**Unit Aim:** This course is to equip and expose learners to real work environment experiences to gain the knowledge and skills through hands- on skills and execution.

## Unit assessment requirements/evidence requirements:

- 1. Direct Observation/oral questions (DO)
- 2. Question and Answer (QA)
- 3. Witness Testimony (WT)
- 4. Assignments (ASS)
- 5. Reflective Accounts (RA)
- 6. Recognition of Prior Learning (RL)

# **UNIT 013: FIELD WORK POSTING MANAGEMENT-1**

LEARNING OBJECTIVE (LO)		PERFORMANCE CRITERIA Evidence Type The learner can:					Туре		Evide Ref. No.		nce Pa	ge
The learner will:												
LO1: understand field work posting	1.1	Explain field work posting in geriatric social care										
in Geriatric Social Care	1.2	Explain Rules and Regulations guiding field work posting in geriatric social care										
	1.3	Explain the role of field work in geriatric social care										
LO2: Understand the tools of field work posting in geriatric social care	2.1	Explain the tools in field work posting e.g.  Documentation tools Geriatric social care tool kit Feld work posting management information dashboard  Identify geriatric social care tool										
		<ul> <li>bevices and medical aids</li> <li>Person-centered</li> <li>Management Plan</li> <li>Standard Operating</li> <li>Procedures (SOPs)</li> </ul>										
	2.3	<ul> <li>Identify documentation tool e.g.</li> <li>Attendance log book</li> <li>Learners Activity book</li> <li>Supervisory logbook</li> </ul>										
LO3 Demonstrate practical skills in	3.1	Participate in a multidisciplinary team to address the diverse needs of older adults.										
geriatric social care	3.2	Conduct assessment of the older adult e.g.										

LEARNING OBJECTIVE		PERFORMANCE CRITERIA		Evidence			Evidence Ref. Page			
(LO) The learner will:		The learner can:	Type				No		Pa	ge
		<ul><li>Physical</li><li>Cognitive</li><li>Mental</li><li>Social</li></ul>								
	3.3	Carry out person-centered care  Apply ethical and legal considerations in geriatric social care settings e.g.  Privacy Confidentiality informed consent professional codes								
LO4: Understand how to produce a report on field	4.1	Explain recommended report writing template on field work posting in geriatric social care.								
work posting in geriatric social care	4.2	Explain report writing and presentation on field work posting in geriatric social care								
	4.3	Demonstrate report presentation on field work posting in geriatric social care								

<b>Learners Signature:</b>	Date
Assessors Signature:	Date:
IQA Signature (if sampled)	Date:
<b>EQA Signature (if sampled)</b>	Date:

# NATIONAL SKILLS QUALIFICATION

## LEVEL 5

# GERIATRIC SOCIAL CARE TECHNICIAN

Ref: GSC/L0005

#### **Course Overview**

By doing this course, the learner will be equipped with the knowledge of older persons care and demonstrate understanding of attitudes and perceptions of older people, care delivery and their support system.

To gain this qualification at level 5 learner will need to achieve 47 credit value of which 14 credit has to be from theory 33 credit from practical teaching session.

#### Key to evidence gathering methods

A recommended range of assessment methods has been identified which may be used for the units in this qualification. This gives opportunity for different learning styles and individual needs of learner to be taken into account.

- Direct observation with interactive sharing of cultural knowledge and experiences,
- Role playing, workshop on the use of language and perceptions of older persons.
- Oral and written questions,
- Short quizzes,
- Witness testimony
- Case studies,
- Projects,
- Assignments,
- Reflective accounts,
- Work product

#### **Course Overview**

This level 5 in Geriatric Social Care certification is required for geriatric social caregiving anywhere in the private sector. The certified geriatric social care technician could achieve public service employment after acquiring necessary relevant qualification.

#### **QUALIFICATION PURPOSE**

This qualification is designed for individuals who are interested in developing a career in Geriatric Social Care.

## **QUALIFICATION REQUIREMENTS**

Candidates must:

- a. Be at least 18 years of age
- b. Be medically fit
- c. Be physically fit
- d. Be mentally fit
- e. Have achieved all the mandatory units in the qualification

#### Note:

This is a 47-credit value qualification. To achieve this qualification; learners are required to achieve all credit value. Each Credit is equivalent to 10 Guided Learning Hours (GLH).

There are no optional units.

#### **QUALIFICATION OBJECTIVE**

At the end of the qualification, the Geriatric Social Care Technician should be able to:

- a. Communicate effectively in workplace
- b. Relate effectively in work environment
- c. Work as part of a multidisciplinary team
- d. Observe health and safety protocols
- e. Know and Operate Assistive Devices
- f. Carryout Daily vital signs monitoring and documentation

# Unit assessment requirements/evidence requirements:

Assessment must be carried out in real workplace environment in which learning and human development is carried out. Simulation is allowed in this unit and level.

### Assessment methods to be used include:

- 1. Direct Observation (DO)
- 2. Question and Answer (QA)
- 3. Witness Testimony (WT)
- 4. Personal statement (PS) or Reflective Practice (RP)
- 5. Assignment (ASS)
- 6. Recognition of Prior Learning (RPL)

# GENERAL GUIDE

Unit Title	Provides a clear explanation of the content of the unit.
Unit Number	The unique number assigned to the unit
Unit Reference	The unique reference number given to each unit at
	qualification approval by NBTE
Unit Level	Denotes the level of the unit within the National Skills
	Qualifications Framework NSQF.
Unit Credit Value	The value that has been given to the unit based on the
	expected learning time for an average learner.
	1 credit = 10 learning hours
Unit Purpose	Provides a brief outline of the unit content.
Learning Outcome	A statement of what a learner will know, understand or be
	able to do, as a result of learning process.
Assessment Criteria	A description of the requirements a learner must achieve
	to demonstrate that a learning outcome has been met.
<b>Unit Assessment Guidance</b>	Any additional guidance provided to support the
	assessment of the unit.
<b>Unit Guided Learning Hours</b>	The average number of hours of supervised or directed
	study time or assessment required to achieve a
	qualification or unit of a qualification.

# NATIONAL SKILLS QUALIFICATION

# **LEVEL 5 Geriatric Social Care Training**

Unit	Ref	Content	Remarks	Credit value	GLH
01	SCD/GSC/001/L5	Basic knowledge of Gerontology and Geriatrics- 3	Mandatory	4	40
02	SCD/GSC/002/L5	Legal and compliance issues of older persons-	Mandatory	4	40
03	SCD/GSC/003/L5	Medical conditions of older persons-5	Optional	4	40
04	SCD/GSC/004/L5	Care Settings-3	Optional	4	40
05	SCD/GSC/005/L5	Medication management-5	Optional	4	40
06	SCD/GSC/006/L5	Basic Activities of Daily Living-5	Mandatory	6	60
07	SCD/GSC/007/L5	End-of-life care-5	Mandatory	5	50
08	SCD/GSC/008/L5	Soft Skills-5	Mandatory	4	40
09	SCD/GSC/009/L5	Assistive Devices-5	Mandatory	5	50
10	SCD/GSC/010/L5	Field Work Posting Management-2	Mandatory	7	70
		Total	1	47	470

### UNIT 001: Basic Knowledge of Gerontology and Geriatrics-3

Unit Reference: SCD/GSC/001/L5 Level: 5

Credit value: 4 GLH: 40

**Unit Aim:** To equip learners with the appropriate attitude and knowledge to understand natural physical, cognitive and psychological changes of ageing and to recognize and support in the management of age-related health and social conditions of older persons.

## Unit assessment requirements/evidence requirements:

- 1. Direct Observation/oral questions (DO)
- 2. Question and Answer (QA)
- 3. Witness Testimony (WT)
- 4. Assignments (ASS)
- 5. Reflective Accounts (RA)
- 6. Recognition of Prio Learning (RPL)

# UNIT 001: BASIC KNOWLEDGE OF GERONTOLOGY AND GERIATRICS-3

LEARNING OBJECTIVE (LO) The learner will:		PERFORMANCE CRITERIA The learner can:	Evidence Type	Evidence Ref. Page No.
LO 1: Understand basic gerontology and geriatrics in geriatric social care	1.1	<ul> <li>Discuss the concept of ageing:</li> <li>The ageing processes</li> <li>Biological aging</li> <li>Age-related disease</li> <li>Phsychological and cognitive changes</li> <li>Social and environmental factors</li> <li>Geriatric assessment</li> <li>Care management</li> <li>Age-friendly environments</li> <li>Ethical considerations</li> </ul>		
	1.2	<ul> <li>Geriatric syndromes</li> <li>Recognise common geriatric related diseases e.g.</li> <li>Cardiovascular diseases</li> <li>Osteoporosis</li> <li>Diabetes</li> <li>Arthritis</li> <li>Depression</li> <li>Dementia</li> <li>Parkinsons disease</li> <li>Chronic obstructive pulmonary disease</li> <li>Alzheimer's Disease</li> <li>Cancers</li> </ul>		
	1.3	Discuss general prevention of old age-related diseases e.g.  • Maintain wholesome meals  • Engage in regular physical activity  • Vaccinations  • Don't smoke or quit smoking  • Quit alcohol consumption		

LEARNING OBJECTIVE (LO) The learner will:		PERFORMANCE CRITERIA The learner can:	Evidence Type	Evidence Ref. Page No.
LO2: Understand essential Skills in gerontology and geriatrics for providing appropriate care to older adults.	2.1	<ul> <li>Maintain a healthy weight</li> <li>Get regular check-ups</li> <li>Protect your skin</li> <li>Managing stress</li> <li>Identify essential skills in gerontology and geriatrics for geriatric social care settings e.g.</li> <li>Assessment skills</li> <li>Communication skills</li> <li>Empathy and compassion</li> <li>Knowledge of ageing-related conditions</li> <li>Care planning and management</li> <li>Cultural Competence</li> <li>Ethical and legal awareness</li> <li>Advocacy skills</li> </ul>		
	2.2	<ul> <li>Self-care and stress management</li> <li>Describe essential skills in gerontology and geriatrics e.g.</li> <li>Assessment skills</li> <li>Care planning and management</li> <li>Advocacy skills</li> <li>Self-care and stress management</li> </ul>		
	2.3	Discuss the roles of cultural competence in basic geriatric and gerontology:  Respect diversity Effective communication Person centered care Health disparities and inequities Trust and relationship building Ethical considerations		

LEARNING OBJECTIVE (LO) The learner will:		PERFORMANCE CRITERIA The learner can:	Evidence Type									
LO 3: Understand	3.1	Explain ageism and stereotypes										
Ageism and		in geriatric social care.										
negative	3.2	Explain common negative										
stereotypes about		stereotypes in geriatric social										
older persons in		care e.g.										
geriatric social		• Frailty										
care		Dependence     Cognitive decline										
		Cognitive decline     Tachnological										
		Technological incompetence										
		Burden on society										
		Resistance to change										
	3.4	Recognise the implications of ageism about old people in geriatric social care.eg										
	3.5	<ul> <li>Education and training</li> <li>Person-centered care</li> <li>Language and communication</li> <li>Intergenerational programs</li> <li>Advocacy and policy</li> <li>Community engagement</li> <li>Evaluation and feedback</li> <li>Research and data collection</li> <li>Describe strategies to address ageism in geriatric social care settings e.g.</li> </ul>										

LEARNING OBJECTIVE (LO) The learner will:	PERFORMANCE CRITERIA The learner can:	Evidence Type	Evidence Ref. Page No.
	<ul> <li>Intergenerational programs</li> <li>Advocacy and policy</li> <li>Community engagement</li> <li>Evaluation and feedback</li> <li>Research and data collection</li> </ul>		

Learners Signature:	Date
Assessors Signature:	Date:
IQA Signature (if sampled)	Date:
EQA Signature (if sampled)	Date:

# UNIT 002: Legal and Compliance issues in the care of older persons-4

Unit Reference: SCD/GSC/002/L5 Level:5

Credit value: 4 GLH: 40

**Unit Aim:** To equip learners with appropriate knowledge and competency on legal and compliance issues of older persons and geriatric social care

# Unit assessment requirements/evidence requirements:

- 1. Direct Observation/oral questions (DO)
- 2. Question and Answer (QA)
- 3. Witness Testimony (WT)
- 4. Assignments (ASS)
- 5. Reflective Accounts (RA)
- 6. Recognition of Prior Learning (RPL)

# UNIT 002: LEGAL AND COMPLIANCE ISSUES IN THE CARE OF OLDER PERSONS- $\mathbf{4}$

LEARNING		PERFORMANCE CRITERIA	Evidence	Evide	nce
OBJECTIVE			Type	Ref.	Page
(LO)		The learner can:	-JP-	No.	- uge
The learner will:		The feather care		110	
The learner will:  LO1: Understand the application of laws and policies with compliance issues in geriatric social care	1.1	Identify Laws, Policies, Regulations and Guidelines that impact the Caregivers, Care Settings, Care Agencies, Caregivers Training Agencies and Facilities e.g.  • The Nigeria Constitution 1999 (as amended) • NHA, 2014 (As amended) • NSCC Act, 2017			
		<ul> <li>NPHCDA Act (as amended 2019)</li> <li>NHIA, 2022</li> <li>AU Protocol, 2016</li> <li>VAPP Act, 2015</li> <li>National Policy on Ageing, 2020</li> <li>National Strategic Health Development Plan, 2018-2022 (NSHDP-II, 2018-2022)</li> <li>National Policy on Geriatric Social Care</li> </ul>			
		Quality Assurance (2023)  National Regulatory Framework and Standard Operating Procedures for Geriatric Social Care Agencies and Care Settings in Nigeria (2023)  National Benchmark and Minimum Standards in Curricula for Training Geriatric Social Caregivers for Certification in Nigeria (2023)			

LEARNING OBJECTIVE		PERFORMANCE CRITERIA	Evidence Type			Evide Ref.			ence Page	
(LO) The learner will:		The learner can:		pe			No		Pa	ge
		National Guidelines on Assessments of Identified Geriatric Social Care Settings, Minimum Staffing and Core Competency, Requirements for Training Providers and Care Agencies Operators for Certification in Nigeria (2023)								
	1.2	Describe the application of laws and policies in geriatric social care  Non discriminatory Access to care Quality of care Support services Residents' rights Monitoring and enforcement								
	1.3	Explain the implications of laws and policies in geriatric social care								
LO2: Understand compliance issues	2.1	Explain compliance issues in geriatric social care								
in geriatric social care	2.2	Describe key areas of compliance issues in geriatric social care e.g.  • Licensing and certification  • Staffing and training  • Health and safety regulations  • Privacy and confidentiality  • Abuse and neglect prevention								

LEARNING OBJECTIVE (LO) The learner will:		PERFORMANCE CRITERIA  The learner can:	Evidence Type				Evidence Ref. Pa No.			nce Pa	ge
		<ul> <li>Ethical considerations</li> <li>Financial compliance</li> <li>Documentation and Record-keeping</li> </ul>									
	2.3	Describe minimum staffing in geriatric social care settings e.g.  • Model Senior Care Center  • Skilled Nursing Home/Assisted Living  • Community Seniors Day Center									
LO3: Understand Elder Abuse	3.1	Explain the concept of Elder Abuse									
	3.2	Describe types of Elder Abuse e.g.  Verbal Financial Physical Psychological Sexual									
	3.3	Identify signs of abuse in older persons.									
	3.4	Explain channels of reporting abuse of older persons									
	3.5	Describe how to Prevent Elder Abuse									

Learners Signature:	Date Date:
Assessors Signature:  IQA Signature (if sampled)	Date:
<b>EQA Signature (if sampled)</b>	Date:

#### UNIT 003: MEDICAL CONDITIONS OF THE OLDER PERSONS-5

Unit Reference: SCD/GSC/003/L5 Level: 5

Credit value: 4 GLH: 40

**Unit Aim:** To equip learners with appropriate knowledge and competency in prevention, promotion, recognizing medical conditions and signs of decline in older people to effectively provide services to support them live as comfortably, safely and independently as possible.

### Unit assessment requirements/evidence requirements:

- 1. Direct Observation/oral questions (DO)
- 2. Question and Answer (QA)
- 3. Witness Testimony (WT)
- 4. Assignments (ASS)
- 5. Reflective Accounts (RA)
- 6. Recognition of Prior Learning (RPL)

# UNIT 003: MEDICAL CONDITIONS OF THE OLDER PERSONS-5

LEARNING OBJECTIVE (LO) The learner will:		PERFORMANCE CRITERIA The learner can:	Evidence Type			Evidence Ref. Page No.					
LO 1: Understand	1.1	Identify the multiple chronic									
the multiple		conditions in older people.									
chronic conditions	1.2	Mention common medical									
and 'Red Flags"		conditions caregivers are likely to									
in older people.		encounter with older people, e.g.									
		<ul> <li>Hypertension</li> </ul>									
		<ul> <li>diabetes mellitus</li> </ul>									
		<ul> <li>dementia</li> </ul>									
		<ul><li>delirium</li></ul>									
		<ul><li>arthritis</li></ul>									
		<ul><li>stroke</li></ul>									
		<ul> <li>Respiratory issues</li> </ul>									
		<ul> <li>multiple morbidity</li> </ul>									
		<ul> <li>Vaccines preventable</li> </ul>									
		infections									
	1.3	Identify common signs and									
		symptoms of medical conditions									
		in older people:									
		- Hypertension,									
		- diabetes mellitus,									
		- dementia,									
		- delirium and chronic pain									
		- Vaccine Preventable									
		Diseases e.g. Influenza									
		(flu), pneumococcal									
		pneumonia, hepatitis B,									
		Tetanus, Diphtheria,									
		Pertussis, Herpes Zoster									
		(Shingles)									
	1.4	State the common denger sizes									
	1.4	State the common danger signs									
		('Red flags) on older people e.g.									
		Severe allergic reactions, sudden									
		rapid or irregular heartbeat,									
		uncontrolled bleeding, loss of									
		consciousness, difficult breathing,									
		sudden or severe chest pain									
		<b>F</b>									

LEARNING OBJECTIVE (LO) The learner will:		PERFORMANCE CRITERIA The learner can:	Evidence Type	Evidence Ref. Page No.
LO 2: Understand normal and abnormal vital signs and blood sugar levels	2.1 2.2 2.3	Identify the steps for common intervention measures to deal with signs of Red Flags in older people e.g.  • Stay calm • Assess the situation • Call for help • Provide comfort and assurances • Follow any specific instructions • Gather necessary information • Stay with the person until help arrives  Demonstrate vital signs  Discuss blood sugar levels  Identify normal and abnormal vital signs and blood sugar levels		
LO 3: Understand first Aid in geriatric social care	3.1	Carry out first aid in geriatric social care e.g.  Evacuation from danger Air way management Breathing Circulation Bleeding/Wound care Bandaging Cardio-Pulmonary Resuscitation (CPR) Fall Management		
	3.2	Apply appropriate basic first aid to deal with Red Flags in older people		
	3.3	Describe the steps in conducting CPR in a geriatric social care emergency		

LEARNING OBJECTIVE (LO) The learner will:		PERFORMANCE CRITERIA The learner can:	Evidence Type	Evidence Ref. Page No.
	3.4	Describe a 2-way referral structure and process to the next level of care e.g.:  • Identify the need for referral  • Referral initiation  • Referral communication  • Receiving professionals  • Feedback and collaboration  • Continuity of care		

Learners Signature: Assessors Signature: IQA Signature (if sampled)	Date Date:
EQA Signature (if sampled)	Date:

#### **UNIT 004: CARE SETTINGS-3**

Unit Reference: SCD/GSC/004/L5 Level: 5

Credit value: 4 GLH: 40

Unit Aim: To equip learners with appropriate knowledge, and skills to

know the challenges and requirements in standards for Home, Community and Institution care settings certification.

## Unit assessment requirements/evidence requirements:

- 1. Direct Observation/oral questions (DO)
- 2. Question and Answer (QA)
- 3. Witness Testimony (WT)
- 4. Assignments (ASS)
- 5. Reflective Accounts (RA)
- 6. Recognition of Prior Learning (RPL)

**UNIT 004: CARE SETTINGS-3** 

LEARNING OBJECTIVE (LO) The learner will:		PERFORMANCE CRITERIA The learner can:	Evidence Type			Type R			Evidence Ref. Page No.			
LO 1: Understand the types of care settings	1.1	Explain the concept of Geriatric Social Care settings  Describe the common elements of standards for social and recreational activities in geriatric social care settings e.g.  • Activity programs  • Personalized activity plans  • Qualified staff and volunteers  • Safety and accessibility  • Social engagements  • Community integration  • Evaluation and feedback										
	1.3	Describe how geriatric social care settings promote the well-being of older people										
LO2: Understand legislations guiding certification of Geriatric Social Care settings	2.1	Explain the concept of legislation in certification of Geriatric Social Care settings  Identify areas of focus in policies and regulations for geriatric social care settings. e.g.  Resident Rights and dignity  Health safety  Staffing and qualifications  Care planning  Medication management  Quality assurance and continuous improvement  Documentation and record-keeping  Describe areas of focus in										
	2.3	policies and regulations for geriatric social care settings										

LEARNING OBJECTIVE (LO) The learner will:		PERFORMANCE CRITERIA The learner can:	Evidence Type	Evidence Ref. Page No.
	2.4	Identify policies, regulations and SOPs for Geriatric Social Care settings e.g.  • National Regulatory Framework and Standard Operating Procedures for Geriatric Social Care Agencies and Care Settings in Nigeria (2023) • National Guidelines on Assessments of Identified Geriatric Social Care Settings, Minimum Staffing and Core Competency, Requirements for Training Providers and Care Agencies Operators for Certification in Nigeria (2023)		
	2.4	Describe geriatric social care setting certification process e.g.  • Registration with the Nigeria Corporate affairs Commission  • Registration with the SCUML  • Satisfying minimum requirements in infrastructure, staffing equipping, scope of service		
LO3: Understand the Challenges in certification of Geriatric Social Care Settings	3.1	Identify challenges in certification of geriatric social care settings e.g.  • Variations in standards  • Resource constraints  • Complex regulatory framework  • Meeting diverse needs		

LEARNING OBJECTIVE (LO) The learner will:		PERFORMANCE CRITERIA The learner can:	ERIA Evidence Type Evidence Ref. Page No.						
	3.2	<ul> <li>Evolving standards</li> <li>Maintaining sustainability</li> <li>Limited recognition</li> <li>Explain the challenges in certification of model senior centers</li> <li>Describe strategies for addressing challenges in the certification of geriatric social care settings e.g.</li> <li>Stakeholder engagement</li> <li>Standardization and clear guidelines</li> <li>Training and professional development</li> <li>Resource allocation</li> <li>Continuous quality improvement</li> <li>Collaboration with regulatory bodies</li> <li>Public awareness and education</li> <li>Continuous monitoring and evaluation</li> </ul>							

Learners Signature:	Date
Assessors Signature:	Date:
IQA Signature (if sampled)	Date:
<b>EQA Signature (if sampled)</b>	Date:

### **UNIT 005: MEDICATION MANAGEMENT-5**

Unit Reference: SCD/GSC/005/L5 Level: 5

Credit value: 4 GLH: 40

Unit Aim: To equip learners with appropriate knowledge and competency to

safely provide support to older persons in medication administration, control

non-compliance and adverse medication effects.

### Unit assessment requirements/evidence requirements:

- 1. Direct Observation/oral questions (DO)
- 2. Question and Answer (QA)
- 3. Witness Testimony (WT)
- 4. Assignments (ASS)
- 5. Reflective Accounts (RA)
- 6. Recognition of prior Learning (RPL)

# **UNIT 005: MEDICATION MANAGEMENT-5**

LEARNING OBJECTIVE (LO) The learner will:		PERFORMANCE CRITERIA The learner can:  Evidence Type													
LO 1: Understand medication safety	1.1	Explain the concept of medication safety in geriatric social care													
in geriatric social care	1.2	Describe steps for medication identification to enhance safety in geriatric social care settings e.g.  • Ascertain the name of the drug  • Identify the expiration date of the drug  • Determine the frequency of use of the medication  • Identify the method of drug administration.  • Keep medication separate  • Check the appearance  • Use technology tools  Describe the elements of													
		<ul> <li>medication safety in geriatric social care e.g.</li> <li>Knowledge of medications</li> <li>Medication management</li> <li>Medication administration</li> <li>Medication storage and security</li> <li>Adverse event recognition and reporting</li> <li>Communication and collaboration</li> <li>Medication education for older adults</li> <li>Adherence promotion</li> <li>Continuous quality improvement</li> </ul>													
	1.4	Recognise the importance of conducting comprehensive medication assessment for each													

LEARNING OBJECTIVE (LO) The learner will:		PERFORMANCE CRITERIA The learner can:	Evidence Type	Evidence Ref. Page No.				
		<ul> <li>resident in a geriatric social care setting e.g.</li> <li>Ensuring medication appropriateness</li> <li>Individualizing treatment</li> <li>Minimizing polypharmacy</li> <li>Detecting medication - related side effects</li> <li>Enhancing medication safety</li> </ul>						
LO 2: Understand side effects and appropriate intervention in medication use for older person	2.1	Identify some common side effects of medication use in older persons e.g.      Gastrointestinal issues     low blood pressure     low blood sugar     cognitive impairment     dizziness and falls     sleep disturbance     Hepatic impairment     Polypharmacy interactions     urinary problem     dry mouth						
	2.2	Describe healthcare team support of geriatric social caregiver to address medication side effects in geriatric social care settings e.g.  Verbal communication Written materials Educational sessions Digital resources Visual aids Role-playing Follow -up appointments Collaboration with pharmacists						

LEARNING OBJECTIVE (LO) The learner will:		PERFORMANCE CRITERIA The learner can:  Evidence Type									Evidence Ref. Page No.					
	2.3	Discuss interventions to address medication side effects in geriatric social care settings e.g.  Medication review Education and counselling for the client, family members and caregivers Dose adjustment Medication alternatives Supportive care – dietary modifications, Monitoring and evaluation Interdisciplinary collaboration														
		Discuss the benefits of engaging older adults and their caregivers in the decision-making process when addressing medication side effects in geriatric social care settings e.g.  • Enhanced Client- centered care  • Improved treatment adherence  • Increased medication safety  • Empowerment and autonomy  • Improved communication and trust  • Better outcomes and quality of life.														
LO:4: Understand inappropriate polypharmacy and	4.1	Explain polypharmacy and inappropriate polypharmacy in Older Persons														

LEARNING OBJECTIVE (LO) The learner will:		PERFORMANCE CRITERIA The learner can:	Evidence Type	Evidence Ref. Page No.
its effect on Older Persons.	4.2	Describe Medication Burden and its impacts in geriatric social care e.g.  • Physical difficulty • Medication Non-Adherence • Increased risk of medication errors • Confusion and cognitive impairment • Financial strain • Increased risk of adverse drug reactions		
	4.3	Explain actions to address inappropriate polypharmacy in geriatric social care setting		

Learners Signature:	Date	
Assessors Signature:	Date:	
IQA Signature (if sampled)	Date:	
<b>EQA Signature (if sampled)</b>	Date:	

### **UNIT 006: BASIC ACTIVITIES OF DAILY LIVING-5**

Unit Reference: SCD/GSC/006/L5 Level: 5

Credit value: 6 GLH: 60

Unit Aim: To equip learners with appropriate knowledge, attitude, skills and competency to

support older persons with their Activities of Daily Living

### Unit assessment requirements/evidence requirements:

- 1. Direct Observation/oral questions (DO)
- 2. Question and Answer (QA)
- 3. Witness Testimony (WT)
- 4. Assignments (ASS)
- 5. Reflective Accounts (RA)
- 6. Recognition of Prior Learning (RPL)

# UNIT 006: BASIC ACTIVITIES OF DAILY LIVING-5

LEARNING OBJECTIVE (LO) The learner will:		PERFORMANCE CRITERIA The learner can:	Evidence Type	Evidence Ref. Page No.
LO 1: Understand Activities of Daily Living (ADLs) and Instrumental Activities of Daily Living (IADLs) in Older Persons	1.1	Explain Activities of Daily Living (ADL) and Instrumental Activities of Daily Living (IADLs) in geriatric social care.		
Older Fersons	1.2	Describe why older adults are assessed by caregivers for ability to perform ADLs and IADLs in geriatric social care:  • Determine functional abilities • Identify support needs • Plan care and interventions • Monitor health and progress • Support ageing in place • Assess functional decline		
	1.3	Describe basic Activities of Daily Living (ADL) in geriatric social care: e.g.  Personal Hygiene Bathing Oral hygiene Dressing and grooming Continence management Eating and feeding Ambulating		

LEARNING OBJECTIVE (LO) The learner will:		PERFORMANCE CRITERIA The learner can:	Evidence Type			e		f. P	nce age	
		Toileting								
	1.4	Describe Instrumental Activities of Daily Living (IADL) in geriatric social care: e.g.								
		<ul> <li>Feeding</li> <li>Bed making</li> <li>Housekeeping</li> <li>Medication management</li> <li>Social activities</li> <li>Grocery shopping</li> <li>Meal preparation</li> <li>Laundry and linen services</li> <li>Finance management</li> <li>Using Technology</li> </ul>								
	1.5	Carry out ADL in geriatric social care setting								
	1.6	Carry out IADL in geriatric social care setting								
LO2: Understand Personalized Care Plan in geriatric	2.1	Explain the concept of Personalized Care Plan in geriatric social care								
social care setting.	2.2	Describe the components of Personalized Care Plan in geriatric social care								
	2.3	Explain the importance of Personalized Care Plan								
	2.4	Describe how personalized care plan promotes a personcentered approach in geriatric social care:								

LEARNING OBJECTIVE (LO) The learner will:		PERFORMANCE CRITERIA The learner can:	Evidence Type	Evidence Ref. Page No.
		<ul> <li>Individualized assessment</li> <li>Collaborative goal setting</li> <li>Preferences and choices</li> <li>Tailored interventions and support</li> <li>Regular communication</li> <li>Continuity and consistency</li> </ul>		
LO3: Understand principles of confidentiality, respect and sensitivity to older person while providing care in geriatric social settings.	3.1	Demonstrate how to maintain confidentiality of older persons  Demonstrate how to show respect while providing care to older persons  Demonstrate sensitivity to		
LO:4: Understand skills in communication, observation and documentation.	4.1	Explain the importance of communication, observation and documentation skills in providing comprehensive care in geriatric social care settings		
	4.2	Describe communication skills in geriatric social care:  Describe observation skills in geriatric social care settings.		
	4.4	Describe documentation skills in geriatric social care settings.		

LEARNING OBJECTIVE (LO) The learner will:		PERFORMANCE CRITERIA The learner can:	Evidence Type				ride ef. P o.	
	4.5	Demonstrate communication, observation and documentation skills.						

Learners Signature: Assessors Signature:	Date Date:
IQA Signature (if sampled)	Date:
EQA Signature (if sampled)	Date:

### **UNIT 007: END-OF-LIFE CARE-5**

Unit Reference: SCD/GSC/007/L5 Level:5

Credit value: 5 GLH: 50

**Unit Aim:** To equip learners with appropriate knowledge, competency, attitude and skills on end-of-life process and provide support to older person and family members

### Unit assessment requirements/evidence requirements:

- 1. Direct Observation/oral questions (DO)
- 2. Question and Answer (QA)
- 3. Witness Testimony (WT)
- 4. Assignments) ASS)
- 5. Reflective Accounts (RA)
- 6. Recognition of Prior Learning (RPL)

**UNIT 007: END-OF-LIFE CARE-5** 

LEARNING OBJECTIVE (LO) The learner will:		PERFORMANCE CRITERIA  The learner can:	Evidence Type								Ev Re No	ef.	nce Pa	ge
the process and the sufferings of older person and	1.1	Explain the process and sufferings of older person and family members at the End-of – Life in geriatric social care setting												
_	1.2	Explain the principles of end-of- life Care e.g.  Pain and symptom management  Family involvement and support  Spiritual and cultural considerations  Continuity of care  Respect for autonomy and client preferences  Communication and emotional support  Palliative care  Hospice care Advance care planning Bereavement support  Interdisciplinary approach Legal and ethical considerations												
	1.3	Explain the concept of palliative care												
	1.4	Identify goals of palliative care at end -of- Life in geriatric social care setting E.g.  Symptom management Emotional and psychological support Communication and shared decision making Coordination of care Support for families												

LEARNING		PERFORMANCE CRITERIA	Ev	vide	nce		Ev	ide	nce	
<b>OBJECTIVE</b>			Ty	pe			Re		Pa	ge
(LO)		The learner can:					No	•		
The learner will:						ı			П	
LO2 Understand	2.1	Explain the need to approach								
approach to client		clients and their families with								
(older person) and		empathy, sensitivity and respect								
family members,		at end-of-life care.:								
to ensure adequate		• Emotional support								
support at the		Dignity and autonomy     Cultural and ariginal								
End-of-Life Care		<ul> <li>Cultural and spiritual sensitivity.</li> </ul>								
		Communication and								
		information sharing								
		Respecting individual								
		coping mechanisms								
		<ul> <li>Grief and bereavement</li> </ul>								
		support								
	2.2	Discuss importance of cultural								
		and spiritual sensitivity towards								
		clients and family members at								
		end-of-life care:								
		Respecting diversity								
		Preserving identity and								
		meaning								
		Providing comfort and								
		support								
		• Enhancing communication								
		Alleviating anxiety and								
		fear								
		Prompting dignity and								
		autonomy								
	2.3	Demonstrate respect and care to								
		family members' norms and								
		traditions.								
	2.4	Demonstrate respect to the								
		wishes of care recipients and								
		family members								
	2.5	Demonstrate empathy to the								
I 02. II., 1 1	2 1	clients and family members.								
LO3: Understand	3.1	Explain suffering at end-of-life in								
common		geriatric social care								
interventions for	3.2	Discuss suffering of older person								
alleviating		Discuss suffering of older person								

LEARNING OBJECTIVE (LO) The learner will:		PERFORMANCE CRITERIA  The learner can:	vide vpe	nce			Evider Ref. No.		ge
suffering at the End-of-Life Care		and family members at the end of life							
	3.3	Recognise common interventions for alleviating suffering at the End-of- Life care in geriatric social care e.g.  Spiritual care Family involvement Symptom management Emotional and psychological support Pain management Palliative care Advance Care Plan Bereavement planning							
	3.4	Explain Advance Care Planning importance in alleviating suffering at the End-of Life in geriatric social care							
	3.5	Explain 'Red flags' that indicate the need for additional support in end -of life care in geriatric social care							
	3.4	Mention 'red flags' for referral to experts.							
LO4: Understand documentation,	4.1	Explain documentation, ethical and legal issues at the end-of-life in geriatric social care							
documentation, Ethical & Legal issues in EOL care	4.2	Describe documentation for legal and ethical requirements at the end-of-life e.g.  • Medical history  • Treatment plans  • Assessments							

LEARNING		PERFORMANCE CRITERIA	Evidence	Evidence
<b>OBJECTIVE</b>			Type	Ref. Page
(LO)		The learner can:		No.
The learner will:				
		<ul> <li>Advance care planning</li> <li>Informed consent</li> <li>Communication and discussions</li> <li>End of life wishes</li> <li>Caregiver and family involvement</li> <li>Privacy and confidentiality</li> <li>Legal compliance</li> </ul>		
	4.3	Explain Healthcare proxy or Agent		

<b>Learners Signature:</b>	Date
Assessors Signature:	Date:
IQA Signature (if sampled)	Date:
<b>EQA Signature (if sampled)</b>	Date:

**UNIT 008: SOFT SKILLS-5** 

Unit Reference: SCD/GSC/008/L5 Level:5

Credit value: 4 GLH: 40

Unit Aim: To equip learners with appropriate knowledge, attitude, competency on soft skills essential for providing compassionate and effective social care to older people.

### Unit assessment requirements/evidence requirements:

- 1. Direct Observation/oral questions (DO)
- 2. Question and Answer (QA)
- 3. Witness Testimony (WT)
- 4. Assignments (ASS)
- 5. Reflective Accounts (RA)
- 6. Recognition of Prior Leaning (RPL)

# **UNIT 008: SOFT SKILLS-5**

LEARNING OBJECTIVE (LO) The learner will:		PERFORMANCE CRITERIA  The learner can:	Evider Type	ice	vide ef. o.	nce Page
LO1: Understand soft	1.1	Explain soft skills in geriatric social care.				
skills for geriatric social care	1.3	Identify soft skills in geriatric social care. E.g.  1. leadership 2. Creativity 3. Adaptability 4. Problem solving 5. Work ethic 6. Critical thinking 7. Conflict management 8. Emotional intelligence  Describe soft skills in basic geriatric social care. E.g.: 1. Leadership 2. Creativity 3. Adaptability 4. Problem solving 5. Work ethic 6. Critical thinking 7. Conflict management 8. Emotional intelligence 9. Time management				
LO2: Understand time	2.1	Explain Time management in geriatric social care				
management in geriatric social care	2.2	Recognise functions of time management in geriatric social care. E.g.:  • Prioritizing tasks • Creating schedules • Optimizing efficiency • Preventing overload				

LEARNING OBJECTIVE (LO) The learner will:		PERFORMANCE CRITERIA  The learner can:	Evic Typ	lence e			ide f.	nce Pa	ge
	2.3	<ul> <li>Meeting deadlines</li> <li>Flexibility for emergencies</li> <li>Collaboration and coordination</li> <li>Monitoring and evaluation</li> </ul> Describe functions of time							
	2.3	management in geriatric social care e.g.:  Prioritizing tasks Creating schedules Optimizing efficiency Preventing overload Meeting deadlines Flexibility for emergencies Collaboration and coordination Monitoring and evaluation							
LO3: Understand Emotional	3.1	Describe Emotional Intelligence in geriatric social care  Mention areas requiring							
Intelligence in geriatric social care		Emotional Intelligence considerations in geriatric social care e.g.:							

LEARNING OBJECTIVE (LO) The learner will:		PERFORMANCE CRITERIA  The learner can:	Evidence Type	Evidence Ref. Page No.
	3.3	Describe areas requiring Emotional Intelligence considerations in geriatric social care e.g.:		

Learners Signature:	Date
Assessors Signature:	Date:
IQA Signature (if sampled)	Date:
<b>EQA Signature (if sampled)</b>	Date:

### **UNIT 009: ASSISTIVE DEVICES -5**

Unit Reference: SCD/GSC/009/L5 Level:5

Credit value: 5 GLH: 50

Unit Aim: To equip learners with appropriate knowledge, attitude and skills, to recognise communication technology and Assistive Devices with the operational excellence they bring in older persons care

### Unit assessment requirements/evidence requirements:

- 1. Direct Observation/oral questions (DO)
- 2. Question and Answer (QA)
- 3. Witness Testimony (WT)
- 4. Assignments (ASS)
- 5. Reflective Accounts (RA)
- 6. Recognition of Prior Learning (RPL)

# **UNIT 009: ASSISTIVE DEVICES -5**

LEARNING		PERFORMANCE CRITERIA					Ev	ide	nce	
OUTCOME (LO)			Ty	pe			Re	f.	Pa	ge
The learner will:		The learner can:					No	٠.	1	
LO1: Understand introduction of Assistive Devices in Geriatric Social	1.1	Explain importance `of Assistive Devices in older person's daily activities, mobility, and communication								
Care.	1.2	Recognize common communication technology in use in Geriatric Social Care.  • Telehealth and Telemedicine • Mobile applications • Electronic Health Records • Wearable Devices • Social Media Platforms • Assistive Communication Devices								
	1.3	Recognise Assistive communication devices in use in Geriatric Social Care.eg  • Speech-generating devices • Text-to-speech applications • Reminiscence therapy Apps • Voice activated assistants • Video conferencing tools • Smart phones and tablets • Social Media Apps								
LO2: Understand the application of Communication devices in	2.1	Demonstrate operations of Assistive communication devices in use in Geriatric Social Care.  Demonstrate use of  • Smart phones and tablets								

LEARNING		PERFORMANCE CRITERIA	Ev	ide	nce		Ev	ide	nce	
OUTCOME (LO)			Ty	pe			Re		Pa	ge
The learner will:		The learner can:			1		No	٠.		
Geriatric Social		<ul> <li>Social Media Apps</li> </ul>								
Care.		Video conferencing tools								
	2.2	Describe Senior-friendly social								
		networking platforms in geriatric								
		social care.								
	2.3	Carry out preventive								
		maintenance of handheld and								
		other communication devices in								
		use in Geriatric Social Care settings.								
LO3: Understand	3.1	Describe Assistive Devices in								
Assistive Devices		Geriatric Social Care e.g.:								
in Geriatric Social Care.		<b>Assistive Devices</b>								
		a). Mobility aids								
		b). Medication management								
		c). Personal emergency response systems (PERS)								
		d). Assistive technology								
		e). Adaptive equipment								
		f). Hearing aids								
		g) Visual aids								
	3.2	Identity commonly used								
		Assistive Devices in Geriatric								
		Social Care e.g.:								
		Mobility devices								
		Hearing Aids								
		Visual Aids								
	3.3	Describe the commonly used								
		Assistive Devices in Geriatric								
		Social Care								
						<u> </u>				

LEARNING		PERFORMANCE CRITERIA	Ev	ide	nce		Ev	ide	nce	
OUTCOME (LO)			Ty	pe			Re	f.	Pa	ge
The learner will:		The learner can:					No	<b>).</b>		
	3.4	Maintain commonly used								
		Assistive Devices and Medical								
		Aids in Geriatric Social Care								
	3.5	Identify Assistive Devices not								
		functioning in geriatric social								
		settings.								
	3.6	Refer to experts any Assistive								
		Device not functioning								

Learners Signature: Assessors Signature:	<b>Date</b> Date:	
IQA Signature (if sampled)	Date:	
EQA Signature (if sampled)	Date:	

### **UNIT 010: FIELD WORK POSTING MANAGEMENT-2**

Unit Reference: SCD/GSC/010/L5 Level:5

Credit value: 7 GLH: 70

**Unit Aim:** This course is to equip and expose learners to real work environment experiences to gain the knowledge and skills through hands- on skills and execution.

### Unit assessment requirements/evidence requirements:

- 1. Direct Observation/oral questions (DO)
- 2. Question and Answer (QA)
- 3. Witness Testimony (WT)
- 4. Assignments (ASS)
- 5. Reflective Accounts (RA)
- 6. Recognition of Prior Learning (RL)

# **UNIT 010: FIELD WORK POSTING MANAGEMENT-2**

LEARNING OBJECTIVE (LO) The learner will:		PERFORMANCE CRITERIA  The learner can:	Evidence Type		Ev Re No	f.	nce Pa	ge	
LO1: understand field work posting	1.1	Explain field work posting in geriatric social care							
in Geriatric Social Care	1.2	Explain Rules and Regulations guiding field work posting in geriatric social care							
	1.3	Explain the role of field work in geriatric social care							
LO2: Understand the tools of field work posting in geriatric social care	2.2	Describe the tools in field work posting e.g.  Documentation tools Geriatric social care tool kit Feld work posting management information dashboard  Identify geriatric social care tool kit e.g. Devices and medical aids Person-centered Management Plan Standard Operating Procedures (SOPs)  Identify documentation tool e.g. Attendance log book Learners Activity book Supervisory logbook							
LO3 Demonstrate practical skills in geriatric social care	3.1	Participate in a multidisciplinary team to address the diverse needs of older adults.							

LEARNING		PERFORMANCE CRITERIA	Evidence			Evidence					
OBJECTIVE			Type		Туре			Re		Pa	ge
(LO)		The learner can:						No	٠.		
The learner will:											
	3.2	Conduct assessment of the older adult e.g.  Physical Cognitive Mental Social									
	3.3	Carry out person-centered care									
	3.4	Apply ethical and legal considerations in geriatric social care settings e.g.  Privacy Confidentiality informed consent professional codes									
LO4: Understand how to produce a report on field work posting in geriatric social care  4.1  4.2	4.1	Explain recommended report writing template on field work posting in geriatric social care.									
	4.2	Explain report writing and presentation on field work posting in geriatric social care									
	4.3	Demonstrate report presentation on field work posting in geriatric social care									

Learners Signature: Assessors Signature:	Date Date:
IQA Signature (if sampled)	Date:
EQA Signature (if sampled)	Date: